

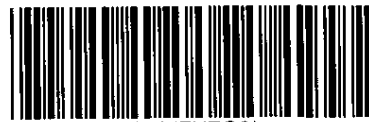
AMENDED

Registered Charity Number  
1128166

Registered Company Number  
6749124

Activate Your Life  
Report and Accounts  
For The Year Ended  
30 November 2016

SATURDAY



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## **Activate your Life**

### **The report of the trustees for the year ended 30 November 2016**

#### **Introduction**

The trustees present their report and accounts for the year ended 30 November 2015.

The board of trustees are satisfied with the performance of the charity during the year and the position at 30th November 2014 and consider that the charity is in a strong position to continue its activities during the coming year, and that the charity's assets are adequate to fulfil its obligations.

#### **Name, registered office and constitution of the charity**

The full name of the charity is **Activate Your Life**.

The legal registration details are :-

<i>Date of incorporation</i>	14 November 2008
<i>Company Registration Number</i>	6749124
<i>The Registered Office is</i>	PO BOX 1217 Activate Your Life, Preston, England, PR2 0HT
<i>Charity Registration Number</i>	1128166

#### **Objectives and Activities of the Charity**

##### ***A summary of the objects of the charity as set out in its governing document.***

The Objects are for the public benefit to advance the Christian religion and in particular, but without prejudice to the generality of the foregoing, to reach with the gospel those with no regular church connections.

##### ***Public benefit that is provided by the charity***

The charity carries out a range of activities in pursuance of its charitable aims. The trustees consider that these activities, summarised below, provide benefit to those who participate.

##### ***The charity's aims including the changes or differences it seeks to make through its activities .***

The objects of the charity are set out in its trust deed and are summarised as follows:

- to advance the Christian religion
- to reach with the gospel those with no regular church connections

##### ***An explanation of the charity's main objectives for the year.***

The charity's objectives are set to reflect the aims of the Christian faith. Each year the trustees review the objectives and activities to ensure that they continue to reflect these aims. In carrying out this review the trustees have considered the Charity Commission's general guidance on public benefit and in particular its supplementary guidance on the advancement of religion for the public benefit.

The dual aims are to reach with the gospel those with no regular church connections and to equip others to reach out through personal relationships.

## **Activate your Life**

**The report of the trustees for the year ended 30 November 2016**

### ***An explanation of the charity's strategies for achieving its stated objectives.***

The charity provides a freely accessible website and e-newsletter which both shares the gospel and provides suggestions for sharing the gospel with others. The conferences and training days provide additional information and resources.

### ***Details of significant activities that contribute to the achievement of the stated objectives.***

During this year work has continued on the website including adapting it for mobile use, with fresh articles added to encourage and resource the network of supporters. We have sent out newsletters on a bi-monthly rota to keep in closer touch with our data base. We planned our biannual weekend conference with attendees enjoying seminars, workshops and talks. We have visited individual supporters, groups and churches to talk to non-churched groups about faith and life in all its fullness, as well as speaking at training events for Christians.

### ***The Charity's grant making policies***

The charity does not provide grants

### ***The contribution of volunteers***

The trustees are all volunteers. They, together with a committee of volunteers, coordinate the activities of the charity.

### ***Summary of main activities of the charity in relation to its objects***

The main activities of the charity are as follows:

## **Activate your Life**

### **The report of the trustees for the year ended 30 November 2016**

Running training days or conferences  
Running a website [www.activateyourlife.org.uk](http://www.activateyourlife.org.uk)  
Producing podcasts

### ***A review of charitable activities undertaken by the charity***

The charity's website is free and the ideas and resources are available for everyone. We continue to promote and advertise giving to third world projects, including promoting Achkiy jewellery goods and parties.

## **Activate your Life**

### **The report of the trustees for the year ended 30 November 2016**

#### ***Fundraising activities***

The charity relies on donations from the public and other Christian organisations whose support is valued. There have been no other fundraising activities.

#### ***Investment performance achieved against investment objectives set***

The charity has no long term investments. Cash reserves are held in deposit accounts.

