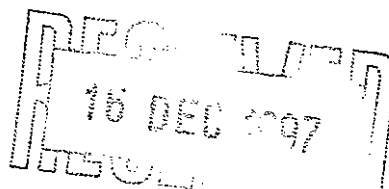




Please complete in typescript, or in bold black capitals.



288b

RESIGNATION of director or secretary (NOT for appointment (use Form 288a) or change of particulars (use Form 288c))

Company Number

3313113

Company Name in full

BEIGHTON & HOVE GYM CLUB LIMITED



F288B019

Resignation form

Date of resignation
Day: 31, Month: 10, Year: 97

Resignation as director as secretary Please mark the appropriate box. If resignation is as a director and secretary mark both boxes.

NAME *Style / Title *Honours etc

Please insert details as previously notified to Companies House.

Forename(s) ANN

Surname MACTON

†Date of Birth
Day: 22, Month: 7, Year: 42

If cessation is other than resignation, please state reason

A serving director, secretary etc must sign the form below.

Signed *PG [Signature]* Date 17-11-97

(by a serving director / secretary / administrator / administrative receiver / receiver manager / receiver)

* Voluntary details.
† Directors only.

Please give the name, address, telephone number and, if available, a DX number and Exchange of the person Companies House should contact if there is any query.

Tel
DX number DX exchange

When you have completed and signed the form please send it to the Registrar of Companies at:

Companies House, Crown Way, Cardiff, CF4 3UZ DX 33050 Cardiff
for companies registered in England and Wales or
Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB
for companies registered in Scotland DX 235 Edinburgh



A40 *AL87U27D* 264
COMPANIES HOUSE 22/12/97