



## Leeds 5K Race series

Bib No.	First Name	Second Name	Club	Cat.	Race 1	Race 2	Race 3	Race 4	Race 5	No. Races	Total Time
595	Matthew	Hallam	Valley Striders	MSEN	16:58	16:50	16:59	16:54	16:47	5	1:24:28
552	Josh	Dawson		MSEN	19:24	19:03	19:17	18:50	18:53	5	1:35:27
439	Connor	Clark	Abbey Runners	MJUN	19:41	19:15	19:30	18:55	19:00	5	1:36:21
584	Rory	Goldthorpe		MSEN	19:47	19:11	19:19	18:47	19:29	5	1:36:33
604	Geoffrey	Hirst	Harrogate Harriers & AC	MSEN	19:51	19:44	19:35	18:59	19:33	5	1:37:42
536	Duncan	Clark	Abbey Runners	MV55	19:17	19:53	19:50	19:36	19:17	5	1:37:53
696	Freddie	Roden	Abbey Runners	MJUN	20:36	19:32	19:31	18:57	19:34	5	1:38:10
703	Ian	Rosser	Valley Striders	MV45	20:35	20:28	20:16	20:19	20:31	5	1:42:09
516	John	Blatherwick	Hyde Park Harriers	MSEN	20:47	20:43	20:43	19:55	20:10	5	1:42:18
504	Mark	Ayre	Roundhay Runners	MV50	20:28	20:17	21:24	20:40	20:39	5	1:43:28
532	George	Chambers	Otley AC	MJUN	21:20	21:39	21:07	20:47	21:05	5	1:45:58
743	David	Womersley	Horsforth Harriers	MV65	21:04	21:17	21:29	21:12	21:27	5	1:46:29
351	Chris	Jones	Hyde Park Harriers	MV60	21:28	21:49	21:36	21:15	20:59	5	1:47:07
475	Leroy	Sutton	Valley Striders	MV60	21:50	21:38	21:45	21:39	21:42	5	1:48:34
697	Helen	Roden	Abbey Runners	FV45	21:48	22:27	21:49	21:50	21:44	5	1:49:38
509	Neil	Baxter	Skyrac AC	MV40	23:19	22:36	21:39	21:02	21:50	5	1:50:26
566	Adam	Ellis	Abbey Runners	MV40	22:06	21:56	22:59	21:55	22:09	5	1:51:05
711	Heidi	Siddle	Leeds & Bradford Triathlon Club	FV40	22:09	22:17	21:47	22:24	22:29	5	1:51:06
554	Warren	Dennison		MV50	22:20	22:19	22:49	25:00	23:29	5	1:55:57
730	Clive	Walton	Abbey Runners	MV50	23:19	23:12	23:13	23:23	23:31	5	1:56:38
699	Bill	Roscoe		MV65	24:05	23:19	23:39	23:21	23:09	5	1:57:33
505	James	Balkwill	Abbey Runners	MV45	23:46	23:29	22:59	24:00	23:32	5	1:57:46
488	Brian	Tyrrell	Valley Striders	MV55	24:03	23:58	23:43	23:50	23:50	5	1:59:24
564	Richard	Edwards	Hyde Park Harriers	MV40	24:45	24:08	24:20	24:03	23:46	5	2:01:02
700	Brett	Roscoe		MV45	24:57	23:54	24:29	24:24	24:13	5	2:01:57
602	Kathryn	Hind	Leeds & Bradford Triathlon Club	FV45	26:00	24:58	24:17	23:36	23:14	5	2:02:05
705	Jasmine	Salih	Abbey Runners	FV45	25:03	24:59	24:37	25:27	24:15	5	2:04:21
518	Victoria	Brides	Horsforth Harriers	FSEN	24:56	25:55	24:43	26:23	25:15	5	2:07:12
522	Stephen	Brook	Queensbury Running Club	MV70	26:31	26:12	25:22	26:02	24:50	5	2:08:57
591	Suzanne	Hague	Saltaire Striders	FV50	26:53	26:49	26:37	26:42	26:21	5	2:13:22
717	Jacqueline	Stack	Horsforth Harriers	FV50	29:25	29:44	28:43	28:13	29:20	5	2:25:25
539	Maureen	Coffey	Roundhay Runners	FV65	29:31	28:47	28:55	29:58	28:35	5	2:25:46

