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Charity Registration No 1112339

Company Registration No 5609241 (England and Wales)


MENTOR FOUNDATION UK
(A COMPANY LIMITED BY GUARANTEE)
TRUSTEES' REPORT AND ACCOUNTS
FOR THE PERIOD ENDED 31 MARCH 2007

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MENTOR FOUNDATION UK
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LEGAL AND ADMINISTRATIVE INFORMATION

Patrons	Professor Baroness Greenfield Mrs Eva Rausing
Trustees	The Rt Hon The Lord Mancroft (Chairman - until 28 March 2007) Ms Sim Scavazza (Chairman - from 28 March 2007) Ms Mary King (Treasurer) Mr Martin Paisner (Hon Secretary) Sir Jack Stewart Clark Ms Louise O'Connor Ms Ellen O'Donoghue The Hon Sir David Steff Mr Tom Wass Mrs Helen Watson
Chief Executive and Company Secretary	Mr Eric Carlin
Charity number	1112339
Company number	5609241
Principal address	4th Floor 74 Great Eastern Street London EC2A 3JG
Auditors	H W Fisher & Company Acre House 11-15 William Road London NW1 3ER
Bankers	HSBC 90 Baker Street London W1M 2AX
Solicitors	Berwin Leighton Paisner Adelaide House London Bridge London EC4R 9HA

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**MENTOR FOUNDATION UK
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TRUSTEES' REPORT
FOR THE PERIOD ENDED 31 MARCH 2007**

The Board of Trustees of Mentor Foundation UK presents its first annual report and accounts for the period ended 31 March 2007. The company was incorporated on 1 November 2005 and the assets, liabilities and activities of the unincorporated charity Mentor Foundation (UK) for the Prevention of Substance Abuse (Charity registration number 1072619) were transferred to this charity on 1 April 2006.

The accounts have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the Charity's Memorandum and Articles of Association, the Companies Act 1985 and the Statement of Recommended Practice, "Accounting and Reporting by Charities", issued in March 2005.

Objects of the Charity

The charity's objects are -

- To advance education and particularly, but without prejudice to the generality of the foregoing, the education of children, young persons, parents and other carers in the home and community in the harmful effects of substance and drug abuse,
- To promote health and prevention of sickness, in particular but without prejudice to the generality of the foregoing, sickness caused by substance and drug abuse,

To achieve any other charitable purpose which the Directors in their absolute discretion from time to time think fit

Structure, governance and management

Mentor Foundation UK is a registered charity and company limited by guarantee, governed by its Memorandum and Articles, dated 1 November 2005.

The Trustees (and Directors for the purposes of law), who served during the year were

Sirn Scavazza (Chairman)	(appointed 1 November 2005)
The Rt Hon The Lord Mancroft	(appointed 1 November 2005)
Mary King (Treasurer)	(appointed 1 November 2005)
Ellen O'Donoghue	(appointed 6 December 2006)
Martin Paisner	(appointed 1 November 2005)
The Hon Sir David Sieff	(appointed 1 November 2005)
Sir Jack Stewart Clark	(appointed 1 November 2005)
Tom Wass	(appointed 1 November 2005)
Helen Watson	(appointed 1 November 2005)
Louise O'Connor	(appointed 28 March 2007)

Mentor UK is committed to ensuring that it has the right mix of skills and experience among its Trustees to enable it to fulfil its Mission and to ensure that it can adequately represent the communities it serves. At each Trustee meeting this issue is revisited and Trustees are asked to suggest where they believe there are gaps and who might fill them. In the course of this year this has led to the recruitment of two new Trustees – one with specific experience of PR and the other with an academic research and teaching background in the field of drug misuse prevention. All Trustees receive a copy of Charity Commission guidance on the roles and responsibilities of charity Trustees when they begin and the Chief Executive and the Chairman have individual discussions to find out what the new Trustees need in terms of support. At the time of writing this annual report, the Trustees were also planning to hold an away day to begin to plan a new strategy for the charity which will include assessing Board effectiveness and putting plans in place to improve this.

Staffing

The Chief Executive, Mr Eric Carlin, is accountable to the Board of Trustees, which was chaired in 2006-2007 by the Rt Hon The Lord Mancroft. The Chief Executive manages other Mentor UK staff (7 in 2006-2007). Some tasks, including some elements of fundraising, and marketing and media relations were undertaken by external contractors.

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Review of activities

Mentor UK continued to extend its activities and influence in 2006-7. Mentor UK works with providers of services to young people at a local level at the same time as working alongside government officials and senior policy makers to address the gaps in our knowledge about what makes effective prevention. By disseminating findings from all its research and projects Mentor UK helps practitioners and policy makers to commission and develop services that are based on what we know helps young people to avoid drug related harm.

Mentor UK's Strategic Objectives

Mentor UK is committed to the development of effective drug misuse prevention, thus protecting young people from harm. In order to fulfil this commitment Mentor UK's Strategic Plan 2003 - 2008 seeks to

- Influence drug misuse prevention policy
- Support good practice in drug misuse prevention
- Support drug misuse prevention research
- Increase the profile of drug misuse prevention

Fulfilling these objectives Mentor UK's activities in 2006-2007

YOUTH INVOLVEMENT PROJECT

Mentor UK's Youth Involvement Project, funded by the Rank Foundation, brings together a network of young people to give their views on

- Health and social issues that are relevant to drug prevention work with young people
- The effectiveness and relevance to young people of current approaches to drug prevention work
- Mentor's drug prevention activities

The young people with whom we work are from diverse backgrounds and they are involved in every step of the planning and implementation of the project. In return, we try to facilitate their involvement in empowering and supportive ways, including providing them with training to help them express their views.

Four meetings took place between April 2006 and March 2007. Activities undertaken included drama activities to build team work, agreeing a 'code of conduct', education about drug prevention and activities to assess what the young people think influences young people's decisions to use drugs. The young people also made a "positive message" rap record and each young person received a copy of the song on CD.

In the course of the year the group met to share their thoughts with local drug and alcohol professionals. They also gave their input to the National Institute for Health and Clinical Excellence (NICE) which had been tasked by the Government to produce guidance on community-based interventions to reduce substance misuse amongst vulnerable and disadvantaged young people. Their input was noted prominently in the final guidance.