#### ***Factors relevant to the achievement of the charity's objectives***

We will continue to run the website for free. This year the charity will run a weekend to encourage, support and inspire our supporters. Next year we will run a training day which will enable supporters to come and share much more cheaply than the comparable cost of a weekend away in a hotel. The charity relies solely on donations to meet its running costs.

## **Structure, Governance and Management**

### ***Nature of the Governing Document and constitution of the charity***

Activate Your Life is constituted as a charitable trust registered with the charity Commission in November 2008 under charity number 1128166. It is governed by a deed of trust last updated in November 2008.

### ***The methods for the recruitment and appointment of new trustees***

The existing trustees are responsible for the recruitment of new trustees but in so doing the trustees seek the views and recommendations of the Dream Team; a committee of volunteers involved in organising the activities of the charity.

In selecting new trustees, we seek to identify people who regularly participate in our activities and other Christian outreach. Potential trustees are invited to attend trustees' meetings as observers and are given more details of the charity's aims and activities and, if all agree, they are proposed as new trustees at the subsequent trustees' meeting.

### ***The policies and procedures for the induction and training of trustees.***

## **Activate your Life**

### **The report of the trustees for the year ended 30 November 2016**

Following appointment, new trustees are introduced to their new role and given copies of the trust deed and a guide to the policies and procedures adopted by our charity. Publications from the Charity Commission are also provided including the guidance on charities and public benefit and on the advancement of religion for the public benefit.

#### ***Organisational structure of the charity and how decisions are made.***

The charity trustees are responsible for the general control and management of the charity. The trustees give their time freely and receive no remuneration or other financial benefits.

The trustees are assisted in the running of the charity's activities by a committee of volunteers.

## **Activate your Life**

**The report of the trustees for the year ended 30 November 2016**

### ***Relationships between the charity and related parties***

There are no related parties.

### ***The major risks to which the charity is exposed and reviews and systems to mitigate risks***

The trustees have assessed the risks the charity faces and review this regularly at their meetings. The trustees are satisfied that systems are in place to manage the risks that have been identified. In particular, insurance cover is in place and the finances of the charity are kept under review.

### ***Relationships with other groups, charities and individuals***

Activate Your Life receives some donations from other Christian organisations whose support is valued.

## **Financial Review**

### ***Policies on reserves***

There are no designated reserves. All reserves are freely available for the objects of the charity at the discretion of the trustees.

### ***Principal funding sources and how expenditure in the year under review has supported the key objectives of the charity.***

The charity is funded by donations from the public and other Christian organisations whose support is valued.

## **Activate your Life**

**The report of the trustees for the year ended 30 November 2016**

***Investment policy and objectives, including the extent to which social, environmental or ethical considerations are taken into account.***

The charity has no long term investments. Cash reserves are held in deposit accounts.

***Availability and adequacy of assets of each of the funds***

The board of trustees is satisfied that the charity's assets in each fund are available and adequate to fulfil its obligations in respect of each fund.

***Transactions and Financial position***

The financial statements are set out on pages 9 to 17. The financial statements have been prepared implementing the 2005 Revision of the Statement of Recommended Practice for Accounting and Reporting by Charities issued by the Charity Commission for England and Wales (revised in June 2008) and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008) .As stated in the introduction to this report, the trustees consider the financial performance by the charity during the year to have been satisfactory.

The Statement of Financial Activities show net incoming resources for the year of a revenue nature of £9,563 (prior year £6,893 net outgoing) .

The total and unrestricted reserves at the year end stand at £23,027 (prior year £13,464) .



## **Activate your Life**

### **The report of the trustees for the year ended 30 November 2016**

#### ***Specific changes in fixed assets***

Changes in fixed assets are shown in detail in the notes to the accounts.

There have been no movements in fixed assets.

#### ***Share Capital***

The company is limited by guarantee and therefore has no share capital

#### **Plans for Future Periods**

We are running a weekend conference in March 2017. We will continue to update and work on the website, aiming to improve communication with our supporters, offering ideas and resources for positively impacting communities.

#### **The members of the Board of Trustees of the Charity during the year ended 30th November were :-**

Mrs M Catto  
Ms R Goulding

All the directors of the company are also trustees of the charity, and their responsibilities include all the responsibilities of directors under the Companies Acts and of trustees under the Charities Acts.

