

Registered Number 06144314

THE OXFORD MINDFULNESS CENTRE

Abbreviated Accounts

31 March 2010

Balance Sheet as at 31 March 2010

	Notes	2010	2009
		£	£
Fixed assets			
Tangible	2	883	939
Total fixed assets		883	939
Current assets			
Debtors		33,675	6,437
Cash at bank and in hand		66,286	84,869
Total current assets		<u>99,961</u>	<u>91,306</u>
Creditors: amounts falling due within one year		(61,929)	(47,095)
Net current assets		38,032	44,211
Total assets less current liabilities		<u>38,915</u>	<u>45,150</u>
Total net Assets (liabilities)		38,915	45,150
Capital and reserves			
Profit and loss account		<u>38,915</u>	<u>45,150</u>
Shareholders funds		<u>38,915</u>	<u>45,150</u>

- a. For the year ending 31 March 2010 the company was entitled to exemption under section 477(2) of the Companies Act 2006.
- b. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006
- c. The directors acknowledge their responsibility for:
 - i. ensuring the company keeps accounting records which comply with Section 386; and
 - ii. preparing accounts which give a true and fair view of the state of affairs of the company as at the end of the financial year, and of its profit or loss for the financial year, in accordance with the requirements of section 393, and which otherwise comply with the requirements of the Companies Act relating to accounts, so far as is applicable to the company.
- d. These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the board on 22 December 2010

And signed on their behalf by:

Mr. G. Bamford, Director

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1068 of the Companies Act 2006.

Notes to the abbreviated accounts

For the year ending 31 March 2010

1 Accounting policies

The Financial Statements have been prepared under the historical cost convention, in compliance with all relevant statements of standard accounting practice, and the Charities Statement of Recommended Practice (Revised SoRP 2005).

Turnover

Income comprises investment income and donations from societies and individuals. Income is recognised on a receivable basis. All income is included gross in the Statement of Financial Activities. Grants and donations are only included in the SoRP when the charity has unconditional entitlement to the resources. Investment income is included in the accounts when receivable. Incoming resources from tax reclaims are included in the SoRP at the same time as the gift to which they relate. The monetary value will be measured with sufficient reliability.

Depreciation

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Plant and Machinery 25.00% Straight Line

2 Tangible fixed assets

Cost	£
At 31 March 2009	1,252
additions	343
disposals	
revaluations	
transfers	
At 31 March 2010	<u>1,595</u>
Depreciation	
At 31 March 2009	313
Charge for year	399
on disposals	
At 31 March 2010	<u>712</u>
Net Book Value	
At 31 March 2009	939
At 31 March 2010	<u>883</u>