



COMPANIES HOUSE

218 BR
070445

363s

Annual Return

THE REGISTRAR OF COMPANIES
COMPANIES HOUSE
CROWN WAY
CARDIFF
CF4 3UZ



of company number 01263446

K

company name
HELP THE AGED

company type
PRIVATE COMPANY LIMITED BY GUARANTEE
WITHOUT SHARE CAPITAL

This form should be completed in black.

The information printed below is taken from Companies House records as at 12/07/96
If this information requires amendment use the spaces opposite.

Date of this return (See note 1)

The information in this return should be made up to a date not later than

Day	Month	Year
02	08	96

If you are making the return up to an earlier date, show the date here. Please note that the form must be delivered to Companies House within 28 days of this earlier date.

Day	Month	Year

Date of next return (See note 2)

If you wish to make your next return to a date earlier than the anniversary of this return please show the date here. Companies House will then send a form at the appropriate time.

Day	Month	Year

Registered Office (See note 3)

This is the address registered by Companies House.

ST JAMES WALK
LONDON
EC1R 0BE

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Principal business activities (See note 4)

Trade classification is
8532 SOCIAL WORK WITHOUT ACCOMMODATION

If the code cannot be determined from the notes, give a brief description of principal activity.

REGISTERED CHARITY

If the information shown needs amendment, give details below and, for secretary and director particulars, the date of any change.

Register of members (See note 5)

The register is kept at

REGISTERED OFFICE

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Register of debenture holders (See note 6)

Any register of debenture holders (or duplicate) is kept at

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Company Secretary (See note 7)

Particulars of a new secretary **must** be notified on form 288.

STEPHEN DENIS
BURGESS
8 SPENSER CLOSE
ROYSTON
HERTS SG8 5TB

Day Month Year
[][] [][] [][] Date of any change.

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If this person has ceased to be secretary, please state when.

Day Month Year
[][] [][] [][] Date of resignation.

Directors (See note 7)

Particulars of a new director **must** be notified on form 288.

PRISCILLA CAMPBELL
ALLEN
90 GLOUCESTER MEWS WEST
LONDON
W2 6DY

Day Month Year
[][] [][] [][] Date of any change.

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Date of Birth:- 12/07/29
Nat:BRITISH
Occ:FINANCIAL CONSULTANT (RETIRED)

If this person has ceased to be director, please state when.

Day Month Year
[][] [][] [][] Date of resignation.

PREVIOUS DIRECTORSHIP
ST FELIX SCHOOL, SOUTHWOLD
- GOVERNOR

Show any relevant current and previous directorships.

If the information shown needs amendment, give details below and the date of any change.

Directors - continued

Particulars.

PHILIP JOHN CHRISTOPHER
ASHFIELD
SOUTH END HOUSE LONG REACH
OCKHAM
WOKING
SURREY GU23 6PF

Day Month Year
[][] [][] [][]

Date of any change.

Date of Birth:- 02/01/40
Nat:BRITISH
Occ:COMPANY DIRECTOR

STOCKBROKER AND A MEMBER OF THE
SECURITIES INSTITUTE

If this person has ceased to be director, please state when.

Day Month Year
[][] [][] [][]

Date of resignation.

SEE ATTACHED LIST

Show any relevant current and previous directorships.

Particulars.

HENRY JOHN
BOWREY
FERNWOOD 37 BISHOPS ROAD
TEWIN WOOD
WELWYN
HERTFORDSHIRE AL6 ONP

Day Month Year
[][] [][] [][]

Date of any change.

Date of Birth:- 12/03/38
Nat:BRITISH
Occ:RETIRED DIRECTOR

If this person has ceased to be director, please state when.

Day Month Year
[][] [][] [][]

Date of resignation.

PREVIOUS DIRECTORSHIPS
BOOTS THE CHEMIST
CHILDRENS WORLD

Show any relevant current and previous directorships.

Particulars.

PETER
BOWRING
CBE
79 NEW CONCORDIA WHARF
LONDON
SE1 2BA

Day Month Year
[][] [][] [][]

Date of any change.

Date of Birth:- 22/04/23
Nat:BRITISH
Occ:COMPANY CHAIRMAN

RETIRED

If this person has ceased to be director, please state when.

Day Month Year
[][] [][] [][]

Date of resignation.

SEE ATTACHED LIST.

Show any relevant current and previous directorships.

If the information shown needs amendment, give details below and the date of any change.

