

**BEAMERS
NEWSLETTER
OCTOBER 2019**





NEWSFLASH

- Winter League Xmas break 12/12/19
- Winter League restarts 9/1/20
- Vitality Netball Nations Cup 25th & 26th January 2020
- Vitality Netball Super League Opener 22/2/2020
- Beamers Club Meeting 18/10/2019
- Club Xmas Social 29/11/2019
- Tournament Abroad 18th – 21st June 2020
<https://lamanganetballsevens.com/>
- Click on the link below to see what events are available at CSSC and reap the benefits of your membership <https://www.cssc.co.uk/#>

QUARTERLY NEWS ARTICLE

Well the cover photo speaks for itself – Autumn is here!!! I'm still wondering where the summer went! I'm sure we are owed a few more warm days instead of the deluge rain we were given. I am therefore hoping that although the nights will soon start drawing in and it starts getting dark by 4.30pm, that the weather will still be lukewarm but I may be clutching at straws!!!

Since the last Newsletter, I would like to officially welcome our new players Alison, Olivia, Rebecca L, Belinda, Candice L, Jennie, Claudia, Justine and a warm welcome back to Nadine and Alice. I hope you all enjoy your time within the Beamette family.

We have **4** tickets available for the Vitality Netball Nations Cup being held at the Copper Box Arena for each of the following dates below. To be clear – that is **2** tickets for the Saturday and **2** tickets for the Sunday.

Saturday 25th January 2020 @ 2.30pm – New Zealand v South Africa and 5.00pm – England v Jamaica

Sunday 26th January 2020 @ 2.30pm – 3rd place v 4th place and 5.00pm – 1st place v 2nd place

If you want to attend, please **let me know ASAP**. These tickets will be on a first come, first served basis. You didn't see anything mentioned about money, which means we are offering you these tickets FREE so – GO!!!



ROXY'S BLOG - CSSC GAMES!!



With a squad of 20 players, 2 Beamers teams – Bees and Wasps entered the CSSC Games Competition at Loughborough University held on Friday 13/9/19. We met at Kings Cross St Pancras station on Thursday 12th for a bite to eat and pre drinks before making our way to the platform. Can you imagine the panic when we reached the ticket barrier and Alison hadn't arrived yet and Marie's got all the tickets!! Phone calls revealed she was heading our way but with minutes before the train departed, we had to rush through the ticket barriers with Marie giving the guard Alison's name and asking him if he could hold the ticket for her. Whilst trying to find our seats, I said to Marie "I hope she gets there in time to get the ticket" and Marie said "I've got the ticket, he didn't take it – he said he is not allowed to do that". What!!!! I couldn't believe what she was telling me! I was on the phone like a shot asking Alison where she was and she calmly said "I'm here". I look around and low and behold, there she was calmly walking through the aisle. I tell you, relief was not the word!!! I had to ask her how she managed to get through without her ticket. Well, she came running up minutes behind us and when the guard saw her, name or no name, he just let her through shouting "go, go, go, they just went through". Thanks goodness for him! It all worked out in the end and once we settled down, we had a whale of a time on the train – there was plenty of drinks flowing, lots of laughter, cake and happy birthday celebrations for Larrissa and of course the traditional game of cards between Rox, Ras and Marie, which always lasts the whole journey.

We arrived at Loughborough just in time for half of us to get a lift to the Uni in one of the CSSC mini-buses and the other half in a cab. We collected our keys and again managed to get a lift to our rooms. I should have seen this as a sign of good things to come because in all the years of going to Loughborough, this had never ever happened before!!



The rest of the evening was spent with some girls in bed, some in the bar and Rox, Ras and Marie in Rox's room drinking, listening to music and yes you guessed it...playing cards, joined by Charmaine and Del from JURA. Marie said she was going to bed as she felt queezy so we packed up around 2am. Checking up on Marie, we found her throwing up. Well, in all the years I've known Marie, I have never seen her in that state so we were well shocked but drinking on an empty stomach will do that to you!!

