

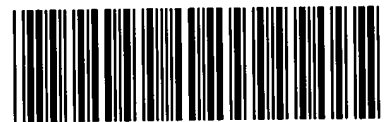
**1 in 4 People Ltd**  
**Directors' Report and Financial Statements**  
**For the Year Ended**  
**31<sup>st</sup> March 2017**

**Company No. 02026504**

**Charity No. 900253**

**Brooking Ruse,  
Chartered Accountants &  
Registered Auditors,  
2 Stafford Place,  
Weston-super-Mare,  
Somerset, BS23 2QZ.**

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**1 in 4 People Ltd**

**Financial Statements for the Year Ended 31<sup>st</sup> March 2017**

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**Annual Report of the Directors and Trustees**

The directors and trustees present their report together with the audited financial statements of the company for the year ended 31<sup>st</sup> March 2017.

**Administrative Details**

The incorporated charity is limited by guarantee, number 02026504 and is a registered charity, number 900253. It is governed by the Articles of Association adopted on 16<sup>th</sup> November 2010.

**Principal and Registered Office**

39 Oxford Street  
Weston-super-Mare  
Somerset  
BS23 1TN.

**Charity Trustees/Company Directors**

P. Brabham  
D. Burden  
A. Burdge  
M. Cottrell (resigned 9 June 2016)  
C. Smith  
I. Sully (resigned 1 May 2016)  
R. Williams (appointed 2 March 2017)

**Company Secretary**

S. Williams

**Objects of Charity**

The charity's objects ("Objects") are specifically restricted to the following:

- a) To enable individuals to be empowered in dealing with their mental health issues
- b) To provide a safe environment for people to recover at their own pace
- c) To provide easy-to-access response service to people taking steps to prevent mental breakdown.
- d) To provide a range of meaningful services, based on needs identified:
  - i. In conjunction with service users
  - ii. By local and national indicators and policy and reviews of mental health issues
  - iii. By regular evaluation of provision to adapt such services as appropriate.
- e) To promote good relationships between mental health service users and those who provide support to them.
- f) To offer a comprehensive and current range of resources, providing information to individuals about all aspects of mental health and other service provision to assist in maintaining good health and recovery.
- g) To encourage service users to take an active role in the running and management of the organisation, at every level, providing support and training.

*continued....*

**Annual Report of the Directors and Trustees** ...continued

- h) To offer services, when and only when strictly approved by the directors having given due reference to the Objects as a whole, to service users in North Somerset whose primary need may not be recognised as mental health but for whom good mental health and well-being may be deemed to be at some level of risk.

The aims of the charity are in accordance with its Objects above and are intended to benefit individuals within North Somerset. The charity trustees are of the opinion that they have complied with the duty in section 17(5) of the 2011 Charities Act to have due regard to guidance published by the Charity Commission on public benefit.

**Structure Governance and Management**

Charity Trustees/Directors of 1 in 4 People Ltd are elected annually at the Annual General Meeting. Certificated Members who have demonstrated their commitment to the principles and philosophy of 1 in 4 People Ltd can apply to be elected to the Board. They are first asked to come to Trustees' meetings as an Observer, and have no voting rights at this stage but can otherwise be involved with discussions. Once the Board is satisfied that the Observer will make a valuable contribution they are nominated and voted on as a full Member of the Trustee Board.

The Governing Document, the Articles of Association, does not limit the powers of the Trustees to make investments.

1 in 4 People Ltd is managed by a voluntary Trustee Board (the decision-making group) who meet monthly. The Manager runs the project on behalf of the Board on a day-to-day basis.

**Trustees' Statement of Responsibilities**

The trustees [who are also directors of 1 in 4 People Ltd for the purposes of company law] are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 *The Financial Reporting Standard applicable in the UK and Republic of Ireland* (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- a) select suitable accounting policies and then apply them consistently;
- b) observe the methods and principles in the Charities SORP;
- c) make judgments and estimates that are reasonable and prudent;
- d) state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- e) prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

continued...

