MOVERS AND SHAPERS FITNESS LIMITED
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 APRIL 2017
PAGES FOR FILING WITH REGISTRAR
Movers and Shapers Fitness Limited

Balance Sheet
As at 30 April 2017

<table>
<thead>
<tr>
<th></th>
<th>2017</th>
<th></th>
<th>2016</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>£</td>
<td></td>
<td>£</td>
<td></td>
</tr>
<tr>
<td>Fixed assets</td>
<td>74,265</td>
<td></td>
<td>91,105</td>
<td></td>
</tr>
<tr>
<td>Current assets</td>
<td>12,250</td>
<td></td>
<td>12,250</td>
<td></td>
</tr>
<tr>
<td>Creditors: amounts falling due within one year</td>
<td>(3,062)</td>
<td></td>
<td>(1,531)</td>
<td></td>
</tr>
<tr>
<td>Net current assets</td>
<td>9,188</td>
<td></td>
<td>10,719</td>
<td></td>
</tr>
<tr>
<td>Total assets less current liabilities</td>
<td>83,473</td>
<td></td>
<td>101,824</td>
<td></td>
</tr>
<tr>
<td>Creditors: amounts falling due after more than one year</td>
<td>(376,865)</td>
<td></td>
<td>(324,972)</td>
<td></td>
</tr>
<tr>
<td>Net liabilities</td>
<td>(293,412)</td>
<td></td>
<td>(223,148)</td>
<td></td>
</tr>
<tr>
<td>Capital and reserves</td>
<td>(293,412)</td>
<td></td>
<td>(223,148)</td>
<td></td>
</tr>
</tbody>
</table>

Notes to the financial statements

1 Average employees
The average number of persons (including directors) employed by the company during the year was 5 (2016 - 5).

Movers and Shapers Fitness Limited is a private company limited by shares incorporated in England and Wales. The registered office is 73 Cornhill, London, EC3V 3QO.

The director of the company has elected not to include a copy of the profit and loss account within the financial statements.

For the year ended 30 April 2017 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The director acknowledges his responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.
MOVERS AND SHAPERS FITNESS LIMITED

BALANCE SHEET (CONTINUED)

AS AT 30 APRIL 2017

These financial statements have been prepared in accordance with the micro-entity provisions and in accordance with FRS 105 “The Financial Reporting Standard applicable to the Micro-entities Regime” and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the board of directors and authorised for issue on 31 January 2018 and are signed on its behalf by:

B Margolis
Director

Company Registration Number 07957993
This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.