

Off the Record (Bristol)
(A company limited by guarantee)

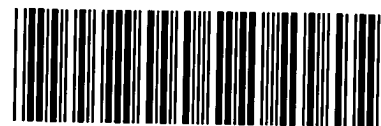
Audited

Report and Financial Statements
For the period 1 April 2017 to 31 March 2018

Charity number 1085351

Company number 4150044

SATURDAY



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27/10/2018
COMPANIES HOUSE

Off the Record (Bristol)

Financial Statements for the year 1 April 2017 to 31 March 2018

Contents	Page
Report of the Board of Trustees	3
Independent Auditors Report	9
Statement of Financial Activities	11
Balance Sheet	12
Statement of Cashflows	13
Notes forming part of the financial statements	14

Off the Record (Bristol)

Report of the Board of Trustees for the year 1 April 2017 to 31 March 2018.

The Board of Trustees presents its report and audited financial statements for the period 1 April 2017 to 31 March 2018.

The trustees are pleased to present their annual directors' report together with the financial statements of the charity for the year ending 31 March 2018 which are also prepared to meet the requirements for a directors' report and accounts for Companies Act purposes.

The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and the Republic of Ireland (FRS 102) (effective 1 January 2015).

Chair's Report

Despite some unforeseen one-off costs eroding our surplus this year, OTR has had another superb year in so many ways, with excellent feedback from clients (who are accessing us in staggering numbers now the operational model has changed, over 15,000 this year in fact), staff and volunteers (from our annual survey), and on our culture (surveyed by the University of West of England Business School, who you found the most innovative culture they had assessed in seven years!).

We have managed to secure a building which is able to house all of the different elements of OTR and has become a real hub not just for our projects, teams and people, but for the young people of Bristol more widely.

We are also excited to now be scoping a commercial arm of OTR to generate funds and to allow the charity to become more self-sufficient and less reliant on others. This would not be possible without the commitment, enthusiasm and dedication of all of the staff, volunteers and trustees. It is a privilege and a pleasure to be part of such a dynamic, forward thinking and supportive organisation.

My sincere thanks and gratitude to everyone who makes OTR a very special place to be.

To know more visit our website <http://www.otrbristol.org.uk/>

Mandy Bancroft

Our Aims and Objectives

Purposes and Aims

The Charity's purposes as set out in the objectives contained in the company's memorandum of association, and further developed in the current Business Plan, are:

- To support young people to empower and intellectually defend themselves through the provision of mental health services and development work.
- To promote positive mental health and the resilience of all young people.
- To challenge the wider social and structural inequalities that lead to poorer mental health and life chances.

Delivering public benefit

In shaping our objectives for the year and planning our activities the trustees have considered the Charity Commission's guidance on public benefit, including the guidance "public benefit: running a charity (PB2)".

All OTR's charitable activities focus on the provision of accessible and effective mental health support, education and campaigning for young people 11-25 resident in Bristol and South Gloucestershire. Such a programme of activity is invariably of public benefit insofar as it contributes to healthy, active citizens, family and community cohesion, and increased social inclusion and mobility. Public benefit is also derived from the prevention of escalating levels of mental ill-health among OTR's service users as a consequence of their accessing the organisation. That OTR offers a free and timely service for vulnerable young people is of public benefit in terms of cost-effectiveness in both the short and long term.

The strategies employed to achieve the charity's aims and objectives are to:

1. Deliver a range of direct mental health support including one-to-one and group talking and creative therapies, online support and casework.
2. Deliver a programme of preventative psychological education and digital resources for young people in schools and other youth settings.
3. Deliver a programme of targeted youth work to engage communities of young people that face barriers to accessing services early and social disadvantages and discrimination that lead to poorer mental health.
4. Run participatory social action projects to de-stigmatise mental health with young people who have lived experience of mental health difficulties.
5. Deliver training to professionals.

Achievements and Performance

The year 2017-18 has been truly a transformational one on a number of levels. We finally negotiated terms on leasing a new premises fit for our purpose and size in central Bristol. Our new home on West Street in Old Market has brought disparate teams together under one roof, expanded our capacity to offer all forms of intervention and activity, and enhanced our presence in the city. The most significant element of this has been the impact on our organisational culture and communications, which have been vastly improved by this addition to our estates. We also continue to deliver services from St Michaels Hill, Perry Road, The Station and The Armadillo out in Yate.

