

Registered number
06749124

Registered charity number
1128166

Activate Your Life

Filleted Accounts

30 November 2017



Activate Your Life
Registered number: 06749124
Balance Sheet
as at 30 November 2017

	Notes	2017 £	2016 £
Current assets			
Debtors	3	-	16,000
Cash at bank and in hand		43,016	13,250
		<u>43,016</u>	<u>29,250</u>
Creditors: amounts falling due within one year			
	5	(23,864)	(6,223)
Net current assets		<u>19,152</u>	<u>23,027</u>
Net assets		<u>19,152</u>	<u>23,027</u>
Unrestricted income funds			
Unrestricted revenue accumulated funds		19,152	23,027
Total unrestricted funds		<u>19,152</u>	<u>23,027</u>

The directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit in accordance with section 476 of the Act.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The accounts have been prepared and delivered in accordance with the special provisions applicable to companies subject to the small companies regime. The profit and loss account has not been delivered to the Registrar of Companies.

R. Lianon Goulding

Activate Your Life (Aug 21, 2018, 2:30pm)

R. L. Goulding
Director and Trustee

Approved by the board on 7 August 2018

**Activate Your Life
Notes to the Accounts
for the year ended 30 November 2017**

1 Accounting policies

Basis of preparation

The financial statements have been prepared in accordance with the Financial Reporting Standard for Smaller Entities (FRSSE), effective April 2008, and all other applicable accounting standards, as modified by the Statement of Recommended Practice for Accounting and Reporting issued by the Charity Commissioners for England & Wales, (revised June 2008). The accounts have been drawn up in accordance with the provisions of the Charities (Accounts and Reports) Regulations 2008 and the Companies Act 2006, and include the results of the charity's operations which are described in the Trustees' Report, all of which are continuing.

Insofar as the Statement of Recommended Practice for Accounting and Reporting issued by the Charity Commissioners for England & Wales, (revised June 2008) requires compliance with specific Financial Reporting Standards other than the FRSSE then the specific Financial Reporting Standards have been followed where their requirements differ from those of the FRSSE.

Advantage has been taken of Section 396(5) of The Companies Act 2006 to allow the format of the financial statements to be adapted to reflect the special nature of the charity's operation and in order to comply with the requirements of the SORP.

The charity has taken advantage of the exemption in the FRSSE from the requirement to produce a cash flow statement. The particular accounting policies adopted are set out below.

Accounting convention

The financial statements are prepared, on a going concern basis, under the historical cost convention. The charity is entirely dependent on continuing donations and as a consequence the going concern basis is also dependent on the continuing donations.

Incoming Resources

Incoming resources are accounted for on a receivable basis.

Deferred income

In accordance with the Statement of Recommended Practice for Accounting and Reporting (revised June 2008) issued by the Charity Commissioners for England & Wales grants received in advance and specified by the donor as relating to specific accounting periods or alternatively which are subject to conditions which are still to be met, and which are outside the control of the charity or where it is uncertain whether the conditions can or will be met, are deferred on an accruals basis to the period to which they relate. Such deferrals are shown in the notes to the accounts and the sums involved are shown as creditors in the accounts.

Tangible fixed assets

Tangible fixed assets are measured at cost less accumulative depreciation and any accumulative impairment losses. Items of less than £100 are not capitalised. Depreciation is provided on all tangible fixed assets, other than freehold land, at rates calculated to write off the cost, less estimated residual value, of each asset evenly over its expected useful life, as follows:

Plant and machinery	over 4 years
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**Activate Your Life
Notes to the Accounts
for the year ended 30 November 2017**

Recognition of liabilities

Liabilities are recognised on the accruals basis in accordance with normal accounting principles, modified where necessary in accordance with the guidance given in the Statement of Recommended Practice for Accounting and Reporting (revised June 2008) issued by the Charity Commissioners for England & Wales .

