



Companies House

for the record

Company Name

'J' FREIGHT ENTERPRISES LIMITED

012965/15

363s Annual Return

- > Please check the details printed in blue on this statement.
- > If any details are wrong, strike them through and write the correct details in the "Amended details" column.
- > Please use black pen and write in capitals.

Company Type

Private Company Limited By Shares

Company Number

4650683

Information extracted from Companies House records on 3rd January 2004

Section 1: Company details



A38 COMPANIES HOUSE 0425 21/02/04

Ref: 4650683/01/01

	Current details	Amended details												
> Registered Office Address <i>If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.</i>	7 Savio Way, Alkington Middleton Manchester Lancashire M24 1FZ	Address _____ _____ _____ UK Postcode _ _ _ _ _												
> Register of Members <i>If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.</i>	Address where the Register is held At Registered Office	Address _____ _____ _____ UK Postcode _ _ _ _ _												
> Register of Debenture Holders <i>If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.</i>	Not Applicable	Address _____ _____ _____ UK Postcode _ _ _ _ _												
> Principal Business Activities <i>Please enter principal activity code(s) in "Amended details" column. See notes for guidance for list of activity codes. Please use the most appropriate code in the list, or write a short description of your company's activities.</i>	<i>None held, please enter SIC code or description in the amended details column.</i>	<table border="0"> <thead> <tr> <th>SIC CODE</th> <th>Description</th> </tr> </thead> <tbody> <tr> <td>1499</td> <td>Non-trading company</td> </tr> <tr> <td>_____</td> <td>_____</td> </tr> <tr> <td>_____</td> <td>_____</td> </tr> <tr> <td>_____</td> <td>_____</td> </tr> <tr> <td>_____</td> <td>_____</td> </tr> </tbody> </table>	SIC CODE	Description	1499	Non-trading company	_____	_____	_____	_____	_____	_____	_____	_____
SIC CODE	Description													
1499	Non-trading company													
_____	_____													
_____	_____													
_____	_____													
_____	_____													

Section 2: Details of Officers of the Company

	Current details	Amended details
<p>> Company Secretary If any of the details for this person are wrong, strike them through and fill in the correct details in the "Amended details" column.</p> <p><i>Particulars of a new Company Secretary must be notified on form 288.</i></p>	<p>Name Steven John JACKSON</p> <p>Address 7 Savio Way Alkington Middleton Manchester Lancashire M24 1FZ</p>	<p>Name</p> <hr/> <p><input type="checkbox"/> Tick this box if this address is a service address for the beneficiary of a Confidentiality Order granted under section 723B of the Companies Act 1985.</p> <p>Address</p> <hr/> <hr/> <p>UK Postcode _ _ _ _ _</p> <p>Date of change _ _ / _ _ / _ _ _ _</p> <p>Date Steven John JACKSON ceased to be secretary (if applicable) _ _ / _ _ / _ _ _ _</p>
<p>> Director If any of the details for this person are wrong, strike them through and fill in the correct details in the "Amended details" column.</p> <p><i>Particulars of a new Director must be notified on form 288.</i></p>	<p>Name Paul Andrew JACKSON</p> <p>Address 72 Mainway Alkington Middleton Manchester Lancashire M24 1PP</p> <p>Date of birth 30/01/1979</p> <p>Nationality British</p> <p>Occupation Haulage Contractor</p>	<p>Name</p> <hr/> <p><input type="checkbox"/> Tick this box if this address is a service address for the beneficiary of a Confidentiality Order granted under section 723B of the Companies Act 1985.</p> <p>Address</p> <hr/> <hr/> <p>UK Postcode _ _ _ _ _</p> <p>Date of birth _ _ / _ _ / _ _ _ _</p> <p>Nationality _____</p> <p>Occupation _____</p> <p>Date of change _ _ / _ _ / _ _ _ _</p> <p>Date Paul Andrew JACKSON ceased to be director (if applicable) _ _ / _ _ / _ _ _ _</p>

	Current details	Amended details
<p>> Director If any of the details for this person are wrong, strike them through and fill in the correct details in the "Amended details" column.</p> <p><i>Particulars of a new Director must be notified on form 288.</i></p>	<p>Name Steven John JACKSON</p> <p>Address 7 Savio Way Alkington Middleton Manchester Lancashire M24 1FZ</p> <p>Date of birth 23/02/1968</p> <p>Nationality British</p> <p>Occupation Haulage Contractor</p>	<p>Name</p> <hr/> <p><input type="checkbox"/> Tick this box if this address is a service address for the beneficiary of a Confidentiality Order granted under section 723B of the Companies Act 1985.</p> <p>Address</p> <hr/> <hr/> <p>UK Postcode _ _ _ _ _</p> <p>Date of birth _ _ / _ _ / _ _ _ _</p> <p>Nationality _____</p> <p>Occupation _____</p> <p>Date of change _ _ / _ _ / _ _ _ _</p> <p>Date Steven John JACKSON ceased to be director (if applicable) _ _ / _ _ / _ _ _ _</p>
<p>> Director If any of the details for this person are wrong, strike them through and fill in the correct details in the "Amended details" column.</p> <p><i>Particulars of a new Director must be notified on form 288.</i></p>	<p>Name Nicola Maria PATTERSON</p> <p>Address 30 Banbury Road Alkington Middleton Manchester Lancashire M24 1GB</p> <p>Date of birth 14/08/1970</p> <p>Nationality British</p> <p>Occupation Nursery Officer</p>	<p>Name</p> <hr/> <p><input type="checkbox"/> Tick this box if this address is a service address for the beneficiary of a Confidentiality Order granted under section 723B of the Companies Act 1985.</p> <p>Address</p> <hr/> <hr/> <p>UK Postcode _ _ _ _ _</p> <p>Date of birth _ _ / _ _ / _ _ _ _</p> <p>Nationality _____</p> <p>Occupation _____</p> <p>Date of change _ _ / _ _ / _ _ _ _</p> <p>Date Nicola Maria PATTERSON ceased to be director (if applicable) _ _ / _ _ / _ _ _ _</p>

Section 3: Total Issued Share Capital

(B)

> Please enter the details of the company's total share capital in the space provided below.