The directors/trustees are all members of the charity

#### **The members of the Board of Trustees of the Charity at the date the report and accounts were approved were:-**

Mrs M Catto  
Ms R Goulding

#### **Bankers**

Lloyds TSB  
134 High Street  
Stourbridge DY8 1DS

#### **Solicitors**

Wrigleys Solicitors LLP  
19 Cookridge Street  
Leeds LS2 3AG

#### **Independent Examiner**

**Activate your Life**

**The report of the trustees for the year ended 30 November 2016**

Hudson Accountants Limited  
Chartered Accountants  
15A Crown Glass Place  
Nailsea  
Bristol  
BS48 1RE

## **Activate your Life**

### **The report of the trustees for the year ended 30 November 2016**

#### **Statement of Directors' and Trustees' Responsibilities**

The Charities Acts and the Companies Acts require the Board of Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity as at the end of the financial year and of the surplus or deficit of the charity. In preparing those financial statements the Board is required to :-

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.
- state whether applicable accounting standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements;

The Trustees are also responsible for maintaining adequate accounting records which disclose with reasonable accuracy at any time the financial position of the charity and which are sufficient to show and explain the charity's transactions and enable them to ensure that the financial statements comply with the Companies Act 2006 and comply with regulations made under the Charities Act. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are also responsible for the contents of the trustees' report, and the responsibility of the independent examiner in relation to the trustees' report is limited to examining the report and ensuring that, on the face of the report, there are no inconsistencies with the figures disclosed in the financial statements.

#### **Method of preparation of accounts**

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

**This report was approved by the board of trustees on 26 September 2017.**

*Rhannon Goulding*

**R Goulding  
Director and Trustee**

**Activate your Life**  
**Independent Examiner's Report to the trustees of the charity**

**Report of the Independent Examiner to the trustees**  
**on the accounts of the Charity for the year ended 30 November 2016**

I report on the financial statements of the Charity on pages 10 to 19 which have been prepared in accordance with the Charities Act 1993 and with the Financial Reporting Standard for Smaller Entities (FRSSE), effective April 2008, as modified by the Statement of Recommended Practice for Accounting and Reporting issued by the Charity Commissioners for England & Wales, effective April 2005 as modified in June 2008. (The SORP), under the historical cost convention and the accounting policies set out on page 15.

**Respective responsibilities of trustees and examiner**

As described on page 7, the Charity's trustees, who also have the functions of directors, are responsible for the preparation of the financial statements.

The trustees are satisfied that the audit requirement of Section 43(2) of the Charities Act 1993 (the Act) does not apply and that the accounts do not require an audit in accordance with Part 16 of the Companies Act 2006 and that no member or members have requested an audit pursuant to section 476 of the Companies Act 2006, and that there is no requirement in the governing document or constitution of the Charity for the conducting of an audit. As a consequence, the trustees have elected that the financial statements be subject to independent examination.

Having satisfied myself that the charity is not subject to audit under company law, or otherwise, and is eligible for independent examination, it is my responsibility to:-

- a) examine the accounts under section 43 of the Act;
- b) to follow the procedures laid down in the General Directions given by the Charity Commission under section 43(7)(b) of the Act; and;
- c) to state whether particular matters have come to my attention.

**Basis of opinion and scope of work undertaken**

I conducted my examination in accordance with the General Directions given by the Charity Commissioners for England & Wales setting out the duties of an independent examiner issued by the Charity Commissioners under section 43(7)(b) of the Act) in relation to the conducting of an independent examination, referred to above. An independent examination includes a review of the accounting records kept by the Charity and of the accounting systems employed by the Charity and a comparison of the financial statements presented with those records. It also includes consideration of any unusual items or disclosures in the financial statements, and seeking explanations from you as trustees concerning such matters. The purpose of the examination is to establish as far as possible that there have been no breaches of the Charities legislation and that the financial statements comply with the Statement of Recommended Practice issued by the Charity Commissioners for England & Wales (effective April 2005 as modified in June 2008), on a test basis, of evidence relevant to the amounts and disclosures in the financial statements.

