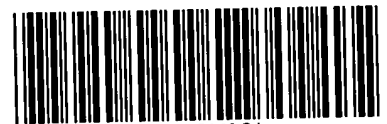


AMENDED

1 LESS STRESS LTD  
Abbreviated Accounts  
For the Year Ended 31 July 2015

Company Number 08609392

TUESDAY



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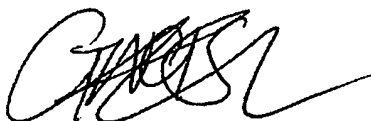
COMPANIES HOUSE

1 LESS STRESS LTD  
BALANCE SHEET AS AT 31 JULY 2015

	Notes	2015	2014
<b>FIXED ASSETS</b>		£	£
Tangible assets	3	1,458	2,187
<b>CURRENTS ASSETS</b>			
Cash at bank and in hand		600	600
<b>Current Liabilities</b>			
Creditors: amounts falling due within one year		<u>0</u>	<u>0</u>
Net Current assets		<u>600</u>	<u>600</u>
<b>Total assets less current liabilities</b>		<u><b>2,058</b></u>	<u><b>2,787</b></u>
Creditors: amounts falling due after more than one year		<u>(11,266)</u>	<u>(7,681)</u>
<b>Total net assets</b>		<u><b>(9,208)</b></u>	<u><b>(4,894)</b></u>
<b>CAPITAL AND RESERVES</b>			
Called up share capital		600	600
Profit and loss account		<u>(9,808)</u>	<u>(5,494)</u>
<b>Shareholders' Funds</b>		<u><b>(9,208)</b></u>	<u><b>(4,894)</b></u>

- For the year ending 31 July 2015 the company was entitled to exemption under the section 477 of the Companies Act 2006 relating to small companies.
- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- These accounts have been prepared in accordance with the provisions applicable to companies subject to small companies regime.

These amended accounts were approved by the board and signed by



Grace Akua Oparabea Nelson, Director  
Dated 31 March 2017

1 LESS STRESS LTD  
NOTES TO THE ABBREVIATED ACCOUNTS  
FOR THE YEAR ENDED 31 JULY 2015

1 Accounting Policies

**Basis of measurement and preparation of accounts**

These accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities, effective April 2008.

**Tangible assets depreciation policy**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant, furniture and equipment between 20% and 33% on cost, straight line basis.

2 AMENDED ACCOUNTS

These amended accounts replace the original accounts signed on 29 April 2016 and are now the abbreviated statutory accounts. It is further confirmed that they are prepared as they were at the date of the original accounts.

3 Tangible fixed assets	£
<b>Cost</b>	
At 1 August 2014	2,916
Additions	0
disposals	0
transfers	0
At 31 July 2015	<u>2,916</u>
<b>Depreciation</b>	
At 1 August 2014	(729)
Charge for year	(729)
On disposals	0
At 31 July 2015	<u>(1,458)</u>
<b>Net Book Value</b>	
At 31 July 2015	<u>1,458</u>
At 31 July 2014	<u>2,187</u>