Bib No.	First Name	Second Name	Club	Cat.	Race 1	Race 2	Race 3	Race 4	Race 5	No. Races	Total Time
650	Sheila	Mason	Horsforth Harriers	FV60	30:23	29:35	29:39	28:45	28:30	5	2:26:52
563	Julie	Eastwood	Horsforth Harriers	FV60	31:28	31:30	30:52	31:56	31:06	5	2:36:52
558	Paul	Dodsworth	Otley AC	MV50	34:24	33:11	32:58	32:24	31:34	5	2:44:31
451	John	Hobbs	Valley Striders	MV40		16:16	16:22	16:11	16:01	4	1:04:50
752	Huw	Lippiatt	Valley Striders	MV45		17:25	17:35	17:20	17:40	4	1:10:00
580	Richard	Gibbs	Roundhay Runners	MV40		17:55	17:59	17:45	17:50	4	1:11:29
736	Robert	Whitaker	Wetherby Runners AC	MV40		17:51	17:46	17:56	18:07	4	1:11:40
491	Paul	Fotherby	Valley Striders	MV40		18:29	18:22	18:18	18:05	4	1:13:14
685	Steve	Pinn	Roundhay Runners	MV40	18:38		18:32	18:15	17:52	4	1:13:17
531	Simon	Cave	Ripon Runners	MV40		18:16	18:26	18:14	18:21	4	1:13:17
721	James	Tarran	Valley Striders	MV50	18:28	18:18	19:10	18:11		4	1:14:07
654	Keith	Mcghie	Spensborough & District AC	MV55	18:39	18:35		18:24	18:37	4	1:14:15
693	Paul	Richardson	Harrogate Harriers & AC	MV40		18:42	18:39	18:38	18:36	4	1:14:35
706	Alan	Salter		MSEN		18:55	18:43	18:22	18:49	4	1:14:49
528	Joe	Carr	Leeds City AC	MJUN	19:04		19:27	18:29	17:57	4	1:14:57
501	Tobias	Adkins	Hyde Park Harriers	MSEN	18:43	19:09	18:58	18:31		4	1:15:21
668	Ian	Ogden	Spensborough & District AC	MV45		18:54	19:32	19:00	19:05	4	1:16:31
483	Paul	Menham		MV40	19:31	19:11	19:20	18:52		4	1:16:54
529	Chris	Carrick	Hyde Park Harriers	MV40		18:54	20:00	19:22	19:20	4	1:17:36
507	Andy	Bates		MSEN	19:43	19:34	19:42	19:14		4	1:18:13
520	Jenson	Brogden	Otley AC	MJUN	19:19	19:12		20:03	19:47	4	1:18:21
749	Amy	Young	Hyde Park Harriers	FSEN	19:37	19:28	21:11	19:24		4	1:19:40
702	Danny	Rosenberg		MSEN	20:30	20:03	19:37		20:12	4	1:20:22
695	Adam	Robertson	Roundhay Runners	MSEN	20:06	20:05	19:49	20:25		4	1:20:25
437	Chris	Chambers	Otley AC	MSEN	20:42	20:06	19:29	20:49		4	1:21:06
523	Robert	Budding	Ilkley Harriers	MV50	20:06	19:54	20:01		22:03	4	1:22:04
640	Stuart	Little	Horsforth Harriers	MSEN	20:58	20:40	20:41	20:01		4	1:22:20
519	Aston	Brogden	Otley AC	MJUN	20:59	20:40		20:20	20:40	4	1:22:39
599	Christopher	Hassall	Hyde Park Harriers	MSEN	21:02		22:15	21:02	20:13	4	1:24:32
687	Iain	Rayner		MV40		22:07	21:27	20:48	21:14	4	1:25:36
11	Tillie	Clark	St Therasas AC	FSEN	21:19	21:14	22:29	21:47		4	1:26:49
645	Oliver	Lunt		MSEN		22:24	21:59	21:20	21:39	4	1:27:22

