

Benefits of Volunteering with CSSC

Benefits of volunteering from the individual perspective

Have fun and enjoy yourself! There is a wide range of existing events and activities to choose from or the potential to start a new activity.

Build your self-esteem and confidence – meet new people, make new friends and broaden social network. Opportunity to get to know others in the local area and meet a wide range of other people all involved in CSSC.

Learn and develop skills: Being a volunteer means that you can learn new and enhance existing skills, which are also useful and relevant for the workplace. CSSC can give Employer references to evidence these to support personal development and career progression. In addition CSSC is developing an exciting new Volunteer Pathway that will enrich your experience with CSSC by helping you gain and learn new skills with the potential for it become a recognised qualifications and enhance your CV!

Improve your own health and wellbeing – studies show that volunteering ‘can increase volunteers’ longevity, improve their mental health, keep them fitter, and enable them to cope better with illness when it occurs’ (Volunteering England)

Make a difference in people’s lives; volunteers can improve the quality of someone’s life-whether this is through arranging sports events or helping others to get involved in an event or a trip or an activity, become fitter, or have a better quality of personal time through the leisure activities. Just giving people time to meet and socialise makes a big difference to their daily lives and you get the satisfaction of knowing you made it happen.

Be part of something: support CSSC by promoting a sport/activity/event that you are passionate about and being with CSSC gives you the opportunity to give something back to other hard working members of the Civil Service and public sector!

Benefits of volunteering from an Employers perspective

Supporting staff to volunteer is advantageous for an employer. It encourages staff to have a positive view of their employer. It can expose staff to a much wider range of tasks than they may get in their day-to-day work, give them an opportunity to lead projects and have responsibility for motivating others.

Staff choosing to volunteer sends a clear message to employers about what they value and their commitment to making a difference.

It can help to improve morale and reduce stress levels which can have an impact on retention, helping to reduce the loss of trained and experienced staff that may otherwise consider leaving.

Staff learns skills that are transferable to their work place - Staff experience different ways of working when volunteering, which may be applied to their paid work. There are opportunities to learn about and experience a wide range of matters-including, project management, event management, organising and leading meetings, managing people, being a chairman/treasure/secretary of a constituted organisation, financial skills, mentoring, coaching, report writing, communication, IT skills, marketing, public speaking, presenting, Health & Safety, Equality and Diversity and Data Management. In addition, CSSC are developing new learning pathways that will provide information on a number of topics which will enhance a variety of skills for a volunteer. There will be an accredited qualification in some of these areas. With a skilled and competent workforce this can only mean better things for you as an employer.

Staff Building. By encouraging staff to volunteer, you show your organisations commitment to helping make a difference and helping others. If you decide to do this in small batches with small or large groups, it can also be a great team building exercise for your staff to get know each other and other people in the civil service and public sector.

Corporate Identity Developing s positive departmental profile encourages staff commitment to core business goals. CSSC activities provide opportunities to build on this identity both within the public sector and local communities.

Productivity there is clear evidence that fit and active employees are significantly more productive than the rest of the workforce. CSSC increases the opportunities for staff to get active.

Recruitment and Retention a vibrant sports and social scene within the work place can aid employers by enhancing the benefits within the employment package to prospective staff and also helping to retain staff who value the wellbeing initiative provided.

Teamwork CSSC diverse range of activities provides the ideal opportunity to develop leadership and teamwork. Stronger teams deliver better business performance.

Networking and communication: opportunities to mix with staff from their own and other departments improves networking, can break down barriers and creates additional channels of communication that span offices, government departments and the wider public sector.

Staff wellbeing sports and leisure activities relieve stress and counter balance the pressure of the workplace. Managers rarely have the time or resources to put sustainable schemes in place. CSSC can and does.

Diversity CSSC offers the opportunity to bring people together irrespective of age, grade, culture, gender, sexuality, location or ability. The programme is virtually limitless and driven by the interests and talents of members.

Want to volunteer with CSSC; the next step is to contact Volunteer [Support at volunteering@cssc.co.uk](mailto:Support@volunteering@cssc.co.uk) for further advice on current opportunities.

01494 888444



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