Friday morning and we met for breakfast at 7.45am – except for Gemma who couldn't get out of bed. Apparently she was so out of it that she actually fell asleep in her clothes – bless her but by that you know she must have had a good time in the bar the night before!! As for Marie, she was still suffering and it was only after the 2nd game that she started to feel her old self again.

Meanwhile Michelle and Candice were stuck in traffic due to 3 accidents on the motorway and didn't arrive until the start of the 3rd game. We had already set the standard for them and with Michelle, Ras and Rachael as our formidable defence, Claire and Candice indispensable in centre court and Lizzie, Sarah, Rox and Marie as our magnificent shooters, we were unstoppable. Even when up against our rivals Newcastle (Northern Stars), we weren't fazed, we gave them a good run for their money and finished on a 9:9 draw, which meant we didn't lose any of our games during the rounds. Even when the girls were trying to get me and Marie back on court, I was like “hell no – it's not broke so I'm not fixing it”. Now usually at this stage, we will lose our semi final game but I had the pleasure of sitting back and watching the girls demonstrate a MASTER CLASS in Netball – OMG it was AWESOME.

We were in the FINAL facing Newcastle again, but by this time we were like New who??? We schooled them and won 6:5. We have been entering this competition every 2 years since 2007 and we were finally VICTORIOUS. I am bursting with pride for ALL of my Beamettes and what makes it more special for me is the fact that we, CSSC London Beamers ARE the CSSC London Netball Club and we won the CSSC Games competition. It cannot get any better than that, so from the bottom of my heart, I would like to THANK every single one of the Beamettes that came to Loughborough and made the occasion even more special. It was great having you all there and although the Beamers Wasps team wasn't as successful, everybody enjoyed themselves, which is what it is all about. Can you guess what happened on the train journey back – yes more drinking and playing cards. I cannot wait for the next Games.



CSSC GAMES NETBALL - Friday 13 September 2019 - Results - GROUP A

	1	2	3	4	5	6	7				
NAME	BOND VODKA	BEAMERS BEE'S	PRISON SERVICE	HASSRA FLYDE	JURA	NORTHERN STARS	BLUEBIRDS	Goals For	Goals against	Goal Ave.	Total Points
1	BOND VODKA	6	14	9	3	12	8				9
2	BEAMERS BEE'S	6	3	3	3	9	6				17
3	PRISON SERVICE	14	11	17	16	23	17				0
4	HASSRA FLYDE	11	9	5	6	17	19				7
5	JURA	3	8	3	7	5	6			1.41	12
6	NORTHERN STARS	3	4	3	3	6	6				15
7	BLUEBIRDS	8	8	5	4	3	14			1.44	12

1st
4th
2nd
3rd

ANN'S BLOG - RIVERSIDE REFLECTIONS

Liverpool welcomed us as only Liverpool can, with squally rain as soon as we stepped out of the station. We first had to find our accommodation then the Arena, which was a half hour walk if we hadn't stopped to view the sights. It was then time to find refreshments and fellow Pivoteers as we were called. We walked back to our accommodation and settled in the nearby pub, which turned out to be our local as a few of the Pivoteers were based in the same accommodation. We soon got all the locals talking about the competition.

Next day saw the start of the competition and what a competition it was!! Ten intense days of amazing netball, incredible camaraderie and a fantastic atmosphere – not just in the Arena but all over the City. The Fan Zone was packed most days, especially when England was playing.

I happily came to the rescue of my fellow Beamettes, by securing last minute tickets for them after their promised tickets did not materialise.

As the competition continued the pressure increased; yet all teams were still involved right up to the final weekend. There were too many highlights to mention here but the biggest ones were:

England v South Africa, the Zimbabwe fans, meeting a couple of crazy South African Players (see attached photo), seeing myself on the big Screen and the FINAL itself. Mind you I missed the last quarter due to a dodgy Tuna Sandwich.

I have to say a huge thanks to our wonderful Beamers Committee – Rox, Marie and Ras for making it possible for me to go and volunteer. I will always be truly thankful. Thanks also to my amazing netball buddy Suzi for tagging along, not that she would have missed it for the world, but I couldn't and wouldn't have done it without her.

