THE LINDSAY LEG CLUB FOUNDATION  
(a company limited by guarantee)  

ANNUAL REPORT AND FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2017
THE LINDSAY LEG CLUB FOUNDATION

LEGAL AND ADMINISTRATIVE INFORMATION

Directors/Trustees
- R Renyi (resigned 6 March 2017)
- Dr R Bawden
- J Cole (resigned 16 December 2016)
- D Connelly
- E Lindsay
- T Young
- Dr D Foster (Chairman)
- A Gilchrist
- M Glasscock
- J Hamilton
- V Mitrovich (resigned 1 March 2017)
- E Robbins (resigned 6 March 2017)
- R Yates
- M Benbow (resigned 11 April 2016)

Secretary
- E Lindsay

Charity number
- 1111259

Company number
- 05360413

Registered office
- 18 Langton Place
  Bury St Edmunds
  Suffolk
  IP33 1NE

Independent examiner
- Robin Jackson
  Churchgate Accountants Ltd
  18 Langton Place
  Bury St Edmunds
  Suffolk
  IP33 1NE

Bankers
- CAF Bank Limited
  25 Kings Hill Avenue
  Kings Hill
  West Malling
  Kent
  ME19 4JQ

Solicitors
- Gross & Co.
  83/84 Guildhall Street
  Bury St Edmunds
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THE LINDSAY LEG CLUB FOUNDATION

TRUSTEES' ANNUAL REPORT (INCLUDING DIRECTORS' REPORT)
FOR THE YEAR ENDED 31 MARCH 2017

The directors present their report and accounts for the year ended 31 March 2017.

The accounts have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's governing document, the Companies Act 2006 and “Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)”

Objectives and activities

The charitable objects are:

Protecting and preserving health amongst those experiencing or at risk of experiencing leg ulcers and/or associated conditions, in particular by:

(1) Disseminating and facilitating the implementation of the Lindsay Leg Club model;
(2) Advising on and promoting the provision and use of modern equipment, services and facilities aimed at diagnosing, preventing and treating leg ulcers and/or associated conditions; and
(3) Advising education in and increasing the understanding and awareness of leg ulcers and associated conditions and how they can be diagnosed, prevented and treated.

Public benefit

In reviewing the year, the trustees have taken into account the Charity Commission’s guidance on public benefit and the two principles that:

- There must be an identifiable benefit or benefits, and
- The benefit must be to the public or a section of the public.

They have also considered the specific guidance on charities for the advancement of education and health.

It is their belief that, given the objects of the Charity and its record of activities over the year, the Lindsay Leg Club Foundation provides identifiable benefits which are open to all who experience or are at risk of experiencing leg ulcers and/or associated conditions; and also is promoting better understanding of leg ulcer care amongst relevant health professionals.
Achievements and performances

Over the past 12 months the Lindsay Leg Club Foundation has considerably strengthened both its board and its strategic direction, allowing it to increase and monitor its unique contribution to patients suffering from leg ulceration and related conditions. It has also successfully produced important high quality documents highlighting the effectiveness of the Leg Club model, and, most significantly, overseen and supported the continued expansion of the Leg Club network in the UK and abroad by opening three new Leg Clubs, allowing more members to benefit from the model.

In terms of strategy, the updated business plan that we developed in 2016 provides a comprehensive template for our objectives over the next five years. I am grateful to all of our trustees for the collaboration and input they gave in putting this plan together. Over the past year we have been happy to share this plan with several principal stakeholders including the Leg Club Industry Partners.

In terms of communications, we have continued to promote the effectiveness message at major conferences, and I am delighted to confirm that a project highlighting the health economic benefits of the Leg Club model is very likely to be accepted for publication in an important peer reviewed journal. We also produced an excellent and highly comprehensive document highlighting the many areas where the Leg Club model reflects the NICE Clinical Knowledge Summary for Venous Leg and related conditions. We have finally been able to share the superior clinical outcomes of the model from our database, and will continue to do so for some time. With regard to these documents and others, we have identified excellent new partners to assist us with design and editorial work, and feel confident that our key messages as an organisation will be very effectively communicated to our important stakeholders.