The procedures undertaken do not provide all the evidence that would be required in an audit and information supplied by the trustees in the course of the examination is not subjected to audit tests or enquiries, and consequently I do not express an audit opinion on the view given by the financial statements, and in particular, I express no opinion as to whether the financial statements give a true and fair view of the affairs of the charity, and my report is limited to the matters set out in the statement below.

I planned and performed my examination so as to satisfy myself that the objectives of the independent examination are achieved and before finalising the report I obtain written assurances from the trustees of all material matters.

## **Independent Examiner's Statement, report and opinion**

Subject to the limitations upon the scope of my work as detailed above, in connection with my examination, I can confirm that

1) In accordance with Regulation 31 of The Charities (Accounts and Reports) Regulations 2008, the accounts of this incorporated charity are not required to be audited under Part 16 of the Companies Act 2006;

2) the gross income of the charity in the period ended **30 November 2011** does not exceed the sum specified in section 43(3A) of the Charities 1993, namely £250,000, and that I am qualified to act as independent examiner in accordance with that section by virtue of my being a qualified member of the Institute of Chartered Accountants of England and Wales;

3) this is a report in respect of an examination carried out under section 43 of the Charities Act 1993 and in accordance with any directions given by the Commission under subsection (7)(b) of that section which are applicable;

and that no matter has come to my attention in connection with my examination which gives me reasonable cause to believe that in any material respect the requirements

(i) to keep accounting records in accordance with section 386 of the Companies Act 2006;

(ii) to prepare financial statements which accord with the accounting records and comply with the accounting requirements of section 396 of the Companies Act 2006 and;

(iii) that the financial statements be prepared in accordance with the methods and principles set out in the Statement of Recommended Practice - Accounting and Reporting by Charities

have not been met; or

to which, in my opinion, attention should be drawn in my report in order to enable a proper understanding of the accounts to be reached;

The Examiner's relevant professional qualification or body is:

Chartered Accountants

Della Hudson BSc FCA  
Hudson Accountants Limited  
15A Crown Glass Place  
Nailsea  
Bristol  
BS48 1RE

The date upon which my opinion is expressed is :-  
26 September 2017

**Activate your Life**  
**Statement of Financial Activities**  
**for the year ended 30 November 2016**

	Unrestricted Funds	Restricted Funds	Total Funds	Last Year Total Funds
Notes	2016 £	2016 £	2016 £	2015 £
<b>Incoming resources</b>				
<i>Incoming resources from generated funds</i>				
Voluntary Income	37,655	-	37,655	18,802
<i>Incoming resources from charitable activities</i>	12,600	-	12,600	41,638
<b>Total incoming resources</b>	<b>50,255</b>	<b>-</b>	<b>50,255</b>	<b>46,172</b>
<i>Costs of charitable activities</i>	39,866	-	39,866	52,366
<i>Governance costs</i>	826	-	826	699
<b>Total resources expended</b>	<b>40,692</b>	<b>-</b>	<b>40,692</b>	<b>53,065</b>
<b>Net incoming resources/(net outgoing resources) before transfers between funds</b>	<b>9,563</b>	<b>-</b>	<b>9,563</b>	<b>(6,893)</b>
<b>Gross transfers between funds</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Net incoming resources/(net outgoing resources) before Other recognised gains and losses</b>	<b>9,563</b>	<b>-</b>	<b>9,563</b>	<b>(6,893)</b>
<b>Other recognised gains and losses</b>				
<b>Net movement in funds</b>	<b>9,563</b>	<b>-</b>	<b>9,563</b>	<b>(6,893)</b>
<b>Reconciliation of funds</b>				
<i>Total funds brought forward</i>	13,464	-	13,464	20,357
<b>Total Funds carried forward</b>	<b>23,027</b>	<b>-</b>	<b>23,027</b>	<b>13,464</b>

The net movement in funds referred to above is the net incoming resources as defined in the Statement of Recommended Practice for Accounting and Reporting issued by the Charity Commission for England & Wales and is reconciled to the total funds as shown in the Balance Sheet on **page 14** as required by the said statement.