## Leeds 5K Race series

Bib No.	First Name	Second Name	Club	Cat.	Race 1	Race 2	Race 3	Race 4	Race 5	No. Races	Total Time
663	Filip	Morus	Abbey Runners	MJUN	21:47	21:19		23:04	21:35	4	1:27:45
734	Rob	Webster	Horsforth Harriers	MV45		22:34	22:10	21:41	22:20	4	1:28:45
698	Oscar	Roden	Abbey Runners	MJUN	23:30	21:49	21:45	22:00		4	1:29:04
571	Clare	Evans	Hyde Park Harriers	FSEN	21:13		24:53	22:01	21:22	4	1:29:29
581	Christopher	Gill	St Therasas AC	MV70	21:57	22:58	22:36		22:46	4	1:30:17
479	Alexandra	Watson-Usher	Valley Striders	FSEN	23:40	23:16	22:25	21:54		4	1:31:15
716	Amanda	Spencer	Valley Striders	FV45	23:24	22:54	22:48		22:40	4	1:31:46
738	Paul	White	Valley Striders	MV70	23:01	23:20	22:54	23:09		4	1:32:24
647	Michael	Mansfield	Roundhay Runners	MV55		23:20	23:41	23:16	23:00	4	1:33:17
484	Daniel	Metcalfe	Horsforth Fellandale	MSEN	23:45	23:26		23:49	23:08	4	1:34:08
620	Donald	Johnson	Bingley Harriers & AC	MV65	24:05	23:38	23:56		22:57	4	1:34:36
636	Barbara	Lee	Baildon Runners	FV60		24:29	24:46	23:59	24:07	4	1:37:21
733	Jane	Webster	Horsforth Harriers	FV50		26:15	24:22	23:33	23:33	4	1:37:43
446	Pascale	Fotherby	Valley Striders	FV35	24:55		24:55	25:25	25:40	4	1:40:55
619	Denise	Johnson	Baildon Runners	FV55	25:25	25:37	25:14		25:03	4	1:41:19
632	Lesley	Lavery	St Therasas AC	FV50	25:42	26:00	25:00		26:52	4	1:43:34
625	Elaine	Kavanagh	Tadcaster Harriers	FV55	26:17	26:01	26:15	26:15		4	1:44:48
660	Joanna	Mingham	Horsforth Harriers	FV60	27:11	27:26	26:39		26:13	4	1:47:29
463	Joanna	Clarke	Rothwell Harriers	FV35	27:43	27:44	27:13	26:40		4	1:49:20
679	Hannah	Parmley	Roundhay Runners	FSEN		27:37	29:24	30:27	31:11	4	1:58:39
594	Susan	Hall	Halifax Harriers AC	FV65	30:20	29:47	30:11		29:51	4	2:00:09
641	Adam	Lomas	Hyde Park Harriers	MSEN	18:16			17:42	17:26	3	53:24
724	Andy	Turner	Roundhay Runners	MSEN		18:06	18:01	17:54		3	54:01
669	Kevin	Ogden	Spensborough & District AC	MV45	18:17			17:55	17:49	3	54:01
460	Tom	Langdon	Leeds & Bradford Triathlon Club	MSEN	17:33	17:33	19:31			3	54:37
618	Liam	Jenkins	Abbey Runners	MSEN	17:57		18:36	18:23		3	54:56
745	James	Wright	Knarborough Striders	MSEN	18:40		18:10	18:15		3	55:05
515	Daniel	Blackburn	Leeds & Bradford Triathlon Club	MSEN	19:18		19:03	18:42		3	57:03
667	Alistair	O'donnell	Kirkstall Harriers	MSEN	19:09	19:08	18:52			3	57:09
642	Vernon	Long	Valley Striders	MV50		19:44	19:30		18:58	3	58:12
577	Gethyn	Friswell	Spa Striders	MSEN		19:32		19:26	19:32	3	58:30
630	Marwan	Khoueiry	Wakefield District H & AC	MV45	19:55	19:39	19:37			3	59:11



## Leeds 5K Race series

Bib No.	First Name	Second Name	Club	Cat.	Race 1	Race 2	Race 3	Race 4	Race 5	No. Races	Total Time
500	Wayne	King-Farlow	Bingley Harriers & AC	MV45		19:55		19:30	19:55	3	59:20
542	Joseph	Cook	Leeds City AC	MSEN		19:29	19:37	20:17		3	59:23
508	Darren	Batey		MV40		20:07		19:34	19:43	3	59:24
617	Niamh	Jackson	Kirkstall Harriers	FV35		19:45	19:40		20:05	3	59:30
535	Sunny	Cheema	Abbey Runners	MSEN			20:18	19:39	19:42	3	59:39
649	Rob	Marsh	Valley Striders	MV40	20:03	19:51	19:50			3	59:44
750	Innes	Young	Roundhay Runners	MV40	20:06	20:10		19:57		3	1:00:13
537	Michaela	Clark	Abbey Runners	FV45	20:40	19:54	19:41			3	1:00:15
729	Nicola	Walmsley	Chapel Allerton RC	FV35	20:32	20:32		20:05		3	1:01:09
600	Martin	Hawkins	Skyrac AC	MV45	20:34		20:31	20:07		3	1:01:12
714	Daniel	Smith		MSEN	20:40	20:31			20:25	3	1:01:36
543	Chris	Corcoran	Leeds City AC	MV65	21:36	21:24		22:04		3	1:05:04
583	Michael	Goldstone		MSEN	22:08		21:24		21:40	3	1:05:12
644	Grahame	Lunt		MV60		22:04	21:54	21:35		3	1:05:33
541	James	Cook	Roundhay Runners	MV40		22:39	22:09		21:37	3	1:06:25
731	John	Ward	Abbey Runners	MV65	21:58	22:00	23:04			3	1:07:02
352	Matt	Ellis	Abbey Runners	MV40	22:27	22:25		22:14		3	1:07:06
565	Sara	Elliott	Otley AC	FV45		22:37	22:28	22:23		3	1:07:28
513	Andy	Bisset	Horsforth Harriers	MV45	23:25		22:26		22:14	3	1:08:05
713	Stu	Sklinar	Leeds & Bradford Triathlon Club	MSEN	21:02	21:24			25:40	3	1:08:06
589	Sarah	Greene	Hyde Park Harriers	FSEN		23:04	22:22		23:17	3	1:08:43
692	Johanna	Rhodes	Hyde Park Harriers	FSEN		23:30	22:49	22:32		3	1:08:51
540	Kevin	Connell-Moore	Rothwell Harriers	MV50		23:22	23:09	22:52		3	1:09:23
807	Alfred	Tyrrell		MJUN			23:12	22:42	23:29	3	1:09:23
689	Emyr	Rees	Bingley Harriers & AC	MV50	23:11	23:20			23:14	3	1:09:45
683	David	Peacock		MV40		23:52	23:15		23:22	3	1:10:29
748	Rhys	Wytchard	Otley AC	MJUN	23:05		23:56	23:43		3	1:10:44
533	Sarah	Charlesworth	Wharfedale Harriers	FV35			23:51	23:36	23:51	3	1:11:18
728	John	Walker	Roundhay Runners	MV55	24:27		23:42	23:33		3	1:11:42
624	Philip	Jones	Baildon Runners	MV60			24:50	24:02	23:04	3	1:11:56
746	Alex	Wytchard	Skyrac AC	MSEN	24:19		24:17	23:47		3	1:12:23
675	Christopher	Parker-Haim	Rothwell Harriers	MSEN		24:57	24:14	23:55		3	1:13:06

