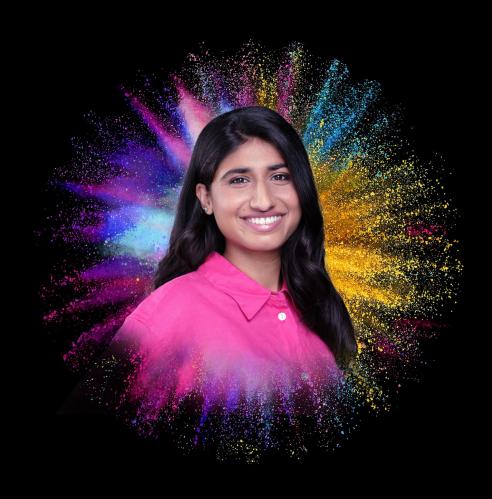
Deloitte.



Make it matter Workbook



Introduction

This workbook is for you to use to culminate your learning from other sessions and make it matter.

Here, you'll find short exercises, helpful information and space to record your reflections.

It can be a valuable resource to revisit and add further learning and insights.

We hope you enjoy the session!

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Workshop template:

Use the template to further your learning around the chosen topic. There are three stages to complete to help you further your understanding and knowledge on the topic and to help you continue your personal growth journey beyond the session.

Chosen workshop topic
Why have you selected this workshop topic?
What areas of the workshop topic would you like to further develop?

1. Revisit

We revisit learning to reinforce our comprehension, retain knowledge and encourage long-term retention. Reviewing learning materials helps clarify concepts in our memory, refreshes our understanding and allows us to connect new and existing information.

Revisiting learning content over time helps us apply knowledge to real-world situations, adapt to changing circumstances and ensure our skills stay relevant and current.

1.	What a	are your	initial	thoughts	and	feelings	about	the
W	orkshop	p topics?)					

1. Revisit

2. How relevant was the workshop to you? Consider how the workshop topic relates to your life, goals, and interests.
3. Why does this topic matter? Reflect on why understanding and applying this topic could positively impact you.

2. Personal connection

We make personal connections to learning content by linking the material to our own experiences, values and interests. You can do this by:

- Relating to experiences that align with the content.
- Identifying the relevance of the content and why it matters to you. Consider how it might impact your goals.
- Emotional engagement through recognising how the content evokes feelings, memories or reflections.
- Evaluating content alignment to your core values and beliefs.
- Discussion and sharing with others.
- Journaling and recording your personal insights, connections and thoughts when you revisit the content.

topic.	a personars	tory triat cc	milects to t	ne workshop	

2. Personal connection

In this stage, you will translate the learning content's insights into actions. Doing this will create a lasting impact on your personal and professional journey.

Making it matter fosters motivation, engagement and a sense of fulfilment. By making it matter, you will leave a lasting impact on your learning journey.

This stage is about transforming your knowledge and understanding into actions that matter.

1. Plan how you will apply your insights from the workshop topic daily. List five actions to get you started. E.g., Practice active listening.

Action 1

What are your action details? E.g., focus on the speaker.

Action 1

What is the rationale for making this an action? E.g., improves understanding.

Action 1

workshop topic in your daily life. List five actions to get you started. E.g., Practice active listening.
Action 2
What are your action details? E.g., focus on the speaker.
Action 2
What is the rationale for making this an action? E.g., improves understanding.
Action 2

1. Plan how you are going to apply your insights from the

1. Plan how you are going to apply your insights from the workshop topic in your daily life. List five actions to get you started. E.g., Practice active listening.
Action 3
What are your action details? E.g., focus on the speaker.
Action 3
What is the rationale for making this an action? E.g., improves understanding.
Action 3

workshop topic in your daily life. List five actions to get you started. E.g., Practice active listening.
Action 4
What are your action details? E.g., focus on the speaker.
Action 4
What is the rationale for making this an action? E.g., improves understanding.
Action 4

1. Plan how you are going to apply your insights from the

1. Plan how you are going to apply your insights from the workshop topic in your daily life. List five actions to get you started. E.g., Practice active listening.
Action 5
What are your action details? E.g., focus on the speaker.
Action 5
What is the rationale for making this an action? E.g., improves understanding.
Action 5

2. Look at your long-term learning vision; what is the lasting impact this workshop topic could have on your journey over time?
2. Places describe how you will hold yourself
3. Please describe how you will hold yourself accountable for integrating this topic into your learning journey and make it matter.

The benefits of your workshop template

Completing this template for each workshop topic you would like to further your learning and development allows you to transform your chosen topic into a personally relevant and impactful concept.

By reflecting, connecting, and action planning, you can ensure your topic stays meaningful and contributes to your ongoing growth and impact.

