



Companies House
— for the record —

AR01 (ef)

Annual Return

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<i>Company Name:</i>	A&B CONSULT LIMITED
<i>Company Number:</i>	07039526
<i>Date of this return:</i>	13/10/2013
<i>SIC codes:</i>	70229
<i>Company Type:</i>	Private company limited by shares
<i>Situation of Registered Office:</i>	1ST FLOOR 2 WOODBERRY GROVE NORTH FINCHLEY LONDON ENGLAND N12 0DR

Officers of the company

Company Director 1

Type: **Person**
Full forename(s): **NAWFAL**

Surname: **BENDEFA**

Former names:

Service Address: **20 HEATHERLEA GROVE
WORCESTER PARK
SURREY
UNITED KINGDOM
KT4 8GB**

Country/State Usually Resident: **UNITED KINGDOM**

Date of Birth: **23/09/1977** *Nationality:* **BRITISH**
Occupation: **NONE**

Company Director 2

Type: **Person**

Full forename(s): **MRS INTISSARE**

Surname: **EL ALAMI**

Former names:

Service Address: **20 HEATHERLEA GROVE
WORCESTER PARK
UNITED KINGDOM
KT4 8GB**

Country/State Usually Resident: **AMERICAN**

Date of Birth: **15/04/1977**

Nationality: **AMERICAN**

Occupation: **CONSULTANT**

Statement of Capital (Share Capital)

Class of shares	ORDINARY	<i>Number allotted</i>	2
		<i>Aggregate nominal value</i>	2
<i>Currency</i>	GBP	<i>Amount paid per share</i>	0
		<i>Amount unpaid per share</i>	1

Prescribed particulars

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Statement of Capital (Totals)

<i>Currency</i>	GBP	<i>Total number of shares</i>	2
		<i>Total aggregate nominal value</i>	2

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 13/10/2013 or that had ceased to be shareholders since the made up date of the previous Annual Return

A full list of shareholders for the company are shown below

Shareholding 1 : 1 ORDINARY shares held as at the date of this return
Name: INTISSARE EL ALAMI

Shareholding 2 : 1 ORDINARY shares held as at the date of this return
Name: NAWFAL BENDEFA

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.