**Annual Report of the Directors and Trustees** ...continued

In so far as the trustees are aware: there is no relevant audit information of which the charitable company's auditors are unaware; and the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

The trustees are responsible for the maintenance and integrity of the charity and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

The trustees are also responsible for identifying major risks to which the charity is exposed. They believe systems have been established to manage those risks.

**Personnel and Advisors (Current)**

Manager Bramwell Tout

**Project Workers**

Advocacy Services Clevedon  
Weston-super-Mare  
Simon Gourlay, Emma Prescott  
Becci McCready, Juliet Sharpe  
Nikki Perry, George Fortune

Finance/Company Secretary Sheena Williams

**Auditors**

Brooking, Ruse & Co. Limited  
Chartered Accountants and  
Registered Auditors  
2 Stafford Place  
Weston-super-Mare  
Somerset, BS23 2QZ.

**Solicitors**

Wards Solicitors  
37 Boulevard  
Weston-super-Mare  
Somerset  
BS23 1PE.

**Bankers**

HSBC  
34 High Street  
Keynsham  
Bristol  
BS31 1DQ.

**Statement from the Chairman**

On behalf of all the Trustees I would like to thank all of our staff, volunteers and supporters who make 1in4 People such a special charity to be part of. Without your support we could not achieve what we do.

Our role at 1in4 People is not to treat mental illness but to enable mental well-being. We aim to empower people with mental health issues to tackle the challenges they face and move forward with their lives.

We're a safe place to be. We understand the problems but above all, we provide the people who come to us with the tools they need to get well and stay well. While recovery is a personal journey, no one is alone.

We work with many other amazing organisations, community groups and individuals and are involved in helping to promote and develop multi-agency working.

In the longer term we are also striving to reduce and remove the stigma associated with mental health, to encourage society to regard it as something that can affect us all.

The past year has seen some challenging times in a very difficult economic and political climate. The Trustees are committed to producing a balanced operating performance, whilst ensuring that our vision to 'empower, enable, enlighten and engage continues.

continued....

**Achievements and Performance**

During the year 2016-2017 we have managed to sustain our services in conjunction with local needs whilst also expanding our counselling services through very difficult financial and political times. Our teams at both Weston and Clevedon have worked tirelessly to ensure that the charity has maintained delivery of services.

**Advocacy:**

We have continued to provide, through an increasing demand, Independent Mental Health and Mental Capacity advocacy across North Somerset, with a focus on Deprivation of Liberty and Safeguarding cases driven by local need.

Generic Advocacy is helping or taking action on behalf of a person who is faced with a problem or an issue. The Advocates can support you at times when you are finding it difficult to get your views heard, but they will also work to empower you to resolve your problems yourself.

Through this year we have seen changes in our advocacy team with both Claire Gilbert and Becs Malins leaving to progress their careers elsewhere, we wish them both success. This has, therefore, brought the arrival of our new advocate Emma Prescott. Emma joins us with a vast knowledge of social care in the care home sector. We are really pleased that Emma has joined us.

We have seen a huge leap in demand for Deprivation of Liberty and Safeguarding cases being taken to the Court of Protection with an increasing time commitment being put onto our advocacy staff. This gives those under DoLS to access their rights regarding decisions on where they live. This is a vital part of the Human Rights Act to access a right to family and homelife.

**Counselling:**

Our Counselling service has undergone a huge change and an ever increasing demand for the service, with referrals from different external agencies as well as doctor's surgeries increasing.

Counselling is a confidential space to help you understand yourself and situation and make changes when you feel ready to do so. Counselling can support you to express and make sense of strongly bottled up feelings which can help reduce the pain and distress they cause. Working with your counsellor you can increase your understanding of yourself which may help you to move forward with your own personal goals.