The other significant achievement has been operational, with the evolution of our delivery model towards a social movement, which takes the practical form of membership of rather than referral to OTR. This saw us completely re-develop our website to provide for online registration and booking, and the creation of a new Membership Team, who host our weekly drop-ins (Hubs) and who are busy taking our message and services out across Bristol and South Gloucestershire. This team are supported ably by a new role called a Peer Navigator, created to bring substantially more young people aged 16-25 into the OTR workforce and so change its culture and face. The strategic move to a model that emphasizes self and peer support, health promotion and community responses to adversity is a purposeful move into a space left vacant by government responses to the current public

health crisis in youth mental health. The success of this venture has been evident in the much larger number of young people in contact with OTR. Over 10,000 engaged with some form of psychological education offered over the year, with around 5,000 accessing a wellbeing related project, and over 1,200 accessing ongoing therapeutic support of some kind. There were also 430 young people accessing our collaborative work with the NHS supporting young people in statutory mental health services. That's over 16,000 young people reached in the year, several times what has been realized in recent years.

We continued to diversify our offer throughout the year, with notable additions including a new Social Work team (running our wellbeing projects using the arts and nature), a parent support group, and a new Schools & Outreach Team of six Wellbeing Practitioners who, though in training at Exeter University through the year, also managed to develop a new schools service that rotates termly and has been lauded by settings for its impact.

Financial Review

OTR continues to deliver well operationally and strategically, achieving its highest revenues to date in the 17-18 financial year. The move to our new premises in Old Market in particular has been a very positive one which will continue to provide a strong base for service delivery, development and growth moving forward.

However, the one-off costs associated with this move by way of legal and maintenance expenditure has impacted our net position for the year significantly. This combined legal representation costs, sadly, at a Coroner's Inquest amounted to nearly £40k of unanticipated expenditure, resulting in a small loss for 17-18. Whilst not ideal, the Trustees remain confident with OTR's performance, notably given OTR's ability to deliver a relatively small loss despite significant additional costs.

Accordingly, OTR's reserves position has dipped slightly since the 16-17 financial year by £7k. Nevertheless, at £239,840 we are ahead of our target of 1 months running costs (equating to £148,268). As such, the Trustees are confident that our existing reserves are sufficient to cover the risks currently facing the organization.

Despite a challenging financial year, OTR has continued to advance its strategic objectives, in particular the diversification of revenue streams away from State funding. In January of 2018, OTR commissioned a Consultant to support the development of enterprise ad trading, and a 'Community Champion' to foster a growing income stream from charitable donations, both corporate and individual increased dramatically over the year. Our efforts to re-balance the financial model of OTR are ongoing and among the most important strategic considerations the Board and management team are engaged in.

Reserves Policy and Going Concern

The Board of Trustees has examined the Charity's requirement for reserves in the light of the main risks to the organisation. Around 75% of OTR's income comes from the state by way of competitive tenders for contracts, many of which run over a number of years. As such, risks around cuts to funding in the short to medium term are minimal. OTR's liabilities are also moderate, taking into account those in respect of redundancies and pensions. As such, the Board of Trustees has established a reserves policy such that unrestricted funds not committed to or invested in tangible fixed assets held by the Charity should be equal to one month's expenditure as a minimum. The total expenditure for 2017/18 was £1,779,222, therefore the target is £148,268 in general reserves. At the end of 2017/18, unrestricted reserves stood at £240,701 (£239,840 free cash reserves and unrestricted net assets of £861). This represents more than one month's running costs.

These reserves are needed to meet OTR's working capital requirements. The Executive are confident that, at this level, they would be able to continue the current activities of the Charity, taking into account the risk of a significant drop in funding. The trustees are of the view that OTR is a going concern.

In recognition of the importance of maintaining a healthy level of reserves the Board of Trustees have included reserve balances on the organisations risk register which is reviewed by the Board on a quarterly basis.

Plans for future periods

Key strategic goals for the coming period include growing our ability to trade and generate unrestricted income from donations, so re-balancing our financial model away from a reliance on public sector contracts and strengthening our independence. Importantly, this includes 'flipping' our counselling service from a placement provider that constantly seeks volunteers to staff it, to become a training provider where the therapists are OTR students studying under our model and philosophy.

To support these financial goals we are committed to the appointment of a Director of Resources, a senior financial management position aimed at strengthening our underlying rigor in the way resources are administered at OTR.

Operationally, OTR is probably at an optimum size in terms of people and culture, and so our plans in this direction relate to exploring other ways to scale our impact beyond employing ever-more front-line professionals. The development of training, consultancy and campaigning form part of this, as do goals around growing our impact for inclusivity/diversity and quality.

