



Companies House

for the record

Company Name
STR HEALTH LIMITED

363s Annual Return

100081/30

Company Type
Private Company Limited By Shares

Company Number
4609727

Information extracted from
Companies House records on
7th February 2006

- > Please check the details printed in blue on this statement.
- > If any details are wrong, strike them through and write the correct details in the "Amended details" column.
- > Please use black pen and write in capitals.



Section 1: Company details

Ref: 4609727/03/10

	Current details	Amended details																										
> Registered Office Address <i>If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.</i>	88 Northern Road Cosham Portsmouth Hampshire PO6 3ER	Address _____ _____ _____ UK Postcode _ _ _ _ _																										
> Register of Members <i>If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.</i>	Address where the Register is held At Registered Office	Address _____ _____ _____ UK Postcode _ _ _ _ _																										
> Register of Debenture Holders <i>If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.</i>	Not Applicable	Address _____ _____ _____ UK Postcode _ _ _ _ _																										
> Principal Business Activities <i>If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.</i>	<table border="1"> <thead> <tr> <th>SIC Code</th> <th>Description</th> </tr> </thead> <tbody> <tr> <td>7484</td> <td>Other business activities</td> </tr> </tbody> </table>	SIC Code	Description	7484	Other business activities	<table border="1"> <thead> <tr> <th>SIC CODE</th> <th>Description</th> </tr> </thead> <tbody> <tr><td> </td><td> </td></tr> <tr><td> </td><td> </td></tr> <tr><td> </td><td> </td></tr> <tr><td> </td><td> </td></tr> <tr><td> </td><td> </td></tr> <tr><td> </td><td> </td></tr> <tr><td> </td><td> </td></tr> <tr><td> </td><td> </td></tr> <tr><td> </td><td> </td></tr> <tr><td> </td><td> </td></tr> </tbody> </table>	SIC CODE	Description																				
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> <i>Please enter additional principal activity code(s) in "Amended details" column. See notes for guidance for list of activity codes.</i>																												

> Director
 If any of the details for this person are wrong, strike them through and fill in the correct details in the "Amended details" column.

Particulars of a new Director must be notified on form 288a.

Current details	
Name	Clive James HUTCHINGS
Address	397A London Road Clanfield Waterlooville Hampshire PO8 0PJ
Date of birth	03/10/1972
Nationality	British
Occupation	Director

Amended details	
Name	
<input type="checkbox"/>	Tick this box if this address is a service address for the beneficiary of a Confidentiality Order granted under section 723B of the Companies Act 1985.
Address	he Downe London Road Rake West Sussex
UK Postcode	G033 7AQ
Date of birth	__ / __ / ____
Nationality	_____
Occupation	_____
Date of change	__ / __ / ____
Date	Clive James HUTCHINGS ceased to be director (if applicable)
	__ / __ / ____

> Director
 If any of the details for this person are wrong, strike them through and fill in the correct details in the "Amended details" column.

Particulars of a new Director must be notified on form 288a.

Name	Paul JOHNSON
Address	Diss Park 32 Marham Lane Gerrards Cross Buckinghamshire SL9 8HD
Date of birth	02/02/1956
Nationality	British
Occupation	Director

Name	
<input type="checkbox"/>	Tick this box if this address is a service address for the beneficiary of a Confidentiality Order granted under section 723B of the Companies Act 1985.
Address	
UK Postcode	_____
Date of birth	__ / __ / ____
Nationality	_____
Occupation	_____
Date of change	__ / __ / ____
Date	Paul JOHNSON ceased to be director (if applicable)
	__ / __ / ____

Section 3: Share Capital

	Current details	Amended details
<p>> Issued Share Capital <i>This table shows the total number of shares that have been issued by your company and their Nominal Value. If any of the details are wrong, please fill in the correct details.</i></p>	<p>Class of share Ordinary</p>	<p>Class of share _____</p>
	<p>Nominal value of each share £1.00</p>	<p>Nominal value of each share _____</p>
	<p>Number of shares issued 3</p>	<p>Number of shares issued _____</p>
	<p>Aggregate Nominal Value of issued shares £3.00</p>	<p>Aggregate Nominal Value of issued shares _____</p>
<p>> Total shares issued and value <i>If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.</i></p>	<p>Total number of shares issued 3</p>	<p>Total number of shares issued _____</p>
	<p>Total Nominal value of shares issued £3.00</p>	<p>Total Nominal value of shares issued _____</p>

> At the date of this Annual Return, if the company has altered or changed its share capital in any way or allotted new shares, please refer to the guidance notes for details of the appropriate form that should be sent with this Annual Return. Annual return guidance notes are available on the Companies House web site at www.companieshouse.gov.uk or by ringing 0870 3333636.