This year has seen the implementation of our Telephone Counselling service, enabling those who are unable to leave their homes to have access to a much needed service. This has been achieved through funding from Quartet.

This year has also seen the start of a new joint working partnership with the High Impact Families Team, with 1in4 People delivering both counselling and training. This is a pilot scheme that is hoped will reach and help families in crisis.

At 1in4 People we have a highly skilled team of counsellors comprising of both qualified counsellors and those on placement. All are required to meet our high standards and are registered with BACP, delivering an amazing service across North Somerset.

**Aspire:**

The Aspire project helps you to set yourself realistic goals to find new activities and interest to benefit your wellbeing. As with all of our services, the Aspire programme has seen a growing demand, with help being given for various needs ranging from new hobbies to education and

**Annual Report of the Directors and Trustees** ...continued

exploring work options. We have seen some amazing achievements this year, ranging from little steps that are huge challenges to bigger steps that have led to employment. The Aspire programme is run by both staff and volunteers. This programme continues to help people make positive moves towards achieving goals and is a valuable part of the service we offer.

**Social Inclusion:**

We continue to deliver a range of activity and wellbeing based programmes at both our Weston-super-Mare and Clevedon centres.

Weston-super-Mare has seen a change in its programme, following consultation with service users and the success of the pilot programme at our Clevedon centre, we now deliver gender specific drop-ins with a Men only group on Monday afternoons and Women only group on Friday afternoons. We are also delivering a mixed group on Wednesday afternoons. These groups are Peer led with our service users taking the lead on how they want the groups to develop. Weston-super-Mare are still delivering Art, in conjunction with Milestones Trust, this is proving a highly successful partnership working for both 1in4 People and Milestones. Holistic Therapies have also continued with a continuous flow of service users receiving alternative therapies to help with their wellbeing. Citizens Advice Bureau have continued to help our service users, offering a wide range of services. This has been a long term partnership that has been an invaluable service.

Clevedon has continued its programme of gender specific and mixed groups. The Clevedon centre also deliver Art, Creative Writing and much in demand Holistic Therapies. Within the Clevedon centre the Mindfulness group has blossomed, with many service users participating in this much needed group. The allotment has seen the installation of a poly tunnel enabling more work to be carried out for the benefit of service users. The money for the poly tunnel was raised through fundraising, with the final amount being supplied by the charity. Our Clevedon centre has seen an increase in the activities that take place there – with the centre facilitating the ability for service users to access badminton as one.

Both centres benefit from being able to offer rooms to Positive Step for 1:1 intervention and this continues to prove beneficial to both agencies.

The Fibromyalgia group has grown with 2 sessions a month now being delivered at our Weston centre. The BASS Autism Services for Adults now utilise rooms within our Weston centre every Thursday, another amazing service increasing 1in4 People's partnership working.

During this year we have developed both Mindfulness and Anxiety workshops which will be delivered from the Weston centre. These will be monthly workshops and we have already received lots of interest with the first ones already fully booked. We welcome George Fortune to our team at our Weston centre.

**Future Developments****Goals for 2017-18**

During the next year we plan to:

- Build relationships with other external agencies;
- Work in partnership with LGBT team;
- Increase our self-help support groups;
- Include both telephone and skype counselling within our counselling services;
- Maintain our advocacy provision.

continued....

**Annual Report of the Directors and Trustees** ....continued

**Reserves**

The charity's policy is to maintain reserves at a prudent level in relation to annual income and expenditure. The surplus arising in the year to 31<sup>st</sup> March 2017 of £19,909 resulted in reserves amounting to £221,118 to be carried forward to 2017/18.

**Financial Achievement**

As mentioned in last year's report, management were tasked with addressing the disparity between income and expenditure. As mentioned above the surplus arising in the year to 31st March 2017 is testament to their hard work.

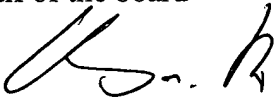
We are hoping that the increased amount of counselling will continue to provide additional income. This should expand due to increasing demand for this service.

