



Companies House

for the record

Please complete in typescript, or in bold black capitals.

CHFP000

363a

Annual Return

COMPANIES HOUSE FEE PAID

Company Number SC246155

Company Name in full ACTIVE X OSTEOPATHS LTD

Date of this return

The information in this return is made up to

Day Month Year 21/03/2008

Date of next return

If you wish to make your next return to a date earlier than the anniversary of this return please show the date here. Companies House will then send a form at the appropriate time.

Day Month Year / / /

Registered Office

Show here the address at the date of this return.

172 BABERTON MAINS DRIVE

Any change of registered office must be notified on form 287.

Post town EDINBURGH

County / Region MIDLOTHIAN

UK Postcode EH11 4 3DZ

Principal business activities

Show trade classification code number(s) for the principal activity or activities.

9304

If the code number cannot be determined, give a brief description of principal activity.

PHYSICAL WELL-BEING ACTIVITIES

THURSDAY



SJ34WATH

SCT 18/06/2009 326

COMPANIES HOUSE

When you have completed and signed the form please send it to the Registrar of Companies at:

Companies House, Crown Way, Cardiff, CF14 3UZ DX 33050 Cardiff for companies registered in England and Wales or Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB DX 235 Edinburgh or LP - 4 Edinburgh 2 for companies registered in Scotland

Register of members

If the register of members is not kept at the registered office, state here where it is kept.

Post town _____
County / Region _____ UK Postcode _____

Register of Debenture holders

If there is a register of debenture holders, or a duplicate of any such register or part of it, which is not kept at the registered office, state here where it is kept.

Post town _____
County / Region _____ UK Postcode _____

Company type

Public limited company

Private company limited by shares

Private company limited by guarantee without share capital

Private company limited by shares exempt under section 30

Private company limited by guarantee exempt under section 30

Private unlimited company with share capital

Private unlimited company without share capital

Please tick the appropriate box

Company Secretary

* Voluntary details.

(Please photocopy this area to provide details of joint secretaries).

Name * Style / Title _____

Forename(s) SANDRA DEANNE

Surname ROUTHEDGE

Address **

PILMUIR

95 MAYFIELD ROAD

Post town EDINBURGH

County / Region MIDLOTHIAN

UK Postcode

E14 9L 31A Q

Country

SCOTLAND

Details of a new company secretary must be notified on form 288a.

** Tick this box if the address shown is a service address for the beneficiary of a Confidentiality Order granted under section 723B of the Companies Act 1985 otherwise, give your usual residential address. In the case of a corporation or Scottish firm, give the registered or principal office address.

If a partnership give the names and addresses of the partners or the name of the partnership and office address.

Directors

Please list directors in alphabetical order.

Details of new directors must be notified on form 288a

Directors In the case of a director that is a corporation or a Scottish firm, the name is the corporate or firm name.

†† Tick this box if the address shown is a service address for the beneficiary of a Confidentiality Order granted under section 723B of the Companies Act 1985 otherwise, give your usual residential address. In the case of a corporation or Scottish firm, give the registered or principal office address.

Name	* Style / Title	_____		
		Day	Month	Year
	Date of birth	03/09/1969		
	Forename(s)	GAVIN		
	Surname	ROUTLEDGE		
<input type="checkbox"/>	Address ††	PILMUIR		
		95 MAYFIELD ROAD		
	Post town	EDINBURGH		
	County / Region	MIDLOTHIAN	UK Postcode	EH9 3AQ
	Country	SCOTLAND	Nationality	BRITISH
	Business occupation	OSTEOPATH		

* Voluntary details.

Directors In the case of a director that is a corporation or a Scottish firm, the name is the corporate or firm name.

†† Tick this box if the address shown is a service address for the beneficiary of a Confidentiality Order granted under section 723B of the Companies Act 1985 otherwise, give your usual residential address. In the case of a corporation or Scottish firm, give the registered or principal office address.

Name	* Style / Title	_____		
		Day	Month	Year
	Date of birth	____/____/____		
	Forename(s)	_____		
	Surname	_____		
<input type="checkbox"/>	Address ††	_____		

	Post town	_____		
	County / Region	_____	UK Postcode	____
	Country	_____	Nationality	_____
	Business occupation	_____		

Issued share capital

Enter details of all the shares in issue at the date of this return.

Class
(e.g. Ordinary/Preference)

Number of shares issued

Aggregate Nominal Value
(i.e. Number of shares issued multiplied by nominal value per share, or total amount of stock)

ORDINARY	1	£1.00
Totals	1	£1.00

List of past and present shareholders

(Use attached schedule where appropriate)

A full list is required if one was not included with either of the last two returns.

There were no changes in the period

	on paper	in another format
A list of changes is enclosed	<input type="checkbox"/>	<input type="checkbox"/>
A full list of shareholders is enclosed	<input checked="" type="checkbox"/>	<input type="checkbox"/>

Certificate

I certify that the information given in this return is true to the best of my knowledge and belief.

Signed

G. M. D. Hodge

Date

24/4/2009

† Please delete as appropriate.

† a director /secretary

When you have signed the return send it with the fee to the Registrar of Companies. Cheques should be made payable to **Companies House**.

This return includes continuation sheets.
(enter number)

You do not have to give any contact information in the box opposite but if you do, it will help Companies House to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public record.

Tel

DX number DX exchange



List of past and present shareholders Schedule to form 363a

CHFP000

Company Number SC246155

Company Name in full ACTIVE X OSTEOPATHS LTD

- Changes to shareholders particulars or details of the amount of stock or shares transferred must be completed each year
- You must provide a "full list" of all the company shareholders on:
 - The company's first annual return following incorporation;
 - Every third annual return after a full list has been provided
- List the company shareholders in alphabetical order or provide an index
- List joint shareholders consecutively

Shareholders' details	Class and number of shares or amount of stock held	Shares or amount of stock transferred <i>(if appropriate)</i>	
		Class and number of shares or amount of stock transferred	Date of registration of transfer
Name <u>L GAVIN ROUTLEDGE</u> Address <u>L 95 MAYFIELD ROAD</u> <u>L EDINBURGH</u> UK Postcode <u>E14 9 5AQ</u>	ORDINARY ONE		
Name _____ Address _____ _____ _____ UK Postcode <u> L L L L L L L L</u>			
Name _____ Address _____ _____ _____ UK Postcode <u> L L L L L L L L</u>			

List of past and present shareholders (Continued)

Company Number _____

Shareholders' details	Class and number of shares or amount of stock held	Shares or amount of stock transferred <small>(if appropriate)</small>	Date of registration of transfer
Name _____ Address _____ _____ _____ UK Postcode L L L L L L L L			
Name _____ Address _____ _____ _____ UK Postcode L L L L L L L L			
Name _____ Address _____ _____ _____ UK Postcode L L L L L L L L			
Name _____ Address _____ _____ _____ UK Postcode L L L L L L L L			
Name _____ Address _____ _____ _____ UK Postcode L L L L L L L L			