

**REGISTERED NUMBER: 06796983 (England and Wales)**

**Unaudited Financial Statements for the Year Ended 31 January 2019**

**for**

**Active Care Chiropractic Limited**

**Contents of the Financial Statements  
for the Year Ended 31 January 2019**

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	<b>Page</b>
<b>Company Information</b>	1
<b>Balance Sheet</b>	2
<b>Notes to the Financial Statements</b>	3

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**Company Information**  
**for the Year Ended 31 January 2019**

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**DIRECTORS:** Dr P Baines  
R Baines  
Dr N L Baines

**SECRETARY:**

**REGISTERED OFFICE:** Horley Green House  
Horley Green Road  
Claremount  
Halifax  
West Yorkshire  
HX3 6AS

**REGISTERED NUMBER:** 06796983 (England and Wales)

**ACCOUNTANTS:** Horley Green Chartered Accountants  
Horley Green House  
Horley Green Road  
Claremount  
Halifax  
West Yorkshire  
HX3 6AS

**Balance Sheet**  
**31 January 2019**

	Notes	31.1.19 £	£	31.1.18 £	£
<b>FIXED ASSETS</b>					
Tangible assets	4		42,838		43,817
<b>CURRENT ASSETS</b>					
Cash at bank		42,561		37,068	
<b>CREDITORS</b>					
Amounts falling due within one year	5	<u>59,745</u>		<u>67,602</u>	
<b>NET CURRENT LIABILITIES</b>			<u>(17,184)</u>		<u>(30,534)</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>			<u>25,654</u>		<u>13,283</u>
<b>CAPITAL AND RESERVES</b>					
Called up share capital			3		3
Retained earnings			<u>25,651</u>		<u>13,280</u>
<b>SHAREHOLDERS' FUNDS</b>			<u>25,654</u>		<u>13,283</u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 January 2019.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 January 2019 in accordance with Section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and
- (b) which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The financial statements have been prepared and delivered in accordance with the provisions of Part 15 of the Companies Act 2006 relating to small companies.

In accordance with Section 444 of the Companies Act 2006, the Income Statement has not been delivered.

The financial statements were approved by the Board of Directors on 5 July 2019 and were signed on its behalf by:

Dr P Baines - Director

**Notes to the Financial Statements  
for the Year Ended 31 January 2019**

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**1. STATUTORY INFORMATION**

Active Care Chiropractic Limited is a private company, limited by shares, registered in England and Wales. The company's registered number and registered office address can be found on the Company Information page.

**2. ACCOUNTING POLICIES**

**Basis of preparing the financial statements**

These financial statements have been prepared in accordance with Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" including the provisions of Section 1A "Small Entities" and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

**Turnover**

Turnover represents the net amount receivable for goods supplied and services provided, excluding value added tax, except in respect of service contracts where turnover is recognised when the company obtains the right to consideration.

**Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures & Fittings	- 15% on reducing balance
Computer equipment	- 33% on cost

**Taxation**

Taxation for the year comprises current and deferred tax. Tax is recognised in the Income Statement, except to the extent that it relates to items recognised in other comprehensive income or directly in equity.

Current or deferred taxation assets and liabilities are not discounted.

Current tax is recognised at the amount of tax payable using the tax rates and laws that have been enacted or substantively enacted by the balance sheet date.

**Deferred tax**

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

Timing differences arise from the inclusion of income and expenses in tax assessments in periods different from those in which they are recognised in financial statements. Deferred tax is measured using tax rates and laws that have been enacted or substantively enacted by the year end and that are expected to apply to the reversal of the timing difference.

Unrelieved tax losses and other deferred tax assets are recognised only to the extent that it is probable that they will be recovered against the reversal of deferred tax liabilities or other future taxable profits.

**Pension costs and other post-retirement benefits**

The company operates a defined contribution pension scheme. Contributions payable to the company's pension scheme are charged to profit or loss in the period to which they relate.

**3. EMPLOYEES AND DIRECTORS**

The average number of employees during the year was 5 (2018 - 2) .

**Notes to the Financial Statements - continued  
for the Year Ended 31 January 2019**

4. TANGIBLE FIXED ASSETS	Leasehold Property £	Fixture & Fittings £	Computer equipment £	Totals £
<b>COST</b>				
At 1 February 2018	43,259	23,491	1,717	68,467
Additions	-	6,692	-	6,692
At 31 January 2019	<u>43,259</u>	<u>30,183</u>	<u>1,717</u>	<u>75,159</u>
<b>DEPRECIATION</b>				
At 1 February 2018	12,975	10,638	1,037	24,650
Charge for year	4,325	2,932	414	7,671
At 31 January 2019	<u>17,300</u>	<u>13,570</u>	<u>1,451</u>	<u>32,321</u>
<b>NET BOOK VALUE</b>				
At 31 January 2019	<u>25,959</u>	<u>16,613</u>	<u>266</u>	<u>42,838</u>
At 31 January 2018	<u>30,284</u>	<u>12,853</u>	<u>680</u>	<u>43,817</u>
5. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR			31.1.19	31.1.18
			£	£
Tax			10,638	5,917
Social Security & Other Taxes			-	184
Directors Loan Account			48,107	60,901
Accrued Expenses			<u>1,000</u>	<u>600</u>
			<u>59,745</u>	<u>67,602</u>
6. RELATED PARTY DISCLOSURES				
The company is controlled by the company director, Dr P Baines.				

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.