Directors - continued

Particulars.

JOSEPHINE LILIAN
CONNELL
2 THE HEMMINGS
BERKHAMSTED
HERTFORDSHIRE HP4 3NY

Day Month Year
[][] [][] [][] Date of any change.

Date of Birth:- 26/01/48
Nat:BRITISH
Occ:DIRECTOR

If this person has ceased to be director, please state when.

Day Month Year
[][] [][] [][] Date of resignation.

Show any relevant current and previous directorships.

CURRENT DIRECTORSHIP
FI GROUP PIC

Particulars.

DUDLEY HENRY
FISHER
CBE
NORWOOD EDGE
8 CYNCOED AVENUE
CARDIFF
SOUTH GLAMORGAN CF2 6SU

Day Month Year
[][] [][] [][] Date of any change.

Date of Birth:- 22/08/22
Nat:BRITISH
Occ:RETIRED

If this person has ceased to be director, please state when.

Day Month Year
[][] [][] [][] Date of resignation.

Show any relevant current and previous directorships.

SEE ATTACHED LIST

Particulars.

VERA
HARLEY
MBE
345 CRESCENT HOUSE
GOLDEN LANE
LONDON
ECLY OSN

Day Month Year
[][] [][] [][] Date of any change.

Date of Birth:- 24/08/11
Nat:BRITISH
Occ:RETIRED

If this person has ceased to be director, please state when.

Day Month Year
[][] [][] [][] Date of resignation.

Show any relevant current and previous directorships.

A VICE PRESIDENT & EXECUTIVE COMMITTEE
MEMBER OF WORLD CONGRESS OF FAITHS.

If the information shown needs amendment, give details below and the date of any change.

Directors - continued

Particulars.

ANNE MACINTOSH
HARRIS
C B E
THE OLD VICARAGE
BRENCHLEY
TONBRIDGE
KENT TN12 7NQ

Date of Birth:- 17/04/25
Nat:BRITISH
Occ:RETIRED

If this person has ceased to be director, please state when.

Show any relevant current and previous directorships.

Day	Month	Year

Date of any change.

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Day	Month	Year

Date of resignation.

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Particulars.

WILLIAM
HASTINGS
THE MIDLAND
WHITE STREET
BELFAST
BT15 1NM
IRELAND

Date of Birth:- 17/10/28
Nat:BRITISH
Occ:CHAIRMAN

If this person has ceased to be director, please state when.

Show any relevant current and previous directorships.

Day	Month	Year

Date of any change.

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Day	Month	Year

Date of resignation.

HASTINGS HOTEL GROUP LIMITED

Particulars.

PROFESSOR
KAY-TEE
KHAW
GONVILLE & CAIUS COLLEGE
CAMBRIDGE
CAMBRIDGESHIRE CB3

Date of Birth:- 14/10/50
Nat:BRITISH
Occ:UNIVERSITY PROFESSOR

If this person has ceased to be director, please state when.

Show any relevant current and previous directorships.

Day	Month	Year

Date of any change.

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Day	Month	Year

Date of resignation.

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If the information shown needs amendment, give details below and the date of any change.

Directors - continued

Particulars.

TREVOR GEORGE
LARMAN
THURLWOOD HOUSE LOUDWATER LANE
CROXLEY GREEN
RICKMANSWORTH
HERTFORDSHIRE WD3 3JD

Day Month Year
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Date of any change.

Date of Birth:- 22/07/45
Nat:BRITISH
Occ:COMPANY DIRECTOR

If this person has ceased to be director, please state when.

Day Month Year
[][] [][] [][][][]

Date of resignation.

Show any relevant current and previous directorships.

SEE ATTACHED LIST

Particulars.

IAN SWAN
MACLEOD
17 HILLCOURT AVENUE
FINCHLEY
LONDON
N12 8EY

Day Month Year
[][] [][] [][][][]

Date of any change.

Date of Birth:- 13/10/23
Nat:BRITISH
Occ:COMPANY DIRECTOR

If this person has ceased to be director, please state when.

Day Month Year
[][] [][] [][][][]

Date of resignation.

Show any relevant current and previous directorships.

RETIRED CHARITY ADMINISTRATOR

Particulars.

LADY
JEAN HENRIETTA STEWART
MACPHERSON
CRAIG DHU HOUSE
NEWTOWNMORE
INVERNESSSHIRE PH20 1BP

Day Month Year
[][] [][] [][][][]

Date of any change.

