

Registered number  
9253210

Food Plymouth CIC

Filleted Accounts

31 October 2018

TUESDAY



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30/07/2019  
COMPANIES HOUSE

**Food Plymouth CIC**  
**Registered number:**  
**Balance Sheet**  
**as at 31 October 2018**

9253210

	Notes	2018 £	2017 £
<b>Current assets</b>			
Debtors	3	2,785	-
Cash at bank and in hand		8,104	9,911
		10,889	9,911
<b>Creditors: amounts falling due within one year</b>			
	4	(10,935)	(9,911)
<b>Net current liabilities</b>		(46)	-
<b>Net liabilities</b>		<u>(46)</u>	<u>-</u>
<b>Capital and reserves</b>			
Profit and loss account		(46)	-
<b>Shareholders' funds</b>		<u>(46)</u>	<u>-</u>

The directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit in accordance with section 476 of the Act.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The accounts have been prepared and delivered in accordance with the special provisions applicable to companies subject to the small companies regime. The profit and loss account has not been delivered to the Registrar of Companies.

*Ian M. Smith*

Ian Smith  
 Director

Approved by the board on 26 July 2019

**Food Plymouth CIC**  
**Notes to the Accounts**  
**for the year ended 31 October 2018**

**1 Accounting policies**

***Basis of preparation***

The accounts have been prepared under the historical cost convention and in accordance with FRS 102. The Financial Reporting Standard applicable in the UK and Republic of Ireland (as applied to small entities by section 1A of the standard).

***Turnover***

Turnover is measured at the fair value of the consideration received or receivable, net of discounts. Turnover includes revenue from grants receivable and released, the sale of goods and from the rendering of services. Grants receivable and released are recognised net of any deferred income. Turnover from the sale of goods is recognised when the significant risks and rewards of ownership of the goods have transferred to the buyer.

***Creditors***

Short term creditors are measured at transaction price (which is usually the invoice price).

***Taxation***

A current tax liability is recognised for the tax payable on the taxable profit of the current and past periods. A current tax asset is recognised in respect of a tax loss that can be carried back to recover tax paid in a previous period.

**2 Employees**

	<b>2018 Number</b>	<b>2017 Number</b>
Average number of persons employed by the company	<u>1</u>	<u>1</u>

**3 Debtors**

	<b>2018 £</b>	<b>2017 £</b>
Other debtors	<u>2,785</u>	<u>-</u>

**4 Creditors: amounts falling due within one year**

	<b>2018 £</b>	<b>2017 £</b>
Taxation and social security costs	24	24
Accruals	3,710	3,439
Deferred income	7,201	6,448
	<u>10,935</u>	<u>9,911</u>

**Food Plymouth CIC  
Notes to the Accounts  
for the year ended 31 October 2018**

**5 Other information**

Food Plymouth CIC is a private company limited by guarantee and incorporated in England. Its registered office is:  
Jan Cutting Healthy Living Centre  
Beacon Park Road  
Plymouth  
Devon  
PL2 2PQ

800026/15

# CIC 34

## Community Interest Company Report

**For official use**  
*(Please leave blank)*

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*Please  
complete in  
typescript, or  
in bold black  
capitals.*

**Company Name in  
full**

Food Plymouth CIC

**Company Number**

09253210

**Year Ending**

31<sup>st</sup> October 2018

Please ensure the company name is consistent with the company name entered on the accounts.

This template illustrates what the Regulator of Community Interest Companies considers to be best practice for completing a simplified community interest company report. All such reports must be delivered in accordance with section 34 of the Companies (Audit, Investigations and Community Enterprise) Act 2004 and contain the information required by Part 7 of the Community Interest Company Regulations 2005. For further guidance see chapter 8 of the Regulator's guidance notes and the alternate example provided for a more complex company with more detailed notes.

(N.B. A Filing Fee of £15 is payable on this document. Please enclose a cheque or postal order payable to Companies House)

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## **PART 1 - GENERAL DESCRIPTION OF THE COMPANY'S ACTIVITIES AND IMPACT**

In the space provided below, please insert a general account of the company's activities in the financial year to which the report relates, including a description of how they have benefited the community.

Established in 2010, Food Plymouth [www.foodplymouth.org](http://www.foodplymouth.org) is the City's recognised cross-sector Local Sustainable Food Partnership and Network – a 'central connecting hub' for all food-related matters in the City. Food Plymouth is an active contributor to the 50+ strong Sustainable Food Cities (SFC) Network in the UK and Ireland [www.sustainablefoodcities.org](http://www.sustainablefoodcities.org).

The Food Plymouth Partnership and Network comprises a diverse mix of public, private and third sector agencies, organisations, businesses and community groups and individual citizens. The Food Plymouth partners share in the mission of building a healthy and sustainable food city through promoting local, healthy and affordable food as a driver for positive change.

Formed in 2014 and operational since 2015, Food Plymouth CIC provides infrastructure, coordination, communications support and income generation services for the Food Plymouth Partnership and Network.