As a result of the budgets now in place, we are confident that we will meet all our financial obligations in the foreseeable future.

**Small Company**

This directors' report has been prepared in accordance with the provisions applicable to companies subject to the small companies' regime of the Companies Act 2006.

On behalf of the board



.....Signed  
*Dr. C.L. Smith – Trustee/Director*

*8<sup>th</sup> June 2017*



**To the Trustees of 1 in 4 People Ltd**

We have audited the financial statements of 1 in 4 People Ltd for the year ended 31<sup>st</sup> March 2017 which comprise the Statement of Financial Activities, the Balance Sheet and the related notes. The financial statements reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards including FRS102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" (United Kingdom Generally Accepted Accounting Practice).

This report is made solely to the company's certificated members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the company's certificated members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the company and the company's members as a body, for our audit work, for this report, or for the opinions we have formed.

**Respective responsibilities of trustees and auditor**

As explained more fully in the Trustees' Responsibilities Statement (set out on pages 2 and 3) the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view.

Our responsibility is to audit and express an opinion on the financial statements in accordance with applicable law and International Standards on Auditing (UK and Ireland). Those standards require us to comply with the Auditing Practices Board's (APB's) Ethical Standards for Auditors.

**Scope of the audit of the financial statements**

An audit involves obtaining evidence about the amounts and disclosures in the financial statements sufficient to give reasonable assurance that the financial statements are free from material misstatement, whether caused by fraud or error. This includes an assessment of: whether the accounting policies are appropriate to the charitable company's circumstances and have been consistently applied and adequately disclosed; the reasonableness of significant accounting estimates made by the trustees; and the overall presentation of the financial statements. In addition, we read all the financial and non-financial information in the Annual Report of the Directors and Trustees to identify material inconsistencies with the audited financial statements. If we become aware of any apparent material misstatements or inconsistencies we consider the implications for our report.

**Opinion on financial statements**

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31<sup>st</sup> March 2017 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice applicable to smaller entities; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

*continued....*

**To the Trustees of 1 in 4 People Ltd** .....continued

**Opinion on other matter prescribed by the Companies Act 2006**

In our opinion the information given in the Trustees' Annual Report which incorporates the directors' report required by company law for the financial year for which the financial statements are prepared is consistent with the financial statements.

**Matters on which we are required to report by exception**

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- Adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us; or
- The financial statements are not in agreement with the accounting records and returns; or
- Certain disclosures of trustees' remuneration specified by law are not made; or
- We have not received all the information and explanations we require for our audit; or
- The trustees were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies exemption in preparing the Trustees' Annual Report.

Robert D. Orr ACA, Senior Statutory Auditor  
For and on behalf of  
Brooking, Ruse & Co. Limited,  
Statutory Auditor.