Date of Birth:- 20/08/30
Nat:BRITISH
Occ:WRITER

If this person has ceased to be director, please state when.

Day Month Year
[][] [][] [][][][]

Date of resignation.

Show any relevant current and previous directorships.

PREVIOUS DIRECTORSHIPS
SEE ATTACHED LIST

If the information shown needs amendment, give details below and the date of any change.

Directors - continued

Particulars.

JOHN DOUGLAS
MATHER
ROUND HALE LOVE LANE
KINGS LANGLEY
HERTFORDSHIRE WD4 9HW

Day	Month	Year

Date of any change.

Date of Birth:- 27/01/36
Nat:BRITISH
Occ:COMPANY DIRECTOR

If this person has ceased to be director, please state when.

Day	Month	Year

Date of resignation.

Show any relevant current and previous directorships.

SEE ATTACHED LIST

Particulars.

WILLIAM NAPIER
MENZIES-WILSON
2 THE OLD BURLINGTON CHURCH STREET
LONDON
W4 2PD

Day	Month	Year

Date of any change.

Date of Birth:- 04/12/26
Nat:BRITISH
Occ:COMPANY DIRECTOR

If this person has ceased to be director, please state when.

Day	Month	Year

Date of resignation.

Show any relevant current and previous directorships.

SEE ATTACHED LIST

Particulars.

HUGH STEPHEN KENNETH
PEPPIATT
28 BATHGATE ROAD
LONDON
SW19 5PN

Day	Month	Year

Date of any change.

Date of Birth:- 18/08/30
Nat:BRITISH
Occ:RETIRED SOLICITOR

If this person has ceased to be director, please state when.

Day	Month	Year

Date of resignation.

Show any relevant current and previous directorships.

SEE ATTACHED LIST

If the information shown needs amendment, give details below and the date of any change.

Directors - continued

Particulars.

HAROLD WALTER LAWRENCE
SUMPTION
7 VIEW ROAD
LONDON
N6 4DJ

Date of Birth:- 26/11/16
Nat:BRITISH
Occ:DIRECTOR

If this person has ceased to be director, please state when.

Show any relevant current and previous directorships.

Day Month Year

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Date of any change.

RETIRED

Day Month Year

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Date of resignation.

SEE ATTACHED LIST

Particulars.

THE HON MRS
THERESA HOPE
TOLLEMACHE
7 PHILLIMORE PLACE
LONDON
W8 7BY

Date of Birth:- 24/04/48
Nat:BRITISH
Occ:MARRIED WOMAN

If this person has ceased to be director, please state when.

Show any relevant current and previous directorships.

Day Month Year

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Date of any change.

Day Month Year

25	07	96
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Date of resignation.

THE BEARR TRUST (TRUSTEE)
RUSSIAN REFUGEES AID SOCIETY (TRUSTEE)

Particulars.

SIR
ROBERT LUCIAN
WADE-GERY
7 ROTHWELL STREET
LONDON
NW1 8YH

Date of Birth:- 22/04/29
Nat:BRITISH
Occ:BANKER

If this person has ceased to be director, please state when.

Show any relevant current and previous directorships.

Day Month Year

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Date of any change.

Day Month Year

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Date of resignation.

SEE ATTACHED LIST

If the information shown needs amendment, give details below and the date of any change.

Directors - continued

Particulars.

CHRISTOPHER JOHN WALTER
WOODBRIDGE
1 PEMBERTON ROW
FETTER LANE
LONDON
EC4A 3ET

Day Month Year
[][] [][] [][][]

Date of any change.

Date of Birth:- 25/11/39
Nat:BRITISH
Occ:SENIOR PARTNER

If this person has ceased to be director, please state when.

Day Month Year
[][] [][] [][][]

Date of resignation.

Show any relevant current and previous directorships.

CURRENT DIRECTORSHIPS
FAREBROTHER (CHARTERED SURVEYOR)
HELP THE AGED HOUSING ASSOCIATION LIMITED

Particulars.

ANGUS GRAHAM FERGUSON
YOUNG
8 STONEHILL ROAD
EAST SHEEN
LONDON
SW14 8RW

Day Month Year
[][] [][] [][][]

Date of any change.

Date of Birth:- 22/07/33
Nat:BRITISH
Occ:SOLICITOR

If this person has ceased to be director, please state when.

