VOICES OF EXPERIENCE

TRUSTEES' REPORT AND UNAUDITED FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2019

COMPANIES HOUSE
EDINBURGH

23 DEC 2019

FRONT DESK
VOICES OF EXPERIENCE

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees
D Pickering - Chairperson
C Evans
A Calder
C Murchie
A Simmons
A Ritchie
J Hu
R Norris
G McInnes

Charity number
SC040646

Company number
SC361753

Registered office
5th Floor, Merchants House
30 George Square
Glasgow
G2 1EG

Independent examiner
RSM UK Tax and Accounting Limited
Chartered Accountants
First Floor, Quay 2
139 Fountainbridge
Edinburgh
EH3 9QG

Solicitors
Bumess Paull LLP
50 Lothian Road
Festival Square
Edinburgh
EH3 9WJ
VOICES OF EXPERIENCE

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT)
FOR THE YEAR ENDED 31 MARCH 2019

The Trustees present their report and financial statements for the year ended 31 March 2019.

Voices of Experience (VOX) is a registered charity, incorporated under the Companies Act 2006, and as such is required to prepare annual financial statements in the format laid down by the act. In addition the financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity’s Memorandum and Articles of Association, Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), published 16th July 2014, the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006.

STRUCTURE, GOVERNANCE AND MANAGEMENT
The charity was Incorporated on 25 June 2009. On this date, the Voices of Experience (VOX) project, previously managed by the Mental Health Foundation, became independent.

The charity has a Board of Trustees which is responsible for general policy decisions and for ensuring that the appropriate safeguards, policies and procedures are in place.

Ongoing training for the Trustees is maintained through regular development days at which the Board and staff consider various issues pertinent to the structure, operation and governance of the charity. The Board has documentation defining the role and expectations of a Trustee and ground rules for Board meetings.

The charity is a company limited by guarantee. The liability of each member in the case of winding up is limited to £1. The company number is SC361753. The governing document consists of the Memorandum and Articles of Association dated June 2009.

The company has been recognised by the Office of the Scottish Charity Regulator (OSCR) as a charity, number SC040846.

The Trustees, who are also the directors for the purpose of company law, and who served during the year were:

D Pickering - Chairperson
P Bradley - Vice Chairperson
C Evans
A Muir - Treasurer
A Calder
B Gale
E Lennon
C Murchie
A Simmons
J MacPhail
J Jamieson
A Ritchie
A Thom
C Muir
J Hu
R Norris
G Mclnnes

(Resigned 4 February 2019)
(Resigned 25 September 2019)
(Resigned 4 February 2019)
(Resigned 2 December 2018)
(Resigned 4 December 2019)
(Resigned 25 April 2019)
(Resigned 4 February 2019)
(Appointed 12 November 2018 and resigned 24 September 2019)
(Appointed 3 December 2018)
(Appointed 4 February 2019)
(Appointed 2 October 2019)
VOICES OF EXPERIENCE

TRUSTEES REPORT (CONTINUED)(INCLUDING DIRECTORS' REPORT)
FOR THE YEAR ENDED 31 MARCH 2019

Recruitment, appointment, induction & training of trustees

Up to twelve of the Trustees are selected from membership at the annual general meeting. Those who put themselves forward to be nominated prepare a summary of their skills, experience and knowledge for the other members to vote and elect. The remaining Trustees (up to three non-member Trustees) are made up from contacts of existing Trustees and Members who the Board believe bring additional skills or knowledge to the Board. An induction is carried out for all new Trustees.

OBJECTIVES AND ACTIVITIES

The charity pursues the following aims which are to assist people with mental health problems:

- To offer a structure for people to communicate with each other and other organisations, so that they may exchange opinions, perspectives and experiences, and support each other to have their voice heard;
- To continue to develop a national organisation of, for and run by people who have experienced mental health problems which will drive policy and practice;
- To facilitate partnership working;
- To arrange consultation events; and
- To develop working groups.

Organisational objectives

- To continue to develop, support and sustain an accountable national organisation of, and for, people who have or have had mental health problems.
- To be a source of information, support and guidance in developing the capacity of people who have or have had mental health problems to participate in civil society and in the development of services with which they may engage.
- To offer a structure for people to communicate with each other, and other organisations, so that they may exchange opinions, perspectives and experiences.

