

**COMPANY REGISTRATION NUMBER: 09994445**

**WELL FITNESS LIMITED**

**FILLETED UNAUDITED FINANCIAL STATEMENTS**

**29 February 2020**

**WELL FITNESS LIMITED**  
**FINANCIAL STATEMENTS**

**YEAR ENDED 29 FEBRUARY 2020**

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**WELL FITNESS LIMITED**  
**STATEMENT OF FINANCIAL POSITION**

**29 February 2020**

	<b>Note</b>	<b>2020</b>	2019
		<b>£</b>	<b>£</b>
<b>FIXED ASSETS</b>			
Tangible assets	<b>5</b>	1,533	4,656
<b>CURRENT ASSETS</b>			
Debtors	<b>6</b>	404,640	31,923
Cash at bank and in hand		398	398
		-----	-----
		405,038	32,321
<b>CREDITORS: amounts falling due within one year</b>	<b>7</b>	431,699	378,199
		-----	-----
<b>NET CURRENT LIABILITIES</b>		26,661	345,878
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<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		( 25,128)	( 341,222)
<b>PROVISIONS</b>		291	583
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<b>NET LIABILITIES</b>		( 25,419)	( 341,805)
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# WELL FITNESS LIMITED

## STATEMENT OF FINANCIAL POSITION *(continued)*

29 February 2020

	Note	2020 £	2019 £
<b>CAPITAL AND RESERVES</b>			
Called up share capital		100	100
Profit and loss account		( 25,519)	( 341,905)
		.....	.....
<b>SHAREHOLDERS DEFICIT</b>			
		( 25,419)	( 341,805)
		.....	.....

These financial statements have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with Section 1A of FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'.

In accordance with section 444 of the Companies Act 2006, the income statement has not been delivered.

For the year ending 29 February 2020 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Director's responsibilities:

- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476 ;
- The director acknowledges his responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements .

These financial statements were approved by the board of directors and authorised for issue on 14 May 2021 , and are signed on behalf of the board by:

I Allen

Director

Company registration number: 09994445

# WELL FITNESS LIMITED

## NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 29 FEBRUARY 2020

### 1. GENERAL INFORMATION

The company is a private company limited by shares, registered in England and Wales. The address of the registered office is Omega House, 112 Main Road, Sidcup, Kent, DA14 6NE.

### 2. ACCOUNTING POLICIES

#### **Basis of preparation**

The financial statements have been prepared on the historical cost basis, as modified by the revaluation of certain financial assets and liabilities and investment properties measured at fair value through profit or loss.

The financial statements are prepared in sterling, which is the functional currency of the entity.

#### **Judgements and key sources of estimation uncertainty**

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported. These estimates and judgements are continually reviewed and are based on experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

#### **Revenue recognition**

Turnover is measured at the fair value of the consideration received or receivable for goods supplied and services rendered, net of discounts and Value Added Tax. Revenue from the sale of goods is recognised when the significant risks and rewards of ownership have transferred to the buyer (usually on despatch of the goods); the amount of revenue can be measured reliably; it is probable that the associated economic benefits will flow to the entity; and the costs incurred or to be incurred in respect of the transactions can be measured reliably.

#### **Taxation**

The taxation expense represents the aggregate amount of current and deferred tax recognised in the reporting period. Tax is recognised in profit or loss, except to the extent that it relates to items recognised in other comprehensive income or directly in equity. In this case, tax is recognised in other comprehensive income or directly in equity, respectively. Current tax is recognised on taxable profit for the current and past periods. Current tax is measured at the amounts of tax expected to pay or recover using the tax rates and laws that have been enacted or substantively enacted at the reporting date.

Deferred tax is recognised in respect of all timing differences at the reporting date. Unrelieved tax losses and other deferred tax assets are recognised to the extent that it is probable that they will be recovered against the reversal of deferred tax liabilities or other future taxable profits. Deferred tax is measured using the tax rates and laws that have been enacted or substantively enacted by the reporting date that are expected to apply to the reversal of the timing difference.

### **Tangible assets**

Tangible assets are initially recorded at cost, and subsequently stated at cost less any accumulated depreciation and impairment losses. Any tangible assets carried at revalued amounts are recorded at the fair value at the date of revaluation less any subsequent accumulated depreciation and subsequent accumulated impairment losses. An increase in the carrying amount of an asset as a result of a revaluation, is recognised in other comprehensive income and accumulated in equity, except to the extent it reverses a revaluation decrease of the same asset previously recognised in profit or loss. A decrease in the carrying amount of an asset as a result of revaluation, is recognised in other comprehensive income to the extent of any previously recognised revaluation increase accumulated in equity in respect of that asset. Where a revaluation decrease exceeds the accumulated revaluation gains accumulated in equity in respect of that asset, the excess shall be recognised in profit or loss.