Food Plymouth's activities and impacts span the domains of social, economic and environmental sustainability, expressed principally by delivering on the six strands of the national Sustainable Food Cities (SFC) framework: Promoting healthy and sustainable food to the public; tackling food poverty, diet-related ill health and promoting access to affordable healthy food; building community food knowledge, skills, resources and projects; promoting a vibrant and diverse sustainable food economy; transforming catering and food procurement in favour of health and sustainability; reducing the ecological footprint of the food system, including preventing and managing food waste.

Delivery is achieved through an mix of: The activities of individual partners; cooperative and collaborative partnership projects at local, regional and national level (for example Sugar Smart Plymouth @SugarSmartPlym, Food Power Plymouth @FoodPowerUK and Thrive Plymouth Year 5 – 'People connecting through food' #ThrivePlymouthYr5); and local direct delivery projects led by Food Plymouth CIC (for example the annual All Ways Apples Festival and Fringe @All\_Ways\_Apples).

Any surpluses resulting from Food Plymouth CIC's activities are re-invested in strengthening the CIC and enhancing the support and enabling services which it provides to the Food Plymouth Partnership and Network.

*(If applicable, please just state "A social audit report covering these points is attached").*

**PART 2 – CONSULTATION WITH STAKEHOLDERS** – Please indicate who the company's stakeholders are; how the stakeholders have been consulted and what action, if any, has the company taken in response to feedback from its consultations? If there has been no consultation, this should be made clear.

Food Plymouth's stakeholders are any person, group, organisation, agency, public sector body, business or social enterprise with an interest in food and food-related issues in and around Plymouth, the UK and internationally.

### **Communications**

Providing a fortnightly e-bulletin and occasional additional updates which is circulated to 836 subscribers and also via Food Plymouth's social media channels.

### **Social Media -**

**Facebook** <https://www.facebook.com/foodplymouth> - 1,305 followers

**Twitter** @foodplymouth - 3,240 followers

**Instagram** @foodplymouth – 374 followers

### **Local Engagement**

Facilitating full **Food Plymouth Partnership and Network Meetings**: December 2017; March 2018 (including Food Plymouth's Annual Review); July 2018 ; September 2018.

Active membership of **Plymouth Social Enterprise Network (PSEN)**, including participation in Network surveys, meetings and events.

Active membership of the **Plymouth Octopus Project (POP+) Voluntary and Community Sector infrastructure organisation**, including inputs into POP+ Thursdays workshops, actively supporting and helping to facilitate the POP+ Esmee Fairbairn 'Network of Networks' funding process and taking part in and voting at the 2018 POP+ AGM.

Planning and delivering the **All Ways Apples Festival and Fringe 2018** (a Food Plymouth direct delivery project): more than 400 members of the public some 27 businesses, organisations and community groups took part in the Festival main event in October 2018.

Facilitating the **Sugar Smart Plymouth** public health initiative around helping people to become more aware of the sugars in their diet and switch to healthier levels of sugar intake (a Food Plymouth CIC direct delivery project): More than 50 Sugar Smart Ambassadors were trained and 782 people were engaged with the assistance of 22 partner organisations.

Active membership of the **Thrive Plymouth [Health Inequalities] Network**.

Supporting **Fairtrade Plymouth**.

Working with the National Marine Aquarium (NMA) towards achieving Plymouth's **Sustainable Fish Cities** status – including linking the NMA with others in the national Sustainable Food Cities network, supporting the launch of 'Sound Fish' – a sustainable seafood guide for Plymouth and participating in the Blue Marine Foundation's Marine Parks conference at the NMA.



Engaging with all three of **Plymouth's MPs** on the topics of Household Food Insecurity, Food Poverty and Holiday Hunger.

Engaging in the **Tamara Landscapes project proposals** with multiple partners, led by the Tamar Valley Area of Outstanding Natural Beauty

Supporting the formation of Billy Ruffian's – a **community owned social enterprise craft brewery** for Plymouth which uses surplus bread products in its brewing processes.

Co-designing the **Thrive Plymouth Year 5** 'People connecting through food' health inequalities programme delivery activities with Plymouth City Council, including co-delivering the launch event in October 2018.

Supporting the **All Saints Academy Plymouth and Real Ideas Organisation (RIO)** Winter Fayre event – December 2017.

Supporting the **University of Plymouth** Inspiring Futures celebration event (Plymouth) – January 2018.

Enabling **University of Plymouth** Futures Business Consultancy students working with Food Plymouth – February 2018 to May 2018 (10 students in total).

Supporting the **University of Plymouth** 'Green Fair' – February 2018.

Supporting the **Poole Farm City Farm 2018 open day** – April 2018.

Facilitating a discussion after the screening of the film 'In Our Hands – Seeding Change' with **Plymouth Radical Cinema** – May 2018.

Engaging with Martin Mills of **Our Plymouth** – May 2018 (on-going).

Engaging in Plymouth City Market's **Love your Local Market** event – May 2018.

Supporting the launch of the **Plymouth Marjon University business school** – May 2018.

Engaging in Plymouth's **Co-operative Fortnight 2018** events – July 2018.

Supporting **Stonehouse Street Party 2018** – September 2018.

