

The Insolvency Act 1986

Notice to registrar of companies of notice of disclaimer under section 178 of the insolvency Act 1986

Please complete in typescript, or in bold black capitals

To the Registrar of Companies

Company number 06690487

Company name in full AA Fitness (Lincoln) Ltd

(a) Insert full name and address of liquidator

I, Stephen P J White
of White & Co
20 Cornhill
Lincoln
LN5 7HB

Insert date of disclaimer

attach a copy of a notice of disclaimer signed by me as liquidator of the above named company

on 7 Aug 2013

Signature



Date

3 Sept 2013

Presenter's details:

You do not have to give any contact information in the box opposite but if you do, it will help Companies House to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public record.

Stephen P J White
White & Co
20 Cornhill
Lincoln
LN5 7HB

Tel 01522 548400

DX

THURSDAY



A41 *A2GACW08* #270
05/09/2013
COMPANIES HOUSE

When completed and signed please send it to the Registrar of Companies at

**Companies House, Crown Way, Cardiff CF14 3UZ
DX 33050 Cardiff**

**Rule 4.187
4.188 4.189**

**Notice of Disclaimer under section
178 of the Insolvency Act 1986**

Form 4.53A

AA Fitness (Lincoln) Ltd

PART 1
Insert name of
liquidator(s)

I, Stephen P J White,

the liquidator of the above-named company, disclaim all my interest, if any in

the lease dated 10 October 2008 in respect of the leasehold premises known as First
and Second Floors of 290/291 High Street, Lincoln

Dated 7 August 2013

Signed

Name in BLOCK STEPHEN P J WHITE
LETTERS

Address White & Co
 20 Cornhill
 Lincoln
 LN5 7HB

PART 2

(c) Insert name
and address of
person to be sent
copy notice under
Rule 4 187, 4 188
and 4 189

To (c) Teddys Amusements Limited, Unit 2, Therm Road, New Cleveland Street,
Hull, HU8 7BF

(d) Insert date on
which notice of
disclaimer signed

This is a copy notice of disclaimer signed by the liquidator(s) of the above named
company on (d) 7 August 2013

The attention of a recipient of this notice is drawn to sections 178-182 of the
Insolvency Act 1986 in the case of a winding up

- NOTES:**
- 1 Part 1 is to be completed by the liquidator
Part 2 is to be completed by or on behalf of the liquidator when sending out copy
notices under Rule 4 187, 4 188 and 4 189
 - 2 Where the property concerned consists of land or buildings the nature of the interest
should also be stated (e.g. whether leasehold, freehold, etc)
 - 3 Under Rule 4 187 a copy notice must be sent to the Registrar of Companies and
where the property concerned consists of registered land as defined in section 132 of
the Land Registration Act 2002 (i.e. a registered estate or a registered charge),
please include the registered title number of the property, if known and a copy of the
notice should be sent to the Chief Land Registrar