THE LINDSAY LEG CLUB FOUNDATION
(a company limited by guarantee)

ANNUAL REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2019
THE LINDSAY LEG CLUB FOUNDATION

LEGAL AND ADMINISTRATIVE INFORMATION

Directors/Trustees
J Tyndale-Biscoe (Chairman – appointed 4 March 2019)
E Lindsay
M Hoskins (appointed 4 March 2019)
Dr R Bawden
C Brook (appointed 3 September 2019)
A Dempsey
L Farrell (appointed 13 June 2019)
Dr D Foster (resigned 4 March 2019)
M Glasscock (resigned 4 March 2019)
E Grogan (appointed 10 September 2019)
J Hamilton (resigned 4 March 2019)
D Hibbitt
S Mangan
C McIntyre (appointed 20 July 2019)
N McIntyre
R Yates

Secretary
C McIntyre

Charity number
1111259

Company number
05360413

Registered office
18 Langton Place
Bury St Edmunds
Suffolk
IP33 1NE

Independent examiner
Robin Jackson
Churchgate Accountants Ltd
18 Langton Place
Bury St Edmunds
Suffolk
IP33 1NE

Bankers
CAF Bank Limited
25 Kings Hill Avenue
Kings Hill
West Malling
Kent
ME19 4JQ

Solicitors
Gross & Co.
83/84 Guildhall Street
Bury St Edmunds
# THE LINDSAY LEG CLUB FOUNDATION

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THE LINDSAY LEG CLUB FOUNDATION

TRUSTEES’ ANNUAL REPORT (INCLUDING DIRECTORS’ REPORT)
FOR THE YEAR ENDED 31 MARCH 2019

The directors present their report and accounts for the year ended 31 March 2019.

The accounts have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity’s governing document, the Companies Act 2006 and “Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)”

Objectives and activities

The charitable objects are:

Protecting and preserving health amongst those experiencing or at risk of experiencing leg ulcers and/or associated conditions, in particular by:

(1) Disseminating and facilitating the implementation of the Lindsay Leg Club model;
(2) Advising on and promoting the provision and use of modern equipment, services and facilities aimed at diagnosing, preventing and treating leg ulcers and or/associated conditions; and
(3) Advising education in and increasing the understanding and awareness of leg ulcers and associated conditions and how they can be diagnosed, prevented and treated.

Public benefit

In reviewing the year, the trustees have taken into account the Charity Commission’s guidance on public benefit and the two principles that:

- There must be an identifiable benefit or benefits, and
- The benefit must be to the public or a section of the public.

They have also considered the specific guidance on charities for the advancement of education and health.

It is their belief that, given the objects of the Charity and its record of activities over the year, the Lindsay Leg Club Foundation provides identifiable benefits which are open to all who experience or are at risk of experiencing leg ulcers and/or associated conditions; and also is promoting better understanding of leg ulcer care amongst relevant health professionals.
Achievements and performances

The Foundation has had a successful year. For this I am grateful to my fellow trustees, our staff, our industry partners, funders and donors. The board is especially grateful to Mrs Ellie Lindsay, OBE, Life President and Founder whose tireless promotion of the Leg Club model has resulted in 8 new Leg Clubs being opened this year. We are also especially grateful to the volunteers who run the Leg Clubs and ensure with their NHS nursing partners that the members have effective care for their leg ulcers.

Mrs Lindsay’s contribution to wound care, nursing and the Foundation has been recognised by her receiving three prestigious awards this year. Her contribution to community nursing has been recognised by the Queen’s Nursing Institute who awarded her their highest accolade of fellowship. She has also received an Award for Excellence from the Scientific Institute of Higher Education (ICES) and Arias Medical Foundation in Xalapa, Mexico. The award was given in recognition of her extensive work and professional career in the field of lower limb care. And, at their international meeting in Rome, the President and Chairman of the International Society of Paediatric Wound Care presented her with an Education Award for Excellence in Wound Care and conferred upon her their first ISPeW Honorary Membership. These awards are testament to the unparalleled success of Mrs Lindsay’s ambassadorial role for the Foundation and promotion of the Leg Club model of care.