The young people were supported to record their experiences on the project so as to qualify for the externally accredited UK Youth Achievement Awards.

Recommendations from young people

Risk and protective factors

Our young people identified the following as risk and protective factors for substance misuse

- Risk factors: boredom, peer pressure, lack of confidence, wrong information, drugs being available, a drug taking environment, peers using drugs, feeling depressed, low self esteem, stress, lack of career/academic success and having no job

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- o Protective factors more activities available for young people, more space, more accurate information and education, motivation and aspiration, not liking the feeling of drugs and getting highs from other things

What is needed to reduce substance misuse amongst young people

Our young people felt the following are needed in order to reduce drug misuse amongst young people

- 1 Better drug education better training for teachers, variety of teaching methods, focus on specific drugs, starting early and always being age appropriate
- 2 More youth led drug prevention projects and consultation with young people

"It's more important that you get the views of young people than adults, because young people are more likely to hear from other young people about drugs than adults. It's easy for [adults] just to say 'don't do drugs because they're bad for you' " Young person aged 16, Mentor UK Youth Involvement Project

- 3 Better support for young people and specifically more counsellors, better support and relevant youth work for older young people, more support for young people whose parents misuse drugs
- 4 More residential meetings for young people the benefits are that young people gain social skills, receive drugs education, have fun, make new friends
- 5 Reduced supply and accessibility of drugs

Feedback on interventions to reduce substance misuse amongst young people

Our young people gave the following feedback concerning interventions to reduce substance misuse amongst young people

- 1 The personality of the worker is one of the most important factors in determining the success of an intervention
- 2 When involving parents, consider that parents might not have time to take part, might not want to take part, and might feel that the offer of training undermines or questions their parenting skills
- 3 Interventions should be age appropriate
- 4 Concerning the possible introduction of random drug testing in schools, consider tests may infringe human rights/privacy, label young people, produce false positive results, cause young people to truant from school and lead to a lack of trust between pupils and teachers
- 5 When targeting interventions specifically at young vulnerable young people, consider how is vulnerability defined and how are young people identified as 'vulnerable', the term 'vulnerable' may stigmatise some young people

"[People who are poor] are in a poor mental state anyway so they are more likely to get pushed into drugs because they are kicking about doing nothing " Young person, Mentor UK Youth Involvement Project

"Where I live everybody calls us 'scabs' because of where we live and there's no where to go" Young person aged 15, Mentor UK Youth Involvement Project

A further two meetings with this group was planned for April and May 2007, including presentations to the Home Office, the Office of the Children's Commissioner and Mentor UK's Trustees. After that, a new group is due to be recruited

COASTAL AND EX-MINING AREAS PROJECT (CEMA)

Coastal and ex-mining areas (CEMAs) are frequently areas of multiple deprivation, where young people are at an increased risk of drug related harm. In 2005/6, with funding from the Henry Smith Charity and the Department of Health, Mentor UK began to research the needs of young people living in these areas and to pilot interventions to meet these needs. In 2006 – 07 twelve one-year projects were launched with local community groups across England. The projects focussed on mentoring, parenting and diversionary activities, as follows

Blyth Valley Northumberland Community Sports Leadership

The aim of the pilot project was to offer sports diversionary activities to a wide range of 'at greater risk' young people from the South East Northumberland Coalfield Area. Young people also had the opportunity to achieve a qualification as a sports leader. The programme challenged the drugs, alcohol and anti-social behaviour culture that is present within the Blyth Valley area by questioning attitudes and perceptions towards substance misuse

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The programme was running in other areas in the North East and the funding provided by Mentor UK enabled the activities to be undertaken with young people from Blyth Valley

Seaham Free the Way – The We Live Here Too Project

Free the Way is a local community-based organisation working in Seaham. The project aimed to (1) support siblings and children of drug users, (2) break the cycle of abuse, (3) reduce Child Protection/Children in Need referrals, (4) provide education on drug and alcohol abuse issues, (5) raise awareness of issues for young people living with substance misuse

The Free the Way centre has been a central part of the Seaham community, but it was mainly working with drug users and in the field of rehabilitation. The CEMA project allowed the centre to branch out into prevention work with young people who have drug users within their families

Copeland – Workington Mobex – Aspire

The pilot project aimed to enable young people to plan and organise activities that they wish to run. They would offer an 'alternative high' to young people through participation in various diversionary activities ranging from outdoor pursuits to clay modelling. Mobex aimed to work alongside the Cumbria Alcohol & Drug Advisory Service (CADAS), which brings in counsellors to deliver drug and alcohol awareness sessions to young people and their families where possible. However, this project was not able to complete the work outlined in its proposal to Mentor UK due to illness and staffing issues

Salford The Centre for Specialist Educational Assistance (Binoh of Manchester) – Binoh Teenage Support

Binoh exists to meet the needs of children and families from the Orthodox Jewish Community of Salford. Their primary work includes a variety of innovative community based programmes for over 400 people, which aim to improve education, citizenship, quality of life, and to empower families and young people. The community itself is ethnically compact, buffeted by severe racial and economic problems, and little is known about it outside its immediate location

Binoh has been running an informal mentoring service on an ad hoc basis. The CEMA project helped to formalise and broaden this service by creating a mentoring and support system for Orthodox Jewish young people in the community

East Lindsey Mablethorpe Diversion and Mentoring Project

The pilot project aimed to develop a mentoring scheme and offer support and access to diversionary activities for 11–19-year-olds who are thought to be at risk of substance misuse. The programme covered training of the mentors and the Positive Action Team produced a manual for mentors. Mentors were unable to work with young people during the time allotted for pilot projects of the CEMA project due to referral problems. However, the funding was provided in order to support the mentoring team to work with young people in the area beyond the timescale of Mentor UK's project

Many interventions were in existence in Mablethorpe for young people. The funding provided allowed for the training of mentors and established an extra level of support and continuity to the young people involved in services