Bib No.	First Name	Second Name	Club	Cat.	Race 1	Race 2	Race 3	Race 4	Race 5	No. Races	Total Time
573	Naomi	Farrar	Hyde Park Harriers	FSEN	24:30	25:03	24:54			3	1:14:27
634	Matthew	Lawson	Saltaire Striders	MSEN		24:57		25:35	24:45	3	1:15:17
792	Adrian	Martin	Pudsey Pacers	MV45			25:02	25:12	25:10	3	1:15:24
578	Heather	Fulton	Hyde Park Harriers	FSEN	24:53	25:59			24:46	3	1:15:38
673	Sarah	Papadimos	Horsforth Harriers	FV50		26:37	25:03		24:57	3	1:16:37
557	Tom	Dickson	Horsforth Harriers	MSEN			26:28	25:11	25:18	3	1:16:57
512	Petra	Bijsterveld	Ilkley Harriers	FV55	27:12			26:14	25:39	3	1:19:05
676	Matthew	Parker-Haim		MSEN		26:40	27:49	26:49		3	1:21:18
727	Alan	Waistell		MV55	26:27	26:49	29:59			3	1:23:15
789	Claire	Hougham	Hyde Park Harriers	FV40			28:14	27:36	28:21	3	1:24:11
719	Melissa	Stead	Pudsey Pacers	FV40		29:59	29:16	29:02		3	1:28:17
610	Barrie	Hopson	Abbey Runners	MV70		29:34	31:50		29:41	3	1:31:05
806	Scarlett	Thompson		FJUN			31:08	31:26	31:00	3	1:33:34
684	Amanda	Pearson	Spensborough & District AC	FV50	31:31		31:34	31:22		3	1:34:27
482	Sarah	Longfield	Ackworth Road Runners	FV35	32:35		32:27		31:20	3	1:36:22
551	Caroline	Davies	Rothwell Harriers	FSEN		32:13	31:50	32:48		3	1:36:51
587	Louise	Gray		FV35	41:17	41:20			36:42	3	1:59:19
495	Philip	Goose	Hyde Park Harriers	MSEN		16:59		17:10		2	34:09
847	Michael	Vargas	Hyde Park Harriers	MSEN				17:37	16:58	2	34:35
5	Hannah	Oldroyd	Saltaire Striders	FSEN			17:31	17:22		2	34:53
854	Jonathan	Young	Kirkstall Harriers	MSEN				17:41	17:28	2	35:09
601	Rich	Hayes	Northern Masters AC	MSEN		17:51		17:23		2	35:14
471	Lee	Stanley	Ripon Runners	MV40		17:52	17:56			2	35:48
474	Kevin	Summers		MSEN	17:56		18:03			2	35:59
701	Jack	Rose	Hyde Park Harriers	MSEN		17:55			18:10	2	36:05
614	Roger	Hutton		MV40			18:04		18:05	2	36:09
626	Ryan	Kavanagh	Tadcaster Harriers	MSEN	18:16		18:07			2	36:23
568	Glynn	Ellwood	York Postal Harriers	MSEN	18:33	18:28				2	37:01
597	Andrew	Harris	Nidd Valley Road Runners	MV40		19:27			17:52	2	37:19
494	Joel	Giddings	Valley Striders	MV45		18:44			18:36	2	37:20
603	Aron	Hinds	Hyde Park Harriers	MSEN	18:33	18:58				2	37:31
579	Rob	Garbutt		MSEN	18:51	18:40				2	37:31