It is essential that an effective board has the right structure and right trustees. This year we have established an Executive Committee with limited delegated powers to make timely decisions between board meetings to make processes more agile and efficient. We have also strengthened the board by appointing trustees with special expertise. We have one who is the new company secretary, one who is a nurse with specialist skills in infection prevention and control, another who is an experienced chair of a Leg Club and one who has expertise in statistics and an interest in data. Along with the current trustees who come from industry, the law and banking the Foundation is in a healthy position to review its strategic and business plan in March 2019.

The Foundation has an objective to advance education and increase the awareness of how leg ulcers can be prevented, diagnosed and treated. For this reason the Foundation and its Leg Club Industry Partners have launched an updated Lindsay Leg Club education programme to ensure a consistent level of training is available to its entire Leg Club staff.

The Foundation funded and published an online Learning Zone which aims to ensure all Leg Clubs and Leg Club teams have access to the same, high quality educational support giving Leg Club teams the opportunity to access the programme content at their own pace and time. Utilising this programme will help Leg Clubs maintain excellent standards of care using evidence-based practice.

From a national perspective, the Foundation continues to be influential. It has joined with seven other healthcare organisations to launch a campaign raising awareness of lower limb and foot healthcare. The “Legs Matter” coalition aims to get the nation thinking and talking about leg and foot conditions, including non-healing wounds, varicose veins and oedema. The Foundation is represented on the coalition alongside The Tissue Viability Society, The British Lymphology Society, Accelerate CIC, The College of Podiatry, The Society of Vascular Nurses, Foot in Diabetes UK and The Leg Ulcer Forum. They have come together to pool their knowledge and resources to deliver a campaign promoting the hidden issue of lower leg conditions and supporting the development of good quality lower leg care throughout the UK. The campaign aims to raise awareness amongst the public of lower leg and foot conditions and the importance of seeking out the right advice and treatment in a timely manner which completely resonates with the Leg Club model and the Foundation’s objects.
Our GP trustee also represents the Foundation on the development of a national wound care strategy initiated by Lord Hunt of Kings Heath.

Further communication is through journals for health care professionals. We have published 11 articles with Wounds UK and the British Journal of Nursing. We now use social media more effectively and disseminate information via Twitter and Facebook. We have also published our own document The Role of Social Models of Care in Wound Management which explains the convergence of the Leg Club model with new thinking about social models of care.

**Plans for future periods**

Our plans for the future include reviewing this year’s achievements against our business plan with a view to constructing a new strategic direction for 2019-2022. However, we will capitalise on our growing national influence with the Legs Matter campaign and the anticipated national wound strategy.

The Foundation is also committed to promoting the Leg Club model as a form of social prescribing. Opportunities for funding and influencing in this area will be actively sought. We will target local and national decision-making groups to promote the Leg Club model as a form of social prescribing.

Our international influence at the 2020 World Union of Wound Healing Societies at which the Life President takes active part will enhance the promotion of the Foundation globally. Nationally, we will seek to grow our ambassadorial network with clinical consultants, the successful model for which is in the South West.

As ever our enduring priority is to promote the Leg Club model and seek funding to support this.

**Financial review**

The Statement of Financial Activities is shown on page 8. The incoming resources for the year amounted to £100,664 and the net outgoings for the year were £105,701.

The Charity received most of its income from industry partners in the first quarter of the calendar year, which then funds the expenditure of the Charity through the rest of the calendar year. In the opinion of the trustees, the current level of resources plus other planned income should be sufficient to maintain the viability of the Charity for the foreseeable future.

The Charity wishes to state its appreciation to all of its many supporters and particularly thank its industry partners, without which the success and growth of the Lindsay Leg Club model would not be possible.
THE LINDSAY LEG CLUB FOUNDATION

TRUSTEES’ ANNUAL REPORT (INCLUDING DIRECTORS’ REPORT)
FOR THE YEAR ENDED 31 MARCH 2019

Reserves Policy

The Charity does not hold significant reserves which can be invested. Any income not required for immediate needs is put on deposit to maximise interest and drawn upon as required. The Charity had unrestricted general reserves of £63,070 at 31 March 2019 which equates to over seven months operational costs. The Charity aims to hold four months costs in reserves.