2 Stafford Place,  
Weston-super-Mare,  
Somerset, BS23 2QZ.

*8<sup>th</sup> June 2017*

Statement of Financial Activities for the Year Ended 31<sup>st</sup> March 2017

|   | Notes | Unrestricted<br>Funds<br>£ | Restricted<br>Funds<br>£ | Total<br>Funds<br>2017<br>£ | Total<br>Funds<br>2016<br>£ |
|---|-------|----------------------------|--------------------------|-----------------------------|-----------------------------|
| <b>Incoming Resources from<br/>Generated Funds:</b> |       |                            |                          |                             |                             |
| <i>Voluntary Income:</i>                            |       |                            |                          |                             |                             |
| Grants and Donations                                | 3     | 35,308                     | 317,511                  | 352,819                     | 339,661                     |
| <i>Activities for Generating Funds:</i>             |       |                            |                          |                             |                             |
| Rent Receivable                                     |       | 9,630                      | -                        | 9,630                       | 4,038                       |
| <b>Total Incoming Resources</b>                     |       | <u>44,938</u>              | <u>317,511</u>           | <u>362,449</u>              | <u>343,699</u>              |
| <b>Resources Expended</b>                           |       |                            |                          |                             |                             |
| <b>Costs of Generating Funds</b>                    |       |                            |                          |                             |                             |
| Charitable Activities                               | 8     | 24,488                     | 314,632                  | 339,120                     | 384,684                     |
| Governance Costs                                    | 8     | -                          | 3,420                    | 3,420                       | 3,390                       |
| <b>Total Resources Expended</b>                     |       | <u>24,488</u>              | <u>318,052</u>           | <u>342,540</u>              | <u>388,074</u>              |
| <b>Net Movement in Funds</b>                        |       | 20,450                     | ( 541)                   | 19,909                      | ( 44,375)                   |
| <b>Reconciliation of Funds</b>                      |       |                            |                          |                             |                             |
| Total Funds Brought Forward                         |       | <u>123,972</u>             | <u>77,237</u>            | <u>201,209</u>              | <u>245,584</u>              |
| <b>Total Funds Carried Forward</b>                  |       | <u><u>144,422</u></u>      | <u><u>76,696</u></u>     | <u><u>221,118</u></u>       | <u><u>201,209</u></u>       |

This statement of financial activities includes all gains and losses in the year which would reflect the same information contained in an income and expenditure account. All incoming resources and resources expended derive from continuing activities.

Balance Sheet as at 31<sup>st</sup> March 2017

| 2016           |  | Notes | £             | £              |
|----------------|--|-------|---------------|----------------|
| 201,466        | <b>Fixed Assets</b>                          |       |               |                |
| <u>201,466</u> | Tangible Assets                              | 9     |               | 191,110        |
|                | <b>Current Assets</b>                        |       |               |                |
| 9,418          | Debtors                                      | 10    | 26,333        |                |
| <u>48,662</u>  | Cash at Bank and In Hand                     |       | <u>76,322</u> |                |
| 58,080         |  |       | 102,655       |                |
|                | <b>Creditors</b>                             |       |               |                |
| <u>38,990</u>  | Amounts falling due within one year          | 11    | <u>61,138</u> |                |
| 19,090         | <b>Net Current Assets</b>                    |       |               | 41,517         |
| <u>220,556</u> | <b>Total Assets Less Current Liabilities</b> |       |               | <u>232,627</u> |
|                | <b>Creditors</b>                             |       |               |                |
| <u>19,347</u>  | Amounts falling due after more than one year | 12    |               | <u>11,509</u>  |
| 201,209        | <b>Net Assets</b>                            |       |               | <u>221,118</u> |
|                | <b>Represented by:</b>                       |       |               |                |
| 123,972        | General Fund                                 | 14    |               | 144,422        |
| <u>77,237</u>  | Restricted Funds                             | 14    |               | <u>76,696</u>  |
| <u>201,209</u> |  |       |               | <u>221,118</u> |

The accounts have been prepared in accordance with the provisions of the Companies Act 2006 applicable to companies subject to the small companies regime and in accordance with FRS102 SORP.

These accounts were approved by the board of directors and authorised for issue on 8<sup>th</sup> June 2017, and are signed on behalf of the board by:



..... Signed  
**Dr. C.L. Smith - Director**

**Notes to the Financial Statements for the Year Ended 31<sup>st</sup> March 2017****1. General Information**

1 in 4 People Ltd is a charity registered in England and Wales and a company limited by guarantee. The registered office is 39 Oxford Street, Weston-super-Mare, Somerset, BS23 1TN.

**2. Accounting Policies****(a) Basis of preparation of financial statements**

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 April 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

**(b) Transition to FRS 102**

The entity transitioned from previous UK GAAP to FRS 102 as at 1 April 2015. Details of how FRS 102 has affected the reported financial position and financial performance is given in note 16.