In terms of growth, we are very encouraged by the continued expansion of Leg Clubs in the UK, and the opportunities for continued growth that we have abroad. It is our vision that everyone in the United Kingdom should have access to this model, and we believe that there are regions where this is becoming a very realistic possibility.

Our relationship with the major nursing and wound care publishing houses and societies continues to be very positive. We have continued to provide regular updates and features in the Journal of Wound Care, the British Journal of Community Nursing, Wounds UK, Wounds International, the World Union of Wound Healing Societies and at the European Wound Management Association.

We continue to be very pro-active in terms of fundraising and identifying potential sources of grants and awards. We appreciate that we need ongoing support from multiple sources and we believe that our own mechanisms for identifying and maintaining this support are very robust. I would like to thank our industry partners for their continued support to the Foundation, but also those many foundations and members of the general public who have continued to provide us with donations. I cannot emphasise the importance of these donations and gestures of support enough as they allow us to fulfil our Objects as a charity and disseminate important and much needed information on leg health to multiple audiences. The standard of our educational output as presented by these and other materials remains very high, and our annual Lindsay Leg Club Conference continues to be one of the key wound care conferences in the UK. The feedback from the September 2016 conference was superb.

It is with personal regret that my own chairmanship comes to an end after 3 exciting years as Chairman and three positive years as Trustee and Vice Chairman, but it is very important that the board remains fresh and relevant, and to this end I am delighted that the Foundation is handing the chairmanship on to Dr David Foster.
THE LINDSAY LEG CLUB FOUNDATION

TRUSTEES' ANNUAL REPORT (INCLUDING DIRECTORS' REPORT)
FOR THE YEAR ENDED 31 MARCH 2017

Along with our new vice chair, treasurer, trustees and consultants I believe that the Lindsay Leg Club Foundation will go from strength to strength. I finally pay tribute to our President and PA who have continued to work tirelessly for the Foundation and who make it the institution and success that it surely is.
I would like to thank all those trustees who have not sought re-election this year and welcome those who have recently joined us.
Dr David Foster succeeded Roland Renyi as Chairman on the 6 March 2017.

Plans for future periods

Over the next year we will continue to focus on the following important priorities under the chairmanship of David Foster:

- Implementing our business plan, which clearly sets out our objectives over the next five years
- Improving our digital marketing offering, which will include embracing social media and engaging directly with our members and other stakeholders over our web site
- Providing strategic support to the growth of Leg Clubs: working with a new market development consultant who has been instrumental in setting up an award winning Leg Club and aims to expand the Leg Club network in the South West. We will continue to target key decision making groups to provide them with general support and evidential and cost effective cases for expanding our network. We will specifically continue to facilitate and encourage the growth of Leg Clubs managed by GP consortia, in regions where there is currently no Leg Club presence, and in inner city areas.
- Providing education and improving best practice within our network: we will continue to use our enhanced Compendium of Best Practice and related documents to educate Leg Club nurses, volunteers and members.
- Building the evidential case for Leg Clubs: we will continue to publish original peer reviewed papers on the superior clinical outcomes of the Leg Club model which will be published this year, as identified in our own outcomes database
- Education and communication: we have several opportunities to explain and discuss the Leg Club model with professional and clinical colleagues around the world, including the European Wound Management Association (May 2017) and Wounds UK (November 2017)

Financial review

The Statement of Financial Activities is shown on page 8. The incoming resources for the year amounted to £156,166 and the net outgoings for the year were £181,338. The difference in income and net outgoings is accounted for by the balance of the Department of Health grant being spent.

The Charity received most of its income from industry partners in the first quarter of the calendar year, which then funds the expenditure of the Charity through the rest of the calendar year. In the opinion of the trustees, the current level of resources plus other planned income should be sufficient to maintain the viability of the Charity for the foreseeable future.
THE LINDSAY LEG CLUB FOUNDATION

TRUSTEES’ ANNUAL REPORT (INCLUDING DIRECTORS’ REPORT)
FOR THE YEAR ENDED 31 MARCH 2017

The Charity wishes to state its appreciation to all of its many supporters and particularly thank its industry partners, without which the success and growth of the Lindsay Leg Club model would not be possible.