It was a wonderful experience that I would recommend to anyone. If you are interested in being an England Netball Volunteer, visit the England Netball website – Volunteers – I DID!!!



ELIZABETH'S BLOG - NETBALL WORLD CUP

Hi all – I was lucky enough to be able to go and see some of the netball at the World Cup in Liverpool earlier this year. I was really surprised to see the Army there, especially because I work at MOD and had no idea that the Army were involved in sponsoring England Netball.

Netball players at grassroots and elite levels are getting the chance to receive Army Leadership and Personal Development Training. Since January the Army have connected with 30,000 youth players. As Netball is UK's top female participation sport, with 1.4m women and girls playing at some point during the netball season – it's a really important way to try and get more young women thinking about a career in the Armed Forces. Defence has a target of 15% of recruits to be women by 2020 but representation is still only 11%.

The British Army Netball team had a clean sweep in the 2019 Inter-Services tournament so retained the title for a second year. I was chatting to some of the girls about having an Army v MOD Civil Servants game – so I may need some ringers from Beamers as I'm a bit scared now! Liz



CHAZ'S BLOG - SOMO

I hope you don't mind me taking this opportunity to write this article (and maybe to brag a little bit).

My struggles over the last year have been no secret. I'm sure if you've stood beside me before a game for even two minutes you've heard me rant about my frustration with work in the Civil Service. A system that's resistant to change and built on unspoken rules that are impossible to understand if you're not from a certain background. I know you'll have heard me talk about my experience in the Army and how similar this was -- a bunch of middle-class white men instructing me on how to behave, how to "get things done" and how to be a leader. I joined the Civil Service through the Faststream, thinking it would teach me how to be a leader in the civilian world. I'm still working on that.

I've made mistakes, not all of which have been forgiven, and even some of the smallest held against me. My decisions have been doubted. My questions have been ridiculed, my challenges have been seen as acts of rebellion or over-ambition. This has not been my finest year.

So imagine after all that, my absolute delight when I collected the UK Social Mobility award for Leadership on 10th October. I can't take all the credit, but I can take a lot of it!

So what have I learnt? I've learnt the power of principles-led leadership. I've learnt that sometimes people are afraid of your ideas because they're too "radical", you're not doing things in the "right way" or you're challenging the wrong people. On 10th October, I learnt that I'd done something great that people care about, and no matter what I've been told about my inability to play by the rules, ultimately that's not what's important.



What's important is:

Having integrity at all stages, whether that means things look pretty bad and Ministers are pretty annoyed.

Having the curiosity to ask the right questions and the courage to challenge the wrong response.

Having the guts to stick to your guns if you know your decision is right.

And having the sense to be kind, to collaborate and to help others.

I know some people will be reading this and thinking that it's absolute rubbish. Some people will be intimidated, some start to feel competitive. But I want you to be determined. Determined to succeed despite what you might have been told about your ability to lead or do your job, your personality, the way you work.

There's a proportion of us that are the typical stereotype of a Civil Servant and there are some of us who are square pegs trying desperately to fit into round holes and there are lots of things in between – shapes that sometimes fit or sometimes don't. But what happens if we get rid of the holes? What happens if we start being who we are... FOR REAL? What happens if we start saying decisions made before us aren't good enough, and things need to change?

We might all win some awards.

I know this has been a bit long, so I want to wrap it up by just saying that I want you to be different because sometimes being different is what makes the biggest difference.

Stay strong, stay kind, stay you.

And go win some awards!!!





In The Spotlight.....Who am I?

Favourite Band/Solo Artist

Aretha Franklin



Favourite TV Programme

Mad Men



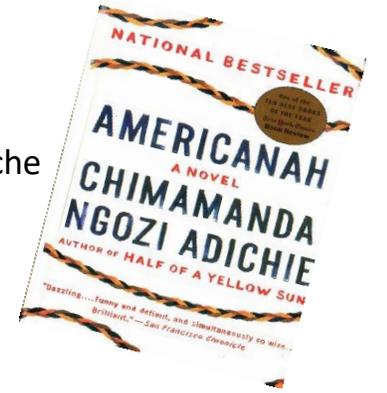
Favourite Film

Moulin Rouge, or La La land (except the ending sequence which was far too sad!)