**All activities derive from continuing operations**

**The notes on pages 17 to 22 form an integral part of these accounts.**

**Activate your Life  
Statement of Financial Activities  
for the year ended 30 November 2016**

**Income and Expenditure Account as required by the Companies Act  
for the year ended 30 November 2016**

	2016	2015
	£	£
<b>Turnover</b>	50,255	46,172
Direct costs of turnover	39,866	52,366
<b>Gross surplus/(deficit)</b>	<u>10,389</u>	<u>(6,194)</u>
Governance costs	826	699
<b>Operating surplus/(deficit)</b>	<u>9,563</u>	<u>(6,893)</u>
<b>Surplus/(deficit) on ordinary activities before tax</b>	<u>9,563</u>	<u>(6,893)</u>
<b>Surplus/(deficit) for the financial year</b>	<u>9,563</u>	<u>(6,893)</u>
Gift Aid Payments	-	-
<b>Retained surplus/(deficit) for the financial year</b>	<u>9,563</u>	<u>(6,893)</u>

**All activities derive from continuing operations**

**The notes on pages 17 to 22 form an integral part of these accounts.**

**Activate your Life  
Statement of Financial Activities  
for the year ended 30 November 2016**

**Statement of Total Recognised Gains and Losses  
for the year ended 30 November 2016**

	2016	2015
Excess of Expenditure over income before realisation of assets	9,563	(6,893)
Loss per Profit and Loss account	9,563	(6,893)
Grants for the acquisition of fixed assets	-	-
<b>Net Movement in funds before taxation</b>	<b>9,563</b>	<b>(6,893)</b>

**Movements in revenue and capital funds  
for the year ended 30 November 2016**

Revenue accumulated funds	Unrestricted	Restricted	Total	Last year
	Funds	Funds	Funds	Total Funds
	2016	2016	2016	2015
	£	£	£	£
Accumulated funds brought forward	13,464	-	13,464	20,357
Recognised gains and losses before transfers	9,563	-	9,563	(6,893)
	<u>23,027</u>	<u>-</u>	<u>23,027</u>	<u>13,464</u>
<b>Closing revenue accumulated funds</b>	<b>23,027</b>	<b>-</b>	<b>23,027</b>	<b>13,464</b>

**Summary of funds**

	Designated	Unrestricted	Restricted	Total	Last Year
	Funds	Funds	Funds	Funds	Total Funds
	£	£	£	£	£
	2016	2016	2016	2016	2015
Revenue accumulated funds	-	23,027	-	23,027	13,464

**The statement of changes in resources applied for fixed assets for Charity use is shown in the notes to the accounts**

**The notes on pages 17 to 22 form an integral part of these accounts.**



**Activate your Life**  
**Company Number** 6749124  
**Balance Sheet**  
**as at 30 November 2016**

	2016	2015
<b>Current assets</b>		
Debtors	16,000	-
Cash at bank and in hand	13,250	14,066
<b>Creditors:-</b>		
amounts due within one year	6 (6,223)	(602)
<b>Net current assets</b>	<u>23,027</u>	<u>13,464</u>
<b>Total assets less current liabilities</b>	<u>23,027</u>	<u>13,464</u>
<b>Creditors:-</b>		
amounts due after more than one year	-	-
<b>Net assets excluding pension asset / liability</b>	<u>23,027</u>	<u>13,464</u>
<b>Net assets including pension asset / liability</b>	<u>23,027</u>	<u>13,464</u>
<b>The funds of the charity :</b>		
<b>Unrestricted income funds</b>		
Unrestricted revenue accumulated funds	23,027	13,464
Designated revenue funds	-	-
<b>Unrestricted capital funds</b>		
Designated fixed asset funds	-	-
<b>Total unrestricted funds</b>	<u>23,027</u>	<u>13,464</u>
<b>Restricted revenue funds</b>		
<b>Restricted fixed asset funds</b>		
<b>Total restricted funds</b>	-	-
<b>Total charity funds</b>	<u>23,027</u>	<u>13,464</u>

The directors are satisfied that for the year ended 30 November 2016 the charitable company was entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006 and that no member or members have required the company to obtain an audit of its accounts for the year in question in accordance with section 476 of the Act. However, in accordance with section 43 of the Charities Act 1993, the accounts have been examined by an Independent Examiner whose report appears on page 9

The director(s) acknowledge their responsibility for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The accounts have been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies subject to the small companies regime and in accordance with the Financial Reporting Standard for Smaller Entities ( effective April 2008).