Issued share capital details

> *Please fill in the details of total share capital by class (eg. ordinary, preference etc) that has been issued to the company's shareholders.*

Class of Share

ORDINARY

Number of shares issued

1000

Aggregate Nominal Value of issued shares

£10

Class of Share

Number of shares issued

Aggregate Nominal Value of issued shares

Class of Share

Number of shares issued

Aggregate Nominal Value of issued shares

Class of Share

Number of shares issued

Aggregate Nominal Value of issued shares

> *Please fill in the total number of issued shares and their total nominal value.*

Number of shares issued

1000

Aggregate Nominal Value of issued shares

£10

> Please send a full list of shareholders with this annual return. Use Sections 4A (and 4B if appropriate) to give the details. You must name all the shareholders.

Section 4: Details of Current Shareholders

(A)

- > Please fill in the details of any persons or corporate bodies who are shareholders at the date of this return.
- > For jointly held shares please list those joint shareholders consecutively on the form. If a joint shareholder also holds shares in their own right, list that holding separately.
- > Please use Section 4B to give details of any persons or corporate bodies who have ceased to be shareholders since the last annual return or, in the case of a first return, since the incorporation of the company.
- > Please copy this page if there is not enough space to enter all the company's current shareholders.

Shareholders details	Class and number of shares or amount of stock held	Class and number of shares or amount of stock transferred (if appropriate)	Date of registration of transfer (if appropriate)
Name <u>PAUL ANDREW JACKSON</u> Address <u>72 MAINWAY, AKKINGTON</u> <u>MIDDLETON</u> <u>MANCHESTER</u> UK Postcode <u>M24 - 1PP</u>	ORDINARY 450		
Name <u>STEVEN JOHN JACKSON</u> Address <u>7 SAVIO WAY, AKKINGTON</u> <u>MIDDLETON</u> <u>MANCHESTER</u> UK Postcode <u>M24 - 1EZ</u>	ORDINARY - 450		
Name <u>NICOLA MARIA PATTERSON</u> Address <u>30 BANBURY ROAD AKKINGTON</u> <u>MIDDLETON</u> <u>MANCHESTER</u> UK Postcode <u>M24 - 1GB</u>	ORDINARY - 100		
Name _____ Address _____ _____ _____ UK Postcode - - - - -			

Section 4B: Details of Former Shareholders

- > Please fill in details of any persons or corporate bodies who have ceased to be shareholders at the date of this return. Also, please give the dates that their shares were transferred.
- > Please copy this page if there is not enough space to enter all the company's former shareholders.

Former shareholders details	Class and number of shares or amount of stock transferred	Date of registration of transfer
Name <u>INSTANT COMPANIES LIMITED</u> Address <u>1 MITCHELL LANE</u> <u>BRISTOL</u> UK Postcode <u>BS1 6BU</u>	ORDINARY - 1	29.01.2003
Name _____ Address _____ _____ _____ UK Postcode _ _ _ _ _		
Name _____ Address _____ _____ _____ UK Postcode _ _ _ _ _		
Name _____ Address _____ _____ _____ UK Postcode _ _ _ _ _		
Name _____ Address _____ _____ _____ UK Postcode _ _ _ _ _		



Companies House
— for the record —

363s Annual Return Declaration

- > When you have checked all the sections of this form, please complete this page and sign the declaration below.
- > If you want to change the made up date of this annual return, please complete 2 below.

1. Declaration

I confirm that the details in this annual return are correct as at the made-up-date (shown at 2 below). I enclose the filing fee of £15.

Signature *[Handwritten Signature]*
(Director / Secretary)

Date 29/01/2004

This date must not be earlier than the return date at 2 below

What to do now

Complete this page then send the whole of the Annual Return and the declaration to the address shown at 4 below.

2. Date of this return

This AR is made up to 29/1/2004 If you are making this return up to an earlier date, please give the date here

___/___/____

Note: The form must be delivered to CH within 28 days of this date

3. Date of next return

If you wish to change your next return to a date earlier than **29th January 2005** please give the new date here:

___/___/____

4. Where to send this form

Please return this form to:

Registrar of Companies
Companies House
Crown Way
Cardiff CF14 3UZ

OR

For members of the Hays Document
Exchange service
DX 33050 Cardiff

Have you enclosed the filing fee with the company number written on the reverse of the cheque?

Contact Address

You do not have to give any contact information below, but if you do, it will help Companies House to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public record.

Contact Name
JOHN LAWSON WILD & CO.
CHARTERED ACCOUNTANTS
Address Crown Hill, 100 Drake Street
Cardiff CF14 4PX

Telephone number *inc code*
01706 632554

DX number *if applicable*

DX exchange

Postcode -----