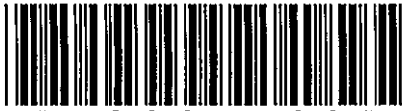


**ALPHA**Company Searches & Formations  
0171 404 1740**288b****Resignation of director or secretary***Please complete in typescript,  
or in bold black capitals.*

Company Number 3313113

Company Name in full BRIGHTON &amp; HOVE GYM CLUB LIMITED

**\* F 288 B E 60 \*****Resignation form**Date of resignation  
Day: 05, Month: 02, Year: 1997Resignation as director  as secretary  *Please mark the appropriate box. If resignation is as a director and secretary mark both boxes*

NAME \*Style/Title

\*Honours etc

Please insert details as previously notified to Companies House.

Forename(s)

Surname

ALPHA SECRETARIAL LIMITED

† Date of Birth

If cessation is other than resignation, please state reason

**A serving director, secretary etc must sign the form below.**\* Voluntary details.  
† Directors only.**Signed***John Foke***Date**

5.2.97

*(by a serving director/secretary/administrator/administrative receiver/receiver manager/receiver)*

Please give the name, address, telephone number and, if available, a DX number and Exchange of the person Companies House should contact if there is any query.

ALPHA SEARCHES &amp; FORMATIONS LIMITED, 83 Clerkenwell

Road, London, EC1R 5AR

Tel

DX number

DX exchange

A09 \*AA1LTT90\* 238  
COMPANIES HOUSE 15/02/97When you have completed and signed the form please send it to the Registrar of Companies at:  
**Companies House, Crown Way, Cardiff, CF4 3UZ** DX 33050 Cardiff  
for companies registered in England and Wales  
or  
**Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB**  
for companies registered in Scotland DX 235 Edinburgh