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Registered number  
9253210

Food Plymouth CIC

Filleted Accounts

31 October 2019

MONDAY



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17/08/2020  
COMPANIES HOUSE

**Food Plymouth CIC**  
**Registered number:**  
**Balance Sheet**  
**as at 31 October 2019**

9253210


	Notes		2019 £	2018 £
<b>Current assets</b>				
Debtors	3	5,650		2,785
Cash at bank and in hand		12,930		8,104
		<u>18,580</u>		<u>10,889</u>
<b>Creditors: amounts falling due within one year</b>				
	4	(18,481)		(10,935)
<b>Net current assets/(liabilities)</b>			<u>99</u>	<u>(46)</u>
<b>Net assets/(liabilities)</b>			<u>99</u>	<u>(46)</u>
<b>Capital and reserves</b>				
Profit and loss account			99	(46)
<b>Shareholders' funds</b>			<u>99</u>	<u>(46)</u>

The directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit in accordance with section 476 of the Act.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The accounts have been prepared and delivered in accordance with the special provisions applicable to companies subject to the small companies regime. The profit and loss account has not been delivered to the Registrar of Companies.



T Skelton  
 Director

Approved by the board on 24 June 2020

**Food Plymouth CIC**  
**Notes to the Accounts**  
**for the year ended 31 October 2019**

**1 Accounting policies**

***Basis of preparation***

The accounts have been prepared under the historical cost convention and in accordance with FRS 102, The Financial Reporting Standard applicable in the UK and Republic of Ireland (as applied to small entities by section 1A of the standard).

***Turnover***

Turnover is measured at the fair value of the consideration received or receivable, net of discounts. Turnover includes revenue from grants receivable and released, the sale of goods and from the rendering of services. Grants receivable and released are recognised net of any deferred income. Turnover from the sale of goods is recognised when the significant risks and rewards of ownership of the goods have transferred to the buyer.

***Creditors***

Short term creditors are measured at transaction price (which is usually the invoice price).

***Taxation***

A current tax liability is recognised for the tax payable on the taxable profit of the current and past periods. A current tax asset is recognised in respect of a tax loss that can be carried back to recover tax paid in a previous period.

<b>2 Employees</b>	<b>2019</b> <b>Number</b>	<b>2018</b> <b>Number</b>
Average number of persons employed by the company	-	1
<b>3 Debtors</b>	<b>2019</b> <b>£</b>	<b>2018</b> <b>£</b>
Trade debtors	5,650	-
Other debtors	-	2,785
	5,650	2,785
<b>4 Creditors: amounts falling due within one year</b>	<b>2019</b> <b>£</b>	<b>2018</b> <b>£</b>
Trade creditors	348	-
Taxation and social security costs	29	24
Accruals	2,238	3,710
Deferred income	15,866	7,201
	18,481	10,935

**Food Plymouth CIC**  
**Notes to the Accounts**  
**for the year ended 31 October 2019**

**5 Other information**

Food Plymouth CIC is a private company limited by guarantee and incorporated in England. Its registered office is:  
Jan Cutting Healthy Living Centre  
Beacon Park Road  
Plymouth  
Devon  
PL2 2PQ

S0000115

# CIC 34

## Community Interest Company Report

**For official use**  
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complete in  
typescript, or  
in bold black  
capitals.*

**Company Name in  
full**

Food Plymouth CIC

**Company Number**

09253210

**Year Ending**

31<sup>st</sup> October 2019

Food Plymouth CIC
09253210
31 <sup>st</sup> October 2019

**Please ensure the company name is consistent with the company name entered on the accounts.**

This template illustrates what the Regulator of Community Interest Companies considers to be best practice for completing a simplified community interest company report. All such reports must be delivered in accordance with section 34 of the Companies (Audit, Investigations and Community Enterprise) Act 2004 and contain the information required by Part 7 of the Community Interest Company Regulations 2005. For further guidance see chapter 8 of the Regulator's guidance notes and the alternate example provided for a more complex company with more detailed notes.

**(N.B. A Filing Fee of £15 is payable on this document. Please enclose a cheque or postal order payable to Companies House)**

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## **PART 1 - GENERAL DESCRIPTION OF THE COMPANY'S ACTIVITIES AND IMPACT**

In the space provided below, please insert a general account of the company's activities in the financial year to which the report relates, including a description of how they have benefited the community.

Established in 2010, Food Plymouth [www.foodplymouth.org](http://www.foodplymouth.org) is the City's recognised **cross-sector Local Sustainable Food Partnership and Network** – a 'central connecting hub' for all food-related matters in the City. Food Plymouth is an active contributor to the 60+ Sustainable Food Places (formerly Sustainable Food Cities) Network in the UK and Ireland [www.sustainablefoodplaces.org](http://www.sustainablefoodplaces.org).