Reserves Policy

The Charity does not hold significant reserves which can be invested. Any income not required for immediate needs is put on deposit to maximise interest and drawn upon as required. The Charity had unrestricted general reserves of £83,787 at 31 March 2017 which equates to over five months operational costs. The Charity aims to hold six months costs in reserves.

Investment powers and policy

The Charity does not hold significant surplus assets which can be invested. In the event of there being any funds to invest, availability of funds together with risk-free investment are the key criteria for investment.

Structure, governance and management

Legal Status and Governing Document

The Charity is incorporated as a company limited by guarantee, company number 05360413, on 10 February 2005 (as amended by special resolution dated 25 August 2005), and was registered with the Charity Commission on 12 September 2005, under charity number 1111259. The governing documents of the Charity are the Memorandum and Articles of Association.

The directors who served during the year were:

R Renyi Chairman (resigned 6 March 2017)
Dr D Foster (Chairman w.e.f. 6 March 2017)
Dr R Bawden
M Benbow (resigned 11 April 2016)
J Cole (resigned 16 December 2016)
D Connelly
A Gilchrist
M Glasscock
J Hamilton
E Lindsay
V Mitrovich (resigned 1 March 2017)
E Robbins (resigned 6 March 2017)
R Yates
T Young
Appointment and induction of trustees

The Board of trustees are elected at the AGM and subject to one third of the Board submitting to re-election at each subsequent AGM. Trustees have defined responsibilities and most service on specific committees or groups alongside the main Board.

Trustees are asked to submit a resume of their interests and abilities in support of their election, and on commencing their appointment will be supported through induction to help them become fully effective.

Organisational structure

Members of the Trustee Board, who are directors for the purpose of company law and trustees for the purpose of charity law, who served during the year and up to the date of this report are set out on page 1.
The Trustee Board consists of a maximum of 14 who meet on a quarterly basis and they are responsible for the strategic direction of the Charity. A quorum at a meeting of the trustees is three trustees.

Members of the Charity each guarantee to contribute an amount not exceeding £1 to the assets of the Charity in the event of a winding up.

Risk management

Trustees are at all times aware of the financial state of the Charity. The Charity has two forms of insurance:
(1) Employers' Liability Insurance (£5 million) which covers public liability, products liability, personal accident, money and legal expenses, and
(2) Trustees Indemnity Insurance

Internal risks are minimised by the implementation of procedures for authorisation of all transactions and projects and to ensure consistent quality of delivery for all operational aspects of the Charity. These procedures are periodically reviewed to ensure that they still meet the needs of the Charity.

Independent examiner

Mr R Jackson of Churchgate Accountants Limited offers himself for appointment as independent examiner to the charity.

This report is prepared in accordance with the special provisions for small companies under Part 15 of the Companies Act 2006.

The Trustees' annual report was approved by the Board of Directors on the 21 December 2017.

\[Signature\]
Dr D Foster
Chairman
Dated: 12th January 2018
THE LINDSAY LEG CLUB FOUNDATION

INDEPENDENT EXAMINER'S REPORT
TO THE MEMBERS OF THE LINDSAY LEG CLUB FOUNDATION

Independent Examiner’s Report to the Trustees of the Lindsay Leg Club foundation

I report on the accounts of the company for the year ended 31 March 2017 which are set out on pages 8 to 16.