## **Depreciation**

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

Fixtures and fittings	-	25% straight line
Equipment	-	25% straight line

## **Impairment of fixed assets**

A review for indicators of impairment is carried out at each reporting date, with the recoverable amount being estimated where such indicators exist. Where the carrying value exceeds the recoverable amount, the asset is impaired accordingly. Prior impairments are also reviewed for possible reversal at each reporting date. For the purposes of impairment testing, when it is not possible to estimate the recoverable amount of an individual asset, an estimate is made of the recoverable amount of the cash-generating unit to which the asset belongs. The cash-generating unit is the smallest identifiable group of assets that includes the asset and generates cash inflows that largely independent of the cash inflows from other assets or groups of assets. For impairment testing of goodwill, the goodwill acquired in a business combination is, from the acquisition date, allocated to each of the cash-generating units that are expected to benefit from the synergies of the combination, irrespective of whether other assets or liabilities of the company are assigned to those units.

## **Provisions**

Provisions are recognised when the entity has an obligation at the reporting date as a result of a past event, it is probable that the entity will be required to transfer economic benefits in settlement and the amount of the obligation can be estimated reliably. Provisions are recognised as a liability in the statement of financial position and the amount of the provision as an expense. Provisions are initially measured at the best estimate of the amount required to settle the obligation at the reporting date and subsequently reviewed at each reporting date and adjusted to reflect the current best estimate of the amount that would be required to settle the obligation. Any adjustments to the amounts previously recognised are recognised in profit or loss unless the provision was originally recognised as part of the cost of an asset. When a provision is measured at the present value of the amount expected to be required to settle the obligation, the unwinding of the discount is recognised as a finance cost in profit or loss in the period it arises.

## **Financial instruments**

A financial asset or a financial liability is recognised only when the company becomes a party to the contractual provisions of the instrument. Basic financial instruments are initially recognised at the transaction price, unless the arrangement constitutes a financing transaction, where it is recognised at the present value of the future payments discounted at a market rate of interest for a similar debt instrument. Debt instruments are subsequently measured at amortised cost. Where investments in non-convertible preference shares and non-puttable ordinary shares or preference shares are publicly traded or their fair value can otherwise be measured reliably, the investment is subsequently measured at fair value with changes in fair value recognised in profit or loss. All other such investments are subsequently measured at cost less impairment. Other financial instruments, including derivatives, are initially recognised at fair value, unless payment for an asset is deferred beyond normal business terms or financed at a rate of interest that is not a market rate, in which case the asset is measured at the present value of the future payments discounted at a market rate of interest for a similar debt instrument. Other financial instruments are subsequently measured at fair value, with any changes recognised in profit or loss, with the exception of hedging instruments in a designated hedging relationship.

Financial assets that are measured at cost or amortised cost are reviewed for objective evidence of impairment at the end of each reporting date. If there is objective evidence of impairment, an impairment loss is recognised in profit or loss immediately. For all equity instruments regardless of significance, and other financial assets that are individually significant, these are assessed individually for impairment. Other financial assets are either assessed individually or grouped on the basis of similar credit risk characteristics. Any reversals of impairment are recognised in profit or loss immediately, to the extent that the reversal does not result in a carrying amount of the financial asset that exceeds what the carrying amount would have been had the impairment not previously been recognised.

### 3. EMPLOYEE NUMBERS

The average number of persons employed by the company during the year amounted to 1 (2019: 1 ).

### 4. TAX ON PROFIT/(LOSS)

#### Major components of tax expense/(income)

	2020	2019
	£	£
<b>Current tax:</b>		
UK current tax expense/(income)	5,349	( 31,473)
<b>Deferred tax:</b>		
Origination and reversal of timing differences	( 291)	( 323)
<b>Tax on profit/(loss)</b>	<u>5,058</u>	<u>( 31,796)</u>

### 5. TANGIBLE ASSETS

	Fixtures and fittings	Equipment	<b>Total</b>
	£	£	£
<b>Cost</b>			
<b>At 1 March 2019 and 29 February 2020</b>	1,500	10,989	12,489
<b>Depreciation</b>			
At 1 March 2019	1,125	6,708	7,833
Charge for the year	375	2,748	3,123
<b>At 29 February 2020</b>	1,500	9,456	10,956
<b>Carrying amount</b>			
<b>At 29 February 2020</b>	—	1,533	1,533
At 28 February 2019	375	4,281	4,656

## 6. DEBTORS

	<b>2020</b>	2019
	<b>£</b>	£
Trade debtors	404,640	–
Other debtors	–	31,923
	-----	-----
	404,640	31,923
	-----	-----

## 7. CREDITORS: amounts falling due within one year

	<b>2020</b>	2019
	<b>£</b>	£
Trade creditors	2,071	962
Corporation tax	5,349	–
Social security and other taxes	66,551	1,721
Other creditors	357,728	375,516
	431,699	378,199
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## 8. DEFERRED TAX

The deferred tax included in the statement of financial position is as follows:

	<b>2020</b>	2019
	<b>£</b>	£
Included in provisions	291	583
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## 9. DIRECTOR'S ADVANCES, CREDITS AND GUARANTEES

During the year the directors did not enter into any advances, credits or guarantees with the company.

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.