Mansfield The Mansfield Youth Movement

Engaging vulnerable young people in music workshops may help them to develop their personal skills and increase their personal ambitions, social awareness, self-confidence and motivation. The aim of the project was to deliver music workshops to young people and challenge drugs and anti-social behaviour/attitudes through music. The workshops were held in the heart of the local community and were supported by youth and drug workers. Young people from outlying ex-mining areas attended the project

The Youth Movement project was successfully delivering music workshops to inner-city youth. CEMA funding enabled the project to set up in an ex-mining area and work with young people in isolated rural communities

Bolsover The Bolsover Arts and Transition Project

The transition from Key Stage 2 to Key Stage 3 has been identified as a crucial time in pupils' lives. As young people in Year 6 approach the transition to secondary school, many do so with preconceived ideas and apprehensions. Some will be from first-hand knowledge, just as many will be based on myths, misunderstanding and mis-information. The Bolsover Arts and Transition Project took place during the summer of 2006 and sought to explore some of those preconceptions and apprehensions with children through art

The Arts and Transition Project was match-funded by Derbyshire Health Promoting Schools and was an innovative approach for this particular age group and developmental period. The project is now being extended to other schools in Derbyshire

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Scarborough (Whitby) The Cambridge Centre – Young People's Mentoring Project

The aim of the project was to develop a mentoring scheme and deliver a peer education and mentoring service to 600 pupils aged 14–16 years at the Whitby Community College. The project recruited and trained mentors about the roles and responsibilities of a mentor, drug and alcohol awareness, group work and presentation skills. The Young People's Mentoring Project was a new project, developed entirely as part of the CEMA project.

Barnsley (Grimethorpe) Young People's Health Project – Strengthening Families Programme

The Strengthening Families Programme (SFP) was delivered by the Young People's Health Project in Grimethorpe and targeted young people aged 10–14 and their parents. The SFP is designed to reduce the likelihood of substance misuse and anti-social behaviour in the teen years.

CEMA funding enabled the SFP to be piloted and further evaluated in Grimethorpe.

Doncaster Safer Doncaster Partnership

The pilot project aimed to encourage the community groups to come up with innovative interventions. It had been identified that involvement or potential involvement in drug use was an issue in the area, and that anti-social behaviour of all kinds increases during the Easter holidays. As a result of the feedback provided from the young people, an art-based programme was developed. A programme of six twilight sessions in four areas of Doncaster was set up. Each series of sessions was issue-driven, but with an eye to creating something that could be shared at the end of the project.

The Home Office Drug Strategy Unit match-funded the Mentor UK funding and supported the excursions and diversionary activities provided for 175 young people and their families during the Easter holidays.

Penwith and Kerrier Know Limits Parents Project

The aim of the project was to work with groups of parents and carers, including carers of looked-after children, in Penzance and Kerrier, and prevent harm from substance misuse among young people (aged 8–16). Four two-hour sessions were delivered to each group of parents/carers, using the Know Limits training materials. A further aim was to recruit and support older young people in the groups in order to present a young person's perspective and to model empowerment.

The Know Limits Parents Project had already been developed in the area, CEMA funding allowed it to expand to incorporate more isolated populations of parents and to run seven further programmes.

The following pilot projects continued after the end of the CEMA project. These are as follows:

- Doncaster – Far Out Arts
- Diversionary activities in Blyth Valley
- Know Limits Parents/Carers Project in Penwith
- Know Limits Parents/Carers Project in Kerrier
- Mansfield Youth Movement
- The Bolsover Arts and Transition Project
- Mentoring programme for Orthodox Jewish young people in Salford

The Young People's Mentoring Project at Whitby College delivered by the Cambridge Centre did not continue after the end of CEMA funding. However, the agency will be rolling out similar projects, based on learning gained through the CEMA project, in other schools in Scarborough and Malton.

The Young People's Health Project is fundraising to continue the Strengthening Family Programme in Grimethorpe.

CEMA RECOMMENDATIONS

The following recommendations are based on the CEMA project's experience of piloting drug prevention activities in coastal and ex-mining areas.

Government

1. Building on the work undertaken by this project, government should commission research to assess the long-term impact of prevention in coastal and ex-mining areas.

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2 Government should recognise that drugs and alcohol are an embedded problem in coastal and ex-mining communities

3 The next Drug Strategy should recognise the specific needs of these communities and allocate lead responsibility for addressing them to the Department for Communities and Local Government

4 Government should give local commissioners/Drug Action Teams in coastal and ex-mining areas sufficient financial guarantees to fund projects for at least three-year cycles

Local service provision

5 Drug Action Teams and commissioners in coastal and ex-mining areas should regularly undertake an audit of local community organisations and create work-plans to engage and involve them in drug prevention

6 Drug Action Teams and commissioners in coastal and ex-mining areas should establish work-plans to engage and involve young people in drug prevention

7 Drug Action Teams' and commissioners' work-plans in coastal and ex-mining areas should include diversionary activities and provide for adequate transport to enable isolated young people to use services

8 Drug Action Teams and commissioners in coastal and ex-mining areas should work with local communities to find solutions to transport barriers

9 When commissioning services, local commissioners and Drug Action Teams in coastal and ex-mining areas should

- in the first instance consider working with existing partnerships and relationships
- assess realistically the capacity of small local agencies and provide support for development and delivery of projects
- work in partnership with service providers to establish a realistic and supportive set-up, and planning and monitoring arrangements
- publicise initiatives in local media, meeting places and community services
- provide fundraising training for local groups to support sustainability

10 Local service providers in coastal and ex-mining areas should recognise that the most vulnerable young people and parents are often the least confident. They should

- support programmes to make informal assessments in order to overcome barriers to participation
- ensure that programmes are culturally appropriate and make drug information materials available for people with literacy problems
- incorporate the following into programmes: self-development opportunities, consultation and involvement of young people, creative activities, work on relationship development, rewards and confidence-building activities, such as awards to recognise achievements

11 Local commissioners and service providers in coastal and ex-mining areas need to allocate sufficient planning and set-up time for projects to create the greatest potential for success

Recommendations related to specific types of intervention

The pilot projects undertaken as part of this project fell into three categories: Parenting, Mentoring or Diversionary Activities. The next set of recommendations relates to these specific activities.

