



Companies House

for the record

Please complete in typescript, or in bold black capitals.

CHFP000

288a

APPOINTMENT of director or secretary (NOT for resignation (use Form 288b) or change of particulars (use Form 288c))

Company Number 3909698

Company Name in full LH-7 INTERNATIONAL EXPRESS LIMITED

Date of appointment 19 01 2000 Date of Birth 16 04 1971

Appointment form

Appointment as director [checked] as secretary [] Please mark the appropriate box. If appointment is as a director and secretary mark both boxes.

Notes on completion appear on reverse.

NAME *Style / Title *Honours etc

Forename(s) LEIGH DAVID

Surname GARROD

Previous Forename(s) Previous Surname(s)

Usual residential address 31 PINGATE LANE, CHEADLE HULME

Post town CHEADLE Postcode SK8 7LX

County / Region CHESHIRE Country ENGLAND

†Nationality BRITISH †Business occupation FRESH MANAGER

†Other directorships (additional space overleaf) LH-7 FREIGHT SYSTEMS LIMITED

Consent signature

I consent to act as ** director / secretary of the above named company [Signature] Date 19-01-00

* Voluntary details. † Directors only. **Delete as appropriate

Signed

[Signature] Date 19-01-00

(**a director / secretary / administrator / administrative receiver / receiver manager / receiver)

Please give the name, address, telephone number and, if available, a DX number and Exchange of the person Companies House should contact if there is any query.

Form with fields for Tel, DX number, and DX exchange.



KLO COMPANIES HOUSE *K41ZHN7* 0405 25/01/00

Company Number

† Directors only.

† Other directorships

NOTES

Show the full forenames, NOT INITIALS. If the director or secretary is a corporation or Scottish firm, show the name on surname line and registered or principal office on the usual residential line.

Give previous forenames or surname(s) except:

- for a married woman, the name by which she was known before marriage need not be given.
- for names not used since the age of 18 or for at least 20 years

A peer or individual known by a title may state the title instead of or in addition to the forenames and surname and need not give the name by which that person was known before he or she adopted the title or succeeded to it.

Other directorships.

Give the name of every company incorporated in Great Britain of which the person concerned is a director or has been a director at any time in the past five years.

You may exclude a company which either is, or at all times during the past five years when the person concerned was a director, was

- dormant
- a parent company which wholly owned the company making the return, or
- another wholly owned subsidiary of the same parent company.