

INSPIRED FREEDOM LTD

**Company Registration Number:
09145885 (England and Wales)**

Unaudited abridged accounts for the year ended 31 July 2019

Period of accounts

Start date: 01 August 2018

End date: 31 July 2019

INSPIRED FREEDOM LTD

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INSPIRED FREEDOM LTD

Company Information

for the Period Ended 31 July 2019

Director:

G A Both

Registered office:

Kemp House
152 City Road
London
GBR
EC1V 2NX

Company Registration Number:

09145885 (England and Wales)

INSPIRED FREEDOM LTD

Balance sheet

As at 31 July 2019

	<i>Notes</i>	<i>2019</i> £	<i>2018</i> £
Fixed assets			
Tangible assets:	2	32	68
Total fixed assets:		<u>32</u>	<u>68</u>
Current assets			
Debtors:		6,845	1,116
Cash at bank and in hand:		2,538	3,201
Total current assets:		<u>9,383</u>	<u>4,317</u>
Creditors: amounts falling due within one year:		<u>(9,575)</u>	<u>(4,108)</u>
Net current assets (liabilities):		<u>(192)</u>	<u>209</u>
Total assets less current liabilities:		(160)	277
Creditors: amounts falling due after more than one year:		<u>(2,028)</u>	<u>(684)</u>
Total net assets (liabilities):		<u>(2,188)</u>	<u>(407)</u>

The notes form part of these financial statements

INSPIRED FREEDOM LTD

Balance sheet continued

As at 31 July 2019

	<i>Notes</i>	<i>2019</i>	<i>2018</i>
		£	£
Capital and reserves			
Called up share capital:		1	1
Profit and loss account:		(2,189)	(408)
Shareholders funds:		<u>(2,188)</u>	<u>(407)</u>

For the year ending 31 July 2019 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

The members have agreed to the preparation of abridged accounts for this accounting period in accordance with Section 444(2A).

These accounts have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

This report was approved by the board of directors on 26 September 2019

And Signed On Behalf Of The Board By:

Name: G A Both

Status: Director

The notes form part of these financial statements

INSPIRED FREEDOM LTD

Notes to the Financial Statements

for the Period Ended 31 July 2019

1. Accounting policies

Basis of measurement and preparation

These financial statements have been prepared in accordance with the provisions of Section 1A (Small Entities) of Financial Reporting Standard 102

Turnover policy

Turnover represents net invoiced supply of services, excluding value added tax.

Tangible fixed assets depreciation policy

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost of the fixed assets, less their estimated residual value, over their expected useful lives on the following basis:

Computer equipment- 33.3% straight line

INSPIRED FREEDOM LTD

Notes to the Financial Statements

for the Period Ended 31 July 2019

2. Tangible Assets

	Total
Cost	£
At 01 August 2018	108
Additions	-
Disposals	-
Revaluations	-
Transfers	-
At 31 July 2019	<u><u>108</u></u>
Depreciation	
At 01 August 2018	40
Charge for year	36
On disposals	-
Other adjustments	-
At 31 July 2019	<u><u>76</u></u>
Net book value	
At 31 July 2019	<u><u>32</u></u>
At 31 July 2018	<u><u>68</u></u>

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.