Parenting interventions

12 Local commissioners and Drug Action Teams in coastal and ex-mining areas should

- commission parenting programmes, including web-based resources, as part of the local drug prevention strategy

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13 Local service providers in coastal and ex-mining areas should

- use existing networks and structures, such as fostering services and schools, as a way of recruiting parents/carers to parenting programmes
- plan actively to engage more male parents/carers in parenting programmes
- provide information for parents about all drugs other than alcohol and cannabis

Mentoring

14 Local commissioners and Drug Action Teams in coastal and ex-mining areas should

- commission mentoring as part of the local drug prevention strategy

15 Local service providers in coastal and ex-mining areas should

- encourage young people to become mentors to their peers
- regard mentoring as a two-way process that can benefit both the mentees and the mentors
- consider flexible and varied ways of recruiting and use resources such as local media
- support mentors' training so that they learn skills such as public speaking and making presentations
- consider delivering targeted mentoring in the community in order to reach vulnerable young people from ethnic minorities who may not have a positive relationship with formal education
- consider providing peer mentoring in education for the over-14s
- address local racial and other discrimination issues and have a clear, well-publicised and enforced confidentiality policy

Diversionsary activities

16 Local commissioners and Drug Action Teams in coastal and ex-mining areas should

- commission diversionsary activities, including sports, art and musical activities, as part of the local drug prevention strategy

17 Local service providers in coastal and ex-mining areas should

- use sports and recreation activities as a medium for encouraging people to develop an interest that can lead to volunteering and eventually employment
- try to engage young people of all ages in activities/environments that stimulate them and allow them to freely express themselves
- focus on activities that aim to increase the self-esteem and aspirations of young people
- ensure all staff delivering projects understand drug and alcohol issues
- organise linked sessions, close to each other in time
- use pre-existing and available community resources to encourage young people's interest in their community's history
- specifically target activities to key transition periods in young people's lives, such as the transition from primary to secondary school
- design projects to address young people's risk and protective factors
- use adventurous activities, such as climbing and other outward-bound activities, to attract young people
- use art and music activities such as lyric writing or drawing as a way of exploring sensitive issues in drug prevention projects

DRUG EDUCATION FORUM

Since 2004, Mentor UK has hosted the Drug Education Forum, the leading umbrella organisation in England for the drug education field, bringing together over 30 national organisations from health, education, police and voluntary sectors that deliver or support the delivery of drug education. Mentor UK's Chief Executive, Eric Carlin, was recently elected as Chair of

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the group and Mentor UK employs the Coordinator, Andrew Brown. In 2006/07 the Drug Education Forum was able to use the grant funding from the DfES to deliver a programme that included

- Three Forum meetings, covering topics which included, updates on Blueprint, members' information exchange, Every Child Matters and High Focus Areas, and the National Drug Strategy
- New Forum members – Children in Crisis, Child Safety Education Foundation, Clubs for Young People and the Drinkaware Trust
- Publication of 2 Public Policy Briefings on "Random Drug Testing in Schools" and "Young People, Drugs and the Role of Drug Education" and the "Involving Children and Young People in Drugs Education" report
- Formal responses to NICE on Substance Misuse and Vulnerable Young People and Alcohol and Schools. A response to Pathways to Problems
- Membership of the steering group of the ACPO/Home Office guidance for police on working with schools on drug education and drug incidents
- Active participation in the Department of Health Volatile Substance Abuse Framework meetings
- Membership of the steering group of the NCB led work on *Positive Guidance on Aspects of Personal and Health Education*
- A weekly email highlighting additions to the regularly updated news blog. This year the Forum's blog has had over 11,000 page loads and 6,500 visitors. The Forum's website had over 58,000 visits during the year and documents have been downloaded from the site on over 9,000 occasions
- Undertaking a survey of Drug and Alcohol Action Teams (D(A)ATs) with the findings to be published in 2007

In the coming year, the Drug Education Forum will continue to hold regular meetings, build its media and public affairs profile and work alongside Government. It will also seek to improve its involvement of children and young people.

"MIND THE GAP" GRANDPARENTS PROJECT

Funding from the Department of Health enabled Mentor UK to undertake a groundbreaking piece of action research into the needs of grandparents caring full time for their grandchildren, to develop materials to help meet their needs and to make recommendations for policy makers. This project received a great deal of media attention.

We concluded that the key issues affecting the lives of grandparents who are bringing up their grandchildren include

- Financial hardship
- Health problems
- Feelings of isolation many Grandparents experience strong feelings of isolation
- Breakdown of relationships with others
- Unsatisfactory relationships with professionals
- Difficulties related to dealing with bereavement
- Anxiety about drugs and alcohol issues affecting their grandchildren

The project's recommendations are as follows

- 1 Grandparents across the country urgently require information and advice in accessing the financial support and benefits that are available to them, including residency order payments, foster care allowances and Section 17 payments. This information should be made available in an accessible format to grandparents who are bringing up their grandchildren as soon as they come into contact with statutory or voluntary agencies

Action: Local Government and Voluntary and Community Sector

- 2 Payments to kinship carers, including grandparents, should be standardised and comparable with payments to other carers such as foster carers

Action: DfES should review the statutory arrangement for financial support for kinship carers. Local Government should ensure that discretionary payments to grandparents are in line with financial support available to foster carers

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- 3 Grandparents who are bringing up their grandchildren should be given accessible information on specialist support services (Grandparents Plus, the Grandparents' Association and the Family Rights Group) and on local generic services (welfare rights, advocacy and childcare services)

Action Local Government and Voluntary and Community Sector

- 4 Grandparents bringing up their grandchildren who are in contact with statutory services should receive a comprehensive assessment of their needs as well as the child/children's needs. Appropriate referrals to counselling, family therapy, respite, self-help, advocacy and other support services should then be made

Action DfES and local government, working with the Children's Services Inspectorate should ensure that when judging whether 'Parents and carers receive support to keep their children healthy' they consider whether grandparents needs have been assessed and responded to in order that they can keep their grandchildren healthy

- 5 Dedicated kinship care workers should be the norm not the exception within Children's Services Departments and these workers should have a high profile in the department and within the voluntary sector

