

AR01

Annual Return

012383 e30



A fee is payable with this form
Please see 'How to pay' on the last page

You can use the WebFiling service to file this form online.
Please go to www.companieshouse.gov.uk

What this form is for
You may use this form to confirm that the company information is correct as at the date of this return. You must file an Annual Return at least once every year.

What this form is NOT for
You cannot use this form to give notice of changes to directors, registered office, company type or information relating to the company.

TUESDAY



A14 *AFCMDP5U* 473
16/11/2010
COMPANIES HOUSE

base
/ uk

Part 1 Company details

The section must be completed by all companies.

→ **Filling in this form**
Please complete in typescript or in bold black capitals.
All fields are mandatory unless specified or indicated by *

A1 Company details

Company number: 2 6 6 0 2 5 6

Company name in full: PMI Health Group Limited

① **Company name change**
If your company has recently changed its name, please provide the company name as at the date of this return.

A2 Return date

Please give the annual return made up date. This must not be a future date. The annual return must be delivered within 28 days of the date of this return.

Date of this return: 0 5 / 1 1 / 2 0 1 1

② **Date of this return**
Your company's return date is usually the anniversary of incorporation or the anniversary of the last annual return filed at Companies House. You may choose an earlier return date but it must not be a later date.

A3 Principal business activity

Please show the trade classification code number(s) for the principal activity or activities.

Classification code 1: 7 4 1 5
Classification code 2:
Classification code 3:
Classification code 4:

③ **Principal business activity**
You must provide a trade classification code (SIC code) or a description of your company's main business in this section.
A full list of the trade classification codes are available on our website www.companieshouse.gov.uk

If you cannot determine a code, please give a brief description of your business activity below.

Principal activity description

Blank lines for describing the principal activity.

AR01
Annual Return

A4

Company type ①

- Please confirm your company type by ticking the appropriate box below (only one box must be ticked)
- Public limited company
 - Private company limited by shares
 - Private company limited by guarantee
 - Private company limited by shares exempt under section 60
 - Private company limited by guarantee exempt under section 60
 - Private unlimited company with share capital
 - Private unlimited company without share capital

① Company type
If you are unsure of your company type, please check your latest certificate of incorporation or our website www.companieshouse.gov.uk

A5

Registered office address ②

Building name/number	The Courtyard Hall Lane
Street	Wincham
Post town	Northwich
County/Region	Cheshire
Postcode	C W 9 6 D G

② Change of registered office
This must agree with the address that is held on the Companies House record at the date of this return

If the registered office address has changed, you should complete form **AD01** and submit it together with this annual return

A6

Single alternative inspection location (SAIL) of the company records (if applicable) ③

Building name/number	
Street	
Post town	
County/Region	
Postcode	

③ SAIL address
This must agree with the address that is held on the Companies House record at the date of this return

If the address has changed, you should complete form **AD02** and submit it together with this annual return

A7

Location of company records ④

- Please tick the appropriate box to indicate which records are kept at the SAIL address in **Section A6**:
- Register of members
 - Register of directors
 - Directors' service contracts
 - Directors' indemnities
 - Register of secretaries
 - Records of resolutions etc
 - Contracts relating to purchase of own shares
 - Documents relating to redemption or purchase of own share out of capital by private company
 - Register of debenture holders
 - Report to members of outcome of investigation by public company into interests in its shares
 - Register of interests in shares disclosed to public company
 - Instruments creating charges and register of charges (England

④ Location of company records
If the company records are held at the registered office address, **do not** tick any of the boxes in this section

Certain records must be kept by every company while other records are only kept by certain company types where appropriate

If the records are not kept at the SAIL address, they must be available at the registered office

If any of the company records have moved from the registered office to the address in Section **A6** since the last annual return

Part 2 Officers of the company

This section should include details of the company at the date to which this annual return is made up

- For a **secretary** who is an individual, go to **Section B1**.
- For a **corporate secretary**, go to **Section C1**.
- For a **director** who is an individual, go to **Section D1**
- For a **corporate director**, go to **Section E1**.

Continuation pages
Please use a continuation page if you need to enter more officer details

Secretary

B1

Secretary's details ①

Please use this section to list all the secretaries of the company
For a corporate secretary, complete **Section C1-C4**.

