

Derbyshire Dales Local Integration Group Health and Wellbeing Plan 2023-2024

Priorities			
Mental Health and wellbeing	Financial Inclusion	Addressing barriers created by digital exclusion and rurality	Ageing Well

Our locality plan sets out the priorities and actions for improving health and wellbeing and reducing health inequalities for people living in Derbyshire Dales. The plan also informs the allocation of the Public Health Locality Fund and the capacity and resource of the partnership.

Vision

We strive to improve the health and wellbeing of communities in the Derbyshire Dales and to reduce inequalities through place-based and community partnership approaches.

Local Intelligence

- Derbyshire Dales is a large, rural district council area, made up of small villages and historic market towns dispersed across the area. The main towns are Matlock, Ashbourne, Wirksworth and Bakewell and there are over 100 villages.
- Challenges of living in rural settlements and small market towns include limited access to essential services, poor public transport provision and rural isolation.
- The Dales has hidden health and wellbeing issues, for example the area has a high percentage of homeowners, but these are often cash poor and have limited incomes creating financial challenges.
- There is a lack of affordable and appropriate housing across the Dales, a low wage economy, seasonal industry linked to tourism and poor transport links.
- Individuals with a limiting illness or are aged under 35 years old are less likely to walk as a form of physical activity in Derbyshire Dales.
- 7.5% of the population do not use the internet – this is higher in Derbyshire Dales at 10.4%

	Likelihood of overall digital exclusion (made up of eight core digital and social metrics)	Combined digital indicators (infrastructure, offline, basic digital skills, basic digital skills used)	Combined social indicator	Infrastructure combined (made up of household broadband speeds and household availability of 4g mobile)	Infrastructure (access to broadband of at least 10 megabits per second)	Infrastructure (4G mobile data access from all providers)	Offline (number of adults not been online within the last 3 months)	Basic Digital Skills (have 5 basic digital skills)	Basic digital skills used (used 5 basic digital skills in the last 3 months)	Social indicators 1) Age % of adults aged over 65	Social indicators 2) Education % of adults who have no qualifications and/or no level 1 qualification	Social indicators 3) Income average income per tax payer	Social indicators 4) health % with LTC
Bolsover	Medium	Medium	Likely exclusion	Medium	Medium/unlikely 2% of households	Medium 12.58% do not have access	Likely 15%	76%	43%	19.6%	48.2%	£19,500	24.7%
Derbyshire Dales	High Exclusion likely	Exclusion likely	Medium	High/likely	Likely/high 12% of households	High/Likely 34.37% of households do not have access 4G	Medium 10.5%	75%	(44%)	26.5%	33.50%	£24,500	18.5%
South Derbyshire	Medium	Medium	Medium	Medium	Medium/likely 5% do not have access	Medium/likely 24.08% of households do not have access 4G	Medium 10.5%	77%	(45%)	17.9%	36.10%	£25,000	17.5%
Amber Valley	Medium	Medium	Medium	Medium	Medium 3%	Medium 7.55%	Medium 10.5%	77%	45%	21.8%	40.90%	£22,100	20.3%
Cheslerfield	Medium	Medium	Likely	Unlikely	Unlikely 1%	Unlikely 0.37%	Likely 15%	77%	42%	20.8%	41.9%	£20,900	23.1%
North East	Medium	Medium	Medium	Medium	Medium/likely 5%	Medium/unlikely 3.82%	Likely 15%	77%	44%	24.2%	41.10%	£21,100	22%
High Peak	Medium	Medium	Medium	Medium/likely	Medium/likely	High/Likely	Medium (10.5%)	77%	44%	20.6%	34%	£23,400	18.1%
Erewash	Medium	Medium	Medium	Medium/unlikely	Unlikely 1% of households	Medium/unlikely 1.44%	Medium 10.5%	78%	44%	20%	41.20%	£21,000	19.3%