Action DfES and Local Government

- 6 Grandparents should have access to information on peer support services and such services should be supported by local and national statutory agencies. As well as support groups, support services and newsletters could bring isolated grandparents into contact with each other

Action DfES and Local Government

- 7 Grandparents bringing up their grandchildren should have access to sensitive and appropriate respite care and childcare arrangements. These arrangements should take into account the needs of traumatised children who have experienced bereavement and loss and who may take considerable time before trusting adults. Respite care should also address the needs of grandparents whose health and age may mean that even twice daily trips to and from school leave them exhausted

Action The Children's Service Inspectorate (Ofsted) should ensure that when judging whether 'parents and carers receive support to keep their children healthy' (as stated in the Framework for children's services) they should consider whether carers such as grandparents have been provided with adequate respite care. Local Government should provide respite for grandparents who are bringing up grandchildren

- 8 A question should be added to the Census to collect information about the number of grandparents who are bringing up grandchildren in the UK. Additionally, data should be collected concerning the number, ethnic origin, first language and religion of grandparents who are bringing up their grandchildren from black and minority ethnic communities. Without this information there is no way of assessing what services grandparents from black and minority ethnic communities need

Action DfES, Local Government, and Office for National Statistics

- 9 Culturally sensitive, mother-tongue services should be provided to grandparents from black and minority ethnic communities

Action Local Government and Voluntary and Community Sector organisations

- 10 Training for social workers, GPs, teachers, drugs workers and other health and social care professionals should cover an overview of the practical and emotional implications of becoming a kinship carer

Action Local Government

- 11 Voluntary sector agencies working with children and families should ensure that staff receive training on the needs of kinship carers and the children for whom they care

Action Voluntary and Community Sector

- 12 Training providers should consult grandparents who are bringing up their grandchildren in developing appropriate training

Action Local Government and Voluntary and Community Sector should engage with grandparents when planning staff training

- 13 Information on local, regional and national services for families should indicate that kinship carers' needs are recognised and are on the agenda

Action Local Government and Voluntary and Community Sector

- 14 Grandparents should have access to free legal advice

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Action Ministry of Justice

The following materials have been produced as a result of the Grandparents project and are available from Mentor UK by post and also on the Mentor web-site

"Mind the Gap" Staff Training Pack a guide for facilitating a half day training session for staff and volunteers working in community or family group settings

"Mind the Gap" Grandparents DVD the DVD shares the experiences of grandparents bringing up their grandchildren and raises awareness of their situations

"Mind the Gap" Grandparents Policy Recommendations

"Mind the Gap" Grandparents Leaflet This provides information written by, and for, grandparents about where to go for support, and advice when talking to young people about drugs and alcohol

"Mind the Gap" Grandparents Directory of Services a directory of services that grandparents bringing up their grandchildren and others including professionals can use to find local and national services which can help provide support

"Mind the Gap" Service Assessment Tool an assessment tool to help managers and team leaders of statutory and voluntary agencies assess how well their services currently meet the needs of grandparents bringing up their grandchildren and the children that they care for and help them develop an action plan to improve their services

"Mind the Gap" Family Group Checklist an assessment tool for volunteers and paid staff working in family groups and services for families affected by drug and alcohol use, including grandparents This will help them improve the services they offer to grandparents bringing up their grandchildren and the children that they care for

Grandparents Plus has also produced "Grandparents First", a pilot newsletter for grandparents who are bringing up their grandchildren to help overcome feelings of isolation and to share challenges, anxieties, and achievements

The "Mind the Gap" resources were published in February 2007, and previewed for parliamentarians and policy makers at the House of Lords in early March 2007, 46 people attended Following this a series of regional dissemination launches were held in London, Bristol and Manchester 173 people attended these events, including grandparents, those working with children of drug users and those working to support grandparents Letters were being drafted to relevant government departments to make them aware of the Mind the Gap policy recommendations for their departments

Subsequent to these events the resources were marketed widely to organisations, including social services teams, Drug Action Teams, Safeguarding Boards, fostering organisations and drug, parenting and children's charities and kinship care organisations Media interest included BBC One's "Politics Show" and BBC Radio Sheffield The resources have been reviewed in "Young People Now" and there have been articles about the project in the "Guardian", the "Big Issue" and "Drink and Drug News" "The Times" is preparing an article about the resources for its Public Agenda section and a Radio Four programme, featuring interviews with grandparents involved in the project, is scheduled to be aired in October 2007

MENTOR UK ALCOHOL MISUSE PREVENTION AWARDS

The Mentor UK Alcohol Misuse Prevention Awards project was launched in 2006 and calls upon the public, professionals and young people to nominate projects and activities that they feel influence children's attitudes, their skills and their behaviour so that when they are older they can avoid the damage that the misuse of alcohol can cause Funded by Diageo GB, this scheme has already awarded 30k worth of prize money to 3 community based projects across Great Britain An Awards event was held at the Museum of London in September 2006, hosted by Mentor UK's Chairman, Lord Mancroft with special presentations by Benet Slay, Managing Director of Diageo Great Britain and Francis Grew, the Museum's Curator Celebrity presenters Konnie Huq and Zoe Salmon from BBC's Blue Peter awarded the prizes As well as receiving £10K each, the winners also received a further £10k worth of mentoring/practical consultancy support, the content of which was negotiated and agreed with Mentor UK The Alcohol Misuse Prevention Awards project has been covered in more than 400 media stories In July 2007 Mentor UK was also planning to publish a handbook, 'First Measures a guide to alcohol misuse prevention work with children', which is intended to help anyone working with children in the community by summarising what is effective practice in alcohol misuse prevention and providing case study examples from not just the winners but all the shortlisted projects The next awards will be distributed in 2008 and advertising and planning has already begun

**MENTOR FOUNDATION UK
(A COMPANY LIMITED BY GUARANTEE)
TRUSTEES' REPORT
FOR THE PERIOD ENDED 31 MARCH 2007**

EVALUATION OF "CHILDREN'S CHARITIES WORKING TOGETHER ON DRUG PREVENTION" PROJECT

In 2005, the Department of Health commissioned an innovative new project, "Children's Charities Working Together on Drug Prevention", which has supported the five leading national children's charities – National Children's Bureau, NCH, Barnardo's, NSPCC and the Children's Society - in developing a coordinated programme of activity to prevent drug related harm to children and young people. The initiative has aimed to mainstream substance misuse work within children and young people's services and to build capacity among voluntary sector children's organisations by funding a partnership approach to drug prevention. In 2006, Mentor UK was engaged by the Department of Health to carry out the external evaluation of this project, focussing on identifying both good practice and the strategic challenges that partnership work of this kind involves. The fieldwork was completed in 2006 – 07 and a draft final report was produced and circulated to stakeholders for comment.

