

Leeds Golden Mile 2018 Heat Allocations & Start Times

evensplits

Please note that these allocations are subject to change on the day (dependant on late entries)

You MAY be moved into either the previous or following heat if it is necessary to balance the numbers

Heat 1 (Start Time - 14:15)				Race No.
Pam	Scott	F	Dragons Running Club	1
Amanda	Bryant	F	Rothwell Harriers & AC	2
Sue	Lumby	F	Horsforth Harriers	3
Jacqueline	Stack	F	Horsforth Harriers	4
Karen	Head	F	Rothwell Harriers & AC	5
Rachel	Clarke-williams	F	South Leeds Lakers	6
Lindsay	Lowson	F	Chapel Allerton RC	7
Ann	Bennett	F	Rodillian Runners	8
Deacon	Chilton	M	South Leeds Lakers	9
Matthew	Parker-Haim	M	Rothwell Harriers & AC	10

Heat 2 (Start Time - 14:35)				
Jacqueline	Hill	F	U/A	11
Helen	Mann	F	Rothwell Harriers & AC	12
Tommy	Dickson	M	Horsforth Harriers	13
Julia	Morgan	F	U/A	14
Heather	Mitchell	F	Dewsbury Road Runners	15
Alison	Smith	F	Methley Striders	16
Claudia	Bauer	F	Hyde Park Harriers	17
Sarah	Papadimos	F	Horsforth Harriers	18
Richard	Edwards	M	Hyde Park Harriers	19
Jasmine	Saiih	F	Abbey Runners	20

Heat 3 (Start Time - 14:50)				
Louise	Wright	F	Chapel Allerton RC	21
Kevin	Connell-Moore	M	Rothwell Harriers & AC	22
Elizabeth	Wilson	F	Methley Striders	23
Carly	Terry	F	Chapel Allerton RC	24
Laura	Sedgley	F	Chapel Allerton RC	25
Marianne	Burgess	F	Horsforth Harriers	26
Samantha	Weatherall	F	Kimberworth Striders	27
Stephen	Milne	M	Hyde Park Harriers	178
Helen	Roden	F	Abbey Runners	179
Andrew	Bishop	M	Pudsey Pacers	28
Matthew	Gray	M	Hyde Park Harriers	29
Donna	Richardson	F	Ackworth Road Runners	30
Anna	Smith	F	Baildon Runners	31
Greg	Billinness	M	U/A	32

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Heat 4 (Start Time - 15:05)

Christopher	Parker-Haim	M	Rothwell Harriers & AC	33
Nsubisi	Mwakasungura	M	Roundhay Runners	34
Tony	Harcup	M	U/A	35
Ben	Robins	M	Chapel Allerton RC	36
Rowena	Skelhorn	F	Rothwell Harriers & AC	37
Geoffrey	Beattie	M	Sale Harriers	38
Richard	Mann	M	Rodillian Runners	39
Mark	Swinden	M	Tadcaster Harriers	40
Bob	Jackson	M	Valley Striders	41
Roger	Ward	M	Rothwell Harriers & AC	42
Amanda	Spencer	F	Valley Striders	43
Bev	Hurst	F	Horsforth Harriers	44

Heat 5 (Start Time - 15:20)

Adam	Ellis	M	Abbey Runners	45
Kath	Owen	F	Chapel Allerton RC	46
Jo	Rhodes	F	Hyde Park Harriers	47
Geoffrey	Howard	M	Ilkley Harriers	48
Isaac	Wilson	M	Rothwell Harriers & AC	49
Stephanie	Hall	F	Rothwell Harriers & AC	50
Rachel	Parker	F	Saltaire Striders	51
Naakesha	Seth	F	Horsforth Harriers	52
Richard	Morgan	M	U/A	53
Lee	Weatherall	M	Kimberworth Striders	54
Paul	Jones	M	Valley Striders	55
Alun	Griffiths	M	Saltaire Striders	56
Oscar	Roden	M	Abbey Runners	57

Heat 6 (Start Time - 15:35)

Denise	McGeachy	F	Chapel Allerton RC	58
Emma	Brown	F	Hyde Park Harriers	175
Anna	Harrold	F	Chapel Allerton RC	59
Charlotte	Sturley	F	Chapel Allerton RC	60
Freddie	Roden	M	Abbey Runners	61
David	Peacock	M	U/A	62
Robert	Calver	M	Chapel Allerton RC	63
Clare	Evans	F	Hyde Park Harriers	64
Robert	Halstead	M	Horsforth Harriers	65
Lisa	Stansbie	F	Abbey Runners	66
Anthony	McLarkey	M	U/A	67
Hayley	Newbound	F	Wakefield District H & AC	68
Bradley	Bannister	M	Ackworth Road Runners	69
Sarah	Hunter	F	Ackworth Road Runners	173

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Heat 7 (Start Time - 15:50)