Taxation

As a registered charity, the company is exempt from income and corporation tax to the extent that its income and gains are applicable to charitable purposes only. Value Added Tax is not recoverable by the company , and is therefore included in the relevant costs in the Statement of Financial Activities.

Funds structure policy

There are no restricted funds. All funds are freely available for the objects of the charity at the discretion of the trustees.

2 Tangible fixed assets

All assets are used for direct charitable purposes.

	Plant and machinery etc £
Cost	
At 1 December 2016	450
At 30 November 2017	<u>450</u>
Depreciation	
At 1 December 2016	450
At 30 November 2017	<u>450</u>
Net book value	
At 30 November 2017	<u>-</u>

3 Debtors

	2017 £	2016 £
Other debtors	<u>-</u>	<u>16,000</u>

Activate Your Life
Notes to the Accounts
for the year ended 30 November 2017

4 Surplus/(deficit) for the financial year	2017	2016
	£	£
This is stated after crediting:		
Revenue Turnover from ordinary activities	<u>53,377</u>	<u>50,255</u>
and before charging:		
Independent Examiner's Fees	679	310
Other fees paid to the Examiners/auditors	<u>288</u>	<u>516</u>
	<u>967</u>	<u>826</u>

Funds belonging to the charity have been used for the purchase of insurance to protect the charity from loss arising from the neglect or defaults of its trustees, employees or agents, or to indemnify its trustees, employees or agents, against the consequences of any neglect or default on their part. The sum expended on such insurance was as indicated in the above schedule.

5 Creditors: amounts falling due within one year	2017	2016
	£	£
Trade creditors	678	678
Income received in advance	<u>23,186</u>	<u>5,545</u>
	<u>23,864</u>	<u>6,223</u>

6 Analysis of the Net Movement in Funds	2017	2016
	£	£
Net movement in funds from Statement of Financial Activities	(3,875)	9,563

The net resources applied on functional fixed assets represents the cost of additions less proceeds

7 Trustees' remuneration

Neither the trustees nor any persons connected with them have received any remuneration, either in the current year or the prior year, with the exception of R L Goulding receiving a moderate contractual payment for the administration services provided.

**Activate Your Life
Notes to the Accounts
for the year ended 30 November 2017**

8 Other information

Activate Your Life is a private company limited by guarantee and incorporated in England. Its registered office is:
PO BOX 1217
Activate Your Life
Preston
PR2 0HT

The charity is incorporated under the Companies Act 1985 and is limited by guarantee, each member having undertaken to contribute such amounts not exceeding one pound as may be required in the event of the company being wound up whilst he or she is still a member or within one year.

**9 Particulars of Individual Funds and analysis of assets and liabilities
as at 30 November 2017**

	Unrestricted funds	Designated funds	Restricted funds	Total funds
	£	£	£	£
Tangible Fixed Assets	-	-	-	-
Current Assets	43,016	-	-	43,016
Current Liabilities	(23,864)	-	-	(23,864)
	<u>19,152</u>	<u>-</u>	<u>-</u>	<u>19,152</u>

	Unrestricted funds	Designated funds	Restricted funds	Total funds
	£	£	£	£
Tangible Fixed Assets	-	-	-	-
Current Assets	29,250	-	-	29,250
Current Liabilities	(6,223)	-	-	(6,223)
	<u>23,027</u>	<u>-</u>	<u>-</u>	<u>23,027</u>

The individual funds included above are:

	Funds at 2016	Movements in funds	Transfers btw funds	Funds at 2017
	£	£	£	£
Unrestricted funds	<u>23,027</u>	<u>(3,875)</u>	<u>-</u>	<u>19,152</u>
	<u>23,027</u>	<u>(3,875)</u>	<u>-</u>	<u>19,152</u>

Analysis of movements in funds as shown in the table above

	Incoming Resources	Outgoing Resources	Gains & Losses	Movement in funds
	£	£	£	£
Unrestricted funds	53,377	57,252	-	(3,875)

There are no restricted funds. All funds are freely available for the objects of the charity at the discretion of the trustees.



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