

Charity Registration No. SC040878

Company Registration No. SC365557 (Scotland)

Bliss Scotland (Charity) Limited
Trustees' Report and Unaudited Accounts
For The Year Ended 31 March 2013

Bliss Scotland (Charity) Limited

Legal and Administrative Information

Trustees	E Gray A Hobbs K Soper P McMahon
Chief Executive	A Cole
Charity number	SC040878
Company number	SC365557
Registered office	13 Queen's Road Aberdeen AB15 4YL Scotland
Accountants	H W Fisher & Company Acre House 11-15 William Road London NW1 3ER
Bankers	Lloyds TSB 3 St George's Road Wimbledon London SW19 4DR
Solicitors	K&L Gates One New Change London EC4M 9AF

Bliss Scotland (Charity) Limited

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Bliss Scotland (Charity) Limited

Trustees' Report

For The Year Ended 31 March 2013

The Directors of the Charity (who are the Trustees of the Charity for charity law purposes) present their report and the audited financial statements for the year ended 31 March 2012.

The Trustees confirm that the annual report and financial statements comply with current statutory requirements, the requirements of the Charity's governing document and the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" issued in 2005.

Structure, governance and management

The charity is a company limited by guarantee and is part of the Bliss group of Charities.

The Trustees who served during the year were:

E Gray
A Hobbs
K Soper
P McMahon

K. Soper and P. McMahon were appointed as Trustees on 20 June 2012 and E. Gray was appointed on 20 June 2012.

A voluntary Board of Trustees is responsible for the overall governance and direction of the charity. A senior management team meets regularly and reports to the Board through the Chief Executive.

None of the Trustees has any beneficial interest in the company. In the event of the company being wound up members are required to contribute an amount not exceeding £1.

Our key stakeholders - families whose baby or babies have used neonatal care services, doctors, nurses and other allied healthcare professionals - are engaged through regular online communication and discussion forums. Our stakeholders are also represented on all of the charity's major project groups.

There are no Trustees' interests to be disclosed.

Trustees of Bliss Scotland are also Trustees of the charity Bliss.

The Trustees actively review on a regular basis the major risks facing the charity and monitor reserves and review key financial systems to ensure sufficient resources are available to meet our obligations in the event of adverse conditions. The Trustees have also examined other operational and business risks faced by the charity and confirm that they have established systems to manage the significant risks.

The systems of control include:

- A five-year strategy and three year budget
- An annual activity plan and a fundraising plan approved by Trustees
- Quarterly reviews of financial results, for both income and expenditure, against budgets
- Review of a corporate risk register on a quarterly basis by senior managers and Trustees
- Delegated authorities to spend within defined limits are in place
- Legal, HR and finance input from expert advisors

The Trustees ensure that the management of risk and evaluation of outcomes are ongoing and embedded in management and operational procedures.

Key risks to the charity include:

- The impact of the current economic climate on fundraising potential over the medium term impacting on the charity's growth
- Loss or significant reduction in a major income source
- Ensuring that Bliss volunteers are fully trained and supported.

So far as each of the Trustees is aware at the time the report is approved: there is no relevant information of which the charitable company's independent examiners are unaware; and the Trustees have taken all steps that they ought to have taken to make themselves aware of any relevant information and to establish that the independent examiners are aware of that information.

Bliss Scotland (Charity) Limited

Trustees' Report (CONTINUED)

For The Year Ended 31 March 2013

About Bliss Scotland

Bliss Scotland is the leading national charity supporting the care of premature and sick babies.

We exist to ensure that all babies born too soon, too small or too sick in Scotland have the best possible chance of survival and of reaching their full potential.

We believe that:

- All premature and sick babies and their families should have the best possible care and support
- Babies should have the same rights as anyone else
- The voices of babies and families must be heard
- Driving quality and innovation in the NHS will deliver improved care for premature and sick babies and their families
- We achieve more by working together with individuals and organisations
- We must always be able to demonstrate the difference we make to the lives of babies and their families

Scotland has the highest rate of babies admitted to a neonatal unit of any country in the UK. The number of babies born needing special care is increasing every year. These babies deserve the optimal clinical and developmental care to ensure they have the best possible start in life.

