



Companies House
for the record

Please complete in typescript,
or in bold black capitals.

CHFP000

288a

APPOINTMENT of director or secretary (NOT for resignation (use Form 288b) or change of particulars (use Form 288c))

Company Number

3313113

Company Name in full

BRIGHTON & HOVE GYM CLUB LIMITED

Date of appointment

Day Month Year
16 05 2000

†Date of Birth

Day Month Year
22 07 1942

Appointment form

Appointment as director

as secretary

Please mark the appropriate box. If appointment is as a director and secretary mark both boxes.

NAME

*Style / Title

MRS

*Honours etc

Notes on completion appear on reverse.

Forename(s)

ANN

Surname

MARTIN

Previous Forename(s)

Previous Surname(s)

Usual residential address

SINGLEGATE, TINSLEY GREEN

Post town

CRAWLEY

Postcode

RH10 3NS

County / Region

WEST SUSSEX

Country

ENGLAND

†Nationality

BRITISH

†Business occupation

GYM COACH

†Other directorships (additional space overleaf)

I consent to act as ** director / secretary of the above named company

Consent signature

Ann Martin

Date

16.05.2000

* Voluntary details.

† Directors only.

**Delete as appropriate

A director, secretary etc must sign the form below.

Signed

P. J. ...

Date

25.5.2000

(**a director / secretary / administrator / administrative receiver / receiver manager / receiver)

Please give the name, address, telephone number and, if available, a DX number and Exchange of the person Companies House should

WILSON SANDFORD & CO

85, CHURCH ROAD, HOVE, EAST SUSSEX

BN3 2BB

Tel 01273 821441

DX number

DX exchange



A11

A0NN7RHN

0275

COMPANIES HOUSE

19/06/00

COMPANIES HOUSE

08/06/00

Form revised July 1998

When you have completed and signed the form please send it to the Registrar of Companies at:

Companies House, Crown Way, Cardiff, CF14 3UZ DX 33050 Cardiff

for companies registered in England and Wales or

Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB

for companies registered in Scotland

DX 235 Edinburgh

Company Number

† Directors only.

† Other directorships

NOTES

Show the full forenames, NOT INITIALS. If the director or secretary is a corporation or Scottish firm, show the name on surname line and registered or principal office on the usual residential line.

Give previous forenames or surname(s) except:

- for a married woman, the name by which she was known before marriage need not be given.
- for names not used since the age of 18 or for at least 20 years

A peer or individual known by a title may state the title instead of or in addition to the forenames and surname and need not give the name by which that person was known before he or she adopted the title or succeeded to it.

Other directorships.

Give the name of every company incorporated in Great Britain of which the person concerned is a director or has been a director at any time in the past five years.

You may exclude a company which either is, or at all times during the past five years when the person concerned was a director, was

- dormant
- a parent company which wholly owned the company making the return, or
- another wholly owned subsidiary of the same parent company.