**(c) Preparation of the accounts on a going concern basis**

The charity reported a surplus for the year of £19,909 compared to the deficit of £44,375 in 2016. The Trustees' efforts to return to a balanced financial performance have been successful, and are confident that the steps undertaken last year and this, will be sustained in the short term. Together with the increased working capital, the Trustees have prepared the accounts on a going concern basis.

**(d) Funds structure**

Unrestricted income funds comprise those funds which the trustees are free to use for any purpose in furtherance of the charitable objects. Unrestricted funds include designated funds where the trustees, at their discretion, have set aside resources for a specific purpose.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by the donor.

**(e) Incoming resources**

All incoming resources are recognised once the charity has entitlement to the resources, it is certain that the resources will be received and the monetary value of incoming resources can be measured with sufficient reliability. The following specific policies are applied to particular categories of income:

Grants, where entitlement is not conditional on the delivery of a specific performance by the charity, are recognised when the charity becomes unconditionally entitled to the grant.

Incoming resources from grants, where there are performance or service deliverables required by the terms of the grant, are accounted for as the charity earns the right to payment through its performance.

Donated services and facilities are included at the value to the charity where this can be quantified.

Investment income is included when receivable.

Notes to the Financial Statements For the Year Ended 31<sup>st</sup> March 2017 ...continued(f) **Resources expended**

Liabilities are recognised as resources expended as soon as there is a legal or constructive obligation committing the charity to the expenditure. All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category.

(g) **Irrecoverable VAT**

Irrecoverable VAT is charged against the category of resources expended for which it was incurred.

(h) **Allocation of overhead and support costs**

Support costs include administrative office functions, and have been allocated to activity cost categories on a basis consistent with the use of resources, allocating property costs on floor areas, staff costs by the time spent and other costs on a measure of usage.

(i) **Tangible Fixed Assets**

Depreciation is provided, after taking account of any grants receivable, at the following annual rates in order to write off each asset over their estimated useful lives as follows:

|                                    |                           |
|------------------------------------|---------------------------|
| Freehold Property and Improvements | - 5% on reducing balance  |
| Fixtures, Fittings & Equipment     | - 25% on reducing balance |

3. **Income**

The income and surplus before taxation are attributable to the one principal activity of the Charity, which is continuing.

|                                      | General<br>Funds<br>£ | Restricted<br>Funds<br>£ | Total<br>Funds<br>2017<br>£ | Total<br>Funds<br>2016<br>£ |
|--------------------------------------|-----------------------|--------------------------|-----------------------------|-----------------------------|
| <b>Grants and Donations</b>          |                       |                          |                             |                             |
| <i>North Somerset Council:</i>       |                       |                          |                             |                             |
| Outreach/Community Advocacy          | -                     | 118,684                  | 118,684                     | 130,660                     |
| Independent Mental Capacity Advocacy | -                     | 53,752                   | 53,752                      | 46,646                      |
| Independent Mental Health Advocacy   | -                     | 20,501                   | 20,501                      | 24,340                      |
| <i>NHS North Somerset CCG:</i>       |                       |                          |                             |                             |
| Core Service (WsM)                   | -                     | 119,574                  | 119,574                     | 121,672                     |
| <i>Quartet</i>                       | -                     | 5,000                    | 5,000                       | -                           |
| Paid Rep                             | 8,017                 | -                        | 8,017                       | 2,225                       |
| Counselling                          | 8,065                 | -                        | 8,065                       |                             |
| Donations                            | 19,226                | -                        | 19,226                      | 14,118                      |
|                                      | 35,308                | 317,511                  | 352,819                     | 339,661                     |
|                                      | 35,308                | 317,511                  | 352,819                     | 339,661                     |