Day Month Year
[][] [][] [][][]

Date of resignation.

Show any relevant current and previous directorships.

SEE ATTACHED LIST

Particulars.

NO MORE DIRECTORS - ADDITIONAL SECRETARIES
OR DIRECTORS MUST BE NOTIFIED ON FORM 288a.

Day Month Year
[][] [][] [][][]

Date of any change.

If this person has ceased to be director, please state when.

Day Month Year
[][] [][] [][][]

Date of resignation.

Show any relevant current and previous directorships.

Elective resolutions (See note 10)
(Private companies only)

If an elective resolution is in force at the date of this return to dispense with annual general meetings, mark this box.

If an elective resolution is in force at the date of this return to dispense with laying accounts in general meetings, mark this box.

Certificate

I certify that the information given in this return is true to the best of my knowledge and belief.

I enclose the fee of £ 18.

Cheques should be made payable to **Companies House**.

Signed 

Secretary/Director *

*(delete as appropriate)

Date 6/8/96

This return includes 10

(enter number)

continuation sheets.

To whom should Companies House direct any enquiries about the information shown in this return?

MR R. ABBEY, A.C.I.S.
HELP THE AGED,
ST JAMES'S WALK
LONDON Postcode EC1R 0BE
0171-
Telephone 250 4424 Ext —

Philip John Christopher Ashfield
South End House
Ockham, Surrey
GU23 6PF

Date of Appointment as
HtA Trustee - 1.1.84.

Date of Birth: 02/01/40

Nationality: British

Occupation: Stockbroker and a Member of The Securities Institute

Current Directorships

Ambit Finance Company Limited
Consistent Unit Trust Management Company Limited
Equity Pensions Limited
Frobridge Assets Company Limited
Gordon Trust Limited
Help the Aged
Teather & Greenwood (1995) Unlimited
Teather & Greenwood Corporate Finance Limited
Teather & Greenwood Nominees Limited (previously D&A Nominees
(1819) Limited)
Teather PEP Nominees Limited
Teawood Nominees Limited
Technical Research Limited
The Java Investment Loan & Agency Limited
London & St. Lawrence Investment Co Plc
Practical Investment Company Limited (previously Wiltshire
Securities)
Prospect Investment Trust Limited
R.E. Pilkington Limited
Yeoman Investment Trust Plc
SocPen Trustees Limited (Oct 1993)
Gartmore Select Japanese Investment Trust Plc (04/96)

Ex-Directorships

Tridemace Limited (resigned 1984)
Oppenheimer Practical Fund Management Limited (resigned 1987)
SocPen Trustees Limited (see above) (resigned 1991)
Ambrose Investment Trust Plc (resigned 1991)
Help the Aged Housing Association Ltd (resigned 1993)
Gartmore Shared Equity Trust Plc (resigned 93)
Lacitcarp Limited (resigned 1994)
Gartmore Value Investments Plc (Dissolved) (Dec 1995)
Gartmore Trust Management Limited (resigned March 1996)
Gartmore Practical Fund Management Limited (resigned March 1996)

9.7.96

1:HTATRSTS.REG

Peter Bowring CBE
79 New Concordia Wharf
Mill Street
London
SE1 2BA

Date of Appointment as
HtA Trustee - 1976

Date of Birth: 22/04/23

Nationality: British

Occupation: Retired

Current Directorships

City Arts Trust - 1984-Sept 1994
Independent Primary and Secondary Education Trust - 1986
Upper Severn Navigation Trust - 1989
Third Age Challenge Trust - 1991
Rhein-Chemie Holding GmbH (Germany) 1968
Governor Shrewsbury School 1969
Trustee - Wakefield (Tower Hill, Trinity Square) Trust 1986
" - Beacon Millennium Trust 1995
" - Diane Fosse Gorilla Fund 1994

Previous Directorships

Aldeburgh Foundation - 1982-89
Ironbridge Gorge Mus. Develt Trust - 1989-93
Inter-Action Social Enterprise Trust - 1989-91
Governor St Dunstan's Educational Foundation - 1973-1995

Dudley Henry Fisher CBE DL CPFA

Date of Appointment as

"Norwood Edge"
8 Cyncoed Avenue
Cardiff
CF2 6SU

HtA Trustee - 23.7.87.