Reference and Administrative Information

Charity Name: Off the Record (Bristol)

Charity Registration Number: 1085351

Company Registration Number: 4150044

Registered Office: 2 Horfield Road, St Michael's Hill, Bristol, BS2 8EA

Advisors

Company Secretary: Dr Simon Newitt, 2 Horfield Road, St Michael's Hill, Bristol, BS2 8EA

Bankers: The Co-operative Bank, 16 St. Stephens Street, Bristol, BS1 1JR.

Auditor: Wormald & Partners, Chartered Accountants and Registered Auditor, Redland House, 157 Redland Road, Redland, Bristol, BS6 6YE

Directors and Trustees

The directors of the charitable company (the charity) are its trustees for the purpose of charity law. The trustees and officers serving during the year are as follows:

Tony Whitlock (Chair) (Stepped down but didn't resign October 2017)

Mandy Bancroft (Vice Chair) (Elected to Chair in October 2017)

Amanda John (Treasurer)

Peter Hobbs

Dr Rachel Brown

Jean Sapeta

Dr Jochen Binder-Dietrich

Karen Drake

Patsy Hudson

Key Management Personnel

Chief Executive Officer – Dr Simon Newitt

Clinical Director – Dr Niklas Semling

Operations Director – Karen Black

Structure, Governance and Management

Governing Document

The organisation is a charitable company limited by guarantee, incorporated on 1st October 2007 and registered as a charity in 1964. The company was established under a Memorandum of Association which established the objectives and powers of the charitable company and is governed under its Articles of Association. In the event of the company being wound up members are required to contribute an amount not exceeding £1.

Appointment of the Board of Trustees

The directors of the company are also charity trustees for the purposes of charity law and under the company's Articles are known as members of the Board of Trustees. Under the requirements of the Memorandum and Articles of Association there are a minimum of four and maximum of fifteen trustees. Not more than three trustees may be volunteers and a third of trustees must retire at each AGM, with the longest in office retiring first.

Trustee Management and Training

All trustees are fully inducted into OTR's governance. Trustees are drawn from a variety of health, education and social care, legal and finance professional backgrounds and a skills analysis is kept to ensure trustees are able to contribute in full.

Organisation

The board of trustees administers the charity. The board normally meets quarterly. A Chief Executive is appointed by the trustees to manage the day to day operations of the charity. To facilitate effective operations the Chief Executive has delegated authority, within prescribed limits, for operational matters including finance, employment and clinical related activities.

Pay Policy for Senior Staff

The directors consider the charity's trustees and the senior management team comprise the key management personnel of the charity in charge of directing and controlling, running and operating OTR on a day to day basis. All directors give of their time freely and no director received remuneration in the year.

The pay of senior staff is reviewed annually and normally increased in line with an agreed incremental salary scale. Pay levels are regularly benchmarked against similar roles in appropriate voluntary sector organisations.

Risk Assessment and Management

The trustees have a risk management strategy which comprises:

- a quarterly review of the principal risks and uncertainties that the charity face
- the establishment of policies, systems and procedures to mitigate those risks identified in the quarterly review; and
- the implementation of procedures designed to minimise or manage any potential impact on the charity should those risks materialise.

Responsibilities of the Board of Trustees

The charity trustees (who are also the directors of Off The Record for the purposes of company law) are responsible for preparing the trustees annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Board of Trustees to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the charitable company and the surplus deficit of the charitable company for that period. In preparing those financial statements, the Board of Trustees is required to

- Select suitable accounting policies and apply them consistently
- Make judgements and estimates that are reasonable and prudent
- State whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements
- Prepare the financial statements on the going concern basis unless it's inappropriate to presume that the company will continue its operations

The Board of Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

So far as each trustee is aware, there is no relevant audit information of which the charity's auditors are unaware. Each director has taken all steps necessary to make both themselves and the auditors aware of any relevant audit information.



Mandy Bancroft (Director)

15th October 2018

Independent auditor's report to the members of Off The Record (Bristol)

Opinion

We have audited the financial statements of Off The Record (Bristol) (the "Charity") for the year ended 31st March 2018 which comprise the Statement of Financial Activities, the Balance Sheet, the Statement of Cash Flows and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102: The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

- give a true and fair view of the state of the Charity's affairs as at 31st March 2018 and of its incoming resources and application of resources for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice;
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the Charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard; and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

We have nothing to report in respect of the following matters in relation to which the ISAs (UK) require us to report to you where:

- the trustees' use of the going concern basis of accounting in the preparation of the financial statements is not appropriate; or
- the trustees have not disclosed in the financial statements any identified material uncertainties that may cast significant doubt about the Charity's ability to continue to adopt the going concern basis of accounting for a period of at least twelve months from the date when the financial statements are authorised for issue.