Respective responsibilities of trustees and examiner

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to an audit under company law and is eligible for independent examination, it is my responsibility to:

- Examine the accounts under section 145 of the 2011 Act;
- Follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- State whether particular matters have come to my attention

Basis of independent examiner’s statement

My examination was carried out in accordance with the general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes a consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a “true and fair view” and the report is limited to those matters set out in the statement below.
Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that, in any material respect, the requirements:

- to keep accounting records in accordance with section 386 of the Companies Act 2006; and
- to prepare accounts which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities

have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Robin Jackson

Churchgates Accountants Limited

18 Langton Place
Bury St Edmunds
Suffolk
IP33 1NE
THE LINDSAY LEG CLUB FOUNDATION

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT
FOR THE YEAR ENDED 31 MARCH 2017

<table>
<thead>
<tr>
<th>Income from:</th>
<th>Unrestricted funds £</th>
<th>Restricted funds £</th>
<th>Total 2017 £</th>
<th>Total 2016 £</th>
</tr>
</thead>
<tbody>
<tr>
<td>Donations and legacies</td>
<td>15,200</td>
<td>500</td>
<td>15,700</td>
<td>10,093</td>
</tr>
<tr>
<td>Charitable activities</td>
<td>78,321</td>
<td>23,218</td>
<td>101,539</td>
<td>75,100</td>
</tr>
<tr>
<td>Other trading activities</td>
<td>38,150</td>
<td>-</td>
<td>38,150</td>
<td>34,621</td>
</tr>
<tr>
<td>Investments</td>
<td>213</td>
<td>-</td>
<td>213</td>
<td>434</td>
</tr>
<tr>
<td>Other</td>
<td>564</td>
<td>-</td>
<td>564</td>
<td>-</td>
</tr>
<tr>
<td><strong>Total income</strong></td>
<td><strong>132,448</strong></td>
<td><strong>23,718</strong></td>
<td><strong>156,166</strong></td>
<td><strong>120,248</strong></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Expenditure on:</th>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Raising funds</td>
<td>10,680</td>
<td>-</td>
<td>10,680</td>
<td>25,901</td>
</tr>
<tr>
<td>Charitable activities</td>
<td>120,281</td>
<td>50,377</td>
<td>170,658</td>
<td>136,181</td>
</tr>
<tr>
<td>Other</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>130,961</strong></td>
<td><strong>50,377</strong></td>
<td><strong>181,338</strong></td>
<td><strong>162,082</strong></td>
</tr>
</tbody>
</table>

Net income/(expenditure) | 1,487                | (26,659)           | (25,172)     | (41,834)     |

Transfers between funds  | (4,539)              | 4,539              |              |              |

Net movement in funds    | (3,052)              | (22,120)           | (25,172)     | (41,834)     |

Total funds brought forward | 86,839              | 48,825             | 135,664      | 177,498      |

Total funds carried forward | **83,787** | **26,705** | **110,492** | **135,664** |
# THE LINDSAY LEG CLUB FOUNDATION

## BALANCE SHEET

*AS AT 31 MARCH 2017*

<table>
<thead>
<tr>
<th></th>
<th>2017</th>
<th>2016</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Current assets</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Debtors</td>
<td>8</td>
<td></td>
</tr>
<tr>
<td>Cash at bank and in hand</td>
<td>114,512</td>
<td>155,810</td>
</tr>
<tr>
<td></td>
<td>114,512</td>
<td>166,983</td>
</tr>
<tr>
<td><strong>Creditors: amounts falling due within one year</strong></td>
<td>9</td>
<td></td>
</tr>
<tr>
<td></td>
<td>(4,020)</td>
<td>(31,319)</td>
</tr>
<tr>
<td><strong>Net Assets</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>110,492</td>
<td>135,664</td>
</tr>
</tbody>
</table>

**Financed by:**

**The funds of the charity**

<table>
<thead>
<tr>
<th></th>
<th>2017</th>
<th>2016</th>
</tr>
</thead>
<tbody>
<tr>
<td>Restricted funds</td>
<td></td>
<td>48,825</td>
</tr>
<tr>
<td>Unrestricted funds</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>- designated funds</td>
<td>30,000</td>
<td>30,000</td>
</tr>
<tr>
<td>- general reserves</td>
<td>53,787</td>
<td>56,839</td>
</tr>
<tr>
<td></td>
<td>83,787</td>
<td>86,839</td>
</tr>
<tr>
<td></td>
<td>110,492</td>
<td>135,664</td>
</tr>
</tbody>
</table>

For the year ended 31 March 2017 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476 of the Companies Act 2006.

