

**REFLEX CHIROPRACTIC LIMITED**

**UNAUDITED**

**ABBREVIATED ACCOUNTS**

**For the year ended 31 July 2010**



**REFLEX CHIROPRACTIC LIMITED**  
Registered number: 05510525

**ABBREVIATED BALANCE SHEET**  
as at 31 July 2010

	Note	£	2010 £	£	2009 £
<b>FIXED ASSETS</b>					
Intangible assets	2		-		44,000
Tangible assets	3		5,450		17,379
			<u>5,450</u>		<u>61,379</u>
<b>CURRENT ASSETS</b>					
Cash at bank and in hand		12,557		12,261	
<b>CREDITORS</b> amounts falling due within one year			<u>(17,778)</u>		<u>(32,792)</u>
<b>NET CURRENT LIABILITIES</b>			(5,221)		(20,531)
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>			<u>229</u>		<u>40,848</u>
<b>CREDITORS</b> amounts falling due after more than one year			(222)		(9,713)
<b>PROVISIONS FOR LIABILITIES</b>					
Deferred tax			-		(1,049)
<b>NET LIABILITIES</b>			<u>7</u>		<u>30,086</u>
<b>CAPITAL AND RESERVES</b>					
Called up share capital	4		100		100
Profit and loss account			(93)		29,986
<b>SHAREHOLDERS' FUNDS</b>			<u>7</u>		<u>30,086</u>

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**REFLEX CHIROPRACTIC LIMITED**

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**ABBREVIATED BALANCE SHEET (continued)**  
as at 31 July 2010

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The directors consider that the company is entitled to exemption from the requirement to have an audit under the provisions of section 477 of the Companies Act 2006 ("the Act") and members have not required the company to obtain an audit for the year in question in accordance with section 476 of the Act. The directors acknowledge their responsibilities for ensuring that the company keeps accounting records which comply with section 386 of the Act and for preparing financial statements which give a true and fair view of the state of affairs of the company as at 31 July 2010 and of its loss for the year then ended in accordance with the requirements of sections 394 and 395 of the Act and which otherwise comply with the requirements of the Companies Act 2006 relating to the financial statements so far as applicable to the company.

The abbreviated accounts, which have been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006, were approved and authorised for issue by the board and were signed on its behalf on 25 November 2010.



**Andrew Charles Edward Green**  
Director

The notes on pages 3 to 4 form part of these financial statements

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**REFLEX CHIROPRACTIC LIMITED**

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**NOTES TO THE ABBREVIATED ACCOUNTS**  
for the year ended 31 July 2010

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**1 ACCOUNTING POLICIES**

**1.1 BASIS OF PREPARATION OF FINANCIAL STATEMENTS**

The full financial statements, from which these abbreviated accounts have been extracted, have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008)

**1.2 TURNOVER**

Turnover comprises revenue recognised by the company in respect of goods and services supplied, exclusive of Value Added Tax and trade discounts

**1.3 INTANGIBLE FIXED ASSETS AND AMORTISATION**

Goodwill is the difference between amounts paid on the acquisition of a business and the fair value of the identifiable assets and liabilities. It is amortised to the Profit and loss account over its estimated economic life.

**1.4 TANGIBLE FIXED ASSETS AND DEPRECIATION**

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost of fixed assets, less their estimated residual value, over their expected useful lives on the following bases:

Motor vehicles	-	25% reducing balance
Fixtures & fittings	-	25% reducing balance

**2 INTANGIBLE FIXED ASSETS**

	£
<b>COST</b>	
At 1 August 2009 and 31 July 2010	<u>55,000</u>
<b>AMORTISATION</b>	
At 1 August 2009	11,000
Charge for the year	<u>44,000</u>
At 31 July 2010	<u>55,000</u>
<b>NET BOOK VALUE</b>	
At 31 July 2010	<u>-</u>
At 31 July 2009	<u>44,000</u>

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**REFLEX CHIROPRACTIC LIMITED**

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**NOTES TO THE ABBREVIATED ACCOUNTS**  
for the year ended 31 July 2010

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**3. TANGIBLE FIXED ASSETS**

	£
<b>COST</b>	
At 1 August 2009	39,535
Additions	939
Disposals	(19,495)
At 31 July 2010	<u>20,979</u>
<b>DEPRECIATION</b>	
At 1 August 2009	22,156
Charge for the year	5,328
On disposals	(11,955)
At 31 July 2010	<u>15,529</u>
<b>NET BOOK VALUE</b>	
At 31 July 2010	<u>5,450</u>
At 31 July 2009	<u>17,379</u>

**4. SHARE CAPITAL**

	2010 £	2009 £
<b>AUTHORISED</b>		
1,000 Ordinary shares of £1 each	<u>1,000</u>	<u>1,000</u>
<b>ALLOTTED, CALLED UP AND FULLY PAID</b>		
100 Ordinary shares of £1 each	<u>100</u>	<u>100</u>