Title *	Mr
Full forename(s)	Richard
Surname	Munro
Former name(s) ②	

① **Secretary appointments**
You may not use this form to appoint a secretary. To do this, please complete form **AP03** and submit it together with this annual return

Corporate details
Please use **Section C1-C4** to enter corporate secretary details

Secretary details
All details must agree with those previously notified to Companies House. If you have made changes since the last annual return and have not notified us, please complete form **CH03**

② **Former name(s)**
Please provide any previous names which have been used for business purposes during the period of this return. Married women do not need to give former names unless previously used for business purposes

B2

Secretary's service address ③

Building name/number	The Company's Registered Office
Street	
Post town	
County/Region	
Postcode	□ □ □ □ □ □ □ □
Country	

③ **Service address**
If you have previously notified Companies House that the service address is at 'The Company's Registered Office', please state 'The Company's Registered Office' in the address

This information will appear on the public record

AR01
Annual Return

Corporate secretary

C1 Corporate secretary's details ①		<p>① Corporate secretary appointments You cannot use this form to appoint a corporate secretary. To do this, please complete form AP04 and submit it together with this annual return.</p> <p>Corporate secretary details All details must agree with those previously notified to Companies House. If you have made changes since the last annual return and have not notified us, please complete form CH04.</p> <p>This information will appear on the public record.</p>							
Please use this section to list all the corporate secretaries of the company									
Corporate body/firm name									
Building name/number									
Street									
Post town									
County/Region									
Postcode	<table border="1"> <tr> <td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td> </tr> </table>								
Country									
C2 Location of the registry of the corporate body or firm									
Is the corporate secretary registered within the European Economic Area (EEA)?									
<p>→ Yes Complete Section C3 only</p> <p>→ No Complete Section C4 only</p>									
C3 EEA companies ②		<p>② EEA A full list of countries of the EEA can be found in our guidance www.companieshouse.gov.uk</p> <p>③ This is the register mentioned in Article 3 of the First Company Law Directive (68/151/EEC)</p>							
Please give details of the register where the company file is kept (including the relevant state) and the registration number in that register									
Where the company/firm is registered ③									
Registration number									
C4 Non-EEA companies		<p>④ Non-EEA Where you have provided details of the register (including state) where the company or firm is registered, you must also provide its number in that register.</p>							
Please give details of the legal form of the corporate body or firm and the law by which it is governed. If applicable, please also give details of the register in which it is entered (including the state) and its registration number in that register.									
Legal form of the corporate body or firm									
Governing law									
If applicable, where the company/firm is registered ④									
If applicable, the registration number									

AR01
Annual Return

Director

D1

Director's details ①

Please use this section to list all the directors of the company
For a corporate director, complete Section E1-E4.

Title *	Mr																
Full forename(s)	Christopher Perks																
Surname	Baldwin																
Former name(s) ②																	
Country/State of residence	United Kingdom																
Nationality	British																
Date of birth	<table border="1"> <tr> <td>d</td><td>2</td><td>d</td><td>9</td> <td>m</td><td>0</td><td>m</td><td>9</td> <td>y</td><td>1</td><td>y</td><td>9</td><td>y</td><td>4</td><td>y</td><td>4</td> </tr> </table>	d	2	d	9	m	0	m	9	y	1	y	9	y	4	y	4
d	2	d	9	m	0	m	9	y	1	y	9	y	4	y	4		
Business occupation (if any)	Company Director																

① Director appointments
You cannot use this form to appoint a director. To do this, please complete form AP01 and submit it together with the annual return.

Corporate details
Please use Section E1-E4 to enter corporate director details.

Director details
All details must agree with those previously notified to Companies House. If you have made changes since the last annual return and have not notified us, please complete form CH01.

② Former name(s)
Please provide any previous names which have been used for business purposes during the period of this return. Married women do not need to give former names unless previously used for business purposes.

D2

Director's service address ③

Building name/number	Factory Cottages Georges Lane								
Street	Aston by Budworth								
Post town	Northwich								
County/Region	Cheshire								
Postcode	<table border="1"> <tr> <td>C</td><td>W</td><td>9</td><td></td><td>6</td><td>L</td><td>S</td><td></td> </tr> </table>	C	W	9		6	L	S	
C	W	9		6	L	S			
Country	United Kingdom								

③ Service address
If you have previously notified Companies House that the service address is at 'The Company's Registered Office', please state 'The Company's Registered Office' in the address.

This information will appear on the public record.

