

Registered Number 08609392

1 LESS STRESS LTD

Abbreviated Accounts

31 July 2015

Abbreviated Balance Sheet as at 31 July 2015

	<i>Notes</i>	<i>2015</i>	<i>2014</i>
		£	£
Called up share capital not paid		-	-
Fixed assets			
Intangible assets	2	130	130
Tangible assets	3	401	3,000
Investments	4	-	-
		<u>531</u>	<u>3,130</u>
Current assets			
Stocks		-	-
Debtors		-	-
Investments		-	-
Cash at bank and in hand		400	-
		<u>400</u>	<u>-</u>
Prepayments and accrued income		-	-
Creditors: amounts falling due within one year		0	0
Net current assets (liabilities)		<u>400</u>	<u>0</u>
Total assets less current liabilities		<u>931</u>	<u>3,130</u>
Creditors: amounts falling due after more than one year		0	0
Provisions for liabilities		0	0
Accruals and deferred income		0	0
Total net assets (liabilities)		<u>931</u>	<u>3,130</u>
Capital and reserves			
Called up share capital	5	600	600
Share premium account		0	0
Revaluation reserve		0	0
Other reserves		0	0
Profit and loss account		331	2,530
Shareholders' funds		<u>931</u>	<u>3,130</u>

- For the year ending 31 July 2015 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the Board on 29 April 2016

And signed on their behalf by:

Grace Nelson, Director

Charlotte Barrett, Director

Notes to the Abbreviated Accounts for the period ended 31 July 2015

1 Accounting Policies

Basis of measurement and preparation of accounts

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities effective April 2008.

2 Intangible fixed assets

	£
Cost	
At 1 August 2014	130
Additions	0
Disposals	-
Revaluations	-
Transfers	-
At 31 July 2015	<u>130</u>
Amortisation	
At 1 August 2014	-
Charge for the year	-
On disposals	-
At 31 July 2015	<u>-</u>
Net book values	
At 31 July 2015	<u>130</u>
At 31 July 2014	<u>130</u>

3 Tangible fixed assets

	£
Cost	
At 1 August 2014	3,000
Additions	0
Disposals	(2,599)
Revaluations	-
Transfers	-
At 31 July 2015	<u>401</u>
Depreciation	
At 1 August 2014	-
Charge for the year	-
On disposals	-
At 31 July 2015	<u>-</u>
Net book values	
At 31 July 2015	<u>401</u>

At 31 July 2014

3,000

4 **Fixed assets Investments**

Investment in intangible and tangible assets to help build up awareness of the company. Assets include:

Webdesign Consultancy and Hosting

Graphic Design, Consultancy and Printing

Rent, rates, power and insurance costs

Event Supplier Costs (choc fountain, DJ)

Stock (balloons and kit hire led lamps etc)

Member Subscription (meetup, canva, autoresponder)

Phone, fax, stationery and other oce costs

5 **Called Up Share Capital**

Allotted, called up and fully paid:

	<i>2015</i>	<i>2014</i>
	<i>£</i>	<i>£</i>
2 Ordinary shares of £300 each	600	600

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