- One in seven babies born in Scotland will need some form of special medical care, amounting to around 8,000 babies a year
- Around 2,000 of these will need life-saving intensive care, which is provided in more specialised neonatal units
- Over 400 newborn babies will die every year in Scotland in the first week of their life

The Trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

Annual activity

Every hour a baby is admitted to hospital in need of specialist medical care in Scotland.

For these babies, the first few hours, days and weeks are the most critical that they will ever face in their lives.

For families, whether their baby is in hospital for a day, months, or sadly does not survive to come home, the journey they face is difficult and full of challenges.

Bliss ensures premature and sick babies have the best start in life.

Bliss offers hope and support at this most critical time.

Bliss brings families together.

Through everything that we do, Bliss cares:

Community

Families of premature and sick babies come together to share their experience and offer support to each other.

Awareness and advocacy

The needs of premature and sick babies and their families must be heard not only within the NHS, but across society.

Research

Neonatal care is at the leading edge of medical science, and research is driving improvements in the care of the babies of tomorrow.

Evidence for change

Doctors and nurses have to understand and facilitate a family's crucial role at the heart of their baby's care.

Support

Having a baby admitted to a neonatal unit is an unexpected, disorientating and stressful experience. Families need trust-worthy information and emotional support.

Bliss Scotland (Charity) Limited

Trustees' Report (CONTINUED)

For The Year Ended 31 March 2013

- We offer a wide range of support and information to Scottish families and there are six volunteer Bliss Champions supporting Scottish neonatal units as well as a virtual-support group that provides peer-led support for families.
- Access to professional counselling for Scottish families.
- Use of our parent information, now in all 16 Scottish neonatal units, has increased by 30 per cent this year. All our publications are delivered free of charge to families and are regularly reviewed to ensure they are of the highest quality. Bliss Scotland has access to 50 leaflets and factsheets for families on a range of topics. Over 1,500 copies of our essential Scottish Parent Information Guide were used by Scottish families last year.
- A series of presentations to student nurses and doctors have championed best practice in family-centred care.
- Bliss campaigns nationally and locally, relentlessly focusing on improving the standards of care for babies and their families within the NHS. In March 2012 we finally welcomed publication of 'Neonatal Care in Scotland: A Quality Framework'. Produced by the Scottish Government, with significant input from Bliss, this now fully recognises the British Association of Perinatal Medicine's staffing standards. Bliss Scotland will remain actively engaged with the Government and NHS Health Boards to ensure the framework is fully implemented.
- On 17 November Bliss launched World Prematurity Day, working in partnership with other charities across the globe. This raised awareness in the media of the many challenges that premature and sick babies can face and the need to deliver high quality care not only at birth, but throughout a child's early years.
- Our website was relaunched in April with greatly expanded information and video content.

We would like to offer our sincere thanks to the following organisations that have supported our work over the past year:

British Association of Perinatal Medicine
Community Practitioners' and Health Visitors' Association
European Foundation for the Care of Newborn Infants
Scottish Cot Death Trust
NCT
Royal College of Midwives
Royal College of Nursing
Royal College of Obstetricians and Gynaecologists
Royal College of Paediatrics and Child Health
SANDS
Scottish Neonatal Nurses Group
Scottish Neonatal Consultants Group
TAMBA

as well as the many hundreds of families, doctors, nurses and other individuals who have championed Bliss Scotland.

Public Benefit

The Charities and Trustee Investment Act (Scotland) 2005 requires all charities to meet the requirement that its aims are for the public benefit in Scotland. The Office of the Scottish Charity Regulator in its guide to 'the charity test' makes clear that an organisation must make a positive difference for the public in the ways suggested by its charitable purposes.

The impact of Bliss Scotland's work demonstrates the clear and positive benefit that we have on thousands of babies, their families and the healthcare professionals who care for them. This is particularly through the provision of free services and support to families and by improving family-centred care on neonatal units. Family centred-care means nurses and doctors being supported to recognise and value parents as being at the centre of their baby's care, responding to parents' emotional, social and information needs, and helping parents to best care for their baby.

We continue to regularly evaluate the impact and effectiveness of our programmes throughout the year through a formal project planning and review process led by the Senior Management Team. Detailed impact reports and projects reviews are undertaken and reviewed by Trustees at meetings of the Risk and Evaluation Committee.