The Food Plymouth Partnership and Network comprises a diverse mix of public, private and third sector agencies, organisations, businesses and community groups and individual citizens. The Food Plymouth partners share in the **mission** of building a healthy and sustainable food city through promoting local, healthy and affordable food as a driver for positive change.

Formed in 2014 and operational since 2015, **Food Plymouth CIC** enables and contributes to the Food Plymouth Partnership and Network by providing infrastructure support, coordination, communications and administrative services, contracting capability, direct delivery of specific projects, and financial resourcing through income generation.

Food Plymouth's activities and impacts span the domains of **social, economic and environmental sustainability**, embodied in the UN Sustainable Development Goals, expressed principally by delivering on the six strands of the Sustainable Food Places (SFP) framework: Good Food Movement; Healthy Food for All; Sustainable Food Economy; Catering and Procurement; Food for the Planet; and Food Governance and Strategy.

**Delivery** is achieved through an mix of: The **activities of partner organisations** aligned to Food Plymouth's vision and mission; **collaborative and cooperative partnership projects** at local, regional and national level (for example Sugar Smart Plymouth @SugarSmartPlym, Food Power Plymouth @FoodPowerUK including the Plymouth Food Equality Project @EqualityFood, and Thrive Plymouth Year 5 – 'People connecting through food' #ThrivePlymouthYr5); and **direct delivery projects** led by Food Plymouth CIC (for example the annual All Ways Apples Festival and Fringe @All\_Ways\_Apples, the Food Plymouth Growing Community Abundance Project and the Dig for Devonport Community Explorers Project).

Any **surpluses** resulting from Food Plymouth CIC's activities are re-invested in developing and strengthening the CIC and enhancing the support and enabling services which it provides to the Food Plymouth Partnership and Network.

*(If applicable, please just state "A social audit report covering these points is attached").*

*(Please continue on separate continuation sheet if necessary.)*

**PART 2 – CONSULTATION WITH STAKEHOLDERS** – Please indicate who the company's stakeholders are; how the stakeholders have been consulted and what action, if any, has the company taken in response to feedback from its consultations? If there has been no consultation, this should be made clear.

**Food Plymouth's stakeholders** are any person, group, organisation, agency, public sector body, business or social enterprise with an interest in food and food-related issues in and around Plymouth, the UK and internationally.

#### **Communications -**

**Providing a fortnightly e-bulletin** and occasional additional updates which is circulated to 836 subscribers and also via Food Plymouth's social media channels.

#### **Social Media -**

**Facebook** <https://www.facebook.com/foodplymouth> - 1,465 followers

**Twitter** @foodplymouth - 3,286 followers

**Instagram** @foodplymouth – 457 followers

#### **Local Engagement -**

Facilitating full **Food Plymouth Partnership and Network Meetings**: December 2018; March 2019 (including Food Plymouth's Annual Review); July 2019; September 2019.

Active membership of **Plymouth Social Enterprise Network (PSEN)** @PlymSocEnt, including participation in Network surveys, meetings and events.

Active membership of the **Plymouth Octopus Project (POP+) Voluntary and Community Sector infrastructure organisation** @PlymouthOctopus, including inputs into POP+ Thursdays workshops, actively supporting and helping to facilitate the POP+ Esmee Fairbairn 'Network of Networks' group and its funding processes and taking part in the POP+ 2019 AGM.

Active membership of the **Thrive Plymouth [Health Inequalities] Network**.

Engaging with the **Our Plymouth** initiative @ourplymouth.

Working with the National Marine Aquarium (NMA) towards achieving Plymouth's **Sustainable Fish City** @FishCities status.

Supporting the **National Marine Park for Plymouth Sound** initiative.

Supporting **Fairtrade Plymouth**.

Supporting the development of Billy Ruffian's **community owned social co-operative craft brewery** for Plymouth @billyruffians which uses surplus bread products in its brewing processes.



Engaging in the **Tamara Landscapes Project** proposals with multiple partners, led by the Tamar Valley Area of Outstanding Natural Beauty @TVAONB including a Tamara Project consultation in Plymouth in October 2019.

Engaging in **Poole Farm Forum** – November 2018.

Giving a talk on Local Food and Sustainability to the **Plymouth Green Churches Action Group** – February 2019.

Supporting the **Livewell Southwest Wellbeing at Work** launch event and follow-up activities – February 2019 onwards (on-going).

Supporting the **Livewell Southwest Wellbeing Hub** launch event at the Cumberland Centre, Devonport – March 2019.

Supporting Plymouth City Council's **'Fit and Fed' Holiday Hunger initiative** – June 2019 onwards (on-going).

Engaging in Plymouth's **Co-operatives Fortnight 2019** events – including facilitating the Food Plymouth takes over the Clipper event – July 2019.