The trustees / directors have acknowledged their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

These financial statements have been prepared in accordance with the special provisions applicable to companies subject to small companies' regime.

The financial statements were approved by the board of directors and authorised for issue on **21/12/17**, and signed on its behalf by:

*Dr D Foster*

*Chairman*

*Company Registration No. 05360413*
THE LINDSAY LEG CLUB FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2017

1 Accounting policies

Company information
The Lindsay Leg Club Foundation is a company limited by guarantee not having a share capital. In the event of a winding up of the company every member agrees to contribute such amount as may be required (not exceeding £1) to the Charity’s assets if it should be wound up while he or she is a member or within one year after he or she ceases to be a member, for payment of the Charity’s debts and liabilities contracted before he or she ceases to be a member, and of the costs charges and expenses of winding up, and for the adjustment of the rights of the contributories among themselves.

1.1 Accounting convention
These accounts have been prepared in accordance with FRS 102 “The Financial Reporting Standard applicable in the UK and Republic of Ireland” (“FRS 102”), “Accounting and Reporting by Charities” the Statement of Recommended Practice for charities applying FRS 102, the Companies Act 2006 and UK Generally Accepted Accounting Practice as it applies from 1 January 2015. The charity is a Public Benefit Entity as defined by FRS 102.

The accounts have not included a statement of cash flows per Update Bulletin 1 of charities SORP (FRS102) as The Lindsay Leg Club Foundation is not a large charity.

The accounts are prepared in sterling, which is the functional currency of the company. Monetary amounts in these financial statements are rounded to the nearest £.

The accounts have been prepared on the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern
At the time of approving the accounts, the directors have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the Trustees continue to adopt the going concern basis of accounting in preparing the accounts.

1.3 Charitable funds
Unrestricted funds are available for use at the discretion of the directors in furtherance of their charitable objectives unless the funds have been designated for other purposes.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the accounts.

Designated funds comprise unrestricted funds that have been set aside by the trustees for particular purposes.
1. Accounting policies (continued)

1.4 Incoming resources
All incoming resources are included in the SOFA when the charity is legally entitled to the income and
the amount can be quantified with reasonable accuracy. All income is shown grows.

Revenue grants are recognised in the Statement of Financial Activities in the year to which the relevant
expenditure relates.

Income is deferred when performance related grants are received in advance of the performance of
events to which they relate.

Donations and Investment income are credited to the SOFA when receivable.

1.5 Resources expended
Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT
which cannot be fully recovered, and is reported as part of the expenditure to which it relates:
- Charitable expenditure comprises those costs incurred by the charity in the delivery of its
activities and services for its beneficiaries. It includes both costs that can be allocated directly to
such activities and those costs of an indirect nature necessary to support them.
- Governance costs include those costs associated with meeting the constitutional and statutory
requirements of the charity and include the audit fees and costs linked to the strategic
management of the charity.
- Support costs are those costs incurred in the management and administration of the charitable
activities. Support costs are allocated to activities based on their proportion of man hours.

1.6 Debtors
Trade and other debtors are recognised at the settlement amount due after any trade discount offered.
Prepayments are valued at the amount prepaid net of any trade discounts due.

1.7 Cash and cash equivalent
Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-
term liquid investments with original maturities of three months or less.

1.8 Creditors and provisions
Creditors and provisions are recognised where the charity has a present obligation resulting from a past
event that will probably result in the transfer of funds to a third party and the amount due to settle the
obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at
their settlement amount after allowing for any trade discounts due.

1.9 Financial Instruments
The charity only has financial assets and financial liabilities of a kind that qualify as basic financial
instruments. Basic financial instruments are initially recognised at transaction value and subsequently
measured at their settlement value.