AR01
Annual Return

Director

D1		Director's details ①											
		Please use this section to list all the directors of the company For a corporate director, complete Section E1-E4.											
Title *													
Full forename(s)	Matthew												
Surname	Baldwin												
Former name(s) ②													
Country/State of residence	United Kingdom												
Nationality													
Date of birth	<table border="1"> <tr> <td>d</td><td>1</td><td>8</td> <td>m</td><td>0</td><td>7</td> <td>y</td><td>1</td><td>9</td><td>7</td><td>2</td> </tr> </table>		d	1	8	m	0	7	y	1	9	7	2
d	1	8	m	0	7	y	1	9	7	2			
Business occupation (if any)	Company Director												

① Director appointments
You cannot use this form to appoint a director. To do this, please complete form **AP01** and submit it together with the annual return.

Corporate details
Please use **Section E1-E4** to enter corporate director details.

Director details
All details must agree with those previously notified to Companies House. If you have made changes since the last annual return and have not notified us, please complete form **CH01**.

② Former name(s)
Please provide any previous names which have been used for business purposes during the period of this return. Married women do not need to give former names unless previously used for business purposes.

D2		Director's service address ③							
Building name/number	The Coach House								
Street	Legh Road								
Post town	Knutsford								
County/Region	Cheshire								
Postcode	<table border="1"> <tr> <td>W</td><td>A</td><td>1</td><td>6</td><td>8</td><td>L</td><td>P</td> </tr> </table>		W	A	1	6	8	L	P
W	A	1	6	8	L	P			
Country	United Kingdom								

③ Service address
If you have previously notified Companies House that the service address is at 'The Company's Registered Office', please state 'The Company's Registered Office' in the address.

This information will appear on the public record.

Director

D1	Director's details ①	<p>① Director appointments You cannot use this form to appoint a director. To do this, please complete form AP01 and submit it together with the annual return.</p> <p>Corporate details Please use Section E1-E4 to enter corporate director details.</p> <p>Director details All details must agree with those previously notified to Companies House. If you have made changes since the last annual return and have not notified us, please complete form CH01.</p> <p>② Former name(s) Please provide any previous names which have been used for business purposes during the period of this return. Married women do not need to give former names unless previously used for business purposes.</p>															
	Please use this section to list all the directors of the company. For a corporate director, complete Section E1-E4.																
Title *	Mr																
Full forename(s)	Michael Ian																
Surname	Davis																
Former name(s) ②																	
Country/State of residence	United Kingdom																
Nationality	British																
Date of birth	<table border="1"> <tr> <td>d</td><td>1</td><td>d</td><td>1</td> <td>m</td><td>1</td><td>m</td><td>2</td> <td>y</td><td>1</td><td>y</td><td>9</td><td>y</td><td>4</td><td>y</td><td>5</td> </tr> </table>		d	1	d	1	m	1	m	2	y	1	y	9	y	4	y
d	1	d	1	m	1	m	2	y	1	y	9	y	4	y	5		
Business occupation (if any)	Chartered Accountant																

D2	Director's service address ③	<p>③ Service address If you have previously notified Companies House that the service address is at 'The Company's Registered Office', please state 'The Company's Registered Office' in the address.</p> <p>This information will appear on the public record.</p>								
Building name/number	84 The Downs									
Street										
Post town	Altrincham									
County/Region	Cheshire									
Postcode	<table border="1"> <tr> <td>W</td><td>A</td><td>1</td><td>4</td><td></td><td>2</td><td>Q</td><td>J</td> </tr> </table>		W	A	1	4		2	Q	J
W	A		1	4		2	Q	J		
Country	United Kingdom									

Director

D1	Director's details ①	<p>① Director appointments You cannot use this form to appoint a director. To do this, please complete form AP01 and submit it together with the annual return.</p> <p>Corporate details Please use Section E1-E4 to enter corporate director details.</p> <p>Director details All details must agree with those previously notified to Companies House. If you have made changes since the last annual return and have not notified us, please complete form CH01.</p> <p>② Former name(s) Please provide any previous names which have been used for business purposes during the period of this return. Married women do not need to give former names unless previously used for business purposes.</p>															
	Please use this section to list all the directors of the company For a corporate director, complete Section E1-E4.																
Title *	Mr																
Full forename(s)	Richard																
Surname	Munro																
Former name(s) ②																	
Country/State of residence	United Kingdom																
Nationality	British																
Date of birth	<table border="1"> <tr> <td>d</td><td>0</td><td>d</td><td>1</td> <td>m</td><td>1</td><td>m</td><td>1</td> <td>y</td><td>1</td><td>y</td><td>9</td><td>y</td><td>6</td><td>y</td><td>0</td> </tr> </table>	d	0	d	1	m	1	m	1	y	1	y	9	y	6	y	0
d	0	d	1	m	1	m	1	y	1	y	9	y	6	y	0		
Business occupation (if any)	Chartered Accountant																