Bliss Scotland (Charity) Limited

Trustees' Report (CONTINUED)

For The Year Ended 31 March 2013

Financial review

In the continuing challenging economic climate for fundraising, income held up well. Support from the Scottish Government, the generosity of community fundraisers and individuals and the continued backing from companies and trusts and foundations meant that we raised income of £57,626 (£58,032 in 2011/12). In addition, we received a donation of £90,124 (2011/12: £70,000) from Bliss (our parent charity) to support our work in Scotland.

As a result, total income for Bliss Scotland was £165,750 (2011/12: £146,032) of which £147,750 was unrestricted income (2011/12: £128,032).

Total expenditure was £113,735 (2011/12: £109,034). Of this total amount, 90 per cent (2011: 88 per cent) was directed towards our charitable activities) with 6 per cent (2011/12: 6 per cent) spent on generating funds (essentially fundraising). Governance costs accounted for 4 per cent (2011/12: 5 per cent).

Bliss Scotland operated a total deficit of £8,881 (£60,896 in 2011/12), which is supported by Bliss as Bliss Scotland's parent charity. This support will be maintained, but decreased, over the next two years, with the intention that Bliss Scotland becomes self-funding by the end of 2014/5.

We would like to thank the following organisations for their support during the year:

Aberdeen Asset Management
Barr Construction
Fife Charities Trust
James Weir Foundation
Jeffrey Charitable Trust
PF Charitable Trust
Russell Trust
Rutherford Charitable Trust
Scott Fund
The Hugh Fraser Charitable Trust
The Martin Connell Charitable Trust
The Nancie Massey Charitable Trust
The Ronald Miller Foundation
The Scottish Government
Tulip Charitable Trust

Reserves policy

Bliss Scotland's deficit is supported by Bliss' reserves. As stated above, this deficit has decreased significantly over the past 12 months, and the intention is that the deficit will be eliminated by the end of 2014/15.

Plans for the future

Next year Bliss Scotland will continue to work towards our five year strategy. Our efforts will be focused around achieving change in four key areas that significantly impact the care of premature and sick babies and their families in Scotland.

By 2016 we will have:

- Improved frontline NHS resources for perinatal care across the country, both in hospital and at home
- Driven the development and uptake of high quality family centred care
- Made information and support available to all families who have had a premature or sick baby for at least 24 hours in hospital.
- Expanded our reach and profile.

In particular we will focus on the development of Bliss' presence within local communities and look at new ways of providing support for families across Scotland in partnership with neonatal units.

We are also actively exploring the appointment of a Bliss Nurse in Scotland.

Bliss Scotland (Charity) Limited

Trustees' Report (CONTINUED)

For The Year Ended 31 March 2013

On behalf of the Board of Trustees



K Soper

Trustee

Dated: 25/09/2013

Bliss Scotland (Charity) Limited

Independent Examiner's Report

To The Trustees Of Bliss Scotland (Charity) Limited

I report on the accounts of the charity for the year ended 31 March 2013, which are set out on pages 7 to 13.

Respective responsibilities of trustees and examiner

The charity's Trustees (who are also the Directors of the company for the purposes of company law) are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006. The charity's Trustees consider that the audit requirement of Regulation 10(1) (a) to (c) of the 2006 Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination is carried out in accordance with Regulation 11 of the 2006 Accounts Regulations. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- (a) which gives me reasonable cause to believe that in any material respect the requirements:
 - (i) to keep accounting records in accordance with Section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations
- (b) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

S P Mehta (ACA/ICAEW)
H W Fisher & Company

Acre House
11-15 William Road
London
NW1 3ER

Dated:

7 October 2013

Bliss Scotland (Charity) Limited

**Statement Of Financial Activities
Including Income And Expenditure Account**

For The Year Ended 31 March 2013

	Notes	Unrestricted funds £	Restricted funds £	Total 2013 £	Total 2012 £
<u>Incoming resources from generated funds</u>					
Voluntary income	2	121,253	-	121,253	103,215
Income from trading		26,497	-	26,497	24,817
		147,750	-	147,750	128,032
Incoming resources from charitable activities	3	-	18,000	18,000	18,000
Total incoming resources		147,750	18,000	165,750	146,032
<u>Resources expended</u>					
Costs of generating funds					
Voluntary income	4	6,798	-	6,798	6,954
Net incoming resources available		140,952	18,000	158,952	139,078
Charitable activities					
Supporting families to care for their baby	4	54,943	18,000	72,943	68,431
Developing innovations in perinatal care	4	11,003	-	11,003	11,331
Campaigning for improved perinatal services	4	18,097	-	18,097	17,901
Total charitable expenditure		84,043	18,000	102,043	97,663
Governance costs	7	4,894	-	4,894	4,416
Total resources expended		95,735	18,000	113,735	109,033
Net income for the year/ Net movement in funds		52,015	-	52,015	36,999
Fund balances at 1 April 2012		(60,896)	-	(60,896)	(97,895)
Fund balances at 31 March 2013		(8,881)	-	(8,881)	(60,896)

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

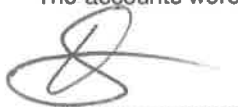
Bliss Scotland (Charity) Limited**Balance Sheet****As at 31 March 2013**

	Notes	2013 £	£	2012 £	£
Current assets					
Debtors	10	8,918		17,201	
Cash at bank and in hand		13,330		5,957	
		<u>22,248</u>		<u>23,158</u>	
Creditors: amounts falling due within one year					
	11	(31,129)		(84,054)	
Total assets less current liabilities			<u>(8,881)</u>		<u>(60,896)</u>
Income funds					
Unrestricted funds			<u>(8,881)</u>		<u>(60,896)</u>
			<u>(8,881)</u>		<u>(60,896)</u>

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2013. No member of the company has deposited a notice, pursuant to section 476, requiring an audit of these accounts.

The Directors acknowledge their responsibilities for ensuring that the company keeps accounting records which comply with section 386 of the Act and for preparing accounts which give a true and fair view of the state of affairs of the company as at the end of the financial year and if its incoming resources and application of resources, including its income and expenditure, for the financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to accounts, so far as applicable to the company.

The accounts were approved by the Board on 25/09/2013



K Soper
Trustee

Bliss Scotland (Charity) Limited

Notes to the Accounts

For The Year Ended 31 March 2013

1 Accounting policies

1.1 Basis of preparation

The financial statements have been prepared under the historical cost convention and on the going concern basis, the validity of which is dependent upon support from the parent Bliss - the national charity for the newborn. They are prepared in accordance with applicable accounting standards and the Statement of Recommended Practice 'Accounting and Reporting by Charities' issued in March 2005, as amended 2008, regulation 8 of the Charities Accounts (Scotland) Regulations 2006 and the Companies Act 2006.

The accounts have been prepared in accordance with applicable accounting standards, the Statement of Recommended Practice, "Accounting and Reporting by Charities", issued in March 2005 and the Companies Act 2006.

1.2 Incoming resources

Legacy income is included in the year in which it is receivable, which is when the charity becomes entitled to the resource.

Grants receivable in respect of expenditure charged to the statement of financial activities during the year have been included in the statement of financial activities. Grants made towards the cost of acquiring assets or making improvements to leasehold property have been taken to the statement of financial activities over the useful life of the asset concerned.

1.3 Expenditure

All expenditure is accounted for on an accruals basis and has been included under expense categories that aggregate cost for allocation to activities. Support costs are those costs incurred directly in support of expenditure of the objects of the company and include project management. They have been allocated to projects on the basis of salary costs incurred. Governance costs are those costs incurred in connection with compliance with constitutional and statutory requirements.

1.4 Fund accounting

General funds are Unrestricted funds, which are available for use at the discretion of the Directors in furtherance of the general objectives of the charity. Designated funds comprise Unrestricted funds, which are available for use at the discretion of the Directors in furtherance of the general objectives of the charity. The purpose and use of Restricted funds are imposed by donors or by the specific terms of charity appeals.

1.5 Tax

The company is a registered charity and is not subject to corporation tax on its current activities.