Derecognition of financial liabilities
Financial liabilities are derecognised when the company’s contractual obligations expire or are discharged or
cancelled.
THE LINDSAY LEG CLUB FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2017

1  Accounting policies (continued)

1.10 Employee Benefits
The cost of any unused holiday entitlement is recognised in the period in which the employee’s services are received.

Termination of benefits are recognised immediately as an expense when the company is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.11 Taxation
The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects.

2  Critical accounting estimates and judgements
In the application of the charity’s accounting policies, the directors are required to make judgments, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3  Donations

<table>
<thead>
<tr>
<th></th>
<th>Unrestricted funds</th>
<th>Restricted funds</th>
<th>Total 2017</th>
<th>Total 2016</th>
</tr>
</thead>
<tbody>
<tr>
<td>Voluntary income</td>
<td>£ 1,010</td>
<td>£ 500</td>
<td>£ 1,510</td>
<td>£ 10,093</td>
</tr>
<tr>
<td>Grants of a general nature</td>
<td>£ 14,190</td>
<td>-</td>
<td>£ 14,190</td>
<td>-</td>
</tr>
<tr>
<td></td>
<td>£ 15,200</td>
<td>£ 500</td>
<td>£ 15,700</td>
<td>£ 10,093</td>
</tr>
</tbody>
</table>

4  Income from charitable activities

<table>
<thead>
<tr>
<th></th>
<th>Unrestricted funds</th>
<th>Restricted funds</th>
<th>Total 2017</th>
<th>Total 2016</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grants</td>
<td>£ 60,000</td>
<td>£ 23,218</td>
<td>£ 83,218</td>
<td>£ 75,100</td>
</tr>
<tr>
<td>Release of deferred income</td>
<td>£ 18,321</td>
<td>-</td>
<td>£ 18,321</td>
<td>-</td>
</tr>
<tr>
<td></td>
<td>£ 78,321</td>
<td>£ 23,218</td>
<td>£101,539</td>
<td>£75,100</td>
</tr>
</tbody>
</table>

5  Income from other trading activities

<table>
<thead>
<tr>
<th></th>
<th>Unrestricted funds</th>
<th>Restricted funds</th>
<th>Total 2017</th>
<th>Total 2016</th>
</tr>
</thead>
<tbody>
<tr>
<td>Conference</td>
<td>£ 38,150</td>
<td>-</td>
<td>£ 38,150</td>
<td>£ 34,621</td>
</tr>
<tr>
<td></td>
<td>£ 38,150</td>
<td>-</td>
<td>£ 38,150</td>
<td>£ 34,621</td>
</tr>
</tbody>
</table>
### THE LINDSAY LEG CLUB FOUNDATION

### NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

**FOR THE YEAR ENDED 31 MARCH 2017**

#### 6 Investment income

<table>
<thead>
<tr>
<th></th>
<th>Unrestricted funds</th>
<th>Restricted funds</th>
<th>Total 2017</th>
<th>Total 2016</th>
</tr>
</thead>
<tbody>
<tr>
<td>Interest – bank</td>
<td>£213</td>
<td>-</td>
<td>£213</td>
<td>£434</td>
</tr>
</tbody>
</table>

#### 7 Expenditure on charitable activities

<table>
<thead>
<tr>
<th></th>
<th>Unrestricted funds</th>
<th>Restricted funds</th>
<th>Total 2017</th>
<th>Total 2016</th>
</tr>
</thead>
<tbody>
<tr>
<td>Leg clubs</td>
<td>-</td>
<td>11,154</td>
<td>11,154</td>
<td>-</td>
</tr>
<tr>
<td>Conference</td>
<td>22,250</td>
<td>-</td>
<td>22,250</td>
<td>-</td>
</tr>
<tr>
<td>Grant projects</td>
<td>-</td>
<td>39,223</td>
<td>39,223</td>
<td>-</td>
</tr>
<tr>
<td>Website and computer costs</td>
<td>5,096</td>
<td>-</td>
<td>5,096</td>
<td>3,771</td>
</tr>
<tr>
<td>Printing</td>
<td>1,959</td>
<td>-</td>
<td>1,959</td>
<td>3,074</td>
</tr>
<tr>
<td>Exhibitions</td>
<td>9,496</td>
<td>-</td>
<td>9,496</td>
<td>-</td>
</tr>
<tr>
<td>Nurse audit</td>
<td>3,499</td>
<td>-</td>
<td>3,499</td>
<td>-</td>
</tr>
<tr>
<td>Support costs (note 8)</td>
<td>64,706</td>
<td>-</td>
<td>64,706</td>
<td>104,948</td>
</tr>
<tr>
<td>Governance costs</td>
<td>13,275</td>
<td>-</td>
<td>13,275</td>
<td>24,388</td>
</tr>
</tbody>
</table>

