

**Registered Number 05510525**

**REFLEX CHIROPRACTIC LIMITED**

**Abbreviated Accounts**

**31 July 2015**

## Abbreviated Balance Sheet as at 31 July 2015

	<i>Notes</i>	<i>2015</i>	<i>2014</i>
		£	£
<b>Fixed assets</b>			
Tangible assets	2	26,463	32,113
Investments	3	100	-
		<u>26,563</u>	<u>32,113</u>
<b>Current assets</b>			
Debtors	4	834	9,756
Cash at bank and in hand		82,361	65,043
		<u>83,195</u>	<u>74,799</u>
<b>Creditors: amounts falling due within one year</b>		<u>(44,407)</u>	<u>(50,763)</u>
<b>Net current assets (liabilities)</b>		<u>38,788</u>	<u>24,036</u>
<b>Total assets less current liabilities</b>		<u>65,351</u>	<u>56,149</u>
<b>Creditors: amounts falling due after more than one year</b>		<u>(1,280)</u>	<u>(4,764)</u>
<b>Total net assets (liabilities)</b>		<u>64,071</u>	<u>51,385</u>
<b>Capital and reserves</b>			
Called up share capital	5	100	100
Profit and loss account		63,971	51,285
<b>Shareholders' funds</b>		<u>64,071</u>	<u>51,385</u>

- For the year ending 31 July 2015 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the Board on 25 April 2016

And signed on their behalf by:

**Andrew Green, Director**

## Notes to the Abbreviated Accounts for the period ended 31 July 2015

## 1 Accounting Policies

**Basis of measurement and preparation of accounts**

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities effective April 2008.

**Turnover policy**

Turnover comprises revenue recognised by the company in respect of goods and services supplied during the year, exclusive of Value Added Tax and trade discounts.

**Tangible assets depreciation policy**

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost of fixed assets, less their estimated residual value, over their expected useful lives on the following bases:

Motor Vehicles - 25% reducing balance  
 Fixture & fittings - 25% reducing balance  
 Computer equipment - 33% straight line

**Intangible assets amortisation policy**

Goodwill is the difference between amounts paid on the acquisition of a business and the fair value of the identifiable assets and liabilities. It is amortised to the Profit and loss account over its estimated economic life.

## 2 Tangible fixed assets

	£
<b>Cost</b>	
At 1 August 2014	58,475
Additions	4,276
Disposals	-
Revaluations	-
Transfers	-
At 31 July 2015	<u>62,751</u>
<b>Depreciation</b>	
At 1 August 2014	26,362
Charge for the year	9,926
On disposals	-
At 31 July 2015	<u>36,288</u>
<b>Net book values</b>	
At 31 July 2015	<u>26,463</u>
At 31 July 2014	<u>32,113</u>

**3 Fixed assets Investments**

**Subsidiary Undertakings**

Tradalhko Ltd - 100 Ordinary Shares at £1 per share which is a 100% holding.

The aggregate of the share capital and reserves as at 31 July 2015 and the profit or loss for the year ended on that date for the subsidiary undertakings were as follows:

Tradalhko Ltd - Aggregate of share capital and reserves £(5,428), Profit/(loss) £(5,528).

**4 Debtors**

Included within other debtors due within one year is a loan Mr A Green, a director, amounting to £NIL (2014 - £8,940). No interest was payable on this loan and it was repaid in full during the year.

**5 Called Up Share Capital**

Allotted, called up and fully paid:

	<i>2015</i>	<i>2014</i>
	£	£
100 Ordinary shares of £1 each	100	100

Authorised share capital:

1,000 Ordinary Shares of £1 each

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.