## Leeds 5K Race series

Bib No.	First Name	Second Name	Club	Cat.	Race 1	Race 2	Race 3	Race 4	Race 5	No. Races	Total Time
497	Owain	Gwilym	Airecentre Pacers	MSEN		19:04	18:37			2	37:41
656	Kevin	Mcmullan	Valley Striders	MV45	18:50			19:00		2	37:50
582	Billy	Goddard	Roundhay Runners	MV40				19:09	19:04	2	38:13
561	Laura	Dransfield	Roundhay Runners	FSEN		19:20		18:54		2	38:14
487	Hannah	Riechert		FSEN	19:10		19:12			2	38:22
324	Ben	Rees	Bingley Harriers & AC	MJUN				19:56	18:46	2	38:42
651	Alex	Matthewson	Wetherby Runners AC	MSEN		19:07			19:38	2	38:45
761	Oliver	Warren		MSEN		19:50		19:24		2	39:14
732	Lesley	Watson	Bingley Harriers & AC	FV45		19:29			19:47	2	39:16
788	Mark	Haddrill	Hyde Park Harriers	MSEN			19:44	19:43		2	39:27
760	Andrew	Stott	Queensbury Running Club	MV45		19:54	19:40			2	39:34
631	Geoff	King	Harrogate Harriers & AC	MV60			19:53	19:44		2	39:37
707	Paul	Sawyer	Hyde Park Harriers	MSEN			19:59		20:02	2	40:01
452	Stephen	Hunt	Spensborough & District AC	MV50	19:51		20:12			2	40:03
438	John	Chatwin	Ripon Runners	MSEN		19:07	20:58			2	40:05
575	Sean	Fitzgerald	Valley Striders	MSEN		20:42		19:24		2	40:06
843	Shamiso	Sisimayi	Harrogate Harriers & AC	FV35				19:57	20:22	2	40:19
615	Mark	Iley	Ilkley Harriers	MV55		20:12	20:07			2	40:19
538	Chris	Cobb	Roundhay Runners	MSEN	19:48				21:16	2	41:04
830	Graeme	Miles	Hyde Park Harriers	MSEN	20:27			20:38		2	41:05
472	Harry	Stead	Ilkley Harriers	MJUN	20:44	20:27				2	41:11
574	David	Fennah	Wetherby Runners AC	MV45				20:49	20:39	2	41:28
502	Naomi	Armitage	Rotherham Harriers & AC	FSEN		20:50			20:54	2	41:44
607	Alex	Holliday		MSEN		20:47			20:58	2	41:45
510	David	Beesley	Abbey Runners	MSEN		20:57	20:57			2	41:54
628	Craig	Kent	Abbey Runners	MSEN		20:27	21:38			2	42:05
570	Sara	Elson	Roundhay Runners	FV45		20:51			21:16	2	42:07
449	Natasha	Geere	Spensborough & District AC	FV50	21:31		21:41			2	43:12
613	Chloe	Hudson	Valley Striders	FV35		22:03			21:35	2	43:38
725	Mark	Twitchett	Roundhay Runners	MV45				21:59	21:43	2	43:42
633	Malcolm	Lavery	St Therasas AC	MV50	22:20		21:53			2	44:13
658	Al	Milne		MSEN	22:17	22:14				2	44:31

## Leeds 5K Race series

Bib No.	First Name	Second Name	Club	Cat.	Race 1	Race 2	Race 3	Race 4	Race 5	No. Races	Total Time
681	Angela	Pattinson	Horsforth Harriers	FV50		22:28	22:17			2	44:45
447	Eleanor	Gallon	Kirkstall Harriers	FV35	22:30		22:19			2	44:49
776	Archie	Budding	Ilkley Harriers	MJUN			21:44		23:08	2	44:52
648	Sarah	Marsden	Leeds & Bradford Triathlon Club	FSEN		22:18		23:07		2	45:25
795	Michael	Mcdermott		MV50			22:39		22:51	2	45:30
464	Tim	Driver	Wakefield Triathlon Club	MV40	22:10	24:16				2	46:26
621	Sophie	Johnstone	Roundhay Runners	FV40			22:57		23:30	2	46:27
846	James	Underwood		MSEN				23:54	23:14	2	47:08
553	Sarah	Dennis		FV35		23:22		24:03		2	47:25
665	Gillian	Nesbitt	Abbey Runners	FV40	23:57			23:44		2	47:41
754	Judith	Lund	Roundhay Runners	FV40		23:33			24:40	2	48:13
569	Melanie	Ellwood	York Postal Harriers	FSEN	24:18	23:55				2	48:13
835	Rafet	Ongun	Hyde Park Harriers	MSEN				24:03	24:13	2	48:16
659	Stephen	Milne	Hyde Park Harriers	MSEN	24:22	24:10				2	48:32
653	William	McGawley	Leeds & Bradford Triathlon Club	MV40	24:35		24:25			2	49:00
544	Hilda	Couley	Ilkley Harriers	FV65			24:52		24:14	2	49:06
524	Marianne	Burgess	Horsforth Harriers	FV35	24:50		24:33			2	49:23
812	Steve	Allen	Horsforth Harriers	MV45				24:54	24:54	2	49:48
514	Louise	Bisset	Horsforth Harriers	FV45			26:01	24:54		2	50:55
770	Claudia	Bauer	Hyde Park Harriers	FSEN			25:53	26:15		2	52:08
612	Kelly	Houton	Horsforth Harriers	FSEN			25:36	26:55		2	52:31
740	Kate	Williams	Spensborough & District AC	FV40	27:01	27:15				2	54:16
774	Josie	Briggs	Saltaire Striders	FV50			26:52	27:27		2	54:19
453	Joseph	Ibrahim	Abbey Runners	MV40	28:30				28:52	2	57:22
674	John	Papworth-Smith		MV65			29:36		28:23	2	57:59
468	Grace	Roberts	Hyde Park Harriers	FSEN	28:37		29:59			2	58:36
370	Jasbir	Bangerh	Hyde Park Harriers	FV45		29:36	29:50			2	59:26
545	Meryll	Cripps	Valley Striders	FV65		30:50	30:00			2	1:00:50
652	Anne	McCaffrey		FV55		29:24	31:42			2	1:01:06
722	Alice	Taylor		FSEN		31:56	30:18			2	1:02:14
395	Dot	Carr		FV70		33:39		33:22		2	1:07:01
596	Scott	Harrington	Otley AC	MSEN			16:07			1	16:07