|                      | £120,281 | 50,377 | 170,658 | 136,181 |

#### 8 Support costs

<table>
<thead>
<tr>
<th></th>
<th>Support Costs</th>
<th>Governance Costs</th>
<th>Total 2017</th>
<th>Total 2016</th>
</tr>
</thead>
<tbody>
<tr>
<td>Independent examiner</td>
<td>-</td>
<td>1,500</td>
<td>1,500</td>
<td>2,502</td>
</tr>
<tr>
<td>Legal &amp; professional</td>
<td>-</td>
<td>1,120</td>
<td>1,120</td>
<td>9,700</td>
</tr>
<tr>
<td>Trustees expenses</td>
<td>-</td>
<td>3,465</td>
<td>3,465</td>
<td>524</td>
</tr>
<tr>
<td>Consultants fees</td>
<td>51,310</td>
<td>5,701</td>
<td>57,011</td>
<td>97,310</td>
</tr>
<tr>
<td>Travel expenses</td>
<td>10,719</td>
<td>1,191</td>
<td>11,910</td>
<td>12,707</td>
</tr>
<tr>
<td>Office expenses</td>
<td>1,636</td>
<td>182</td>
<td>1,818</td>
<td>1,381</td>
</tr>
<tr>
<td>Other costs</td>
<td>304</td>
<td>34</td>
<td>338</td>
<td>4,606</td>
</tr>
<tr>
<td>Subscriptions</td>
<td>278</td>
<td>31</td>
<td>309</td>
<td>606</td>
</tr>
<tr>
<td>Trustee insurance</td>
<td>459</td>
<td>51</td>
<td>510</td>
<td>-</td>
</tr>
<tr>
<td></td>
<td>£64,706</td>
<td>13,275</td>
<td>77,981</td>
<td>129,336</td>
</tr>
</tbody>
</table>

#### 9 Operating (deficit)

Operating (deficit) for the year is stated after charging/(crediting):

Fees payable for the independent examination of the company's annual
Independent examination for EU grant

<table>
<thead>
<tr>
<th></th>
<th>2017</th>
<th>2016</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>£1,250</td>
<td>£1,650</td>
</tr>
<tr>
<td></td>
<td>-</td>
<td>720</td>
</tr>
<tr>
<td></td>
<td>£1,250</td>
<td>£2,370</td>
</tr>
</tbody>
</table>
THE LINDSAY LEG CLUB FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2017

10 Directors

During the year E Lindsay received payments of £29,900 (2016: £30,000) as a consultant to the charity. The charity has received permission from the Charity Commission to make payments to her.

No other trustee received payment during the year other than reimbursed expenses of £1,875 (2016: £524) which were paid to 5 trustees (2016: 6 trustees)

The trustees did not receive any remuneration during the year.