Other information

The trustees are responsible for the other information. The other information comprises the information included in the annual report other than the financial statements and our auditor's report thereon. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the trustees' report (incorporating the strategic report and the directors' report) for the financial year for which the financial statements are prepared is consistent with the financial statements; and

- the trustees' report (incorporating the strategic report and the directors' report) have been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the Charity and its environment obtained in the course of the audit, we have not identified material misstatements in the Trustees' Annual Report including the Strategic Report.

We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us;
- the financial statements are not in agreement with the accounting records and returns;
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not obtained all the information and explanations necessary for the purposes of our audit.

Responsibilities of the trustees

As explained more fully in the trustees' responsibilities statement set out on page 8, the trustees are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as they determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the Charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting, unless the trustees either intend to liquidate the Charity or to cease operations, or have no realistic alternative but to do so.

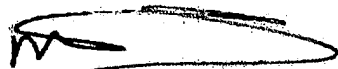
Our responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at: www.frc.org.uk/auditorsresponsibilities. This description forms part of our auditor's report.

Use of our report

This report is made solely to the Charity's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the Charity's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the Charity's members as a body, for our audit work, for this report, or for the opinions we have formed.



Neil Dando (Senior Statutory Auditor)
Wormald & Partners (Statutory Auditor)
Redland House
157 Redland Road
Redland
Bristol
BS6 6YE
4th October 2018

**Statement of Financial Activities for the year ending 31st March 2018
(Incorporating an Income and Expenditure Account)**

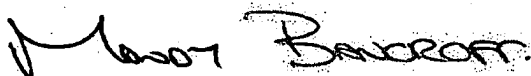
	Unrestricted Funds 2018	Restricted Funds 2018	Total Funds 2018	Total Funds 2017 Restated
Note	£	£	£	£
Incoming Resources				
Donations	83,349	-	83,349	43,328
Grants and contracts for counselling and advice	3 687,499	966,124	1,663,623	1,589,273
Interest Receivable	-	-	-	161
Training Courses	24,991	-	24,991	10,994
Total Incoming Resources	805,839	966,124	1,771,963	1,643,755
Resources Expended				
Direct Charitable Expenditure	685,286	851,868	1,537,154	1,352,585
Management and Administration	123,455	118,613	242,068	250,227
Total Resources Expended	4 808,741	970,481	1,779,222	1,602,812
Net Incoming Resources for the year	(2,902)	(4,357)	(7,259)	40,943
Total Funds 1 April 2017	457,827	4,357	462,184	421,241
Total Funds 31 March 2018	12 454,925	-	454,925	462,184

Off The Record - Bristol
Balance Sheet as at 31st March 2018

		2018	2017
	Notes	£	Restated £
<u>Fixed Assets</u>			
Tangible Assets	7	198,132	209,839
Intangible Assets	8	16,092	-
Total Fixed Assets		214,224	209,839
<u>Current Assets</u>			
Debtors	9	82,085	169,779
Other Debtors	10	10,892	3,530
Cash at bank and in hand	12	202,697	169,715
Total Current Assets		295,674	343,024
Creditors: amounts falling due within one year	11	54,973	90,679
Net Current Assets		240,701	252,345
Total Assets less Current Liabilities		<u>454,925</u>	<u>462,184</u>
<u>Funds</u>			
Restricted Funds		-	4,357
Unrestricted Funds		454,925	457,827
Total Funds	12	<u>454,925</u>	<u>462,184</u>

These accounts have been prepared in accordance with the special provisions in Part 15 of the Companies Act 2006 relating to small companies.

Approved by the Board of Trustees on 15th October 2018 and is signed on its behalf by:



Mandy Bancroft (Chair)

**Statement of Cashflows for the year ending 31st
March 2018**

	Notes	2018 £	2017 £
Cash used in operating activities		57,120	(10,162)
Cash flows from investing activities			
Interest Income		-	161
Capital Expenditure	8	(24,138)	(27,321)
Cash provided by (used in) investing activities		(24,138)	(27,160)
Cash used in financing activities			
Increase (decrease) in cash and cash equivalents in the year		32,982	(37,322)
Cash and cash equivalents at the beginning of the year		169,715	207,037
Total cash and cash equivalents at the end of the year		202,697	169,715

Notes forming part of the Financial Statements for the year ending 31st March 2018

1. Accounting Policies

The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the year.

