



Companies House
— for the record —

AR01 (ef)

Annual Return

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Company Name: **A AND A BODYCARE LIMITED**

Company Number: **07055502**

Date of this return: **23/10/2011**

SIC codes: **45200**

Company Type: **Private company limited by shares**

Situation of Registered Office: **97 STONALD ROAD
WHITTLESEY
PETERBOROUGH
ENGLAND
PE7 1QP**

Officers of the company

Company Director 1

Type: **Person**
Full forename(s): **MR MARK JASON**

Surname: **NICHOLAS**

Former names:

Service Address: **135 RAMSEY ROAD
WHITTLESEY
PETERBOROUGH
CAMBRIDGESHIRE
ENGLAND
PE7 2LR**

Country/State Usually Resident: **ENGLAND**

Date of Birth: **29/04/1969** *Nationality:* **BRITISH**
Occupation: **DIRECTOR**

Statement of Capital (Share Capital)

Class of shares	ORDINARY SHARES	<i>Number allotted</i>	100
		<i>Aggregate nominal value</i>	100
<i>Currency</i>	GBP	<i>Amount paid per share</i>	1
		<i>Amount unpaid per share</i>	0

Prescribed particulars

EACH SHARE IS ENTITLED TO ONE VOTE IN ANY CIRCUMSTANCES.

Statement of Capital (Totals)

<i>Currency</i>	GBP	<i>Total number of shares</i>	100
		<i>Total aggregate nominal value</i>	100

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 23/10/2011 or that had ceased to be shareholders since the made up date of the previous Annual Return

A full list of shareholders for the company are shown below

Shareholding 1 : **100 ORDINARY SHARES shares held as at the date of this return**
Name: **MARK JASON NICHOLAS**

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.