

Company Registration No. 1563856 (England and Wales)

A & R HOLDINGS LIMITED
ABBREVIATED ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2009



A & R HOLDINGS LIMITED

CONTENTS

	Page
Abbreviated balance sheet	1
Notes to the abbreviated accounts	2 - 3

A & R HOLDINGS LIMITED

ABBREVIATED BALANCE SHEET

AS AT 31 MARCH 2009

	Notes	2009 £	£	2008 £	£
Fixed assets					
Tangible assets	2		-		800,293
Current assets					
Debtors			-	42,330	
Cash at bank and in hand		1,521,203		341,702	
		<u>1,521,203</u>		<u>384,032</u>	
Creditors: amounts falling due within one year		<u>(52,206)</u>		<u>(64,045)</u>	
Net current assets			1,468,997		319,987
Total assets less current liabilities			<u>1,468,997</u>		<u>1,120,280</u>
Capital and reserves					
Called up share capital	3	265,000		265,000	
Revaluation reserve			-	654,636	
Profit and loss account		1,203,997		200,644	
Shareholders' funds			<u>1,468,997</u>		<u>1,120,280</u>

In preparing these abbreviated accounts:

- (a) The directors are of the opinion that the company is entitled to the exemption from audit conferred by Section 249A(1) of the Companies Act 1985;
- (b) No notice has been deposited under Section 249B(2) of the Companies Act 1985, and
- (c) The directors acknowledge their responsibilities for:
 - (i) ensuring that the company keeps accounting records which comply with Section 221 of the Companies Act 1985, and
 - (ii) preparing accounts which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit or loss for the financial year in accordance with the requirements of Section 226, and which otherwise comply with the requirements of this Act relating to accounts, so far as applicable to the company.

These abbreviated accounts have been prepared in accordance with the special provisions of Part VII of the Companies Act 1985 relating to small companies.

Approved by the Board for issue on 15 September 2009



R P Richards

Director

A & R HOLDINGS LIMITED

NOTES TO THE ABBREVIATED ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2009

1 Accounting policies

1.1 Accounting convention

The financial statements are prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2007).

1.2 Compliance with accounting standards

The financial statements are prepared in accordance with applicable United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), which have been applied consistently (except as otherwise stated).

1.3 Turnover

Turnover represents rents receivable.

1.4 Tangible fixed assets and depreciation

Tangible fixed assets other than freehold land are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost less estimated residual value of each asset over its expected useful life, as follows:

Motor vehicles	25% straight line
----------------	-------------------

Investment properties are included in the balance sheet at their open market value.

Although this accounting policy is in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2007), it is a departure from the general requirement of the Companies Act 1985 for all tangible assets to be depreciated. In the opinion of the directors compliance with the standard is necessary for the financial statements to give a true and fair view. Depreciation or amortisation is only one of many factors reflected in the annual valuation and the amount of this which might otherwise have been charged cannot be separately identified or quantified.

A & R HOLDINGS LIMITED

NOTES TO THE ABBREVIATED ACCOUNTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2009

2 Fixed assets

	Tangible assets £
Cost	
At 1 April 2008	801,175
Disposals	(800,000)
At 31 March 2009	<u>1,175</u>
Depreciation	
At 1 April 2008	882
Charge for the year	293
At 31 March 2009	<u>1,175</u>
Net book value	
At 31 March 2009	<u>-</u>
At 31 March 2008	<u>800,293</u>

3 Share capital

	2009 £	2008 £
Authorised		
265,000 Ordinary shares of £1 each	<u>265,000</u>	<u>265,000</u>
Allotted, called up and fully paid		
265,000 Ordinary shares of £1 each	<u>265,000</u>	<u>265,000</u>