OTHER ACTIVITIES

Mentor UK gave substantial input to the RSA Commission on Illegal Drugs, Communities and Public Policy and our experience and comments appear at various stages in the Commission's report "Drugs - facing facts"

Mentor UK's Chief Executive sat on the Home Office Voluntary and Community Sector Group. He also represented the international Foundation at the United Nations Vienna NGO Committee and was elected as one of the two Vice Chairs of the Committee, co-chairing the annual NGO meeting which coincides with the inter-governmental Commission on Narcotic Drugs. He also undertook research on behalf of the committee to review best practices in relation to collaboration mechanisms between NGOs, governments and United Nations agencies and to propose new or improved ways of working. This will help set the agenda for "Beyond 2008", an international NGO meeting to be held in 2008 which will feed into the review of United Nations' member states' activities on drugs in the last 10 years.

In 2006-7 Mentor UK staff addressed several major conferences. This included participating in an international conference held at Wilton Park by the Foreign and Commonwealth Office.

As well as this, in November 2006 Mentor UK's Chief Executive, Eric Carlin, was invited to present the views of the young people engaged on the Youth Involvement Project to a special meeting called by the Finnish Presidency of the European Union of 25 national drug coordinators and the European Commission.

PUBLICATIONS

Mentor UK continues to publish and disseminate its findings and drug-prevention related resources.

As well as the "Mind the Gap" resource pack, in 2006-2007 Mentor UK published a review of the research on drug and alcohol prevention activities in Further and Higher Education settings.

Final project reports on the CEMA and Grandparents projects, as well as "First Measures: a guide to alcohol misuse prevention work with children" were due to be published early in the new financial year.

Mentor UK continues to publish a six-monthly newsletter, summarising activities and plans.

PLANNING FOR THE FUTURE

As well as continuing its ongoing project work, Mentor UK will prioritise trying to influence the new UK Government Drugs Strategy which will be published in 2008 and to ensure that young people's voices are heard in this. Mentor UK will also work with international colleagues to prepare the "Beyond 2008" NGO forum at the United Nations. The Trustees have also committed themselves to developing a new Strategic Plan for Mentor UK, to run from 2008 – 2012.

In the coming year, Mentor UK hopes to expand the impact of its Youth Involvement project across the UK with policy makers and to develop specific localised areas of influence. We hope that a successful bid to Futurebuilders England will support the development of "Quality Counts", a nation-wide, and potentially international Quality Mark for Drug Prevention which we would hope to market alongside consultancy services to support the evaluation of local projects. We will begin a joint project with the United Nations Office for Drugs and Crime in Russia and Belarus, exchanging experience between the different countries. We also hope to develop more activities with Muslim young people and other Faith groups and to encourage more communication and exchanges of experience between older people and young people. We have also submitted a proposal to the European Commission to develop a Kinship Care network to support drug prevention across Europe, building on our experience with our Grandparents project.

**MENTOR FOUNDATION UK
(A COMPANY LIMITED BY GUARANTEE)
TRUSTEES' REPORT
FOR THE PERIOD ENDED 31 MARCH 2007**

MENTOR INTERNATIONAL

Mentor International continued its support to the work and development of Mentor Nationals and Mentor's work internationally. In 2006-2007, this included formal establishment of Mentor Arabia and Mentor Belgium and major development of the role and operation of Mentor USA.

The international web-site, which includes a section hosted for Mentor UK, was reviewed and improved, including setting up a Lithuanian version. It was accessed by people in over 100 countries with over 1.5 million visits in 2006-2007.

Mentor International also developed a number of specific projects, including collaborating with Mentor UK on the CEMA project and developing "Prevention online", an international interactive web-based resource for parents. It also continued its advocacy work, conference inputs and collaboration with other major agencies including United Nations agencies, the International Olympic Committee and FIFA.

Review of financial position

In 2006/07 monies were gratefully received from the following:

The Cecil Rosen Foundation
The Clore Duffield Foundation
The Department for Education & Skills
The Department of Health
Diageo Great Britain
The Eva & Hans K Rausing Trust
Futurebuilders England
The Henry Smith Charity
Miss Selfridge
The Rank Foundation

Thanks to all other donors including those who elected to remain anonymous and to individuals who have supported Mentor UK's work.

In May 2006, Mentor UK held a gala fundraising dinner and auction with Mentor Foundation International, hosted by HM The Queen of Sweden, at the Natural History Museum in London. The net proceeds of £340,572 were shared equally by the two organisations.

During the course of 2006-2007, Mentor UK continued to receive funding from the Department of Health, the Henry Smith Charity and the Rank Foundation for 4 on-going projects and raised new project finance totalling £142,471. Mentor UK raised a total of £258,658 in unrestricted grants and donations, exceeding its budget target for the year by over £100,000, thanks in part to the success of the Royal Gala Dinner and Auction in May 2006 described above. At March 2006 the charity's stated aim was to increase its reserves position in line with the charity's Reserves Policy set out below, and at March 2007, it had succeeded in reaching this target as described below.

Reserves Policy

The Board of Trustees have established a policy whereby the unrestricted funds not committed or invested in tangible fixed assets ("the free reserves") held by the charity should be between 3 and 6 months' of core costs, which for 2007 equates to a minimum of £48,098 in general funds. At this level the Board of Trustees feel that they would be able to continue the current activities of the charity in the event of a significant drop in funding. It would obviously be necessary to consider how the funding would be replaced or activities changed. At present, the free reserves amount to £123,557.

Investment Policy

The charity is currently reviewing its investment policy and its banking arrangements. It has so far retained surplus funds in low risk, easy access accounts in order to accommodate variable cash-flow.