This template is a guide for turning your workshop knowledge into a positive learning force for positive change that matters.

What challenges or obstacles might disrupt your learning?
What can you put in place to ensure your personal growth journey stays on track?

Next steps

- 1. Complete this template on all the workshops you're interested in developing your learning and growth.
- 2. Continue developing your skills covered in the workshops.
- 3. Ask others for feedback on your skills, how they have progressed and what you could do to improve them.
- 4. Focus more on the problematic skills; the more you practice and develop them, the less challenging they will become.
- 5. Practice, practice, practice.

1.			
2.			
3.			

Choose three skills you want to focus on developing.

Summary

"Some people want it to happen, some wish it would happen, others make it happen".

- Michael Jordan

You control your learning and development journey; you can navigate it how you want.

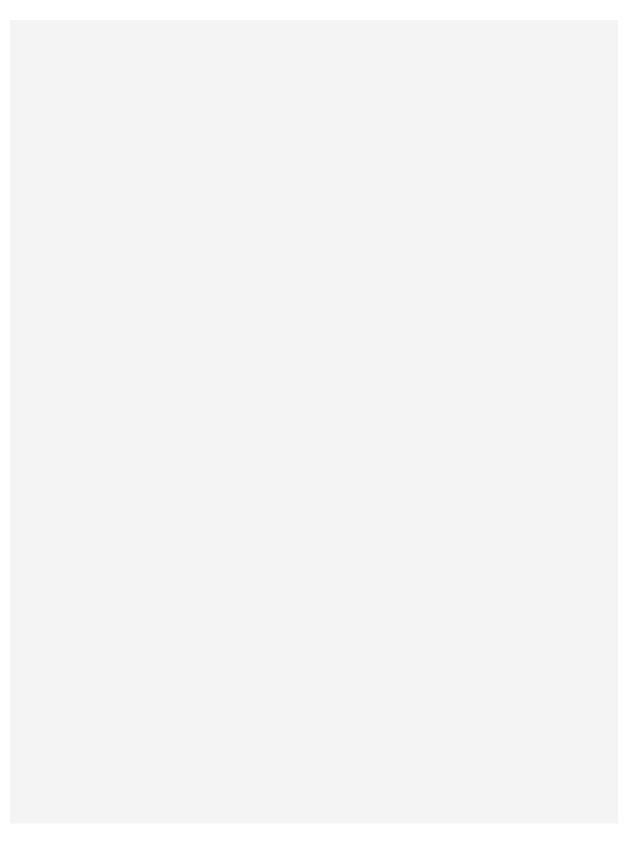
Everyone's learning experience is unique; find the techniques that work for you. If everything you try doesn't work for you, that's ok; focus on what does to keep you motivated and focused.

Revisit your learning, form personal connections and make it matter.

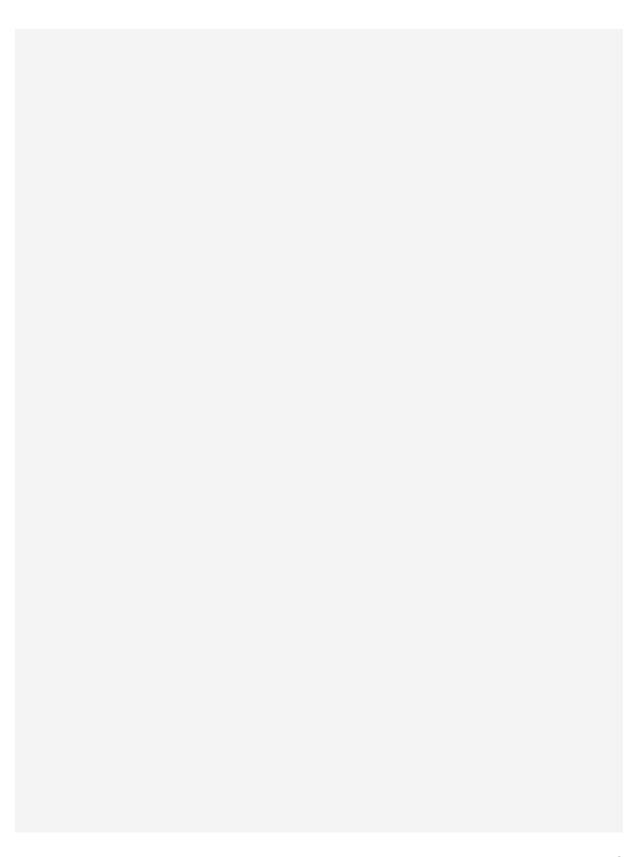
Further links

- Careers at Deloitte
- Our programmes
- Our events
- Frequently asked questions
- Dot the Bot (ask a question)

Reflection and insights



Reflection and insights



Reflection and insights