Key principles:

- Members shape our work plans
- We share good practice
- We aim to build capacity
- We try to improve services
- We aim to challenge stigma and discrimination
- We measure outcomes in mental health
- We undertake research to learn
- We promote justice, human rights and social inclusion
VOICES OF EXPERIENCE

TRUSTEES REPORT (CONTINUED)(INCLUDING DIRECTORS' REPORT)
FOR THE YEAR ENDED 31 MARCH 2019

ACHIEVEMENTS AND PERFORMANCE
Nothing about us without us

VOX members agree it is essential that people affected by any changes to services, legislation or society are at the centre of creating, developing, and monitoring those changes.

In the last year VOX has held two members meetings to understand members' views, this included VOX's AGM and Connections Conference held on the 3 December in the Golden Lion Hotel, Stirling. The conference looked at a range of issues relating to connection. This included the film debut of VOX's "Longing for a Connection" film, discussions around connection, capacity and psychosis led by Dr. Paul Hutton and Dr. Philip Murphy from Edinburgh Napier University, and finally the impact of social media on our connections with others. Approximately 50 people attended the VOX AGM. VOX also held a meeting open to full members in Glasgow which started some scoping work around members' views in relation to capacity and compulsory treatment (this was in part based on a resolution put together by one of VOX's members) which led to a decision that more in depth discussions would need to take place to have informed debate on the topic, 35 people attended. Both meetings were specifically for VOX's members.

Support when needed

VOX's members believe that services need to be ready and able to meet the needs of people suffering from emotional distress and/or trauma.

Over the last year VOX's members have been represented at a range of networks and structures where we highlight the importance of support when it is needed/the right type of support.

Over the years our members have often said that the response by the GP, psychiatrist or nurse mattered a great deal, and they needed to feel as though the clinical staff cared and made them feel like it was a human talking to a human and not just seeing symptoms or illness. VOX are continuing to seek opportunities for how to utilise the "Longing for a Connection" film which was launched on the 3 December 2018.

The scoping work on capacity and compulsory treatment includes the VOX members meetings held in Glasgow mentioned under 'nothing about us without us', together with an additional two meetings arranged through our group members' structures, HUG action for mental health and Dundee Healthy Minds Network.

Compulsory Treatment

Compulsory Treatment remains a divisive issue amongst members. However, all members agree that Compulsory Treatment requires consideration of the Right to Life, Autonomy, Choice and Participation in decision-making, Non-discrimination and Equality under the Law.

VOX have written a report about Mental Health Tribunals, where information provided by 55 individuals who had experience of the tribunals system was assimilated. VOX will continue to utilise the report when, and where appropriate.

VOX has started to do some scoping work around members' views on issues related to capacity and Compulsory Treatment. This was in part, based on a resolution put together by one of VOX's members. The resolution led to a decision that more in depth discussions would need to take place to have an informed discussion on the topic. These events took place in Glasgow, Inverness and Dundee with 62 people participating. The key point members generally agreed on in relation to compulsion and detention for those who have mental ill health, was that the human rights of people with mental health problems are not currently being upheld. This is because people do not have a properly funded level of service which supports people in times of distress adequately, and that conditions deteriorate sometimes leading to compulsory measures.
VOICES OF EXPERIENCE

TRUSTEES REPORT (CONTINUED)(INCLUDING DIRECTORS' REPORT)
FOR THE YEAR ENDED 31 MARCH 2019

Inclusion

VOX recognise and are committed to seeking the voice of those who are unheard or seldom heard (homeless, dual diagnosis, refugees and asylum seekers). VOX will promote a push towards encouraging more meaningful and creative pathways to healing, re-connecting, belonging and community involvement for people with mental ill health.

A focus in the prior year in relation to inclusion was VOX's work around civic and public participation entitled 'Untapped Potential'. This was a research project where the research was carried out by peer researchers to look at the engagement in civic and public life. The project was funded from Disability Research on Independent Living and Learning and was the world's first major research led by disabled people. The project was finalised this year and the DRILL report was launched on the 13 June 2018.

VOX, the Mental Health Foundation, and the Centre for Health Policy (University of Strathclyde) have undertaken a co-produced piece of research together with the Research Collective (researchers with lived experience of mental health problems) who led the project and undertook the research. The project looked at barriers to public life and ways of increasing the civic and public participation of people with mental health problems.