Notes to the Financial Statements For the Year Ended 31<sup>st</sup> March 2017 ...continued

|  |                   |                   |
|--|-------------------|-------------------|
| <b>4. Operating Surplus</b>  | <b>2017</b>       | <b>2016</b>       |
|  | <b>£</b>          | <b>£</b>          |
| This is stated after charging:   |                   |                   |
| Depreciation – Owned Assets  | 11,028            | 11,709            |
| Auditors Remuneration - Audit Services   | 3,420             | 3,390             |
| - Other Services   | -                 | 1,140             |
|  | <u>          </u> | <u>          </u> |
| <b>5. Staff Costs and Emoluments</b>   | <b>2017</b>       | <b>2016</b>       |
|  | <b>£</b>          | <b>£</b>          |
| The Charity employs three full time (2016: three)<br>and five part-time (2016: five) staff at a cost of: |                   |                   |
| Gross Salaries   | 153,180           | 177,549           |
| Employers' NIC – Net of Allowance  | 9,576             | 11,893            |
| Redundancy Costs   | -                 | 1,710             |
| Pension Costs  | <u>284</u>        | <u>-</u>          |
|  | <u>163,040</u>    | <u>191,152</u>    |

Seven employees have taken up the option to enter the pension scheme made available.

No employees receive salaries in excess of £60,000 per annum.

**6. Trustees Remuneration and Related Party Transactions**

No members of the management committee received any remuneration during the year. (2016: nil).

No trustee or other person related to the charity had any personal interest in any contract or transaction entered into by the charity during the year. (2016: nil).

**7. Taxation**

The charity is exempt from tax on income and gains falling within the Corporation Tax Act 2010 or section 256 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects. No tax charges have arisen in the charity.

## 8. Total Resources Expended

|   | Basis of Allocation | Charitable Activities | Governance   | Total 2017     | Total 2016     |
|---|---------------------|-----------------------|--------------|----------------|----------------|
|   |                     | £                     | £            | £              | £              |
| <b>Costs Directly Allocated to Activities</b> |                     |                       |              |                |                |
| Staff Costs                                   | Staff Time          | 163,040               | -            | 163,040        | 189,442        |
| Staff Training                                | Direct              | 10,612                | -            | 10,612         | 6,159          |
| Recruitment                                   | Direct              | 850                   | -            | 850            | 700            |
| Redundancy Costs                              | Direct              | -                     | -            | -              | 1,710          |
| Provision of Services                         | Direct              | 75,330                | -            | 75,330         | 85,227         |
| Travel  | Direct              | 4,388                 | -            | 4,388          | 5,963          |
| Volunteer Expenses                            | Direct              | 9,154                 | -            | 9,154          | 6,864          |
| Audit and Accountancy Fees                    | Direct              | -                     | 3,420        | 3,420          | 4,530          |
| <b>Support Costs Allocated to Activities</b>  |                     |                       |              |                |                |
| Premises                                      | Floor Area          | 29,977                | -            | 29,977         | 40,869         |
| Office Costs                                  | Staff Time          | 20,831                | -            | 20,831         | 21,687         |
| Communications                                | Staff Time          | 12,965                | -            | 12,965         | 12,153         |
| Depreciation                                  | Usage               | 11,028                | -            | 11,028         | 11,709         |
| Bank Charges and Interest                     | Usage               | 393                   | -            | 393            | 329            |
| Loan Interest                                 | Usage               | 552                   | -            | 552            | 732            |
|   |                     | <u>339,120</u>        | <u>3,420</u> | <u>342,540</u> | <u>388,074</u> |

Costs of management and administration include a premium in respect of professional indemnity insurance in the sum of £1,453.



