

Registered Number 09112904

1 STOP HEALTH LIMITED

Micro-entity Accounts

30 November 2016

Micro-entity Balance Sheet as at 30 November 2016

	<i>Notes</i>	<i>2016</i>	<i>2015</i>
		£	£
Fixed assets			
Tangible assets	1	619	825
		<u>619</u>	<u>825</u>
Current Assets		2,196	10,560
Creditors: amounts falling due within one year		-	(5,367)
Net current assets (liabilities)		<u>2,196</u>	<u>5,193</u>
Total assets less current liabilities		<u>2,815</u>	<u>6,018</u>
Total net assets (liabilities)		<u>2,815</u>	<u>6,018</u>
Capital and reserves			
Called up share capital		10	10
Profit and loss account		2,805	6,008
Shareholders' funds		<u>2,815</u>	<u>6,018</u>

- For the year ending 30 November 2016 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.
- The accounts have been prepared in accordance with the micro-entity provisions and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the Board on 31 August 2017

And signed on their behalf by:

Rajvinder Chohan, Director

Notes to the Micro-entity Accounts for the period ended 30 November 2016

1 Tangible fixed assets

	£
Cost	
At 1 December 2015	1,200
Additions	-
Disposals	-
Revaluations	-
Transfers	-
At 30 November 2016	<u>1,200</u>
Depreciation	
At 1 December 2015	375
Charge for the year	206
On disposals	-
At 30 November 2016	<u>581</u>
Net book values	
At 30 November 2016	<u>619</u>
At 30 November 2015	<u>825</u>

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