Engaging with the Plymouth City Council and Partners **Green Estates Management Solutions (GEMS) project** including the **Enrich Social Enterprise** initiative – August 2019 onwards (on-going)

Supporting **Stonehouse Street Party 2019** – September 2019.

Contributing to **Plymouth City Council's Food Justice Committee** hearings – October 2019 onwards (on-going).

#### **Delivery Activities -**

Facilitating the **Sugar Smart Plymouth** public health initiative @SugarSmartPlym (a Food Plymouth collaborative delivery project with Plymouth City Council's Thrive Plymouth public health team and other partners).

Co-delivering the **Thrive Plymouth Year 5** 'People connecting through food' health inequalities programme with Plymouth City Council's public health team @PHPlymouth and other partners – October 2018 onwards.

Performing an 'observer partner' role in the Interreg 2 Seas **FLAVOUR project** which is about preventing food waste and reducing the number of people experiencing food insecurity, in collaboration with Plymouth Marjon University @MarjonBusiness – December 2018 onwards (on-going).

Enabling the **Plymouth Food Equality Project** @EqualityFood arising from Food Plymouth's engagement in the national Food Power programme @FoodPowerUK promoting Food Equality and addressing Household Food Insecurity, Food Poverty and Holiday Hunger – January 2019 onwards (on-going).

Delivering a **Feeding the City workshop** and follow-up activities in Plymouth in collaboration with the Impact Hub, King's Cross @impacthubkc – January to March 2019.

Co-designing and co-delivering the **Food Plymouth Growing Community Abundance (GCA) project**, a new project starting in January 2019, principally funded through a National Lottery Community Fund Awards for All grant. This project is about building the capacity, capabilities and connectedness of Plymouth's community growers and the productivity of the City's community gardens. This included:

- Eight planning meetings with community growers to design delivery activities
- 27 community events – Gatherings, Abundance on Tour and skills sharing workshops
- 12 community gardens encouraged and supported to open to the public in July 2019
- Nine community growers being mentored and supported
- Numerous GCA growers undertaking new voluntary activities

- Five GCA growers obtaining some paid work from the project
- Approximately 40 GCA growers being actively involved with events and activities
- Many more growers dipping in and out of the events and activities, thereby finding out how to engage more effectively in their local community growing spaces
- 20+ organizations being involved, including: Plymouth City Council - Thrive Plymouth, Poole Farm and Efford Library; Plymouth Community Homes Housing Association; Routeways; Plymouth Time Banks; Huxhams Cross Biodynamic Farm; Plants for a Future; Vital Seeds; Pollenize CIC; Light Bulb Fantastic; Edible Churchyards; Plymouth Community Orchards; allotments associations and 'friends of' groups
- The Growing Community Abundance film was produced and shared <https://vimeo.com/367084561>  
Please follow this link to the Growing Community Abundance project report - <http://foodplymouth.org/pull-up-a-chair-and-take-a-read-of-food-plymouths-growing-community-abundance-project-report/>  
Food Plymouth CIC continues to support and promote the Growing Community Abundance project in its post Awards for All funding legacy phase, including its dedicated Facebook Group which currently has 75 members <https://www.facebook.com/groups/566037984339842>

Delivering **Dig for Devonport Community Explorers**, a Food Plymouth direct delivery project aimed at encouraging more Plymouth residents to explore and reconnect with the Tamar Valley, especially by train. The project was funded by the Great Western Railway (GWR) Customer and Communities Improvement Fund and focused on connecting people with the Valley via the food and fruit grown in the area. Community explorers ran from May until December 2019 with seasonal trips involving a range of different community groups. These included: 7 trips with different groups up the Tamar Valley – Blossom Walk (14 people), Denham Orchard fruit picking (6 people), Cherry Orchard (14 people), Knowle Farm wildlife habitat restoration (6 people), foraging with young people with special needs (4 young people and 2 support staff), Residents from Mountwise Towers to Cotehele (15 people). A lasting legacy from the project arises from the visit to Endsleigh Gardens Nursery to choose and purchased 15 Tamar Valley variety cherry trees to plant in community growing spaces across the city.

A total of 82 different people took part in the various outings, tree planting and tree care workshops and the end of project celebration.

Please follow this link to the Community Explorers film - <https://vimeo.com/384725078/e5235fcca7>

Planning and delivering the 10<sup>th</sup> annual **All Ways Apples Festival and Fringe 2019** (a Food Plymouth direct delivery project): 400+ members of the public; 17 community organisations; and six businesses took part in the Festival main event in October 2019, along with 12 Mayflower Makers volunteers and 31 other volunteers. Fringe events included: Apple pressing training; apple pressing at Stonehall Flats; and apple juice pasteurising at Union Corner.