Supporting the **Social Saturday 2018** social enterprise event at Devonport Guildhall (Plymouth) - October 2018.

## **Regional Engagement**

Engaging in the **Food Power** south west regional network around promoting Food Equality and addressing Household Food Insecurity, Food Poverty and Holiday Hunger. Supporting the **Plymouth Food Equality Alliance** arising from this work.

Attending **Devon Food Network** meetings.

Being part of the planning group and facilitating sessions at the **Devon New Local Economy Convergence** (Plymouth) – November 2017 to March 2018.

Presenting on Food Plymouth CIC's governance and business model to **Food Exeter** (Exeter) – November 2017.

Participating in the **Heart of the South West Local Enterprise Partnership (HotSW LEP)** annual conference and AGM (Taunton) – November 2017.

Holding a fundraising event for the **Land Workers' Alliance** – February 2018.

Engaging in **NFU Regional Brexit Events** (Exeter and Plymouth) – March 2018 and April 2018.

Attending an **End Hunger UK** regional briefing (Truro) – April 2018.

Participating in the **Creating Resilient Catchments – Better Soil Management** workshop facilitated by the Westcountry Rivers Trust (Roadford) – June 2018.

Participating in the **South West Business Council** From Farm to Fork regional food and drink event (Stoke Climsland) – September 2018.

### **National Engagement**

Membership of the national **Sustainable Food Cities Network**.

Participating in the **RSA Food, Farming and Countryside Commission** Launch event workshop (London) – November 2017 and on-going engagement with the Commission thereafter, including hosting a public event and a tour of growing, fishing and food projects and businesses in Plymouth for the RSA 'cycle tour of the UK' research team in September 2018.

Participating in a doctoral level research on social enterprise with a PhD student from **Salford University** – February 2018.

Engaging in the **King's College** 2018 Conference on Food and Poverty (London) – April 2016.

Submitting a response to the **Defra consultation** 'Health and Harmony: The Future of Food and Farming' – May 2018.

Director, coordinator and project manager participation and networking at the **Sustainable Food Cities Network Conference 2018** (Cardiff) – June 2018.

Director and project manager participation and inputs to the **Food Power National Conference 2018** (Cardiff) – June 2018.

Engaging in a **British Council** and **Social Enterprise UK** social and creative economy roundtable event (London) – September 2018.

Participating in post-doctoral level research into urban places and food from animals by the **University of Nottingham** – October 2018

Taking part in the **Co-operative Councils Innovation Network Conference 2018 (Croydon)** – October 2018.

Engaging in a **Brexit** workshop event facilitated by Sustain (London) – October 2018.

## **International Engagement**

Participating in an **Ecological Entrepreneurship workshop** with Scandinavian delegates at Schumacher College (Dartington) – January 2018.

Engaging in networking event for **Malaysian and Pacific Rim entrepreneurs** on study tour to the UK, facilitated by the University of Plymouth – October 2018.

**Food Plymouth CIC's activities and services have been informed and shaped by all of the above.**

*(If applicable, please just state "A social audit report covering these points is attached").*

**PART 3 – DIRECTORS' REMUNERATION** – if you have provided full details in your accounts you need not reproduce it here. Please clearly identify the information within the accounts and confirm that, "There were no other transactions or arrangements in connection with the remuneration of directors, or compensation for director's loss of office, which require to be disclosed" (See example with full notes). If no remuneration was received you must state that "no remuneration was received" below.

**No remuneration was received by the directors.**

**PART 4 – TRANSFERS OF ASSETS OTHER THAN FOR FULL CONSIDERATION** – Please insert full details of any transfers of assets other than for full consideration e.g. Donations to outside bodies. If this does not apply you must state that "no transfer of assets other than for full consideration has been made" below.

**No transfer of assets other than for full consideration has been made.**

*(Please continue on separate continuation sheet if necessary.)*

**PART 5 – SIGNATORY**

**The original report must be signed by a director or secretary of the company**

Signed

Ian M. Smith

Date

29<sup>th</sup> July '19

*Office held (delete as appropriate) Director/Secretary*

You do not have to give any contact information in the box opposite but if you do, it will help the Registrar of Companies to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public record.

Ian Smith (Director)	
e-mail ianmsmith1.5@gmail.com	
Tel 0772 017 4634	
DX Number	DX Exchange

**When you have completed and signed the form, please attach it to the accounts and send both forms by post to the Registrar of Companies at:**

*For companies registered in England and Wales:* Companies House, Crown Way, Cardiff, CF14 3UZ  
DX 33050 Cardiff

*For companies registered in Scotland:* Companies House, 4<sup>th</sup> Floor, Edinburgh Quay 2, 139  
Fountainbridge, Edinburgh, EH3 9FF DX 235 Edinburgh or LP – 4 Edinburgh 2

*For companies registered in Northern Ireland:* Companies House, 2nd Floor, The Linenhall, 32-38  
Linenhall Street, Belfast, BT2 8BG

The accounts and CIC34 **cannot** be filed online

**(N.B. Please enclose a cheque for £15 payable to Companies House)**