Basis of accounting

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and the Republic of Ireland (FRS 102) (effective 1 January 2015) – (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Off the Record (Bristol) meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

Fund Accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Designated funds are unrestricted funds earmarked by the Board of Trustees for particular purposes.

Incoming Resources

All incoming resources are included in the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

Resources Expended

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes VAT, which is reported as part of the expenditure to which it relates.

Charitable expenditure comprises those costs directly incurred by the Charity in the delivery of its activities and services for its beneficiaries.

Governance costs includes those costs associated with meeting the constitutional and statutory requirements of the Charity and include the audit fee and costs linked to the strategic management of the Charity.

Fixed Assets

Freehold property is stated at cost or valuation. The property component is depreciated on a straight line basis over 50 years. The land component is not depreciated.

IT Equipment is stated at cost and depreciated on a straight line basis with nil residual balance over three years from month of purchase.

Intangible Assets

Website costs are stated at price of design less amortization over three years from year of design.

2. 2016/17 Restatement

The core statement and various notes to the accounts have been restated for depreciation charges for the property at St Michaels Hill. The effect is a change to the net book value for tangible assets by £5,200 and a decrease in profit for the year of £2,600.

3. Incoming resources from activities to further the charity's objectives

	Unrestricted	Restricted	2018 Total	2017 Total
	£	£	£	£
Bristol City Council	-	58,858	58,858	27,800
City Of Bristol College	18,600	-	18,600	18,900
Exeter University	-	36,000	36,000	-
Bristol CCG CAMHS	-	-	-	224,831
Bristol CCG Pilot (POT)	-	-	-	250,128
Bristol CCG (CYP IAPT)	18,750	-	18,750	180,593
Sirona	270,000	-	270,000	-
South Glos Clinical Commissioning Group	-	-	-	183,938
Transformation	-	44,100	44,100	-
Avon & Wiltshire NHS Trust	-	231,731	231,731	166,391
Avon & Wiltshire NHS Trust - POT	177,449	-	177,449	-
Esme Fairbairn	-	38,179	38,179	37,107
Comic Relief	-	-	-	40,000
IAPT Funding	113,834	-	113,834	119,272
The Big Lottery Fund	-	89,209	89,209	60,499
Bristol Youth Links	-	170,581	170,581	170,581
Pilgrim Trust	-	15,125	15,125	12,100
Children in need	-	28,680	28,680	-
Heritage Lottery	-	-	-	10,240
Coop Foundation	-	35,000	35,000	-
Trusts & Foundations	98,866	-	98,866	50,656
Rayne Foundation	-	-	-	15,000
Health Education England	-	218,661	218,661	15,269
Donations	83,349	-	83,349	43,328
Other Income	24,991	-	24,991	16,963
Total Grants and Contracts	805,839	966,124	1,771,963	1,643,694

4. Total resources expended

	Direct Charitable Expenditure	Management & Admin	2018 Total	2017 Total Restated
	£	£	£	£
Staff Costs	1,147,381	240,071	1,387,452	1,213,573
Counselling & Volunteer Costs (inc Outreach)	40,710		40,710	86,118
NNDR	3,824		3,824	3,163
Rents & Room Hire	71,067		71,067	72,413
Lighting, Heating and Water	8,419		8,419	6,805
Repairs and Maintenance	40,745		40,745	30,615
Insurance	8,927		8,927	5,294
Telephone	25,240		25,240	29,680
I.T. Equipment & Maintenance	7,077		7,077	9,066
Equipment	24,232		24,232	25,587
Audit Fee		1,230	1,230	1,200
Other Professional Fees	28,614	767	29,381	12,457
Marketing (includes Printing & stationery)	13,235		13,235	14,180
Canteen	10,765		10,765	11,017
Subscriptions	12,392		12,392	9,480
Misc	7,497		7,497	6,511
Training Costs	21,580		21,580	23,400
Evaluation	40,927		40,927	32,172
Depreciation & Amortisation	19,753		19,753	9,883
Freedom of Mind	4,769		4,769	-
Total resources expended	1,537,154	242,068	1,779,222	1,602,813

5. Audit Fee

	2018	2017
	£	£
Audit Fee	1,230	1,200

6. Staff costs and numbers

	2018	2017
	£	£
Gross Salaries and National Insurance	1,370,417	1,188,916
Recruitment Expenses	2,737	1,749
Total	1,373,154	1,190,665

There are many part time volunteers working for the benefit of young people through the trust.