Investment powers and policy

The Charity does not hold significant surplus assets which can be invested. In the event of there being any funds to invest, availability of funds together with risk-free investment are the key criteria for investment.

Structure, governance and management

Legal Status and Governing Document

The Charity is incorporated as a company limited by guarantee, company number 05360413, on 10 February 2005 (as amended by special resolution dated 25 August 2005), and was registered with the Charity Commission on 12 September 2005, under charity number 1111259. The governing documents of the Charity are the Memorandum and Articles of Association.

The directors who served during the year were:

J Tyndale-Biscoe (Chairman – appointed 4 March 2019)
E Lindsay
M Hoskins (appointed 4 March 2019)
Dr R Bawden
C Brook (appointed 3 September 2019)
A Dempsey
L Farrell (appointed 13 June 2019)
Dr D Foster (resigned 4 March 2019)
M Glasscock (resigned 4 March 2019)
E Grogan (appointed 10 September 2019)
J Hamilton (resigned 4 March 2019)
D Hibbett
S Mangan
C McIntyre (appointed 20 July 2019)
N McIntyre
R Yates
THE LINDSAY LEG CLUB FOUNDATION
TRUSTEES’ ANNUAL REPORT (INCLUDING DIRECTORS’ REPORT)
FOR THE YEAR ENDED 31 MARCH 2019

Appointment and induction of trustees

The Board of trustees are elected at the AGM and subject to one third of the Board submitting to re-election at each subsequent AGM. Trustees have defined responsibilities and most service on specific committees or groups alongside the main Board.

Trustees are asked to submit a resume of their interests and abilities in support of their election, and on commencing their appointment will be supported through induction to help them become fully effective.

Organisational structure

Members of the Trustee Board, who are directors for the purpose of company law and trustees for the purpose of charity law, who served during the year and up to the date of this report are set out on page 1.
The Trustee Board consists of a maximum of 14 who meet on a quarterly basis and they are responsible for the strategic direction of the Charity. A quorum at a meeting of the trustees is three trustees.

Members of the Charity each guarantee to contribute an amount not exceeding £1 to the assets of the Charity in the event of a winding up.

Risk management

Trustees are at all times aware of the financial state of the Charity. The Charity has two forms of insurance:
(1) Employers’ Liability Insurance (£5 million) which covers public liability, products liability, personal accident, money and legal expenses, and
(2) Trustees Indemnity Insurance
Internal risks are minimised by the implementation of procedures for authorisation of all transactions and projects and to ensure consistent quality of delivery for all operational aspects of the Charity. These procedures are periodically reviewed to ensure that they still meet the needs of the Charity.

Independent examiner

Mr R Jackson of Churchgate Accountants Limited offers himself for appointment as independent examiner to the charity.

This report is prepared in accordance with the special provisions for small companies under Part 15 of the Companies Act 2006.

The Trustees’ annual report was approved by the Board of Directors.

Chairman
Dated: 17 December 2019
INDEPENDENT EXAMINER’S REPORT
TO THE MEMBERS OF THE LINDSAY LEG CLUB FOUNDATION

Independent Examiner’s Report to the Trustees of the Lindsay Leg Club foundation

I report on the accounts of the company for the year ended 31 March 2019 which are set out on pages 8 to 16.

Respective responsibilities of trustees and examiner

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to an audit under company law and is eligible for independent examination, it is my responsibility to:

- Examine the accounts under section 145 of the 2011 Act;
- Follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- State whether particular matters have come to my attention

Basis of independent examiner’s statement

My examination was carried out in accordance with the general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes a consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a “true and fair view” and the report is limited to those matters set out in the statement below.
THE LINDSAY LEG CLUB FOUNDATION

INDEPENDENT EXAMINER'S REPORT
TO THE MEMBERS OF THE LINDSAY LEG CLUB FOUNDATION

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that, in any material respect, the requirements:

- to keep accounting records in accordance with section 386 of the Companies Act 2006; and
- to prepare accounts which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities

have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Robin Jackson

Churchgates Accountants Limited

18 Langton Place
Bury St Edmunds
Suffolk
IP33 1NE
THE LINDSAY LEG CLUB FOUNDATION

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT
FOR THE YEAR ENDED 31 MARCH 2019

<table>
<thead>
<tr>
<th></th>
<th>Unrestricted funds</th>
<th>Restricted funds</th>
<th>Total 2019</th>
<th>Total 2018</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Income from:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Donations and legacies</td>
<td>26,455</td>
<td>20,468</td>
<td>46,923</td>
<td>5,240</td>
</tr>
<tr>
<td>Charitable activities</td>
<td>45,000</td>
<td>-</td>
<td>45,000</td>
<td>54,100</td>
</tr>
<tr>
<td>Other trading activities</td>
<td>40</td>
<td>8,665</td>
<td>8,705</td>
<td>42,170</td>
</tr>
<tr>
<td>Investments</td>
<td>36</td>
<td>-</td>
<td>36</td>
<td>43</td>
</tr>
<tr>
<td><strong>Total income</strong></td>
<td>71,531</td>
<td>29,133</td>
<td>100,664</td>
<td>101,553</td>
</tr>
<tr>
<td><strong>Expenditure on:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Raising funds</td>
<td>8,320</td>
<td>-</td>
<td>8,320</td>
<td>9,330</td>
</tr>
<tr>
<td>Charitable activities</td>
<td>61,586</td>
<td>35,795</td>
<td>97,381</td>
<td>119,218</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td>69,906</td>
<td>35,795</td>
<td>105,701</td>
<td>128,548</td>
</tr>
<tr>
<td><strong>Net income/(expenditure)</strong></td>
<td>1,625</td>
<td>(6,662)</td>
<td>(5,037)</td>
<td>(26,995)</td>
</tr>
<tr>
<td>Transfers between funds</td>
<td>2,121</td>
<td>(2,121)</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td><strong>Net movement in funds</strong></td>
<td>3,746</td>
<td>(8,783)</td>
<td>(5,037)</td>
<td>(26,995)</td>
</tr>
<tr>
<td>Total funds brought forward</td>
<td>59,324</td>
<td>24,173</td>
<td>83,497</td>
<td>110,492</td>
</tr>
<tr>
<td><strong>Total funds carried forward</strong></td>
<td>63,070</td>
<td>15,390</td>
<td>78,460</td>
<td>83,497</td>
</tr>
</tbody>
</table>
THE LINDSAY LEG CLUB FOUNDATION

BALANCE SHEET
AS AT 31 MARCH 2019

<table>
<thead>
<tr>
<th>Notes</th>
<th>2019</th>
<th>2018</th>
</tr>
</thead>
<tbody>
<tr>
<td>Current assets</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Debtors</td>
<td>11</td>
<td></td>
</tr>
<tr>
<td>Cash at bank and in hand</td>
<td></td>
<td>80,020</td>
</tr>
<tr>
<td></td>
<td></td>
<td>80,020</td>
</tr>
<tr>
<td>Creditors: amounts falling due within one year</td>
<td>12</td>
<td>(1,560)</td>
</tr>
<tr>
<td>Net Assets</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>78,460</td>
</tr>
</tbody>
</table>

Financed by:

The funds of the charity

Restricted funds | 15,390 | 24,173 |

Unrestricted funds | 13      |         |
| - designated funds | -      | 30,000  |
| - general reserves | 63,070 | 29,324  |
|                  | 63,070  | 59,324  |
|                  | 78,460  | 83,497  |

For the year ended 31 March 2019 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.
The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476 of the Companies Act 2006.
The trustees/directors have acknowledged their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

These financial statements have been prepared in accordance with the special provisions applicable to companies subject to small companies’ regime.

The financial statements were approved by the board of directors and authorised for issue on 17 December 2019 and signed on its behalf by:

[Signature]
Mr A Tyndale-Biscoe
Chairman

Company Registration No. 05360413
THE LINDSAY LEG CLUB FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2019

1 Accounting policies

Company information
The Lindsay Leg Club Foundation is a company limited by guarantee not having a share capital. In the event of a winding up of the company every member agrees to contribute such amount as may be required (not exceeding £1) to the Charity’s assets if it should be wound up while he or she is a member or within one year after he or she ceases to be a member, for payment of the Charity’s debts and liabilities contracted before he or she ceases to be a member, and of the costs charges and expenses of winding up, and for the adjustment of the rights of the contributors among themselves.