## Leeds 5K Race series

Bib No.	First Name	Second Name	Club	Cat.	Race 1	Race 2	Race 3	Race 4	Race 5	No. Races	Total Time
841	Joseph	Sagar	Spensorough & District AC	MSEN					16:21	1	16:21
796	Paul	Millgate	Wetherby Runners AC	MV40			16:28			1	16:28
816	Simon	Bolland	Spensorough & District AC	MSEN				16:33		1	16:33
868	Daryl	Hibberd	Valley Striders	MSEN					16:36	1	16:36
498	Toby	Hillery	Wetherby Runners AC	MSEN		16:56				1	16:56
860	Tom	Dart	Spensorough & District AC	MSEN					17:10	1	17:10
790	Daniel	Josephs	South Shields Harriers & AC	MSEN			17:13			1	17:13
856	Phil	Boynton	Horsforth Harriers	MSEN					17:22	1	17:22
887	Beth	Garland	Chichester AC	FSEN					17:31	1	17:31
457	Simon	Johnson	Halifax Harriers & AC	MV50	17:38					1	17:38
849	Scott	Watson	Hyde Park Harriers	MSEN				17:47		1	17:47
825	Ben	Hartley	Hyde Park Harriers	MV40				17:50		1	17:50
875	Daniel	Marquina	Hyde Park Harriers	MSEN					17:52	1	17:52
873	James	Mace	Rothwell Harriers	MSEN					17:58	1	17:58
517	James	Boddy	Ripon Runners	MSEN			17:58			1	17:58
823	Mike	Gallagher	Hyde Park Harriers	MSEN				18:02		1	18:02
441	John	Convery	Bingley Harriers & AC	MV55	18:04					1	18:04
784	Peter	Dyer	Avon Valley Runners	MSEN			18:09			1	18:09
809	David	Westhead	Ilkley Harriers	MV50			18:12			1	18:12
881	Anthony	Towler		MSEN					18:13	1	18:13
688	Ben	Rees	Bingley Harriers & AC	MJUN		18:14				1	18:14
478	Alex	Wagner		MSEN	18:15					1	18:15
14	Steve	Darby	UKnetrunner	MV50			18:16			1	18:16
503	Ross	Armstrong	Abbey Runners	MSEN				18:22		1	18:22
742	Charlotte	Wills	Leeds City AC	FV35	18:24					1	18:24
853	Zejun	Yao	LUUCCC	MSEN				18:27		1	18:27
638	Susan	Lewis	Roundhay Runners	FV40		18:38				1	18:38
737	Ali	White	Roundhay Runners	MSEN	18:42					1	18:42
794	Sean	Mccaffrey	Holmfirth Harriers AC	MV50			18:51			1	18:51
405	Stella	Cross	Wetherby Runners AC	FSEN		18:59				1	18:59
546	Martin	Critchley	Horsforth Harriers	MV40					19:04	1	19:04
781	Hannah	Cox	Charnwood AC	FSEN			19:13			1	19:13



