



Sent to BID Businesses on 10th July 2020

**Invitation: July 14th at 11am – Wellbeing in the Workplace for Staff Seminar with Dr Ari Mihailidis**

Further to my invitation in last week's Newsletter - here is the zoom link for the Wellbeing in the Workplace for Staff Seminar with Dr Ari Mihailidis, Battersea & Wandsworth Chiropractors on Tuesday, 14 July at 11am - this will include advice on:

- Holistic wellbeing and working from home or in the workplace
- Relaxation and breathing techniques
- Postural advice

Please could you email me if you wish to attend at [info@thejunctionbid.co.uk](mailto:info@thejunctionbid.co.uk)

Roz Lloyd-Williams is inviting you to a scheduled Zoom meeting.

Topic: Wellbeing in the Workplace for Staff Seminar by Dr Ari Mihailidis, Battersea & Wandsworth Chiropractors

Time: July 14, 2020 at 11:00am London

Join Zoom Meeting

<https://us02web.zoom.us/j/82375884827?pwd=Y1krTFloTzBOUITIFQVlyUFdad3hyd309>

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If you are a Clapham Junction BID business and you have missed any of these communications, or for more information – please contact Roz Lloyd-Williams, The Executive BID Director, The Junction BID Tel: 07522 812299 email: [roz.loyd-williams@thejunctionbid.co.uk](mailto:roz.loyd-williams@thejunctionbid.co.uk)