

REGISTERED NUMBER: 07055502 (England and Wales)

ABBREVIATED UNAUDITED ACCOUNTS
FOR THE PERIOD 23 OCTOBER 2009 TO 31 OCTOBER 2010
FOR
A AND A BODYCARE LIMITED

SATURDAY



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22/10/2011
COMPANIES HOUSE

A AND A BODYCARE LIMITED

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FOR THE PERIOD 23 OCTOBER 2009 TO 31 OCTOBER 2010

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A AND A BODYCARE LIMITED
COMPANY INFORMATION
FOR THE PERIOD 23 OCTOBER 2009 TO 31 OCTOBER 2010

DIRECTOR: M J Nicholas

SECRETARY: M J Nicholas

REGISTERED OFFICE: 97 Stonald Road
Whittlesey
Peterborough
Cambridgeshire
PE7 1QP

REGISTERED NUMBER: 07055502 (England and Wales)

ACCOUNTANTS: R. A Spires & Co
97 Stonald Road
Whittlesey
Peterborough
Cambridgeshire
PE7 1QP

A AND A BODYCARE LIMITED
ABBREVIATED BALANCE SHEET
31 OCTOBER 2010

	£
CURRENT ASSETS	
Stocks	7,110
Debtors	3,340
Cash at bank and in hand	763
	<hr/>
	11,213
CREDITORS	
Amounts falling due within one year	11,105
	<hr/>
NET CURRENT ASSETS	108
	<hr/>
TOTAL ASSETS LESS CURRENT LIABILITIES	108
	<hr/> <hr/>
CAPITAL AND RESERVES	
Called up share capital	2
Profit and loss account	100
	<hr/>
	8
	<hr/>
SHAREHOLDERS' FUNDS	108
	<hr/> <hr/>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the period ended 31 October 2010

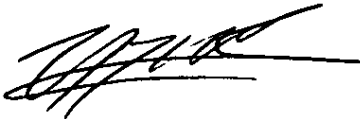
The members have not required the company to obtain an audit of its financial statements for the period ended 31 October 2010 in accordance with Section 476 of the Companies Act 2006

The director acknowledges his responsibilities for

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company

The abbreviated accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies

The financial statements were approved by the director on 21 September 2011 and were signed by



M J Nicholas - Director

The notes form part of these abbreviated accounts

A AND A BODYCARE LIMITED

NOTES TO THE ABBREVIATED ACCOUNTS
FOR THE PERIOD 23 OCTOBER 2009 TO 31 OCTOBER 2010

1. **ACCOUNTING POLICIES**

Accounting convention

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008)

Turnover

Turnover represents net invoiced sales of goods, excluding value added tax

Stocks

Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items

Deferred tax

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date

2. **CALLED UP SHARE CAPITAL**

Allotted, issued and fully paid

Number	Class	Nominal value	£
100	Ordinary	£1	<u><u>100</u></u>

A AND A BODYCARE LIMITED

REPORT OF THE ACCOUNTANTS TO THE DIRECTOR OF
A AND A BODYCARE LIMITED

The following reproduces the text of the report prepared for the director in respect of the company's annual unaudited financial statements, from which the unaudited abbreviated accounts (set out on pages two to three) have been prepared.

As described on the balance sheet you are responsible for the preparation of the financial statements for the period ended 31 October 2010 set out on pages three to six and you consider that the company is exempt from an audit.

In accordance with your instructions, we have compiled these unaudited financial statements in order to assist you to fulfil your statutory responsibilities, from the accounting records and information and explanations supplied to us



R. A Spires & Co
97 Stonald Road
Whittlesey
Peterborough
Cambridgeshire
PE7 1QP

Date: 21st September 2011