D2	Director's service address ①	<p>① Service address If you have previously notified Companies House that the service address is at 'The Company's Registered Office', please state 'The Company's Registered Office' in the address.</p> <p>This information will appear on the public record.</p>
Building name/number	The Company's Registered Office	
Street		
Post town		
County/Region		
Postcode		
Country		

AR01
Annual Return

Corporate director

E1 Corporate director's details ①		<p>① Corporate director appointments You cannot use this form to appoint a corporate director. To do this, please complete form AP02 and submit it together with this annual return.</p> <p>Corporate director details All details must agree with those previously notified to Companies House. If you have made changes since the last annual return and have not notified us, please complete form CH02.</p> <p>This information will appear on the public record.</p>							
Please use this section to list all the corporate directors of the company									
Corporate body/firm name									
Building name/number									
Street									
Post town									
County/Region									
Postcode	<table border="1"> <tr> <td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td> </tr> </table>								
Country									
E2 Location of the registry of the corporate body or firm									
Is the corporate director registered within the European Economic Area (EEA)? → Yes Complete Section E3 only → No Complete Section E4 only									
E3 EEA companies ②		<p>② EEA A full list of countries of the EEA can be found in our guidance www.companieshouse.gov.uk</p> <p>③ This is the register mentioned in Article 3 of the First Company Law Directive (68/151/EEC)</p>							
Please give details of the register where the company file is kept (including the relevant state) and the registration number in that register									
Where the company/firm is registered ③									
Registration number									
E4 Non-EEA companies		<p>④ Non-EEA Where you have provided details of the register (including state) where the company or firm is registered, you must also provide its number in that register.</p>							
Please give details of the legal form of the corporate body or firm and the law by which it is governed. If applicable, please also give details of the register in which it is entered (including the state) and its registration number in that register.									
Legal form of the corporate body or firm									
Governing law									
If applicable, where the company/firm is registered ④									
If applicable, the registration number									

Part 3 Statement of Capital

Does your company have share capital?
 → **Yes** Complete the sections below and the following **Part 4**.
 → **No** Go to **Part 5 (Signature)**.

① This should reflect the company's capital status at the made up date of this annual return

F1 Share capital in pound sterling (£)

Please complete the table below to show each class of shares held in pound sterling
 If all your issued capital is in sterling, only complete **Section F1** and then go to **Section F4**.

Class of shares (E g Ordinary/Preference etc)	Amount paid up on each share ②	Amount (if any) unpaid on each share ②	Number of shares ③	Aggregate nominal value ④
Ordinary "A" Shares of £0.02 Each	0.0200000	0.0000000	2,550	£ 51.00
Ordinary "B" Shares of £1 Each	0.0000000	1.0000000	83,900	£ 83,900.00
Ordinary "B" Shares of £1 Each	1.0000000	0.0000000	554,078	£ 554,078.00
Ordinary "C" Shares of £1 each	1.0000000	0.0000000	200,000	£ 200,000.00
Totals			840,528	£ 838,029.00

F2 Share capital in other currencies

Please complete the table below to show any class of shares held in other currencies
 Please complete a separate table for each currency

Currency				
Class of shares (E g Ordinary/Preference etc)	Amount paid up on each share ②	Amount (if any) unpaid on each share ②	Number of shares ③	Aggregate nominal value ④
Totals				

Currency				
Class of shares (E g Ordinary/Preference etc)	Amount paid up on each share ②	Amount (if any) unpaid on each share ②	Number of shares ③	Aggregate nominal value ④
Totals				

F3 Totals

Please give the total number of shares and total aggregate nominal value of issued share capital		④ Total aggregate nominal value Please list total aggregate values in different currencies separately For example GBP 100 + EUR 100 + USD 10 etc
Total number of shares	840,528	
Total aggregate nominal value ④	GBP 838,029.00	

AR01
Annual Return

F4

Statement of Capital (Voting rights)

Please give the prescribed particulars of rights attached to shares for each class of share shown in the statement of capital share tables in **Section F1** and **F2**.

