

Registered number

06616307

08000 Health Limited

Abbreviated Accounts

31 May 2016

08000 Health Limited

Report to the directors on the preparation of the unaudited abbreviated accounts of 08000 Health Limited for the year ended 31 May 2016

In order to assist you to fulfil your duties under the Companies Act 2006, we have prepared for your approval the abbreviated accounts of 08000 Health Limited for the year ended 31 May 2016 which comprise of the balance sheet and the related notes from the company's accounting records and from information and explanations you have given us.

As a practising member firm of the Association of Chartered Certified Accountants, we are subject to its ethical and other professional requirements which are detailed at <http://rulebook.accaglobal.com/>

This report is made solely to the Board of Directors of 08000 Health Limited, as a body, in accordance with the terms of our engagement letter dated 8 December 2009. Our work has been undertaken solely to prepare for your approval the accounts of 08000 Health Limited and state those matters that we have agreed to state to the Board of Directors of 08000 Health Limited, as a body, in this report in accordance with the requirements of the Association of Chartered Certified Accountants as detailed at <http://www.accaglobal.com/factsheet163>. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than 08000 Health Limited and its Board of Directors as a body for our work or for this report.

It is your duty to ensure that 08000 Health Limited has kept adequate accounting records and to prepare statutory accounts that give a true and fair view of the assets, liabilities, financial position and loss of 08000 Health Limited. You consider that 08000 Health Limited is exempt from the statutory audit requirement for the year.

We have not been instructed to carry out an audit or a review of the accounts of 08000 Health Limited. For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the abbreviated accounts.

Steven R Francis & Co Limited
Chartered Certified Accountants
Bury Lodge
Bury Road
Stowmarket
Suffolk
IP14 1JA

20 February 2017

08000 Health Limited

Registered number: 06616307

Abbreviated Balance Sheet

as at 31 May 2016

	Notes	2016 £	2015 £
Fixed assets			
Tangible assets	2	123	247
Current assets			
Debtors		174	174
Cash at bank and in hand		-	471
		<u>174</u>	<u>645</u>
Creditors: amounts falling due within one year			
		<u>(1,367)</u>	<u>(976)</u>
Net current liabilities		(1,193)	(331)
Total assets less current liabilities			
		<u>(1,070)</u>	<u>(84)</u>
Provisions for liabilities			
		(24)	(49)
Net liabilities		<u>(1,094)</u>	<u>(133)</u>
Capital and reserves			
Called up share capital	3	2	2
Profit and loss account		(1,096)	(135)
Shareholders' funds		<u>(1,094)</u>	<u>(133)</u>

The directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit in accordance with section 476 of the Act.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The accounts have been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies subject to the small companies regime.

Dr D Dorsett

Director

Approved by the board on 20 February 2017

08000 Health Limited

Notes to the Abbreviated Accounts

for the year ended 31 May 2016

1 Accounting policies

Basis of preparation

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2015).

Turnover

Turnover represents the value, net of value added tax and discounts, of goods provided to customers and work carried out in respect of services provided to customers.

Depreciation

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Plant and machinery	25% straight line
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Deferred taxation

Full provision is made for deferred taxation resulting from timing differences between the recognition of gains and losses in the accounts and their recognition for tax purposes. Deferred taxation is calculated on an un-discounted basis at the tax rates which are expected to apply in the periods when the timing differences will reverse.

2 Tangible fixed assets

£

Cost

At 1 June 2015	1,643
At 31 May 2016	<u>1,643</u>

Depreciation

At 1 June 2015	1,396
Charge for the year	124
At 31 May 2016	<u>1,520</u>

Net book value

At 31 May 2016	<u>123</u>
At 31 May 2015	<u>247</u>

3 Share capital

**Nominal
value**

**2016
Number**

**2016
£**

**2015
£**

Allotted, called up and fully paid:

Ordinary shares	£1 each	2	<u>2</u>	<u>2</u>
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