The findings of our peer led research were discussed, particularly barriers and supports to civic involvement, and hosted a panel discussion on how positive changes can be made in this area. This project provided a good format for peer-led approaches which can be successful in understanding barriers and developing solutions. 44 people attended the launch event.

Unacceptable Mortality Gap

VOX does not feel that it is acceptable that people with severe mental ill health are three times more likely to have physical health problems and die on average 15 to 20 years earlier than the general population.

VOX will continue to push for reducing inequalities by being involved in a range of groups such as the Rural Mental Health Network, the Health Inequalities Cross Party, the Anti-Stigma Partnership and many others.

VOX have been consulted on the Tayside Review which took place earlier this year, and will also be involved in the Forensic Review and the Mental Health Act Review where we will be looking at what needs to change in order for people to get support earlier/the right sort of support to be available. VOX hope that by highlighting where services need to change and how they need to change that this will, in the long-term, impact on individuals' health.

Spending Cuts

VOX recognises the reduction in services and support available to people with mental ill health, due to spending cuts, and the negative impact this has on individuals' mental health.

This year VOX has highlighted this issue at almost every steering group and network that is attended. Mental health services are severely under-funded and raising this issue will continue to be a key priority for VOX.

Creating a vision

A development day was held on the 31 January 2019 looking at governance issues, including decision making and effectiveness, our members priorities, supporting each other, roles and responsibilities. The skills of an external facilitator, who has a wealth of experience on seeking out any governance related issues and finding ways to improve an organisations ability to become more effective, were utilised.

It was felt this was important as there was tension within the Board around the direction of travel, and that it was highly likely that any facilitation either from staff or from a director would have possibly been seen as steering the organisation in one direction or another.
VOICES OF EXPERIENCE

TRUSTEES REPORT (CONTINUED)(INCLUDING DIRECTORS' REPORT)
FOR THE YEAR ENDED 31 MARCH 2019

Social Connections and Loneliness

VOX held the 11 Moving Minds annual showcase event (in partnership with Glasgow Museums and Kelvingrove Art Gallery, and museum specifically) on the 26 May 2018. VOX has been a national partner of the Scottish Mental Health Arts Festival for over a decade now. This has been largely due to our members who have championed the value and importance of the arts as not only a way to express in a creative way their voices and experiences of mental health and ill health but has also supported people’s recovery and helps to build connections. The day aims to challenge perceptions, make connections and develop diverse audiences. The event involved 13 partner organisations; VOX, Mental Health Foundation, See me, Glasgow Museum, Glasgow Life, Greater Glasgow Mental Health Network, Glasgow Association for mental health, Maryhill Integration Network, Recovery Walk, LGBT Health and Wellbeing, Lapidus, Hong Wo Association, Mandulu & Hephzibah music. The day is a collection of events, experiences and activities that celebrate diversity and mental health, promotes services and informs members of the general public. Live music, mental health related songs, joyous choir, fashion show, dance, tai chee demonstration and public participation, creative writing workshops, tailored guided tour of the museum, card making, face painting, henna painting and many other activities were available on the day. Information stalls on services and individual and collective advocacy groups and organisations aimed to build connections. Around 300 individuals attended the event.

FINANCIAL REVIEW

The Trustees wish to record their thanks for the support of their main funder - The Scottish Government - during this year.

For the year ended 31 March 2019, the Statement of Financial Activities shows total incoming resources of £117k (2018: £138k) and total outgoing resources of £117k (2018: £149k). These totals result in net incoming resources of £0.1k compared with net outgoing resources of £11k for the previous period. This has resulted in an increase in total funds, with total funds at the year end of £26k (2018: £27k).

During the year services were donated from Inspiring Scotland, on the request of the Scottish Government, to provide capacity building support to enable VOX to play a fuller and more significant role in the strategic development and wider issues to ensure that VOX advances in its aims and objectives. The value of these services have been estimated to have a market value of £6,000, and this value has been included in the financial statements as income and expenditure.

The Trustees also wish to thank the Mental Health Foundation ("MHF") for the support given since the separation of the charity from this organisation.

