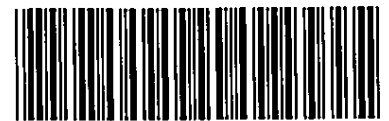


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Abbreviated Unaudited Accounts
for the Year Ended 28 February 2009
for
A F Express Courier Delivery Services Lt

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COMPANIES HOUSE

Contents of the Abbreviated Accounts
for the Year Ended 28 February 2009

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Company Information
for the Year Ended 28 February 2009

DIRECTOR: A Frielick

SECRETARY: Miss E Place

REGISTERED OFFICE: 25 Myrtle Road
Elland
Halifax
West Yorkshire
HX5 0HU

REGISTERED NUMBER: 06119888 (England and Wales)

ACCOUNTANTS: Lindley Adams Limited Chartered Accountants
28 Prescott Street
Halifax
West Yorkshire
HX1 2LG

Abbreviated Balance Sheet
28 February 2009

		28.2.09		29.2.08 as restated	
	Notes	£	£	£	£
FIXED ASSETS					
Intangible assets	2		417		5,417
Tangible assets	3		12,000		1,795
			<u>12,417</u>		<u>7,212</u>
CURRENT ASSETS					
Debtors		2,588		3,739	
Cash at bank		5,547		10,347	
		<u>8,135</u>		<u>14,086</u>	
CREDITORS					
Amounts falling due within one year		20,689		21,114	
			<u>(12,554)</u>		<u>(7,028)</u>
NET CURRENT LIABILITIES					
			<u>(137)</u>		184
TOTAL ASSETS LESS CURRENT LIABILITIES					
			<u>(5,783)</u>		<u>184</u>
CREDITORS					
Amounts falling due after more than one year			5,646		-
			<u>(5,783)</u>		<u>184</u>
NET (LIABILITIES)/ASSETS					
CAPITAL AND RESERVES					
Called up share capital	4		1		1
Profit and loss account			(5,784)		183
			<u>(5,783)</u>		<u>184</u>
SHAREHOLDERS' FUNDS					
			<u>(5,783)</u>		<u>184</u>

The company is entitled to exemption from audit under Section 249A(1) of the Companies Act 1985 for the year ended 28 February 2009.

The members have not required the company to obtain an audit of its financial statements for the year ended 28 February 2009 in accordance with Section 249B(2) of the Companies Act 1985.

The director acknowledges his responsibilities for:

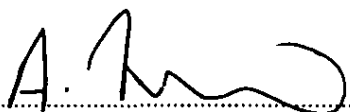
- (a) ensuring that the company keeps accounting records which comply with Section 221 of the Companies Act 1985 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Section 226 and which otherwise comply with the requirements of the Companies Act 1985 relating to financial statements, so far as applicable to the company.

The notes form part of these abbreviated accounts

Abbreviated Balance Sheet - continued
28 February 2009

These abbreviated accounts have been prepared in accordance with the special provisions of Part VII of the Companies Act 1985 relating to small companies.

The financial statements were approved by the director on28/4/09..... and were signed by:



.....
A Frielick - Director

The notes form part of these abbreviated accounts

Notes to the Abbreviated Accounts
for the Year Ended 28 February 2009

1. ACCOUNTING POLICIES

Accounting convention

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2007).

Turnover

Turnover represents net invoiced sales of services, excluding value added tax.

Goodwill

Goodwill, being the amount paid in connection with the acquisition of a business in 2007, is being amortised evenly over its estimated useful life of two years.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Motor vehicles - 25% on reducing balance
Computer equipment - 33% on cost

Deferred tax

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

2. INTANGIBLE FIXED ASSETS

	Total £
COST	
At 1 March 2008 and 28 February 2009	10,000
AMORTISATION	
At 1 March 2008	4,583
Charge for year	5,000
At 28 February 2009	9,583
NET BOOK VALUE	
At 28 February 2009	417
At 29 February 2008	5,417

**Notes to the Abbreviated Accounts - continued
for the Year Ended 28 February 2009**

3. TANGIBLE FIXED ASSETS

	Total £
COST	
At 1 March 2008	2,551
Additions	16,000
Disposals	(2,077)
	<hr/>
At 28 February 2009	16,474
	<hr/>
DEPRECIATION	
At 1 March 2008	756
Charge for year	4,237
Eliminated on disposal	(519)
	<hr/>
At 28 February 2009	4,474
	<hr/>
NET BOOK VALUE	
At 28 February 2009	12,000
	<hr/> <hr/>
At 29 February 2008	1,795
	<hr/> <hr/>

4. CALLED UP SHARE CAPITAL

Authorised:				
Number:	Class:	Nominal value:	28.2.09	29.2.08
				as restated
			£	£
1,000	Ordinary	£1	<u>1,000</u>	<u>1,000</u>
Allotted and issued:				
Number:	Class:	Nominal value:	28.2.09	29.2.08
				as restated
			£	£
1	Share capital 1	£1	<u>1</u>	<u>1</u>

5. COMPANY CONTROL

The company is controlled by Mr A Frielick by virtue of his directorship and his interest in the capital of the company.