

Oxford Mindfulness Centre

Company number 6144314

COMPANIES ACT 2006

*WRITTEN SPECIAL RESOLUTION
ON
CHANGE OF OBJECTS*

PASSED BY THE OMC BOARD OF DIRECTORS

WEDNESDAY



"AYZDFW72"

A05

09/01/2008

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COMPANIES HOUSE



The following special written resolution was agreed and passed by the members undersigned on this 4th day of January 2008:

The Directors of the Oxford Mindfulness Centre ('OMC'), prospectively Trustees of the OMC Charity, welcome the recent, helpful correspondence with the Charity Commission, and accordingly resolve that Paragraph 3 of the company's Memorandum of Association be changed to read:

The object of the Company is to advance the education and mental health of the public:

- ♦ by:
 - + promoting research into:
 - traditional Buddhist practices for the achievement and maintenance of psychological balance ('Mindfulness');
 - contemporary applications of those practices; and
 - the neuro-scientific understanding of their operation and effectiveness;
 - + training mental health practitioners and other professionals in Mindfulness practice, with a view to their applying it in their own professional lives so as to achieve public benefit by
 - teaching it to patients and/or
 - enhancing effective ethical practice in the management of their organisations;
 - + providing therapy for users of mental health services;
- ♦ and by:
 - + holding and administering funds for permanent and temporary teaching posts, and temporary research posts, in Mindfulness Studies at Oxford University;
 - + the administration of teaching and research activities in Mindfulness Studies undertaken at Oxford University; and
 - + agreeing arrangements for collaboration in respect of Mindfulness Studies teaching and research with the University of Oxford (and Colleges, Faculties and Departments within it), and with other organisations involved in such work.

Signed:

Geoffrey Bamford
Director/Trustee
& Secretary

Richard Gombrich
Director/Trustee

Khammai Dhammasami
Director/Trustee

John Peacock
Director/Trustee



Oxford Mindfulness Centre

*TRUSTEE MEETING
REPORT*

MEETING: WHEN *FRIDAY 4TH JANUARY 2008*

WHERE: *WOLFSON COLLEGE*

ABOUT: *CHANGE OF OBJECTS*

WHO: *GEOFFREY BAMFORD*
 KHAMMAI DHAMMASAMI
 RICHARD GOMBRICH
 JOHN PEACOCK

IN ATTENDANCE: *JJ CLEWS*

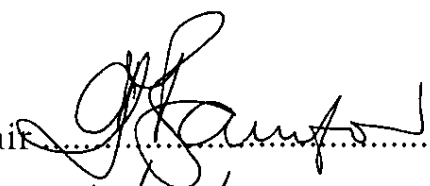


A Special Meeting of the Board of Directors (prospectively Trustees) of the Oxford Mindfulness Centre ('OMC') was convened on 4/1/08 for the purpose of approving the Change of Objects for the OMC in the light of recent correspondence with the Charity Commission, copied to all members of the Board. Geoffrey Bamford was in the Chair.

He first reported further on recent negotiations with SANE and OBMH, already discussed between the members of the Board in diverse telephone and email exchanges. It was agreed that Mark Williams should be consulted on SANE's proposal that the POWIC Standing Committee be formally subordinated to SANE rather than to the OMC.

The Members of the Board then all signed the Written Special Resolution on Change of Objects. Finally all signed to signify their agreement on each of three copies of the new Memorandum of Association (one for Companies House, one for the Charity Commission and one for the file).

In order to ensure that the documentation should satisfy all official requirements and that the Charity Registration should thus go through without further delay, the meeting was then suspended for a few minutes while JJ Clews wrote up and printed out these Minutes. The Minutes were then read out and approved, and the Chair signed them.

Chair 

Date 4/1/08