*Rhannon Goulding*

**R Goulding**  
**Trustee**

**Approved by the board of trustees on 26 September 2017**

The notes on pages 17 to 22 form an integral part of these accounts.

**Activate Your Life**  
**Notes to the Accounts**  
**for the year ended 30 November 2016**

**1 Accounting policies**

***Basis of preparation of the accounts***

The financial statements have been prepared in accordance with the Financial Reporting Standard for Smaller Entities (FRSSE), effective April 2008, and all other applicable accounting standards, as modified by the Statement of Recommended Practice for Accounting and Reporting issued by the Charity Commissioners for England & Wales, (revised June 2008). The accounts have been drawn up in accordance with the provisions of the Charities (Accounts and Reports) Regulations 2008 and the Companies Act 2006, and include the results of the charity's operations which are described in the Trustees' Report, all of which are continuing.

Insofar as the Statement of Recommended Practice for Accounting and Reporting issued by the Charity Commissioners for England & Wales, (revised June 2008) requires compliance with specific Financial Reporting Standards other than the FRSSE then the specific Financial Reporting Standards have been followed where their requirements differ from those of the FRSSE.

Advantage has been taken of Section 396(5) of The Companies Act 2006 to allow the format of the financial statements to be adapted to reflect the special nature of the charity's operation and in order to comply with the requirements of the SORP.

The charity has taken advantage of the exemption in the FRSSE from the requirement to produce a cash flow statement.

The particular accounting policies adopted are set out below.

***Accounting convention***

The financial statements are prepared, on a going concern basis, under the historical cost convention.

The charity is entirely dependent on continuing donations and as a consequence the going concern basis is also dependent on the continuing donations.

***Incoming Resources***

Incoming resources are accounted for on a receivable basis.

***Deferred income***

In accordance with the Statement of Recommended Practice for Accounting and Reporting (revised June 2008) issued by the Charity Commissioners for England & Wales grants received in advance and specified by the donor as relating to specific accounting periods or alternatively which are subject to conditions which are still to be met, and which are outside the control of the charity or where it is uncertain whether the conditions can or will be met, are deferred on an accruals basis to the period to which they relate. Such deferrals are shown in the notes to the accounts and the sums involved are shown as creditors in the accounts.

**Activate Your Life**  
**Notes to the Accounts**  
**for the year ended 30 November 2016**

***Recognition of liabilities***

Liabilities are recognised on the accruals basis in accordance with normal accounting principles, modified where necessary in accordance with the guidance given in the Statement of Recommended Practice for Accounting and Reporting (revised June 2008) issued by the Charity Commissioners for England & Wales .

***Fixed assets and depreciation***

All tangible fixed assets are stated at cost less depreciation.

Items of less than £100 are not capitalised.

Depreciation has been provided at the following rates in order to write off the assets (less their estimated residual value ) over their estimated useful economic lives.

Plant and machinery            25% straight line

***Taxation***

As a registered charity, the company is exempt from income and corporation tax to the extent that its income and gains are applicable to charitable purposes only. Value Added Tax is not recoverable by the company , and is therefore included in the relevant costs in the Statement of Financial Activities.

***Funds structure policy***

There are no restricted funds. All funds are freely available for the objects of the charity at the discretion of the trustees.

**2 Winding up or dissolution of the charity**

If upon winding up or dissolution of the charity there remain any assets, after the satisfaction of all debts and liabilities, the assets represented by the accumulated fund shall be transferred to some other charitable body or bodies having similar objects to the charity.