1.1 Accounting convention
These accounts have been prepared in accordance with FRS 102 “The Financial Reporting Standard applicable in the UK and Republic of Ireland” (“FRS 102”), “Accounting and Reporting by Charities” the Statement of Recommended Practice for charities applying FRS 102, the Companies Act 2006 and UK Generally Accepted Accounting Practice as it applies from 1 January 2015. The charity is a Public Benefit Entity as defined by FRS 102.

The accounts have not included a statement of cash flows per Update Bulletin 1 of charities SORP (FRS102) as The Lindsay Leg Club Foundation is not a large charity.

The accounts are prepared in sterling, which is the functional currency of the company. Monetary amounts in these financial statements are rounded to the nearest £.

The accounts have been prepared on the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern
At the time of approving the accounts, the directors have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the Trustees continue to adopt the going concern basis of accounting in preparing the accounts.

1.3 Charitable funds
Unrestricted funds are available for use at the discretion of the directors in furtherance of their charitable objectives unless the funds have been designated for other purposes.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the accounts.

Designated funds comprise unrestricted funds that have been set aside by the trustees for particular purposes.
1 Accounting policies (continued)

1.4 Incoming resources
All incoming resources are included in the SOFA when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy. All income is shown grows.

Revenue grants are recognised in the Statement of Financial Activities in the year to which the relevant expenditure relates.

Income is deferred when performance related grants are received in advance of the performance of events to which they relate.

Donations and investment income are credited to the SOFA when receivable.

1.5 Resources expended
Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates:

- Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.
- Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the audit fees and costs linked to the strategic management of the charity.
- Support costs are those costs incurred in the management and administration of the charitable activities. Support costs are allocated to activities based on their proportion of man hours.

1.6 Debtors
Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

1.7 Cash and cash equivalent
Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less.

1.8 Creditors and provisions
Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

1.9 Financial Instruments
The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

* Derecognition of financial liabilities
Financial liabilities are derecognised when the company's contractual obligations expire or are discharged or cancelled.
THE LINDSAY LEG CLUB FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2019

1 Accounting policies (continued)

1.10 Taxation
The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects.

2 Critical accounting estimates and judgements
In the application of the charity’s accounting policies, the directors are required to make judgments, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Donations

<table>
<thead>
<tr>
<th></th>
<th>Unrestricted funds</th>
<th>Restricted funds</th>
<th>Total 2019</th>
<th>Total 2018</th>
</tr>
</thead>
<tbody>
<tr>
<td>Voluntary income</td>
<td>26,455</td>
<td>20,468</td>
<td>46,923</td>
<td>2,740</td>
</tr>
<tr>
<td>Grants of a general nature</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>2,500</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td>26,455</td>
<td>20,468</td>
<td>46,923</td>
<td>5,240</td>
</tr>
</tbody>
</table>

4 Income from charitable activities

<table>
<thead>
<tr>
<th></th>
<th>Unrestricted funds</th>
<th>Restricted funds</th>
<th>Total 2019</th>
<th>Total 2018</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grants</td>
<td>45,000</td>
<td>-</td>
<td>45,000</td>
<td>54,100</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td>45,000</td>
<td>-</td>
<td>45,000</td>
<td>54,100</td>
</tr>
</tbody>
</table>

5 Income from other trading activities

<table>
<thead>
<tr>
<th></th>
<th>Unrestricted funds</th>
<th>Restricted funds</th>
<th>Total 2019</th>
<th>Total 2018</th>
</tr>
</thead>
<tbody>
<tr>
<td>Merchandise</td>
<td>40</td>
<td>-</td>
<td>40</td>
<td>-</td>
</tr>
<tr>
<td>Conference</td>
<td>-</td>
<td>8,665</td>
<td>8,665</td>
<td>42,170</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td>40</td>
<td>8,665</td>
<td>8,705</td>
<td>42,170</td>
</tr>
</tbody>
</table>
THE LINDSAY LEG CLUB FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2019