Favourite Read

Americanah, by Chimamanda Ngozi Adiche



Favourite Meal

Sushi and cocktails



Favourite Hobby/Pastime

Don't I have to say netball?! I also really enjoy yoga, reading, and going to the theatre (anything from musicals to more contemporary/political plays).



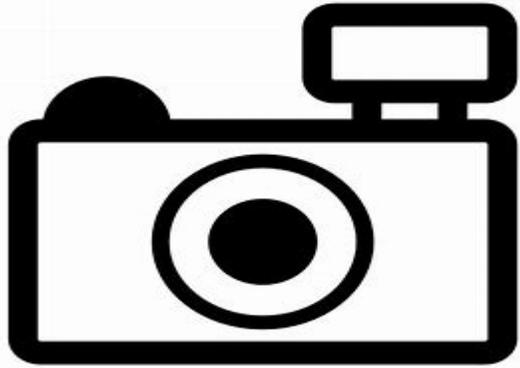


Test Your Knowledge – see if you can answer the following questions

These are all 9 letter answers:

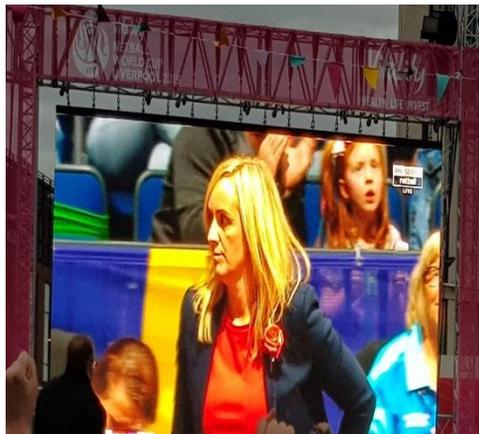
1. Putting together information for an exhibition - - - - - - - - -
2. Accidentally drooling while asleep - - - - - - - - -
3. Fine shawls made from the wool of Himalayan goats - - - - - - - - -
4. The hundredth anniversary of a significant event - - - - - - - - -
5. Ho Hey band - - - - - - - - -
6. Performance review at work - - - - - - - - -
7. National winter sports of Canada - - - - - - - - -
8. Acting paternally towards someone - - - - - - - - -
9. Global beauty pageant, first held in 1951 - - - - - - - - -
10. _____ and meatballs - - - - - - - - -

When you have answered all the questions, the letters where the red dashes are from each answer spells out a word(s) relating to Fashion Show – what is the word?



LIVERPOOL WORLD CUP 2019

Just a few pictures from this event



ANSWERS



1. Coll**A**ting
2. Dribb**L**ing
3. Pashm**I**nas
4. Cente**N**ary
5. Lumin**E**ers
6. Apprai**S**al
7. Ice Hoc**K**ey
8. Father**I**ng
9. Miss Wo**R**ld
10. Spaghe**T**ti

And the Fashion Show word was.....

A LINE SKIRT

WHO AM I ??? – REBECCA FUTTER – BEAMERS WHITE



I work as a government Lawyer and have two kids (ages 4 and 8) who are very excited every time the Beamers win at netball and especially if I get selected as "player of the match!" I have been playing netball since primary school, always GA/GS, and playing netball reconnects me with happy memories from school times and stops me feeling too old!

Editor at Large



THANK YOU to Rebecca F, Elizabeth, Ann and Chaz for sending me their lovely articles. If you have any suggestions for the Newsletter or any articles you would like to see published in the next issue, please let me know. Your feedback is always welcomed. The next issue will probably be around January time, and I would like to have more input from the Club Members, including plenty of photos. Please remember we have a Club Facebook Page, so make use of it.