Reserves policy

The charity holds £28k of unrestricted reserves at 31 March 2019 (2018: £27k). This is less than the £29k of reserves the charity aims to hold, which amounts to three months' planned expenditure. It is the Trustee's intention to build up these reserves to £29k in 2019/20 by increasing donations.

Risk management

The Board of Trustees have conducted a review of the major risks to which the charity is exposed, and have systems in place to mitigate these risks.

Plans for future periods

VOX shall focus on securing additional resources to increase capacity, impact and influencing opportunities.
VOICES OF EXPERIENCE

TRUSTEES REPORT (CONTINUED)(INCLUDING DIRECTORS' REPORT)
FOR THE YEAR ENDED 31 MARCH 2019

Remuneration

VOX’s staff were involved in a review carried out by the Mental Health Foundation in 2016 which activated a process to determine and clarify our grading/salary system. This included considering the responsibilities of each role and required skills and was then benchmarked alongside other similar posts.

Related parties

The charity became independent of the Mental Health Foundation on 25 June 2009. The charity operates from the premises of the Mental Health Foundation and receives on-going support as required by this organisation.

This report has been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities (SORP 2015) and in accordance with the provisions applicable to small companies.

The Trustees report was approved by the Board of Trustees on 19th December 19

D Pickering
Chairperson
Dated: 19th December 19
VOICES OF EXPERIENCE

INDEPENDENT EXAMINER'S REPORT
TO THE TRUSTEES OF VOICES OF EXPERIENCE

I report on the financial statements of the charity for the year ended 31 March 2019, which are set out on pages 8 to 15.

Respective responsibilities of Trustees and examiner
The charity's Trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts in accordance with the terms of the Companies Act 2006, Charities and Trustee Investment (Scotland) Act 2005 (the 2005 Act) and the Charities Accounts (Scotland) Regulations 2006 (the 2006 Accounts Regulations).

The charity Trustees consider that the audit requirement of Regulation 10(1)(a) to (c) of the 2006 Accounts Regulations does not apply and that an independent examination is needed.

It is my responsibility to examine the accounts as required under section 44(1) (c) of the 2005 Act and to state whether particular matters have come to my attention.

Basis of independent examiner's report
My examination is carried out in accordance with Regulation 11 of the 2006 Accounts Regulations. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeks explanations from the Trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.

Independent examiner's statement
In the course of my examination, no matter has come to my attention

1. which gives me reasonable cause to believe that in any material respect the requirements:
   • to keep accounting records in accordance with section 44(1)(a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and
   • to prepare accounts which accord with the accounting records and comply with Regulation 8 of the 2006 Accounts Regulations

have not been met, or

2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

RSM UK Tax and Accounting Limited

Kelly Adams MA(Hons) CA
Chartered Accountant
On behalf of RSM UK Tax and Accounting Limited
First Floor, Quay 2
139 Fountainbridge
Edinburgh
EH3 9QG

Dated: 20/12/19
VOICES OF EXPERIENCE

STATEMENT OF FINANCIAL ACTIVITIES
INCLUDING INCOME AND EXPENDITURE ACCOUNT
FOR THE YEAR ENDED 31 MARCH 2019

<table>
<thead>
<tr>
<th>Notes</th>
<th>Unrestricted Funds 2019</th>
<th>£</th>
<th>Total Funds 2018</th>
<th>£</th>
</tr>
</thead>
<tbody>
<tr>
<td>2</td>
<td>116,940</td>
<td></td>
<td>137,740</td>
<td></td>
</tr>
<tr>
<td>3</td>
<td>117,073</td>
<td></td>
<td>148,529</td>
<td></td>
</tr>
</tbody>
</table>

**Income and endowments from:**
Donations and legacies

**Expenditure on:**
Charitable activities

**Net movement in funds**
(133) (10,789)

**Reconciliation of funds:**
Fund balances at 1 April 2018 26,613 37,402

Fund balances at 31 March 2019 26,480 26,613

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.
VOICES OF EXPERIENCE

BALANCE SHEET
AS AT 31 MARCH 2019

<table>
<thead>
<tr>
<th></th>
<th>2019</th>
<th>2018</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>£</td>
<td>£</td>
</tr>
<tr>
<td>Notes</td>
<td>£</td>
<td>£</td>
</tr>
<tr>
<td>Current assets:</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Debtors</td>
<td>8</td>
<td>9,743</td>
</tr>
<tr>
<td>Cash at bank and in hand</td>
<td>26,711</td>
<td>22,032</td>
</tr>
<tr>
<td></td>
<td>36,454</td>
<td>33,393</td>
</tr>
<tr>
<td>Liabilities:</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Creditors: amounts falling due within one year</td>
<td>9</td>
<td>(9,974)</td>
</tr>
<tr>
<td>Net current assets</td>
<td></td>
<td>26,480</td>
</tr>
<tr>
<td>Total net assets</td>
<td></td>
<td>26,480</td>
</tr>
</tbody>
</table>

