

10am – 12pm
(unless stated)

MONDAY

English Conversation
Pre-intermediate 

ECDL
Accredited IT qualification 

G.R.E.A.T
Employability course * 

TUESDAY

NPA Childcare
SQA qualification
9.30am—12pm 

Volunteer Skills Award
SQA qualification 

Life in the UK
Test preparation 

G.R.E.A.T
Employability course * 

WEDNESDAY


English Conversation
Beginners 

Art
Art projects for all levels 

Computing
Intro to IT & the Internet 


G.R.E.A.T
Employability course * 

THURSDAY

College English: 2 GROUPS
Taught by D&A College tutors
9.15am—11.45am 

Flourish
Parenting group: activities & advice 

Cycling
Learn to ride, get confident 

G.R.E.A.T
* £25 for whole course 

FRIDAY

Mother & Toddler
Fun activities for kids and mums 


WELFARE CONNECT
For advice about benefits and Welfare Reform call
07983 923 221

Community outreach neighbourhood networkers encouraging change team

Mellow Bumps (dates & times vary)
6 week course
For pregnant women
Ask for details 

1pm – 3pm
(unless stated)

Chit Chat
Social group
12pm—2pm 

Driving Theory
Preparation Study group 

Sewing
Learn the basics 

English Conversation
Absolute beginners 

Baking
Demo & participation 


Lunch Club
12pm—1pm
* £2.00 


College English
Taught by D&A College tutors
12.30pm—3pm 

French
Learn to speak French 

Bazorg
Social group for women over 60 

Computing
Introduction to IT & the Internet 


Yoga
1.30pm-2.30pm
Gentle exercise 

Cooking
Demo & participation 

College English
Taught by D&A College tutors
12.30pm—3pm 


English for Life
Project-based Intermediate 

ECDL
Accredited IT qualification 

Job Club Help with CVs, job search & applications 

Basic Arts & Crafts
Basic level 

Safety Net FREE
Internet Safety course 

Macara Youth Group 5.30—8.30
For girls aged 12—18 

CRECHE £3 PER SESSION
BOOK IN ADVANCE
01382 462 058

CLASSES ARE
FREE!
* Unless stated otherwise