<b>3 Surplus/(deficit) for the financial year</b>	<b>2016</b>	<b>2015</b>
	£	£
<b>This is stated after crediting :-</b>		
<b>Revenue Turnover from ordinary activities</b>	50,255	46,172

**and after charging:-**

**Activate Your Life**  
**Notes to the Accounts**  
**for the year ended 30 November 2016**

Independent Examiner's Fees	310	295
Other fees paid to the Examiners/auditors	516	404

Funds belonging to the charity have been used for the purchase of insurance to protect the charity from loss arising from the neglect or defaults of its trustees, employees or agents, or to indemnify its trustees, employees or agents, against the consequences of any neglect or default on their part. The sum expended on such insurance was as indicated in the above schedule.

**4 Trustees' remuneration**

Neither the trustees nor any persons connected with them have received any remuneration, either in the current year or the prior year.

**5 Tangible functional fixed assets**

	<b>Plant, Machinery &amp; Vehicles</b>
	<b>£</b>
<b>Asset cost, valuation or revalued amount</b>	
At 1 December	450
At 30 November	<u>450</u>
<b>Accumulated depreciation and impairment provisions</b>	
At 1 December	450
Charge for the year	-
At 30 November	<u>450</u>
<b>Net book value</b>	
At 30 November	<u>-</u>

All assets are used for direct charitable purposes.

**Activate Your Life**  
**Notes to the Accounts**  
**for the year ended 30 November 2016**

<b>6 Creditors: amounts falling due within one year</b>	<b>2016</b>	<b>2015</b>
	£	£
Trade creditors	678	36
Accrued expenses	5,545	566
	<u>6,223</u>	<u>602</u>

<b>7 Analysis of the Net Movement in Funds</b>	<b>2016</b>	<b>2015</b>
	£	£
Net movement in funds from Statement of Financial Activities	9,563	(6,893)

The net resources applied on functional fixed assets represents the cost of additions less proceeds of any disposals.

<b>8 Particulars of Individual Funds and analysis of assets and liabilities representing funds as at 30 November 2016</b>	<b>Unrestricted funds</b>	<b>Designated funds</b>	<b>Restricted funds</b>	<b>Total Funds</b>
	£	£	£	£
Tangible Fixed Assets	-	-	-	-
Current Assets	29,250	-	-	29,250
Current Liabilities	(6,223)	-	-	(6,223)
	<u>23,027</u>	<u>-</u>	<u>-</u>	<u>23,027</u>
	£	£	£	£
<b>At 1 December 2009</b>	<b>Unrestricted funds</b>	<b>Designated funds</b>	<b>Restricted funds</b>	<b>Total Funds</b>
Tangible Fixed Assets	-	-	-	-
Current Assets	14,066	-	-	14,066
Current Liabilities	(602)	-	-	(602)
	<u>13,464</u>	<u>-</u>	<u>-</u>	<u>13,464</u>

The individual funds included above are :-

	<b>Funds at 2015</b>	<b>Movements in Funds as below</b>	<b>Transfers Between funds</b>	<b>Funds at 2016</b>
	£	£	£	£
Unrestricted Fund	20,357	(6,893)	-	13,464
	<u>13,464</u>	<u>9,563</u>	<u>-</u>	<u>23,027</u>

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Notes to the Accounts  
for the year ended 30 November 2016**

**Analysis of movements in funds as shown in the table above**

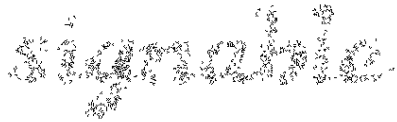
	<b>Incoming Resources</b>	<b>Outgoing Resources</b>	<b>Gains &amp; Losses</b>	<b>Movement in funds</b>
	£	£	£	£
Unrestricted Fund	50,255	40,692	-	9,563
	<u>50,255</u>	<u>40,692</u>	<u>-</u>	<u>9,563</u>

There are no restricted funds. All funds are freely available for the objects of the charity at the discretion of the trustees.

**9 Share Capital**

The charity is incorporated under the Companies Act 1985 and is limited by guarantee, each member having undertaken to contribute such amounts not exceeding one pound as may be required in the event of the company being wound up whilst he or she is still a member or within one year thereafter

There are 2 members of the company ( 2014 - 2 members)



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