	2018	2017
Number of support staff	51.6	39.5
Number of management staff	2.4	4
Total	54.0	43.5

The trustees received no remuneration for their services and no reimbursed expenses were paid to the trustees during the year.
(2017: £Nil)

7. Tangible Fixed Assets

	Freehold Property £	Computer Equipment £	Total £
Cost or Valuation 1 April 2017	495,000	27,321	222,321
Additions in Year	-	-	-
Accumulated Depreciation	(7,800)	(16,389)	(24,189)
Net Book Value 31 March 2018	187,200	10,932	198,132

8. Intangible Assets

	Website Design £
Cost or Valuation 1 April 2017	-
Additions in Year	24,138
Amortisation	(8,046)
Net Book Value 31 March 2018	16,092

9. Debtors

	2018 £	2017 £
General Debtors	82,085	169,779

10. Other Debtors

	2018 £	2017 £
Prepayments	10,512	3,530

11. Creditors: amounts falling due within one year

	2018 £	2017 £
Other creditors and accruals	54,973	90,679

12 (i). Analysis of Net Assets Between Funds

	At 31 March 2017	Incoming Resources	Outgoing Resources	Total Gains And Losses	At 31 March 2018
	£	£	£	£	£
restated					
Restricted Funds:					
Bristol City Council	(15)	58,858	(58,843)	15	-
Bristol CCG CAMHS	152	-	(152)	(152)	-
Bristol CCG (CYP IAPT)	(360)	-	360	360	-
Transformation	-	44,100	(44,100)	-	-
Exeter University	-	36,000	(36,000)	-	-
Esmee Fairbairn	332	38,179	(38,511)	(332)	-
Comic Relief	(520)	-	520	520	-
Children in Need	-	28,680	(28,680)	-	-
The Big Lottery Fund	-	89,209	(89,209)	-	-
Bristol Youth Links	-	170,581	(170,581)	-	-
Coop Foundation	-	35,000	(35,000)	-	-
Pilgrim Trust	-	15,125	(15,125)	-	-
Avon & Wiltshire NHS Trust	-	231,731	(231,731)	-	-
Health Education England	(1)	218,660	(218,660)	1	-
Other Income - Freedom	4,769	-	(4,769)	(4,769)	-
Total Restricted Funds	4,357	966,124	(970,481)	(4,357)	-
Unrestricted Funds:					
General Funds	247,988	781,701	(788,988)	(7,287)	240,701
Fixed Asset Fund	209,839	24,138	(19,753)	4,385	214,224
Total Unrestricted Funds	457,827	805,839	(808,741)	(2,902)	454,925
Total Funds	462,184	1,771,963	(1,779,222)	(7,259)	454,925

Purpose of Restricted Funds

Bristol City Council - Information and Support grant provides funding for 1FTE Youth Support Worker.

Transformation - Mixed funding from Bristol CCG, South Glous CCG and North Somerset CCG to fund the Counselling and Schools project

Exeter University - Funding for 3 x support costs for WP's

Esmee Fairbairn Foundation, The Pilgrim Trust funds and the Children in Need Grant - Fund our outreach project for Black and Minority Ethnic young people called, Zazi, including 2 FTE staff.

The Big Lottery Fund - Funds the Counselling and Schools project

Bristol Youth Links - Funds the Freedom (LGBTQ) & Counselling Project

Coop Foundation - Additional funds to support transformation costs:

Avon & Wiltshire NHS Trust - Is funding for our Bristol Mental Health Project and POT team.

Higher Education England provide funding in respect of training backfill for OTR staff at Exeter University on full-time CYP IAPT courses

Other- Freedom is a grant to support costs associated with the Freedom LGBTQ project.

12 (II). Analysis of Net Assets Between Funds

	Restricted	Unrestricted	Total Funds
	£	£	£
Fixed Assets	-	214,224	214,224
Cash at Bank & in Hand	(37,333)	239,840	202,507
Other Net Current Assets	37,333	861	38,194
		454,925	454,925

13 . Limited Liability

The charitable company is limited by guarantee and has no share capital. In the event of the Charity being wound up, the liability of each member is limited to £1 per member of the Charity as stated in the Memorandum and Articles of Association.