2 Voluntary income

	2013 £	2012 £
Donations and gifts	10,529	16,465
Donation from Bliss	90,124	70,000
Trust funding	20,600	16,750
	<u>121,253</u>	<u>103,215</u>

During the year a gift in kind was received from Bliss - The National Charity for the Newborn of £90,124 (2012: £70,000) for staff costs and the provision of administrative services.

Bliss Scotland (Charity) Limited

Notes to the Accounts (CONTINUED)

For The Year Ended 31 March 2013

3 Incoming resources from charitable activities

	2013 £	2012 £
Supporting families to care for their baby	18,000	18,000

4 Total resources expended

	Staff costs £	Other costs £	Total 2013 £	Total 2012 £
Costs of generating funds				
Voluntary income	-	6,798	6,798	6,954
Charitable activities				
<u>Supporting families to care for their baby</u>				
Activities undertaken directly	16,902	3,861	20,763	20,918
Support costs	-	52,180	52,180	47,513
Total	16,902	56,041	72,943	68,431
<u>Developing innovations in perinatal care</u>				
Support costs	-	11,003	11,003	11,331
<u>Campaigning for improved perinatal services</u>				
Support costs	-	18,097	18,097	17,901
	16,902	85,141	102,043	97,663
Governance costs	-	4,894	4,894	4,416
	16,902	96,833	113,735	109,033

5 Costs of generating funds - voluntary income

	2013 £	2012 £
Other costs comprise:		
Support costs	6,798	6,954
	6,798	6,954

Bliss Scotland (Charity) Limited

Notes to the Accounts (CONTINUED)

For The Year Ended 31 March 2013

6 Support costs

	Supporting families to care for their baby £	Developing innovations in perinatal care £	Campaigning for improved perinatal services £	Total 2013 £	Total 2012 £
Other costs	52,180	11,003	18,097	81,280	76,745
	52,180	11,003	18,097	81,280	76,745

Support costs consists of management fees charged by Bliss in respect of staff assistance, premises costs and other costs.

7 Governance costs

	2013 £	2012 £
Other governance costs comprise:		
Independent examination fee	1,350	700
Support costs	3,544	3,716
	4,894	4,416

8 Trustees

None of the trustees (or any persons connected with them) received any remuneration during the year.

9 Employees

Number of employees

The average monthly number of employees during the year was:

	2013 Number	2012 Number
	1	1
Employment costs		
	2013 £	2012 £
Wages and salaries	15,734	15,678
Social security costs	1,168	1,224
	16,902	16,902

Bliss Scotland (Charity) Limited

Notes to the Accounts (CONTINUED)

For The Year Ended 31 March 2013

10 Debtors	2013	2012
	£	£
Trade debtors	5,170	6,212
Amounts owed by connected undertakings	1,933	10,989
Prepayments and accrued income	1,815	-
	<u>8,918</u>	<u>17,201</u>

11 Creditors: amounts falling due within one year	2013	2012
	£	£
Trade creditors	337	147
Amounts owed to group undertakings	29,042	83,207
Accruals	1,750	700
	<u>31,129</u>	<u>84,054</u>

12 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Movement in funds			Balance at 31 March 2013
	Balance at 1 April 2012	Incoming resources	Resources expended	
	£	£	£	£
Scotland Coordinator	-	18,000	(18,000)	-
	<u>-</u>	<u>18,000</u>	<u>(18,000)</u>	<u>-</u>

Scotland Coordinator - a part-time post to facilitate the charity's activities in Scotland, ensuring good relationships with all 16 neonatal units in Scotland and Bliss Scotland support groups, was supported by a grant of £18,000 from the Scottish Government.

Bliss Scotland (Charity) Limited

Notes to the Accounts (CONTINUED)

For The Year Ended 31 March 2013

13 Analysis of net assets between funds

	Unrestricted funds	Restricted funds	Total
	£	£	£
Fund balances at 31 March 2013 are represented by:			
Current assets	22,248	-	22,248
Creditors: amounts falling due within one year	(31,129)	-	(31,129)
	<u>(8,881)</u>	<u>-</u>	<u>(8,881)</u>

14 Related parties

The charity has taken advantage of the exemption available in FRS 8 "Related party disclosures" whereby it has not disclosed transactions with the ultimate parent company or any wholly owned subsidiary undertaking of the group.