Date of Birth: 22/08/22

Nationality: British

Occupation: Retired

Current & Previous Directorships

Cardiff University Properties Ltd
Cardiff University Equipment Services Ltd
Cardiff University Residential Property Services Ltd
The Institute of Welsh Affairs
The United World College of the Atlantic

Member of the Councils

University of Wales, College of Cardiff
University of Wales, College of Medicine

17.7.96

1:HTATRSTS.REG

Tevor George Larman
Thurlwood House
Loudwater Lane
Rickmansworth
Herts
WD3 3JD

Date of Appointment as
HtA Trustee - 09/05/96

Date of Birth: 22/07/45

Nationality: British

Occupation: Company Director

Current & Previous Directorships

See attached.

09/05/96

1:HTATRSTS.REG

Lady Jean Henrietta Stewart Macpherson Date of Appointment as
Craig Dhu House HtA Trustee - 5.11.92.
By Newtownmore
Invernesshire
PH20 1BP

Date of Birth: 20/08/30

Nationality: British

Occupation: Author

Current

Royal Scottish Corporation
Trustee Hyde Park Nursery School Charitable Fund

Previous

Hyde Park School Ltd - 1972-1993
Balavil Services Ltd - resigned 1993
Jaycast Services Ltd - resigned 1993
Royal Caledonian Schools - resigned 1995

John Douglas Mather
Round Hale
Love Lane
Kings Langley
Herts WD4 9HW

Date of Appointment as
HTA Trustee - 11.11.93.

Date of Birth: 27.01.36

Nationality: British

Occupation: Director

Current and Past Appointments up to Five Years Old for J D Mather

<u>Number</u>	<u>Company Name</u>
<u>Appointments in NFC Plc</u>	
1600736	NFC plc

<u>Appointed</u>	<u>Resigned</u>
30/11/81	28.2.93

Appointments in Companies Wholly-owned (100%) by NFC Plc

528865	N.F.C International Holdings Limited
942605	National Carriers Limited
1505040	National Freight Company Limited
10198554	NFC International Holdings (U.S.A.) Inc

21/05/84	28.2.93
29/07/85	28.2.93
20/06/88	28.2.93
	28.2.93

Past Appointments in Companies Wholly-owned (100%) by NFC Plc

E102630	Pickfords Travel Services Limited
537446	Roadline UK Limited

05/11/84	23/09/92
06/08/87	16/03/92

1:HTATRSTS.REG

William Napier Menzies-Wilson CBE
2 The Old Burlington
Church Street
London W4 2PD

Date of Appointment as
HtA Trustee - 27.9.84.

Date of Birth: 04/12/26

Nationality: British

Occupation: Company Director

Current Directorships

Edinburgh Tankers plc
Forth Tankers plc
Celtic Tankers plc

Past Directorships

NFC Plc (resigned 1994)
ReAction Trust (resigned 1995)

6.8.96

1:HTATRSTS.REG

Hugh Stephen Kenneth Peppiatt
28 Bathgate Road
London
SW19 5PN

Date of Appointment as
HtA Trustee - 14.2.91.

Date of Birth: 18/08/30

Nationality: British

Occupation: Retired Solicitor

Current & Previous Directorships

Nave Nominees Limited
Nave Properties Limited
Greig Fester Group Ltd
Greig Fester (London) Limited
Hardy Oil & Gas plc (apptd. 19/11/92)

28.1.94

1:HTATRSTS.REG

Harold Walter Lawrence Sumption
7 View Road
Highgate
London
N6 4DJ

Date of Appointment as
HtA Trustee - 23.7.87.

Date of Birth: 26/11/16

Nationality: British

Occupation: Retired

Current & Previous Directorships

David Nieper Ltd.

Charity Appointments

Pet Plan Charitable Trust (Trustee)

(Retired December 1993)

(Retired January 1996)

9.7.96

l:HTATRSTS.REG

Sir Robert Lucian Wade-Gery KCMG KCVO Date of Appointment as
7 Rothwell Street HtA Trustee - 21.4.88.
London NW1 8YH

Date of Birth: 22/04/29

Nationality: British

Occupation: Banker

Current & Previous Directorships

Vice Chairman

BZW

January 1994
(Director since October 1987)

Board of Barclays Bank, Spain 1989

IISS (International Institute of
Strategic Studies) 1990

Anglo-Spanish Society 1993
(Chairman since 1995)

Chairman - Governing Body

SOAS

(School of Oriental & African Studies) 1990

4.7.96

1:HTATRSTS.REG