

Registered Number 06144314

THE OXFORD MINDFULNESS CENTRE

Abbreviated Accounts

31 March 2009

Balance Sheet as at 31 March 2009

	Notes	2009 £	£	
Fixed assets				
Tangible	2		<u>939</u>	-
Total fixed assets			939	
Current assets				
Debtors		6,437		
Cash at bank and in hand		84,869		
Total current assets		<u>91,306</u>	-	-
Creditors: amounts falling due within one year		(47,095)		
Net current assets			44,211	
Total assets less current liabilities			<u>45,150</u>	-
Total net Assets (liabilities)			45,150	
Capital and reserves				
Profit and loss account			<u>45,150</u>	-
Shareholders funds			<u>45,150</u>	-

- a. For the year ending 31 March 2009 the company was entitled to exemption under section 249A(1) of the Companies Act 1985.
- b. The members have not required the company to obtain an audit in accordance with section 249B(2) of the Companies Act 1985
- c. The directors acknowledge their responsibility for:
 - i. ensuring the company keeps accounting records which comply with Section 221; and
 - ii. preparing accounts which give a true and fair view of the state of affairs of the company as at the end of the financial year, and of its profit or loss for the financial year, in accordance with the requirements of section 226, and which otherwise comply with the requirements of the Companies Act relating to accounts, so far as is applicable to the company.
- d. The accounts have been prepared in accordance with the special provisions in Part VII of the Companies Act 1985 relating to small companies

Approved by the board on 29 January 2010

And signed on their behalf by:
Mr. G. Bamford, Director

This document was delivered using electronic communications and authenticated in accordance with section 707B(2) of the Companies Act 1985.

Notes to the abbreviated accounts

For the year ending 31 March 2009

1 Accounting policies

The Financial Statements have been prepared under the historical cost convention, in compliance with all relevant statements of standard accounting practice, and the Charities Statement of recommended Practice (Revised SoRP 2005).

Turnover

Income comprises investment income and donations from societies and individuals. Income is recognised on a receivable basis. All income is included gross in the Statement of Financial Activities. Grants and donations are only included in the SoRP when the charity has unconditional entitlement or the resources. Investment income is included in the accounts when receivable. Incoming resources from tax reclaims are included in the SoRP at the same time as the gift to which they relate. The monetary value will be measured with sufficient reliability.

Depreciation

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Plant and Machinery 25.00% Reducing Balance

2 Tangible fixed assets

Cost	£
At	
additions	1,252
disposals	
revaluations	
transfers	
At 31 March 2009	<u>1,252</u>
Depreciation	
At	
Charge for year	313
on disposals	
At 31 March 2009	<u>313</u>
Net Book Value	
At	
At 31 March 2009	<u>939</u>