Keira	Jones	F	Leeds City AC	70
James	Nundy	M	Kirkstall Harriers	71
Craig	Turner	M	U/A	72
Sara	Morrow	F	Selby Striders	73
Chris	Corcoran	M	Leeds City AC	74
Rebecca	Gray	F	Hyde Park Harriers	75
Stephanie	Robson	F	Bingley Harriers & AC	76
Jason	Newell	M	Spensborough & District AC	77

Heat 8 (Start Time - 16:05)

Steve	Head	M	Rothwell Harriers & AC	78
Sally	Armitage	F	Ilkley Harriers	79
Lydia	Green	F	Hyde Park Harriers	80
Suzanne	Garnett	F	Chapel Allerton RC	81
Jonathan	Ogle	M	Handsworth Roadhogs	82
Philip	Jones	M	Horsforth Harriers	83
James	Sampford	M	York Knavesmire Harriers	84
Sarah	Mann	F	Valley Striders	85
Simon	Hands	M	Kirkstall Harriers	176
Dan	Donnelly	M	Hyde Park Harriers	86
Kit	Donnelly	M	U/A	87
Hayley	Lawrence	F	Horsforth Harriers	88
Jen	Whiteman	F	Chapel Allerton RC	89
Mark	Hadrill	M	Hyde Park Harriers	90

Heat 9 (Start Time - 16:20)

Matthew	Wilson	M	Rothwell Harriers & AC	91
Michael	Vinegrad	M	Chapel Allerton RC	92
Tom	Bysouth	M	U/A	93
Tim	Darlison	M	U/A	94
Craig	Kent	M	Abbey Runners	95
Andrew	Baiden	M	Rothwell Harriers & AC	96
Stephen	Raby	M	Horsforth Harriers	97
Tobias	Adkins	M	Hyde Park Harriers	98
Paul	Sawyer	M	Hyde Park Harriers	99
Amy	Young	F	Hyde Park Harriers	100
Paul	Lemmon	M	Bingley Harriers & AC	128
Chris	Carrick	M	Hyde Park Harriers	172

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Heat 10 (Start Time - 16:35)				
Simon	Garside	M	Rothwell Harriers & AC	129
Jenni	Muston	F	Spensborough & District AC	130
Ian	Sanderson	M	Valley Striders	131
David	Binks	M	Ripon Runners	132
Nicola	Walmsley	F	Roundhay Runners	133
Scott	Leach	M	Horsforth Fellandale	134
Jack	Bratley	M	City of York AC	135
Simon	Garside	M	Rothwell Harriers & AC	136
Vernon	Long	M	Valley Striders	174
Dan	Price	M	Chapel Allerton RC	137
Mike	Dearden	M	Chapel Allerton RC	138
Graham	Jones	M	Valley Striders	139
Adam	Moger	M	Kirkstall Harriers	140
Andrew	Smith	M	Airecentre Pacers	141
Duane	Jordan	M	U/A	142

Heat 11 (Start Time - 16:50)				
Brian	Harrold	M	Chapel Allerton RC	143
Reece	Milton	M	Horsforth Harriers	144
Graham	Lake	M	Otley AC	145
James	Boddy	M	Ripon Runners	146
Kevin	Archer	M	Weymouth St Pauls Harriers	147
Richard	Harrison	M	Selby Striders	148
Paul	Brown	M	Rothwell Harriers & AC	149
Benjamin	Baird	M	Nidd Valley Road Runners	150
Hal	Roberts	M	Steel City Striders RC	151
Daniel	Linstrum	M	Wetherby Runners AC	152
Daniel	Marquina	M	Hyde Park Harriers	153
Ben	Shacklock	M	Harrogate Harriers & AC	154

Heat 12 (Start Time - 17:05)				
Richard	Gibbs	M	Roundhay Runners	155
Philip	Boynton	M	Horsforth Harriers	156
Lewis	Penna-Kincell	M	U/A	157
Scott	Watson	M	Hyde Park Harriers	177
Andrew	Harris	M	Nidd Valley Road Runners	158
Gary	Mann	M	Valley Striders	159
Liam	Jenkins	M	Abbey Runners	160
Philip	Goose	M	Hyde Park Harriers	161
James	Carvello	M	Roundhay Runners	162
Ian	Richardson	M	Wakefield District H & AC	163

Heat 13 (Start Time - 17:20)				
Paul	Howard	M	Rothwell Harriers & AC	164
Ross	Blackburn	M	Rothwell Harriers & AC	165
Martin	Fillingham	M	Saltaire Striders	166
Jonathan	Young	M	Kirkstall Harriers	167
Pieter	Swennen	M	ADD	168
Michael	Vargas	M	Hyde Park Harriers	169
Angus	Milne	M	Hyde Park Harriers	170
Liam	O'Brien	M	Leeds City AC	171