AR01 (cf)

Annual Return

Received for filing in Electronic Format on the: 24/11/2015

Company Name: THE MIND AT WORK LIMITED

Company Number: 05285212

Date of this return: 12/11/2015

SIC codes: 70210

Company Type: Private company limited by shares

Situation of Registered Office:
34 COLESHELL ROAD
TEDDINGTON
MIDDLESEX
TW11 0LJ

Officers of the company
Company Secretary

Type: Person
Full forename(s): MS PASCALE ISABEL
Surname: ASCHER
Former names:

Service Address recorded as Company's registered office

Company Director

Type: Person
Full forename(s): MS PASCALE ISABEL
Surname: ASCHER
Former names:

Service Address: 34 COLESHILL ROAD
Teddington
UNITED KINGDOM
TW11 0LJ

Country/State Usually Resident: ENGLAND

Date of Birth: **/08/1963 Nationality: BRITISH
Occupation: CONSULTANT TRAINER

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Company Director

Type: Person
Full forename(s): MISS NICOLA JANE
Surname: LAWSON
Former names:

Service Address: 46 ROMAN COURT
BEARSDEN
GLASGOW
SCOTLAND
G61 2HS

Country/State Usually Resident: UNITED KINGDOM

Date of Birth: **/09/1980 Nationality: BRITISH
Occupation: COMPANY DIRECTOR
Company Director  3

Type:          Person
Full forename(s):  MR DARREN

Surname:    RUDKIN

Former names:

Service Address recorded as Company's registered office

Country/State Usually Resident:  UNITED KINGDOM

Date of Birth:  **10/1965  Nationality:  BRITISH
Occupation:  CONSULTANT
## Statement of Capital (Share Capital)

<table>
<thead>
<tr>
<th>Class of shares</th>
<th>ORDINARY</th>
<th>Number allotted</th>
<th>20</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>Aggregate nominal value</td>
<td>20</td>
</tr>
<tr>
<td>Currency</td>
<td>GBP</td>
<td>Amount paid per share</td>
<td>1</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Amount unpaid per share</td>
<td>0</td>
</tr>
</tbody>
</table>

**Prescribed particulars**

FULL RIGHT WITH REGARDS TO VOTING, PARTICIPATION AND DIVIDENDS

<table>
<thead>
<tr>
<th>Class of shares</th>
<th>ORDINARY A</th>
<th>Number allotted</th>
<th>10</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>Aggregate nominal value</td>
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</tr>
</tbody>
</table>

**Prescribed particulars**

FULL RIGHTS WITH REGARDS TO VOTING, PARTICIPATION AND DIVIDENDS

## Statement of Capital (Totals)

<table>
<thead>
<tr>
<th>Currency</th>
<th>GBP</th>
<th>Total number of shares</th>
<th>30</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>Total aggregate nominal value</td>
<td>30</td>
</tr>
</tbody>
</table>

## Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 12/11/2015 or that had ceased to be shareholders since the made up date of the previous Annual Return

A full list of shareholders for the company are shown below

**Shareholding 1**

*Name:* DARREN RUDKIN

: 20 ORDINARY shares held as at the date of this return

**Shareholding 2**

*Name:* PASCALE ASCHER

: 10 ORDINARY A shares held as at the date of this return
Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.