The funds of the charity:

|                  |       |       |
| Unrestricted funds | 26,480 | 26,613 |
| Total charity funds | 26,480 | 26,613 |

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2019. No member of the company has deposited a notice, pursuant to section 476, requiring an audit of these financial statements.

The Trustees are responsible for ensuring that the charity keeps accounting records which comply with section 386 of the Act and for preparing accounts which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its incoming resources and application of resources, including its income and expenditure, for the financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to accounts, so far as applicable to the company.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies’ regime.

The financial statements were approved by the Trustees and authorised for issue on 19 December 19

D Pickering
Director

Company Registration No. SC361753
VOICES OF EXPERIENCE

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2019

1 Accounting policies

Charity Information
Voices of Experience is a private company limited by guarantee, incorporated and registered in Scotland (Company Registration No. SC361753). Its registered office is located at 5th Floor, Merchants House, 30 George Square, Glasgow, G2 1EG.

The objectives of the charity are set out in the Trustees Report.

1.1 Accounting convention
These financial statements have been prepared in accordance with FRS 102 “The Financial Reporting Standard applicable in the UK and Republic of Ireland” (“FRS 102”), “Accounting and Reporting by Charities: the Statement of Recommended Practice for charities applying FRS 102, the Companies Act 2006 and UK Generally Accepted Accounting Practice as it applies from 1 January 2015. The charity is a Public Benefit Entity as defined by FRS102.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern
At the year end the charity had total funds of £26,480 (2018: £26,613) which is less than the £29k of funds the charity aims to hold. However, Scottish Government funding was confirmed on 30th April 2019 for the year to 31st March 2020. The Trustees have not identified any material uncertainties that may cast significant doubt about the ability of the charity to continue, and as such the accounts have been prepared on the going concern basis.

1.3 Charitable funds
Unrestricted funds are available for use at the discretion of the Trustees in furtherance of their charitable objectives unless the funds have been designated for other purposes.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

1.4 Incoming resources
Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Grants received, including government grants, are recognised when the charity has entitlement to the income and when all pre-conditions for the receipt of the grant have been satisfied.

Donated professional services and are recognised as income. On receipt, donated professional services are recognised on the basis of the value of the gift to the charity which is the amount the charity would have been willing to pay to obtain services of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.
VOICES OF EXPERIENCE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2019

1 Accounting policies (Continued)

1.5 Resources expended
All expenditure is included in the Statement of Financial Activities on an accruals basis and is recognised when a legal or constructive obligation arises, it is probable that settlement will be required and the amount can be measured reliably.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them. It also includes governance costs which include those costs incurred in the governance of the charity and its assets and are primarily associated with constitutional and statutory requirements.

Support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. Support costs include general office overheads and Trustees' travel expenses.

1.6 Financial instruments
The charity has elected to apply the provisions of Section 11 ‘Basic Financial Instruments’ and Section 12 ‘Other Financial Instruments Issues’ of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity’s statement of financial position when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets
Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities
Basic financial liabilities, including creditors are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future receipts discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Derecognition of financial liabilities
Financial liabilities are derecognised when the charity’s contractual obligations expire or are discharged or cancelled.
VOICES OF EXPERIENCE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2019