Notes to the Financial Statements for the Year Ended 31<sup>st</sup> March 2017 ...continued

| 9. Tangible Fixed Assets   | Freehold      | Improve-<br>ments to<br>Property | Fixtures,<br>Fittings &<br>Equipment | Totals         |
|--|---------------|----------------------------------|--------------------------------------|----------------|
| Cost   | £             | £                                | £                                    | £              |
| As at 1 <sup>st</sup> April 2016                                   | 92,138        | 260,148                          | 49,847                               | 402,133        |
| Additions  | -             | -                                | 672                                  | 672            |
| As at 31 <sup>st</sup> March 2017                                  | 92,138        | 260,148                          | 50,519                               | 402,805        |
| <b>Depreciation</b>  |               |                                  |                                      |                |
| As at 1 <sup>st</sup> April 2016                                   | 49,450        | 105,305                          | 45,912                               | 200,667        |
| Charge for Year  | 2,134         | 7,742                            | 1,152                                | 11,028         |
| As at 31 <sup>st</sup> March 2017                                  | 51,584        | 113,047                          | 47,064                               | 211,695        |
| <b>Net Book Value at 31<sup>st</sup> March 2017</b>                | <b>40,554</b> | <b>147,101</b>                   | <b>3,455</b>                         | <b>191,110</b> |
| <b>Net Book Value at 31<sup>st</sup> March 2016</b>                | <b>42,688</b> | <b>154,843</b>                   | <b>3,935</b>                         | <b>201,466</b> |
|  |               |                                  | <b>2017</b>                          | <b>2016</b>    |
|  |               |                                  | £                                    | £              |
| 10. <b>Debtors</b>   |               |                                  |                                      |                |
| Other debtors  |               |                                  | 26,033                               | 9,418          |
| Prepayments  |               |                                  | 300                                  | -              |
|  |               |                                  | <u>26,333</u>                        | <u>9,418</u>   |
| 11. <b>Creditors: Amounts falling due within one year</b>          |               |                                  |                                      |                |
| Bank Loan (Secured)  |               |                                  | 7,500                                | 7,000          |
| Creditors and Accruals   |               |                                  | 18,375                               | 22,191         |
| Deferred Income  |               |                                  | <u>35,263</u>                        | <u>5,479</u>   |
|  |               |                                  | <u>61,138</u>                        | <u>34,670</u>  |
| 12. <b>Creditors: Amounts falling due after more than one year</b> |               |                                  |                                      |                |
| Bank Loan (Secured)  |               |                                  | <u>11,509</u>                        | <u>19,347</u>  |

The bank loan is secured on the charity's freehold property and is repayable over twenty years, commencing in 2007. It is subject to interest at 1.9% over bank base rate.

Notes to the Financial Statements for the Year Ended 31<sup>st</sup> March 2017 ...continued

| 13. Net Assets by Fund | General<br>Fund<br>£ | Restricted<br>Premises<br>Fund<br>£ | Restricted<br>Counselling<br>Fund<br>£ | Total<br>£     |
|------------------------|----------------------|-------------------------------------|--|----------------|
| Fixed Assets           | 98,725               | 92,385                              | -                                      | 191,110        |
| Current Assets         | 99,335               | -                                   | 3,320                                  | 102,655        |
| Current Liabilities    | ( 53,638)            | ( 7,500)                            | -                                      | ( 61,138)      |
| Long Term Creditors    | -                    | ( 11,509)                           | -                                      | ( 11,509)      |
|                        | <u>144,422</u>       | <u>73,376</u>                       | <u>3,320</u>                           | <u>221,118</u> |

| 14. Reserves                 | General<br>Fund<br>£ | Restricted<br>Premises<br>Fund<br>£ | Restricted<br>Counselling<br>Fund<br>£ |
|------------------------------|----------------------|-------------------------------------|--|
| Brought forward              | 123,972              | 77,237                              | -                                      |
| Income & Expenditure Account | 20,450               | ( 3,861)                            | 3,320                                  |
| Carried forward              | <u>144,422</u>       | <u>73,376</u>                       | <u>3,320</u>                           |

15. **Company Limited By Guarantee**

The company is limited by guarantee and does not have a share capital.

16. **Transition to FRS 102**

These are the first financial statements that comply with FRS 102. The company transitioned to FRS 102 on 1 April 2015.

**Reconciliation of equity**

No transitional adjustments were required.

**Reconciliation on profit or loss for the year**

No transitional adjustments were required.