<table>
<thead>
<tr>
<th>6</th>
<th>Investment income</th>
<th>Unrestricted funds</th>
<th>Restricted funds</th>
<th>Total 2019</th>
<th>Total 2018</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Interest – bank</td>
<td>£36</td>
<td>-</td>
<td>£36</td>
<td>£43</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>7</th>
<th>Expenditure on charitable activities</th>
<th>Unrestricted funds</th>
<th>Restricted funds</th>
<th>Total 2019</th>
<th>Total 2018</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Leg clubs</td>
<td>-</td>
<td>13,725</td>
<td>13,725</td>
<td>3,134</td>
</tr>
<tr>
<td></td>
<td>Conference</td>
<td>-</td>
<td>8,715</td>
<td>8,715</td>
<td>24,671</td>
</tr>
<tr>
<td></td>
<td>Grant projects</td>
<td>-</td>
<td>13,355</td>
<td>13,355</td>
<td>14,298</td>
</tr>
<tr>
<td></td>
<td>Website and computer costs</td>
<td>3,547</td>
<td>-</td>
<td>3,547</td>
<td>6,945</td>
</tr>
<tr>
<td></td>
<td>Printing</td>
<td>4,885</td>
<td>-</td>
<td>4,885</td>
<td>2,649</td>
</tr>
<tr>
<td></td>
<td>Exhibitions</td>
<td>488</td>
<td>-</td>
<td>488</td>
<td>3,112</td>
</tr>
<tr>
<td></td>
<td>Nurse audit</td>
<td>4,899</td>
<td>-</td>
<td>4,899</td>
<td>4,382</td>
</tr>
<tr>
<td></td>
<td>Support costs (note 8)</td>
<td>40,363</td>
<td>-</td>
<td>40,363</td>
<td>49,650</td>
</tr>
<tr>
<td></td>
<td>Governance costs</td>
<td>7,404</td>
<td>-</td>
<td>7,404</td>
<td>10,524</td>
</tr>
</tbody>
</table>

|   | Total                               | 61,586             | 35,795           | 97,381     | 119,218    |

<table>
<thead>
<tr>
<th>8</th>
<th>Support costs</th>
<th>Support Costs</th>
<th>Governance Costs</th>
<th>Total 2019</th>
<th>Total 2018</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Independent examiner</td>
<td>-</td>
<td>1,560</td>
<td>1,560</td>
<td>950</td>
</tr>
<tr>
<td></td>
<td>Legal &amp; professional</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>1,029</td>
</tr>
<tr>
<td></td>
<td>Trustees expenses</td>
<td>-</td>
<td>1,356</td>
<td>1,356</td>
<td>2,882</td>
</tr>
<tr>
<td></td>
<td>Consultants fees</td>
<td>31,109</td>
<td>3,457</td>
<td>34,566</td>
<td>48,133</td>
</tr>
<tr>
<td></td>
<td>Travel expenses</td>
<td>6,486</td>
<td>721</td>
<td>7,207</td>
<td>5,749</td>
</tr>
<tr>
<td></td>
<td>Office expenses</td>
<td>1,171</td>
<td>130</td>
<td>1,301</td>
<td>1,042</td>
</tr>
<tr>
<td></td>
<td>Other costs</td>
<td>486</td>
<td>57</td>
<td>543</td>
<td>81</td>
</tr>
<tr>
<td></td>
<td>Subscriptions</td>
<td>180</td>
<td>20</td>
<td>200</td>
<td>161</td>
</tr>
<tr>
<td></td>
<td>Trustee insurance</td>
<td>931</td>
<td>103</td>
<td>1,034</td>
<td>-</td>
</tr>
</tbody>
</table>

|   | Total                               | 40,363             | 7,404            | 47,767     | 60,027     |

| 9 | Operating (deficit)                |                    |                  |            |            |

Operating (deficit) for the year is stated after charging/(crediting):

Fees payable for the independent examination of the company’s annual

<table>
<thead>
<tr>
<th></th>
<th></th>
<th>2019</th>
<th>2018</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Fees payable for the independent examination of the company’s annual</td>
<td>1,560</td>
<td>950</td>
</tr>
</tbody>
</table>

|   |                                      | £1,560 | £950   |

13
THE LINDSAY LEG CLUB FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2019

10 Directors

During the year E Lindsay received payments of £22,137 (2018: £30,000) as a consultant to the charity. The charity has received permission from the Charity Commission to make payments to her.