## Leeds 5K Race series

Bib No.	First Name	Second Name	Club	Cat.	Race 1	Race 2	Race 3	Race 4	Race 5	No. Races	Total Time
485	Stephen	Morris	Leeds & Bradford Triathlon Club	MSEN	19:15					1	19:15
826	Jack	Hayes		MSEN				19:18		1	19:18
434	Matthew	Blakeley	Roundhay Runners	MV45				19:21		1	19:21
576	Simon	Frazer	Saltaire Striders	MV40			19:24			1	19:24
590	Stephen	Greene	Abbey Runners	MSEN			19:26			1	19:26
834	David	Ogle		MSEN				19:26		1	19:26
720	Joe	Steele	Roundhay Runners	MV45					19:29	1	19:29
821	Sam	Duggan	Roundhay Runners	MSEN				19:29		1	19:29
608	Neil	Holloway	Leeds & Bradford Triathlon Club	MV40			19:31			1	19:31
820	Rob	Driver	Wetherby Runners AC	MSEN				19:40		1	19:40
865	Gary	Grant	Hyde Park Harriers	MSEN					19:42	1	19:42
492	Andrew	Fowler		MSEN			19:47			1	19:47
756	Mohammad	Abubakr	Airecentre Pacers	MSEN			19:50			1	19:50
592	Martin	Hall	Spenborough & District AC	MV55		19:52				1	19:52
850	Dylan	Williams		MSEN				19:52		1	19:52
333	Adam	Nodwell	Kirkstall Harriers	MSEN				19:54		1	19:54
859	Charlotte	Corrigan	Hyndburn Athletic Club	FJUN					19:57	1	19:57
766	Tom	Williams	Hyde Park Harriers	MV40		20:00				1	20:00
363	Rowan	Ardill	Ramsbottom Running Club	MSEN		20:01				1	20:01
786	Joel	Fellick		MSEN			20:03			1	20:03
844	Jonathan	Spain	Hyde Park Harriers	MSEN				20:03		1	20:03
525	Phil	Burton	Roundhay Runners	MV50				20:06		1	20:06
403	Paul	Croshaw		MSEN		20:08				1	20:08
769	Matthew	Armstrong	Hyde Park Harriers	MV40			20:09			1	20:09
870	Philip	Jones	Horsforth Harriers	MV40					20:15	1	20:15
334	Harry	Stead	Ilkley Harriers	MJUN				20:20		1	20:20
682	Nick	Payne	Hyde Park Harriers	MSEN				20:29		1	20:29
616	John	Imrie		MSEN					20:36	1	20:36
629	Jacqui	Khoueiry	Wakefield District H & AC	FV45					20:40	1	20:40
757	Julian	Murray	Harrogate Tri Club	MV45		20:40				1	20:40
726	Sean	Veal	Horsforth Harriers	MSEN					20:43	1	20:43
814	Alex	Barnard	Hyde Park Harriers	MSEN					20:51	1	20:51



## Leeds 5K Race series

Bib No.	First Name	Second Name	Club	Cat.	Race 1	Race 2	Race 3	Race 4	Race 5	No. Races	Total Time
431	Sally	Armitage	Ilkley Harriers	FV35		20:51				1	20:51
811	Emma	Wilkins	Baildon Runners	FSEN			20:54			1	20:54
831	Kevin-Malachy	Murphy	Harrogate Harriers & AC	MV60				20:58		1	20:58
506	Sharon	Barlow	Harrogate Harriers & AC	FV40			21:01			1	21:01
802	Emma	Robinson	Harrogate Harriers & AC	FV35			21:01			1	21:01
550	John	Dalby	Harrogate Harriers & AC	MV60			21:07			1	21:07
735	Mark	Westman	Bingley Harriers & AC	MV60					21:07	1	21:07
866	Nathan	Green		MSEN					21:10	1	21:10
481	Mat	Kelly	Rothwell Harriers	MSEN	21:10					1	21:10
704	Kirsty	Ryan	Roundhay Runners	FSEN			21:11			1	21:11
797	Nichola	Moreland	Hyde Park Harriers	FSEN			21:11			1	21:11
861	Dan	Donnelly	Hyde Park Harriers	MV50					21:17	1	21:17
829	Jim	Mawer		MSEN					21:21	1	21:21
534	Brian	Charlton		MSEN			21:21			1	21:21
851	Terry	Williams		MSEN				21:23		1	21:23
758	Julia	Say	Roundhay Runners	FV40		21:24				1	21:24
747	Isaac	Wytchard	Otley AC	MJUN			21:25			1	21:25
418	Lauren	Eadon	City of York AC	FV50		21:26				1	21:26
401	Phoebe	Coster	Wetherby Runners AC	FSEN		21:28				1	21:28
459	Naomi	Kellett	Hyde Park Harriers	FSEN					21:32	1	21:32
775	Emma	Brown	Hyde Park Harriers	FSEN			21:41			1	21:41
562	Jonathan	Eagle	Horsforth Harriers	MV55			21:56			1	21:56
755	Sarah	Mann	Valley Striders	FV35		22:03				1	22:03
678	Bryan Francis	Parkinson	Bingley Harriers & AC	MV65	22:07					1	22:07
838	Beth	Rendall	Hyde Park Harriers	FSEN				22:07		1	22:07
805	Sarah	Swales	South Shields Harriers & AC	FSEN			22:13			1	22:13
801	James	Rawstron	Otley AC	MV45			22:17			1	22:17
783	Neil	Dring	Ripon Runners	MV55			22:19			1	22:19
828	Neil	Marshall	Kirkstall Harriers	MSEN					22:24	1	22:24
739	James	Whittaker	Abbey Runners	MV50			22:25			1	22:25
718	Lisa	Stansbie	Abbey Runners	FV40	22:28					1	22:28
680	Ian	Patchett	Abbey Runners	MV55			22:33			1	22:33