MENTOR FOUNDATION UK
(A COMPANY LIMITED BY GUARANTEE)
TRUSTEES' REPORT
FOR THE PERIOD ENDED 31 MARCH 2007

Risk Management

The Board of Trustees is required to assess the major risks to which the charity is exposed and establish systems to mitigate these risks. The Board is also required to ensure that the charity complies fully with the law and eliminates all risk of breaching the law. Mentor Foundation UK has a Risk Management and Legal Compliance Strategy that comprises identification of risks, evaluation of their potential impact, design of risk management and legal compliance programmes followed by implementation and review points.

Asset cover for funds

Note 14 sets out an analysis of the assets attributable to the various funds and a description of the trusts. These assets are sufficient to meet the charity's obligations on a fund by fund basis.

Disclosure of information to auditors

Each of the Trustees has confirmed that there is no information of which they are aware which is relevant to the audit, but of which the auditor is unaware. They have further confirmed that they have taken appropriate steps to identify such relevant information and to establish that the auditors are aware of such information.

Auditors

H W Fisher & Company were appointed auditors to the company and in accordance with section 385 of the Companies Act 1985, a resolution proposing that they be re-appointed will be put to the Annual General Meeting.

On behalf of the Board of Trustees

M. J King

Ms Mary King (Treasurer)
Trustee

Dated *22 August 2007*

**MENTOR FOUNDATION UK
(A COMPANY LIMITED BY GUARANTEE)
STATEMENT OF TRUSTEES' RESPONSIBILITIES**

The Trustees are responsible for preparing the accounts in accordance with applicable law and United Kingdom Generally Accepted Accounting Practice

Company law requires the Trustees to prepare accounts for each financial year which give a true and fair view of the state of affairs of the Foundation and of its incoming resources and application of resources, including its net income and expenditure for the period

In preparing these accounts, the Trustees are required to

- select suitable accounting policies and then apply them consistently,
- make judgements and estimates that are reasonable and prudent, and
- prepare the accounts on the going concern basis unless it is inappropriate to presume that the Foundation will continue in operation

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the Foundation and which enable them to ensure that the accounts comply with the Companies Act 1985. They are also responsible for safeguarding the assets of the Foundation and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities

**MENTOR FOUNDATION UK
(A COMPANY LIMITED BY GUARANTEE)
INDEPENDENT AUDITORS' REPORT
TO THE MEMBERS OF MENTOR FOUNDATION UK**

We have audited the accounts of Mentor Foundation UK for the period ended 31 March 2007 set out on pages 17 to 24. These accounts have been prepared under the accounting policies set out on page 19.

This report is made solely to the company's members, as a body, in accordance with Section 235 of the Companies Act 1985. Our audit work has been undertaken so that we might state to the company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the company and the company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Respective responsibilities of Trustees and auditors

As described on page 14, the Trustees, who are also the directors of Mentor Foundation UK for the purpose of company law, are responsible for preparing the Trustees' Report and the accounts in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice). Our responsibility is to audit the accounts in accordance with relevant legal and regulatory requirements and International Standards on Auditing (UK and Ireland).

We report to you our opinion as to whether the accounts give a true and fair view and are properly prepared in accordance with the Companies Act 1985. We also report to you whether in our opinion the information given in the Trustees' Report is consistent with the accounts, if the charity has not kept proper accounting records, if we have not received all the information and explanations we require for our audit, or if information specified by law regarding trustees' remuneration and transactions with the Foundation is not disclosed.

We read other information contained in the Trustees' Report, and consider whether it is consistent with the audited accounts. We consider the implications for our report if we become aware of any apparent misstatements or material inconsistencies with the accounts. Our responsibilities do not extend to any other information.

Basis of opinion

We conducted our audit in accordance with International Standards on Auditing (UK and Ireland) issued by the Auditing Practices Board. An audit includes examination, on a test basis, of evidence relevant to the amounts and disclosures in the accounts. It also includes an assessment of the significant estimates and judgements made by the Trustees in the preparation of the accounts, and of whether the accounting policies are appropriate to the Foundation's circumstances, consistently applied and adequately disclosed.

We planned and performed our audit so as to obtain all the information and explanations which we considered necessary in order to provide us with sufficient evidence to give reasonable assurance that the accounts are free from material misstatement, whether caused by fraud or other irregularity or error. In forming our opinion we also evaluated the overall adequacy of the presentation of information in the accounts.

**MENTOR FOUNDATION UK
(A COMPANY LIMITED BY GUARANTEE)
INDEPENDENT AUDITORS' REPORT (CONTINUED)
TO THE MEMBERS OF MENTOR FOUNDATION UK**

Opinion

In our opinion

- the accounts give a true and fair view in accordance with United Kingdom Generally Accepted Accounting Practice of the state of the Foundation's affairs as at 31 March 2007 and of its incoming resources and application of resources in the period then ended,
- the accounts have been properly prepared in accordance with the Companies Act 1985, and
- the information given in the Trustees' Report is consistent with the accounts

H W Fisher & Co

H W Fisher & Company

Chartered Accountants

Registered Auditor

Acre House

11-15 William Road

London

NW1 3ER

Dated

22 August 2007

MENTOR FOUNDATION UK
(A COMPANY LIMITED BY GUARANTEE)
STATEMENT OF FINANCIAL ACTIVITIES
INCLUDING INCOME AND EXPENDITURE ACCOUNT
FOR THE PERIOD ENDED 31 MARCH 2007

	Notes	Unrestricted funds £	Restricted funds £	Total 2007 £
<u>Incoming resources from generated funds</u>				
Donations & legacies	2	258,658	373,482	632,140
Investment income	3	800	-	800
		<u>259,458</u>	<u>373,482</u>	<u>632,940</u>
Other income	4	1,616	-	1,616
		<u>261,074</u>	<u>373,482</u>	<u>634,556</u>
<u>Resources expended</u>				
5				
Costs of generating funds				
Fundraising and publicity costs		38,960	-	38,960
Charitable activities				
Drug related projects		146,300	453,086	599,386
Governance costs	6	7,133	1,583	8,716
		<u>192,393</u>	<u>454,669</u>	<u>647,062</u>
Net incoming/(outgoing) resources before transfers		68,681	(81,187)	(12,506)
Gross transfers between funds	9	18,244	(18,244)	-
Net income/(expenditure) for the year/ Net movement in funds		86,925	(99,431)	(12,506)
Transfer from unincorporated charity at 1 April 2006		44,211	218,719	262,930
Fund balances at 31 March 2007		<u>131,136</u>	<u>119,288</u>	<u>250,424</u>