2 Donations and legacies

<table>
<thead>
<tr>
<th></th>
<th>Unrestricted funds £</th>
<th>Restricted funds £</th>
<th>Total 2019 £</th>
<th>Total 2018 £</th>
</tr>
</thead>
<tbody>
<tr>
<td>Donations and gifts</td>
<td>310</td>
<td>-</td>
<td>310</td>
<td>708</td>
</tr>
<tr>
<td>Grants</td>
<td>110,630</td>
<td>-</td>
<td>110,630</td>
<td>137,032</td>
</tr>
<tr>
<td>Donated goods and services</td>
<td>6,000</td>
<td>-</td>
<td>6,000</td>
<td>-</td>
</tr>
<tr>
<td><strong>For the year ended 31 March 2019</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>116,940</td>
<td>-</td>
<td>116,940</td>
<td>137,740</td>
</tr>
<tr>
<td><strong>For the year ended 31 March 2018</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>115,708</td>
<td>22,032</td>
<td>137,740</td>
<td></td>
</tr>
</tbody>
</table>

During the year a government grant of £115,000 (2018: £115,000) was received to be used to progress the Scottish Government’s National Outcomes, in particular that people live longer, healthier lives; and that public services are high quality, continually improving, efficient and responsive to local people’s needs. During the year Inspiring Scotland donated services to Voices of Experience with a market value of £6,000.

All of the £22,032 restricted income receivable in the prior year was grant income. The remaining £115,000 of grant income and £708 of donations and gifts income in the prior year was unrestricted.

3 Charitable activities

<table>
<thead>
<tr>
<th></th>
<th>2019 £</th>
<th>2018 £</th>
</tr>
</thead>
<tbody>
<tr>
<td>Staff costs</td>
<td>67,830</td>
<td>72,598</td>
</tr>
<tr>
<td>Events, room hire &amp; catering</td>
<td>3,284</td>
<td>4,699</td>
</tr>
<tr>
<td>Consultancy &amp; external workers</td>
<td>1,571</td>
<td>25,302</td>
</tr>
<tr>
<td>Travel</td>
<td>2,701</td>
<td>3,796</td>
</tr>
<tr>
<td>Printing, production &amp; design</td>
<td>3,216</td>
<td>4,193</td>
</tr>
<tr>
<td>Other</td>
<td>5,476</td>
<td>10,670</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td>84,078</td>
<td>121,258</td>
</tr>
</tbody>
</table>

Support costs (see note 4) | 17,475 | 17,703 |
Governance costs (see note 4) | 15,520 | 9,568 |

**Analysis by fund**

Unrestricted funds | 117,073 | 113,768 |
Restricted funds    | -       | 34,761  |

**Total** | 117,073 | 148,529 |
### Governance and support costs

<table>
<thead>
<tr>
<th></th>
<th>Support costs</th>
<th>Governance costs</th>
<th>2019</th>
<th>2018</th>
</tr>
</thead>
<tbody>
<tr>
<td>Travel</td>
<td>1,350</td>
<td>-</td>
<td>1,350</td>
<td>1,578</td>
</tr>
<tr>
<td>General office overheads</td>
<td>16,125</td>
<td>-</td>
<td>16,125</td>
<td>16,125</td>
</tr>
<tr>
<td>Accountancy services</td>
<td>-</td>
<td>5,520</td>
<td>5,520</td>
<td>5,568</td>
</tr>
<tr>
<td>Management support fee</td>
<td>-</td>
<td>4,000</td>
<td>4,000</td>
<td>4,000</td>
</tr>
<tr>
<td>Consultancy</td>
<td>-</td>
<td>6,000</td>
<td>6,000</td>
<td>-</td>
</tr>
<tr>
<td></td>
<td>17,475</td>
<td>15,520</td>
<td>32,995</td>
<td>27,271</td>
</tr>
</tbody>
</table>

Governance costs includes fees payable to the independent examiner of £5,520 (2018: £5,568), of which £2,921 (2018: £2,808) was in respect of the independent examination of the financial statements, and £2,599 (2018: £2,760) was in respect of other financial services.

### Trustees

During the year 13 (2018: 12) Trustees were reimbursed for travel expenses amounting to £5,317 (2018: £5,602).

Key management personnel, who comprise the Trustees, received no remuneration in the current or prior year.
VOICES OF EXPERIENCE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2019

6 Employees

Number of employees
The average monthly number employees during the year was:

<table>
<thead>
<tr>
<th></th>
<th>2019 Number</th>
<th>2018 Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total</td>
<td>3</td>
<td>3</td>
</tr>
</tbody>
</table>

Employment costs

<table>
<thead>
<tr>
<th></th>
<th>2019</th>
<th>2018</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wages and salaries</td>
<td>£</td>
<td>£</td>
</tr>
<tr>
<td>Social security costs</td>
<td>£</td>
<td>£</td>
</tr>
<tr>
<td>Other pension costs</td>
<td>£</td>
<td>£</td>
</tr>
<tr>
<td></td>
<td>67,830</td>
<td>72,598</td>
</tr>
</tbody>
</table>

There were no employees in the year who received employee benefits of £60,000 or more (2018: none).

