AR01 (cf)

Annual Return

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Company Name: MOVERS AND SHAPERS FITNESS LTD

Company Number: 07957993

Date of this return: 21/02/2016

SIC codes: 82990

Company Type: Private company limited by shares

Situation of Registered Office:
73 CORNHILL
LONDON
UNITED KINGDOM
EC3V 3QQ

Officers of the company
Company Director

Type:   Person
Full forename(s):  MR JOHN
Surname:  HOWITT
Former names: 

Service Address:  8 VILLIERS ROAD
                 KINGSTON UPON THAMES
                 SURREY
                 UNITED KINGDOM
                 KT1 3AR

Country/State Usually Resident:  UNITED KINGDOM

Date of Birth:  **/06/1969  Nationality:  BRITISH
Occupation:  COMPANY DIRECTOR
Company Director  2

Type:  Person
Full forename(s):  MR BENJAMIN
Surname:  MARGOLIS
Former names:

Service Address:  148 WEST END LANE
                 LONDON
                 UNITED KINGDOM
                 NW6 1SD

Country/State Usually Resident:  UNITED KINGDOM

Date of Birth:  **/01/1970  Nationality:  BRITISH
Occupation:  COMPANY DIRECTOR
Statement of Capital  (Share Capital)

Class of shares  ORDINARY

Number allotted  1
Aggregate nominal value  1

Currency  GBP

Amount paid per share  1
Amount unpaid per share  0

Prescribed particulars
THE SHARES HAVE ATTACHED TO THEM FULL VOTING, DIVIDEND AND CAPITAL DISTRIBUTION (INCLUDING ON WINDING UP) RIGHTS; THEY DO NOT CONFER ANY RIGHTS OF REDEMPTION.

Statement of Capital  (Totals)

Currency  GBP

Total number of shares  1
Total aggregate nominal value  1

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 21/02/2016 or that had ceased to be shareholders since the made up date of the previous Annual Return

A full list of shareholders for the company are shown below

Shareholding 1:  1 ORDINARY shares held as at the date of this return
Name:  MOVE AND SHAPERS LIMITED

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.