For the full report on All Ways Apples 2019 please follow this link -

<http://foodplymouth.org/grab-yourself-a-cuppa-as-here-it-is-the-all-ways-apples-festival-2019-report/>

### **Regional Engagement -**

Participating in the **Devon New Economy Collaboratory** (Totnes).

Engaging in the **Food Power @FoodPowerUK south west regional network** promoting Food Equality and addressing Household Food Insecurity, Food Poverty and Holiday Hunger.

Participating in the **Devon Food Networks Research Project** (University of Exeter).

Engaging in an **Economic and Social Research Council (ESRC) Festival** event around Food Production and Consumption (University of Plymouth) – November 2018.

Participating in the **Heart of the South West Local Enterprise Partnership (HotSW LEP)** annual conference and AGM (Exeter) – November 2018.

Supporting the **Food Exeter** Food Poverty Summit (Exeter) – November 2018.

Engaging with the **Environmental Futures and Big Data Impact Lab** for SMEs in Devon – February 2019 onwards (on-going).

Participating in the **Fast Track to Growth Business Festival 2019** and follow-up programme (Dartington) – April 2019 onwards.

Engaging in a **South West Business Council Food and the Circular Economy** seminar (Exeter) and follow-up activities – April 2019 onwards (on-going).

Supporting a **University of Plymouth and Santander Universities** event – May 2019.

Participating in the **Transition Town Totnes REconomy** project '**Community of Dragons**' collaborative social investment event (Totnes) – May 2019.

Engaging with the National Farmers Union at **Devon County Show** – May 2019.

Organising and hosting an experiential learning visit by the **South Devon Bioregional Learning Centre** around soil, food and enterprise – September 2019.

#### **National Engagement -**

Membership of the national **Sustainable Food Places Network**.

Participating in a **Co-operative Councils Innovation Network** Food and Co-operative Councils policy lab project.

Supporting the **RSA Food Farming and Countryside Commission** 'Fork in the Road' book launch (London) – April 2019.

Director and project manager participation and networking at the **Sustainable Food Cities Network Conference 2019** (Newcastle) – June 2019.

Engaging with **doctorate level research** on sustainable food procurement by a Phd student from the University of Salford, UK - October 2019.

#### **International Engagement -**

Engaging with the sustainable food procurement strand of the **Royal Geographical Society Conference 2019** (London) – August 2019.

Engaging with a **masters level research project** around food systems and sustainability with a student from the University of Hohenheim, Germany – September 2019.

Participating in the **13th European Council of Town Planners Biennial Conference 2019** Planning on the Edge fringe event (Plymouth) – September 2019.

**Food Plymouth CIC's activities and services have been informed and shaped by all of the above.**

*(If applicable, please just state "A social audit report covering these points is attached").*

**PART 3 – DIRECTORS' REMUNERATION** – if you have provided full details in your accounts you need not reproduce it here. Please clearly identify the information within the accounts and confirm that, "There were no other transactions or arrangements in connection with the remuneration of directors, or compensation for director's loss of office, which require to be disclosed" (See example with full notes). If no remuneration was received you must state that "no remuneration was received" below.

**No remuneration was received by the directors for directing the company.**

**PART 4 – TRANSFERS OF ASSETS OTHER THAN FOR FULL CONSIDERATION** – Please insert full details of any transfers of assets other than for full consideration e.g. Donations to outside bodies. If this does not apply you must state that "no transfer of assets other than for full consideration has been made" below.

**No transfer of assets other than for full consideration has been made.**

*(Please continue on separate continuation sheet if necessary.)*

## PART 5 – SIGNATORY

The original report must be signed by a director or secretary of the company

Signed

Ian M. Smith

Date

15<sup>th</sup> AUG '20

Office held (delete as appropriate) Director/Secretary

You do not have to give any contact information in the box opposite but if you do, it will help the Registrar of Companies to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public record.

Ian Smith (Director)

e-mail [ianmsmith1.5@gmail.com](mailto:ianmsmith1.5@gmail.com)

Tel 0772 017 4634

DX Number

DX Exchange

**When you have completed and signed the form, please attach it to the accounts and send both forms by post to the Registrar of Companies at:**

*For companies registered in England and Wales:* Companies House, Crown Way, Cardiff, CF14 3UZ  
DX 33050 Cardiff

*For companies registered in Scotland:* Companies House, 4<sup>th</sup> Floor, Edinburgh Quay 2, 139  
Fountainbridge, Edinburgh, EH3 9FF DX 235 Edinburgh or LP – 4 Edinburgh 2

*For companies registered in Northern Ireland:* Companies House, 2nd Floor, The Linenhall, 32-38  
Linenhall Street, Belfast, BT2 8BG

The accounts and CIC34 **cannot** be filed online

**(N.B. Please enclose a cheque for £15 payable to Companies House)**