11 Debtors

Amounts falling due within one year:

<table>
<thead>
<tr>
<th></th>
<th>2017</th>
<th>2016</th>
</tr>
</thead>
<tbody>
<tr>
<td>Prepayments and accrued income</td>
<td></td>
<td>11,173</td>
</tr>
</tbody>
</table>

12 Creditors: amounts falling due within one year

<table>
<thead>
<tr>
<th></th>
<th>2017</th>
<th>2016</th>
</tr>
</thead>
<tbody>
<tr>
<td>Other creditors</td>
<td>4,020</td>
<td>16,319</td>
</tr>
<tr>
<td>Accruals and deferred income</td>
<td></td>
<td>15,000</td>
</tr>
<tr>
<td></td>
<td>4,020</td>
<td>31,319</td>
</tr>
</tbody>
</table>

Deferred income of £15,000 (2016: £20,000) from the previous year has been released to income during the year.
**THE LINDSAY LEG CLUB FOUNDATION**

**NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)**

*FOR THE YEAR ENDED 31 MARCH 2017*

### 13 Charitable funds

#### Restricted funds

The income funds of the charity include restricted funds comprising the following unexpected balances of donations and grants held on the trust for specific purposes:

<table>
<thead>
<tr>
<th></th>
<th>Balance at 1 April 2016</th>
<th>Incoming resources</th>
<th>Resources expended</th>
<th>Transfers</th>
<th>Balance at 31 March 2017</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>£</td>
<td>£</td>
<td>£</td>
<td>£</td>
<td>£</td>
</tr>
<tr>
<td>Grant – Urgo Foundation</td>
<td>3,000</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>3,000</td>
</tr>
<tr>
<td>Grant – Scholarship fund</td>
<td>4,912</td>
<td>2,658</td>
<td>(2,708)</td>
<td>-</td>
<td>4,862</td>
</tr>
<tr>
<td>Dept of Health</td>
<td>17,998</td>
<td>-</td>
<td>(20,036)</td>
<td>2,038</td>
<td>-</td>
</tr>
<tr>
<td>Leg Clubs</td>
<td>12,000</td>
<td>12,738</td>
<td>(14,717)</td>
<td>-</td>
<td>10,021</td>
</tr>
<tr>
<td>Dissemination</td>
<td>6,000</td>
<td>-</td>
<td>(5,000)</td>
<td>-</td>
<td>1,000</td>
</tr>
<tr>
<td>Hoover foundation</td>
<td>100</td>
<td>-</td>
<td>(100)</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>G C Consultancy</td>
<td>4,815</td>
<td>-</td>
<td>(7,316)</td>
<td>2,501</td>
<td>-</td>
</tr>
<tr>
<td>Leaflets</td>
<td>-</td>
<td>2,822</td>
<td>-</td>
<td>-</td>
<td>2,822</td>
</tr>
<tr>
<td>Learning zone</td>
<td>-</td>
<td>5,000</td>
<td>-</td>
<td>-</td>
<td>5,000</td>
</tr>
<tr>
<td>Server</td>
<td>-</td>
<td>500</td>
<td>(500)</td>
<td>-</td>
<td>-</td>
</tr>
</tbody>
</table>

Specialised equipment

Expansion project

Data training

<table>
<thead>
<tr>
<th></th>
<th>£</th>
<th>£</th>
<th>£</th>
<th>£</th>
<th>£</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>48,825</td>
<td>23,718</td>
<td>(50,377)</td>
<td>4,539</td>
<td>26,705</td>
</tr>
</tbody>
</table>

#### Unrestricted funds

<table>
<thead>
<tr>
<th></th>
<th>£</th>
<th>£</th>
<th>£</th>
<th>£</th>
<th>£</th>
</tr>
</thead>
<tbody>
<tr>
<td>Designated funds</td>
<td>30,000</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>30,000</td>
</tr>
<tr>
<td>General reserves</td>
<td>56,839</td>
<td>132,448</td>
<td>(130,961)</td>
<td>(4,539)</td>
<td>53,787</td>
</tr>
</tbody>
</table>

|                      | 135,664   | 156,166   | (181,338) | -         | 110,492   |

**Designated reserve:** A designated reserve has been set aside of £30,000 for the 2016/17 conference/dinner.

**General reserve:** General reserves represent the free funds of the charity which are not designated for a particular purpose.

### 14 Transfer between funds

The charity has transferred income and costs between General Reserves and Restricted Funds during the year to reflect general reserves funding the completion of a project.