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 1985

MENTOR FOUNDATION UK
(A COMPANY LIMITED BY GUARANTEE)
BALANCE SHEET
AS AT 31 MARCH 2007

	Notes	2007 £	£
Fixed assets			
Tangible assets	10		7,579
Current assets			
Debtors	11	121,308	
Cash at bank and in hand		145,322	
		<u>266,630</u>	
Creditors amounts falling due within one year	12	(23,785)	
Net current assets			<u>242,845</u>
Total assets less current liabilities			<u><u>250,424</u></u>
Income funds			
Restricted funds	13		119,288
Unrestricted funds			<u>131,136</u>
			<u><u>250,424</u></u>

The accounts were approved by the Board on *22 August 2007*

M. J. King

Ms Mary King (Treasurer)
Trustee

MENTOR FOUNDATION UK
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE PERIOD ENDED 31 MARCH 2007

3 Investment income

2007
£

Interest receivable 800

4 Other income

2007
£

Other income 1,616

5 Total resources expended

	Staff costs £	Depreciation £	Other costs £	Total 2007 £
Costs of generating funds				
Fundraising and publicity costs	-	-	38,960	38,960
Charitable activities				
<u>Drug related projects</u>				
Activities undertaken directly	219,443	6,115	373,828	599,386
Governance costs	-	-	8,716	8,716
	219,443	6,115	421,504	647,062

Governance costs includes payments to the auditors of £3,500 For audit fees and £nil for other services

6 Governance costs

2007
£

Other governance costs comprise

Auditors remuneration 3,500

Trustee meetings 1,286

Annual General Meeting and Annual Report 3,930

8,716

7 Trustees

None of the Trustees (or any persons connected with them) received any remuneration during the period

MENTOR FOUNDATION UK
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE PERIOD ENDED 31 MARCH 2007

8 Employees

Number of employees

The average monthly number of employees during the period was

	2007 Number
Chief Executive	1
Business Manager	1
Development Officer	2
Project Manager	1
Project Officer	1
DEF Coordinator	1
	<hr/>
	7
	<hr/> <hr/>

Employment costs

	2007 £
Wages and salaries	188,758
Social security costs	20,203
Other pension costs	10,482
	<hr/>
	219,443
	<hr/> <hr/>

There were no employees whose annual emoluments were £60,000 or more

9 Transfers

Transfers from unrestricted funds include £6,202 representing funding received for the purchase of fixed assets. This restriction has been met and the fund is now included under unrestricted funds. The transfer of £12,600 from the Coastal & Ex-Mining Areas Project to unrestricted funds represents monies not claimed by 2 sub-contracted agencies which did not complete their projects to time.

MENTOR FOUNDATION UK
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE PERIOD ENDED 31 MARCH 2007

10	Tangible fixed assets	Fixtures, fittings & equipment £
	Cost	
	At 1 November 2005	18,622
	Additions	891
	At 31 March 2007	<u>19,513</u>
	Depreciation	
	At 1 November 2005	5,819
	Charge for the period	6,115
	At 31 March 2007	<u>11,934</u>
	Net book value	
	At 31 March 2007	<u><u>7,579</u></u>
	At 31 March 2006	<u><u>12,803</u></u>
11	Debtors	2007 £
	Prepayments and accrued income	<u><u>121,308</u></u>
12	Creditors amounts falling due within one year	2007 £
	Taxes and social security costs	6,963
	Accruals	16,822
		<u><u>23,785</u></u>

MENTOR FOUNDATION UK
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE PERIOD ENDED 31 MARCH 2007

13 Restricted funds

The *income funds* of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes

	Transfer from	Movement in funds		Transfers	Balance at
	unincorporated charity	Incoming	Expenditure		
	1 November 2005	resources			
	£	£	£	£	£
Coastal & Ex-Mining Areas Project	69,658	118,117	(132,522)	(12,600)	42,653
Grandparents Project	77,291	15,833	(92,172)	-	952
Children's Charities Project	5	24,812	(22,531)	-	2,286
Youth Involvement Project	12,841	30,000	(35,337)	-	7,504
Alcohol Misuse Prevention Awards Scheme	23,236	103,221	(93,744)	-	32,713
Drug Education Forum	29,486	52,250	(50,278)	-	31,458
Futurebuilders Development Grant	-	19,250	(17,528)	-	1,722
Film Project	-	10,000	(10,558)	558	-
Capital Grants & Assets	6,202	-	-	(6,202)	-
	<u>218,719</u>	<u>373,483</u>	<u>(454,670)</u>	<u>(18,244)</u>	<u>119,288</u>

Funding was received in 2006/7 from the Department of Health and the Department for Education and Skills for the above projects (with the exception of the Youth Involvement Project and the Alcohol Misuse Prevention Awards Scheme which were funded from corporate and trust donations) Fund balances retained at 31 March 2007 relate to ongoing projects and will be expended during 2007/8

Further details of these projects are available in the charity's annual report, newsletter and on its website at www.mentorfoundation.org/uk

14 Analysis of net assets between funds

	Unrestricted	Restricted	Total
	funds	funds	
	£	£	£
Fund balances at 31 March 2007 are represented by			
Tangible fixed assets	7,579	-	7,579
Current assets	147,342	119,288	266,630
Creditors amounts falling due within one year	(23,785)	-	(23,785)
	<u>131,136</u>	<u>119,288</u>	<u>250,424</u>

MENTOR FOUNDATION UK
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE PERIOD ENDED 31 MARCH 2007

15 Commitments under operating leases

At 31 March 2007 the company had annual commitments under non-cancellable operating leases as follows

	Land and buildings 2007 £	Other 2007 £
Expiry date		
Within one year	<u>23,000</u>	<u>1,269</u>