No other trustee received payment during the year other than reimbursed expenses of £4,384 (2018: £1,407) which were paid to 4 trustees (2018: 3 trustees)

The trustees did not receive any remuneration during the year.

11 Debtors

<table>
<thead>
<tr>
<th>Amounts falling due within one year:</th>
<th>2019</th>
<th>2018</th>
</tr>
</thead>
<tbody>
<tr>
<td>Prepayments and accrued income</td>
<td></td>
<td>1,989</td>
</tr>
</tbody>
</table>

12 Creditors: amounts falling due within one year

<table>
<thead>
<tr>
<th>Other creditors</th>
<th>2019</th>
<th>2018</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>1,560</td>
<td>1,250</td>
</tr>
</tbody>
</table>

| Total           | 1,560| 1,250|
THE LINDSAY LEG CLUB FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2019

13 Charitable funds

Restricted funds

The income funds of the charity include restricted funds comprising the following unexpected balances of donations and grants held on the trust for specific purposes:

<table>
<thead>
<tr>
<th></th>
<th>Balance at 1 April 2018</th>
<th>Incoming resources</th>
<th>Resources expended</th>
<th>Transfers</th>
<th>Balance at 31 March 2019</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grant – Urgo Foundation</td>
<td>£1,600</td>
<td>£</td>
<td>(225)</td>
<td>£</td>
<td>£1,375</td>
</tr>
<tr>
<td>Grant – Scholarship fund</td>
<td>£3,971</td>
<td>£1,000</td>
<td>(834)</td>
<td>(853)</td>
<td>£3,284</td>
</tr>
<tr>
<td>Leg Clubs</td>
<td>£7,887</td>
<td>£4,850</td>
<td>(13,725)</td>
<td>£2,703</td>
<td>£1,715</td>
</tr>
<tr>
<td>Dissemination</td>
<td>£1,000</td>
<td>£</td>
<td></td>
<td>£</td>
<td>£1,000</td>
</tr>
<tr>
<td>Leaflets</td>
<td>£</td>
<td>£2,900</td>
<td></td>
<td>(2,664)</td>
<td>£236</td>
</tr>
<tr>
<td>Learning zone</td>
<td>£600</td>
<td>£</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Specialised equipment</td>
<td>£3,000</td>
<td>£5,000</td>
<td>(8,000)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Expansion project</td>
<td>£3,581</td>
<td>£4,718</td>
<td>(3,696)</td>
<td>£3,177</td>
<td>£7,780</td>
</tr>
<tr>
<td>Data training</td>
<td>£2,534</td>
<td>£2,000</td>
<td></td>
<td>(4,534)</td>
<td></td>
</tr>
<tr>
<td>Conference</td>
<td></td>
<td>£8,665</td>
<td>(8,715)</td>
<td>50</td>
<td></td>
</tr>
<tr>
<td></td>
<td><strong>24,173</strong></td>
<td><strong>29,133</strong></td>
<td><strong>(35,795)</strong></td>
<td><strong>(2,121)</strong></td>
<td><strong>15,390</strong></td>
</tr>
</tbody>
</table>

Unrestricted funds

Designated funds

| General reserves               | £29,324                  | £71,531            | (69,906)           | £32,121   | £63,070                  |
|                                | **83,497**               | **100,664**        | **(105,701)**      |           | **78,460**               |

**Designated reserve**: A designated reserve is no longer required as the conference is no longer organised by The Lindsay Leg Club Foundation.

**General reserve**: General reserves represent the free funds of the charity which are not designated for a particular purpose.

14 Transfer between funds

The charity has transferred income and costs between General Reserves and Restricted Funds during the year to reflect general reserves funding of part of the projects.