## Leeds 5K Race series

Bib No.	First Name	Second Name	Club	Cat.	Race 1	Race 2	Race 3	Race 4	Race 5	No. Races	Total Time
623	Martin	Jones	Abbey Runners	MV45					22:36	1	22:36
819	Paul	Dickens	Hyde Park Harriers	MSEN				22:38		1	22:38
467	Rachel	Parker	Saltaire Striders	FV45		22:45				1	22:45
877	Jason	Newell	Spentborough & District AC	MV45					22:52	1	22:52
496	Mike	Graney	Swinton Running Club	MSEN		22:59				1	22:59
759	Matt	Shields		MV60		22:59				1	22:59
813	Emma	Amor	Hyde Park Harriers	FSEN				22:59		1	22:59
871	Graeme	Littlewood	Abbey Runners	MV50					23:05	1	23:05
886	Phil	Wilkins	Spentborough & District AC	MSEN					23:10	1	23:10
869	Chris	Hughes	#CLUB NOT RECOGNISED#	MV45					23:20	1	23:20
664	David	Mullaney	Tadcaster Harriers	MV55		23:21				1	23:21
489	Michelle	Wray		FSEN	23:23					1	23:23
723	Sue	Tindall	Tadcaster Harriers	FV50	23:24					1	23:24
839	Chris	Rhodes		MV40				23:35		1	23:35
454	Bob	Jackson	Valley Striders	MV65		23:37				1	23:37
598	Jenny	Harrison	Horsforth Harriers	FSEN		23:43				1	23:43
637	Barney	Lerner	Saltaire Striders	MV65				23:43		1	23:43
347	Vicky	Houghton	Hyde Park Harriers	FV35				23:51		1	23:51
480	Alys	Griffiths	Hyde Park Harriers	FSEN	24:01					1	24:01
857	Nicola	Budding	Ilkley Harriers	FV45					24:11	1	24:11
655	Helen	Mcgrath	Roundhay Runners	FV35				24:11		1	24:11
768	Michelle	Alderson	Roundhay Runners	FV35			24:19			1	24:19
833	Ruth	Norman	Hyde Park Harriers	FSEN				24:28		1	24:28
777	Gavin	Burton	Otley AC	MV40			24:29			1	24:29
798	Nsubisi	Mwakasungura	Roundhay Runners	MV40			24:29			1	24:29
611	Vicky	Houghton	Hyde Park Harriers	FV35			24:33			1	24:33
785	Laura	Edwards	Hyde Park Harriers	FSEN			24:35			1	24:35
490	Graham	Ford		MV60		24:42				1	24:42
462	Helen	McDonald	Roundhay Runners	FV40	24:44					1	24:44
780	James	Corah	Kirkstall Harriers	MV40			24:48			1	24:48
511	Laura	Beesley	Abbey Runners	FSEN		24:51				1	24:51
874	Andrew	Maddock	Hyde Park Harriers	MSEN					25:02	1	25:02

## Leeds 5K Race series

Bib No.	First Name	Second Name	Club	Cat.	Race 1	Race 2	Race 3	Race 4	Race 5	No. Races	Total Time
763	David	Whitaker		MV60		25:02				1	25:02
883	Conor	Walsh		MSEN					25:18	1	25:18
815	Alyson	Blakeley	Roundhay Runners	FV40				25:18		1	25:18
867	Paul	Heigham		MV45					25:27	1	25:27
710	Mark	Shepherd		MV45	25:41					1	25:41
824	Natalie	Hale	Knaresborough Striders	FSEN				25:41		1	25:41
741	Liz	Willis	Abbey Runners	FV50	25:44					1	25:44
458	Jane-Marie	Bracchi	Hyde Park Harriers	FV40	25:53					1	25:53
440	Jamie	Hyde	Abbey Runners	MJUN	26:03					1	26:03
606	Joanne	Holland	Abbey Runners	FV45				26:08		1	26:08
593	Sarah	Hall	Roundhay Runners	FV40				26:36		1	26:36
876	Joanne	McGarey	Kirkstall Harriers	FSEN					26:37	1	26:37
845	Lynda	Stark		FV40				27:00		1	27:00
791	Dave	Lonsdale	Baildon Runners	MV50			27:09			1	27:09
858	Manesha	Chauhan	Hyde Park Harriers	FV35					27:17	1	27:17
852	Catharine	Wright		FV35				27:31		1	27:31
627	Helen	Kennedy	Roundhay Runners	FSEN				27:32		1	27:32
817	Eleanor	Colman	Hyde Park Harriers	FSEN				27:33		1	27:33
779	Lizzie	Coombes	Hyde Park Harriers	FV50			27:42			1	27:42
473	Max	Stead	Ilkley Harriers	MJUN		27:53				1	27:53
526	Suzanne	Caley	Abbey Runners	FV40	27:58					1	27:58
878	Hanna	Ongun	Hyde Park Harriers	FSEN					28:06	1	28:06
765	Louise	Whitaker	Wetherby Runners AC	FV40		29:12				1	29:12
793	Cathy	Martin	Pudsey Pacers	FV45			29:26			1	29:26
767	Chrissie	Wellington	BRAT	FV40		29:36				1	29:36
670	Sean	O'halloran	Kirkstall Harriers	MSEN			31:36			1	31:36
559	Lisa	Dowson	Spensorough & District AC	FV40				32:43		1	32:43
764	Lorraine	Whitaker		FV50		32:51				1	32:51
639	Philip	Lim	Valley Striders	MV45		33:39				1	33:39
879	Geoffrey	Render	Spensorough & District AC	MSEN					39:35	1	39:35