Section 4: Details of Shareholders

- > The details we hold on your company's shareholders and their shareholdings are printed below. These are based on your last Annual Return.
- > If any details have changed, or if any shares have been transferred, please fill in the details in the "Amended details" or "Shares transferred" column.
- > Please give details of any other shareholders in Section 5.

Current details	Amended details	Shares transferred
<p>> Shareholder Name Mr R P CRAWLEY</p> <p>Address 3 Napier Crescent Fareham Hampshire PO15 5BL</p> <p>Shares held Class Number Ordinary 1</p>	<p>Name</p> <p>Address</p> <p>UK Postcode</p> <p>Shares held Class Number</p>	<p>Shares transferred by Mr R P CRAWLEY</p> <p>Class Number Date of transfer ORDINARY 1 25/11/2004</p>
<p>> Shareholder Name Mr C J HUTCHINGS</p> <p>Address 397A London Road Clanfield Waterlooville Hampshire PO6 0PJ</p> <p>Shares held Class Number Ordinary 1</p>	<p>Name</p> <p>Address Le Domaine Loudon Road Rake West Sussex</p> <p>UK Postcode GU33 7PQ</p> <p>Shares held Class Number</p>	<p>Shares transferred by Mr C J HUTCHINGS</p> <p>Class Number Date of transfer ORDINARY 1 25/11/2004</p>
<p>> Shareholder Name Mr T J WAREHAM</p> <p>Address 17 Bereford Road Stubbington Fareham Hampshire PO14 2QT</p> <p>Shares held Class Number Ordinary 1</p>	<p>Name</p> <p>Address</p> <p>UK Postcode</p> <p>Shares held Class Number</p>	<p>Shares transferred by Mr T J WAREHAM</p> <p>Class Number Date of transfer ORDINARY 1 25/11/2004</p>

Section 5: Details of Other Shareholders

- > Please fill in details of any persons or corporate bodies who are shareholders of the company at the date of this return, but whose details are not printed in Section 4.
- > Also, provide the details of any persons who became but have ceased to be shareholders of the company since the date of the last annual return.
- > For jointly held shares please list those joint shareholders consecutively on the form. If a joint shareholder also holds shares in their own right, list that holding separately.
- > Please copy this page if there is not enough space to enter all the company's other shareholders.

Shareholders details	Class and number of shares or amount of stock held	Class and number of shares or amount of stock transferred (if appropriate)	Date of registration of transfer (if appropriate)
Name <u>SIR HOLDINGS LTD.</u> Address <u>88 NORTHERN ROAD</u> <u>COSHAM</u> <u>PORTSMOUTH</u> UK Postcode <u>PO6 3ER</u>	ORDINARY. 3 SHARES.	ORDINARY 3 SHARES.	25/11/04
Name _____ Address _____ _____ _____ UK Postcode - - - - -			
Name _____ Address _____ _____ _____ UK Postcode - - - - -			
Name _____ Address _____ _____ _____ UK Postcode - - - - -			



Companies House
for the record

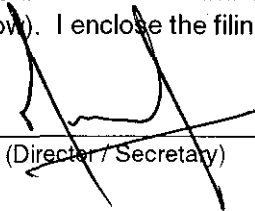
363s Annual Return Declaration

- > When you have checked all the sections of this form, please complete this page and sign the declaration below.
- > If you want to change the made up date of this annual return, please complete 2 below.

1. Declaration

I confirm that the details in this annual return are correct as at the made-up-date (shown at 2 below). I enclose the filing fee of £30.

Signature



(Director / Secretary)

Date 21, 02, 2006
_ / _ / _

This date must not be earlier than the return date at 2 below

What to do now

Complete this page then send the whole of the Annual Return and the declaration to the address shown at 4 below.

2. Date of this return

This AR is made up to 5/12/2005

If you are making this return up to an earlier date, please give the date here

_ / _ / _

Note: The form must be delivered to CH within 28 days of this date

3. Date of next return

If you wish to change your next return to a date earlier than 5th December 2006 please give the new date here:

_ / _ / _

4. Where to send this form

Please return this form to:

Registrar of Companies
Companies House
Crown Way
Cardiff CF14 3UZ

OR

For members of the Hays Document
Exchange service
DX 33050 Cardiff

Have you enclosed the filing fee with the company number written on the reverse of the cheque?

Contact Address

You do not have to give any contact information below, but if you do, it will help Companies House to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public record.

Contact Name

ROTHMAN PANTALL & CO

Telephone number inc code

02392 383207

Address

88 NORTHERN ROAD
COSHAM
PORSMOUTH

DX number if applicable

DX exchange

Postcode

PO6 3ER