Voices of Experience was previously a division of the Mental Health Foundation. On 24 June 2009 Voices of Experience became a separate entity. The Mental Health Foundation charges Voices of Experience a recharge for all staff costs.

7 Financial instruments

<table>
<thead>
<tr>
<th></th>
<th>2019</th>
<th>2018</th>
</tr>
</thead>
<tbody>
<tr>
<td>Carrying amount of financial assets</td>
<td>£</td>
<td>£</td>
</tr>
<tr>
<td>Debt instruments measured at amortised cost</td>
<td>£</td>
<td>£</td>
</tr>
<tr>
<td></td>
<td>9,743</td>
<td>11,361</td>
</tr>
</tbody>
</table>

Carrying amount of financial liabilities

<table>
<thead>
<tr>
<th></th>
<th>2019</th>
<th>2018</th>
</tr>
</thead>
<tbody>
<tr>
<td>Measured at amortised cost</td>
<td>£</td>
<td>£</td>
</tr>
<tr>
<td></td>
<td>9,974</td>
<td>5,304</td>
</tr>
</tbody>
</table>

8 Debtors

<table>
<thead>
<tr>
<th></th>
<th>2019</th>
<th>2018</th>
</tr>
</thead>
<tbody>
<tr>
<td>Amounts falling due within one year:</td>
<td>£</td>
<td>£</td>
</tr>
<tr>
<td>Other debtors</td>
<td>£</td>
<td>£</td>
</tr>
<tr>
<td></td>
<td>9,743</td>
<td>11,361</td>
</tr>
</tbody>
</table>
VOICES OF EXPERIENCE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2019

9 Creditors: amounts falling due within one year

<table>
<thead>
<tr>
<th></th>
<th>2019</th>
<th>2018</th>
</tr>
</thead>
<tbody>
<tr>
<td>Other creditors</td>
<td>4,370</td>
<td></td>
</tr>
<tr>
<td>Accruals and deferred income</td>
<td>5,604</td>
<td>6,780</td>
</tr>
<tr>
<td></td>
<td>9,974</td>
<td>6,780</td>
</tr>
</tbody>
</table>

Included within accruals and deferred income is £nil (2018: £1,476) of outstanding pension contributions.

10 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

There was no restricted income or expenditure in the year ended 31 March 2019.

<table>
<thead>
<tr>
<th></th>
<th>Balance at 1 April 2017</th>
<th>Movement in funds</th>
<th>Balance at 31 March 2018</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>£</td>
<td>incoming resources £</td>
<td>expended £</td>
</tr>
<tr>
<td>DRILL</td>
<td>12,729</td>
<td>22,032</td>
<td>(34,761)</td>
</tr>
<tr>
<td></td>
<td>12,729</td>
<td>22,032</td>
<td>(34,761)</td>
</tr>
</tbody>
</table>

DRILL (Disability Research on Independent Living & Learning) - funds for a project to increase participation of people with lived experience of mental health problems in civic and public life.

11 Related party transactions

The charity is supported in its day to day operations by the Mental Health Foundation, a charity which Voices of Experience was formerly a division of. During the year this organisation charged Voices of Experience a management fee of £4,000 (2018: £4,000) to cover the administration services provided to Voices of Experience in the year. In addition, £16,125 (2018: £16,125) was charged to cover rent and office overhead costs incurred by the Mental Health Foundation for the shared office facilities. Staff costs of £67,830 (2018: £72,598) were also recharged to Voices of Experience during the year. Details of staff costs recharged are included in note 6 in the accounts. During the year additional charges of £nil (2018: £6,512) were made by the Mental Health Foundation for the provision of a funding support officer and support with the DRILL Project delivery respectively.

At 31 March 2019 the charity was owed £8,531 (2018: £11,361) from the Mental Health Foundation in respect of Voices of Experience funding received by the Mental Health Foundation. This amount is unsecured, interest free and payable on demand.