Class of share

Voting rights

See continuations sheet(s)

Class of share

Voting rights

Class of share

Voting rights

Class of share

Voting rights

F4 **Statement of Capital (Voting rights)**

Class of share	Ordinary "A" Shares of £0.02 Each
----------------	-----------------------------------

Voting rights	Full
---------------	------

F4 **Statement of Capital (Voting rights)**

Class of share	Ordinary "B" Shares of £1 Each
----------------	--------------------------------

Voting rights	No voting rights
---------------	------------------

F4 **Statement of Capital (Voting rights)**

Class of share	Ordinary "C" Shares of £1 each
----------------	--------------------------------

Voting rights	No voting rights
---------------	------------------

Part 4

Shareholders

Does your company have share capital? ❶
→ **Yes** Complete the sections below
→ **No** Go to **Part 5 (Signature)**.

❶ This should reflect the shareholder details at the made up date of this annual return

G1

Traded public companies ❷

Please tick the box if your company was a traded public company at any time during the period of this return

❷ **Traded company definition**
A traded company means a company any of whose shares are admitted to trading on a regulated market

G2

List of past and present shareholders

Private and non-traded public companies are required to provide a 'full list' if one was not included with either of the last two returns

Traded public companies are required to provide a list of shareholders who held at least 5% of the issued shares of any share class if a list was not provided with either of the last two returns

Please tick the appropriate box below

- A full list of shareholders for a private or non-traded public company is enclosed Please complete **Section G3**; or
- A list of shareholders holding at least 5% of the issued shares of any share class for a traded public company is enclosed Please complete **Section G4**
- A list of shareholder changes is enclosed
 - For private or non-traded public companies, please complete **Section G3**.
 - For traded public companies, please complete **Section G4**.
- There were no shareholder changes in this period
 - Go to **Part 5 (Signature)**.

Please tick the appropriate box below to indicate the format of your shareholder details

- The list of shareholders is enclosed on paper
- The list of shareholders is enclosed in another format

Part 5

Signature

This must be completed by all companies.

I am signing this form on behalf of the company

Signature

Signature

X



X

This form may be signed by

Director , ~~Secretary~~, Person Authorised , ~~Charity commission receiver and manager, CIC manager, Judicial factor~~

1 Societas Europaea
If the form is being filed on behalf of a Societas Europaea (SE), please delete 'director' and insert details of which organ of the SE the person signing has membership

2 Person authorised
Under either section 270 or 274 of the Companies Act 2006

AR01
Annual Return

 **Presenter information**

You do not have to give any contact information, but if you do it will help Companies House if there is a query on the form. The contact information you give will be visible to searchers of the public record.

Contact name

Company name

PMI Health Group Limited

Address

The Courtyard, Hall Lane,
Wincham

Post town

Northwich

County/Region

Cheshire

Postcode

C W 9 6 D G

Country

United Kingdom

DX

Telephone

01606 354144

 **Checklist**

We may return forms completed incorrectly or with information missing

Please make sure you have remembered the following.

- The company name and number match the information held on the public Register
- You have completed your principal business activity
- You have not used this form to make changes to the registered office address
- You have not used this form to make changes to secretary and director details
- You have fully completed the Statement of capital (if applicable)
- You have signed the form
- You have enclosed the correct fee

 **Important information**

Please note that all information on this form will appear on the public record.

 **How to pay**

A fee of £30 is payable to Companies House in respect of an Annual Return.

Make cheques or postal orders payable to 'Companies House'

 **Where to send**

You may return this form to any Companies House address, however for expediency we advise you to return it to the appropriate address below:

For companies registered in England and Wales:

The Registrar of Companies, Companies House,
Crown Way, Cardiff, Wales, CF14 3UZ
DX 33050 Cardiff

For companies registered in Scotland

The Registrar of Companies, Companies House,
Fourth floor, Edinburgh Quay 2,
139 Fountainbridge, Edinburgh, Scotland, EH3 9FF
DX ED235 Edinburgh 1
or LP - 4 Edinburgh 2 (Legal Post)

For companies registered in Northern Ireland:

The Registrar of Companies, Companies House,
First Floor, Waterfront Plaza, 8 Laganbank Road,
Belfast, Northern Ireland, BT1 3BS
DX 481 N R Belfast 1

 **Further information**

For further information, please see the guidance notes on the website at www.companieshouse.gov.uk or email enquires@companieshouse.gov.uk

This form is available in an alternative format. Please visit the forms page on the website at www.companieshouse.gov.uk