<http://heatmap.thetechpartnership.com>

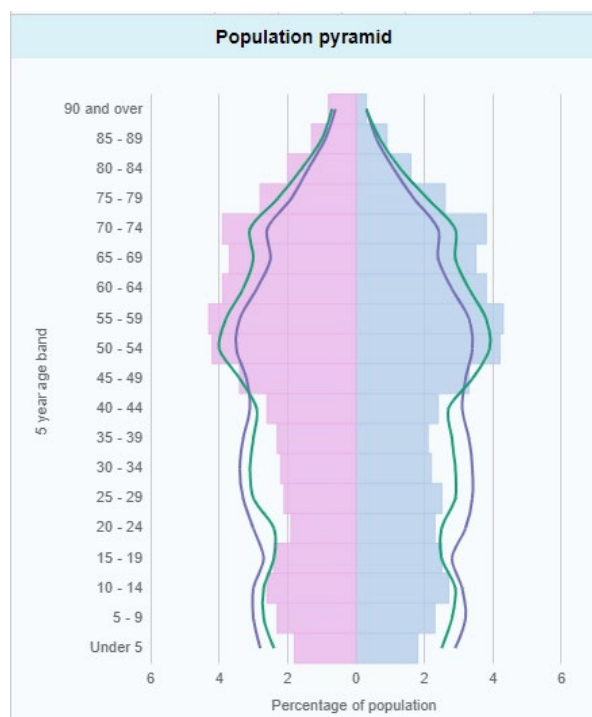
2021 Census Data

Derbyshire Dales has a population of 71,500 which is broken down as;

- ▶ 28% of the population is aged over 65 years (19,926) people
- ▶ 57.4% of the population is aged 16-64 years (41,837 people)
- ▶ 14.7% aged 0-15 years (10,659 people)

Derbyshire Dales' population increase is lower than the increase for the East Midlands (0.6%). Derbyshire Dales has the greatest proportion of those aged 65 and over of which there has been an increase of 25.7%. There has been a decrease of 5.5% in people aged 15 to 64 years, and a decrease of 11.2% in children aged under 15 years. Derbyshire Dales has the third lowest proportion of all local authorities across England (3.7%). Therefore, there is a low number of households with dependent children. Across the County, Derbyshire Dales has the lowest proportion of working age population.

Derbyshire Dale's population is ageing, so that by 2043 it is estimated that 34.7% of the population (26,840 people) will be aged over 65 years.



The population pyramid is a graphical illustration of the distribution of a population by age groups and sex (Male on the right, female on the left) in Derbyshire Dales.

Population Estimates by age and gender (2020).

Health Summary

The health of people in Derbyshire Dales is generally better than the England average. About 9.4% (965) children live in low-income families. Life expectancy for both men and women are higher than the England average. Overall, the health of the local population is good compared with the rest of Derbyshire and England. However, there are pockets of deprivation and health inequalities across the district, which are often masked in small area statistics.

Better than the England Average:

- Estimated levels of excess weight in adults (aged 18+)
- Smoking prevalence in adults (aged 18+)
- Physically active adults (aged 19+)

Worse than the England average:

- Estimated diabetes diagnosis rate (69.2%)
- Percentage reporting a long-term musculoskeletal problem, either arthritis or ongoing problem with back or joints (20.1%)
- Estimated dementia diagnosis rate aged 65 and over (46 %)
- Admission episodes for alcohol-related conditions
- Smoking status at the time of delivery (11.9%)
- Killed and seriously injured (KSI) rate on England's roads (2016-2018)

Numbers of settings in the Derbyshire Dales

Care homes

22 residential care homes:

- Ashbourne Lodge
- Bakewell Cottage Nursing Home
- Burton Closes Hall Care Home
- Darley Hall Care Home
- Dent House
- Dove House
- Dove House Residential Home
- Gernon Manor HOP
- Ivonbrook Care Home
- Jovial Lodge
- Lilybank Hamlet Care Home
- Long Meadow
- Masson House
- Meadow View Centre
- Moorland House
- Presentation Sisters Care Centre
- Rhodelands
- The Leys HOP
- The Old Vicarage
- Thornhill House Church Lane
- Underhall Respite and Resource Centre
- Valley Lodge Care Home with Nursing

Education Settings

Schools

Primary: 61

There are 4,469 children attending 61 primary schools in Derbyshire Dales. These range in intake from 16 – 231 pupils in each school. Approximately 847 children claim free school meals (19%) this ranges from 0-50% of a schools population.

Secondary: 4

- Anthony Gell Wirksworth
- Highfields School, Matlock
- Lady Manners, Bakewell
- Queen Elizabeth's Grammar School, Ashbourne

**it is worth remembering that not all children of school age will be in a mainstream school setting*

Large Employers

- Derbyshire County Council
- Chatsworth House
- Eintovens
- Longcliffe
- YHA
- Trouw

Due to the attraction of the Derbyshire Dales to tourists there is a large amount of hospitality or seasonal workplaces.

Healthcare

Acute trusts

The closest hospitals for Derbyshire Dales are Chesterfield Royal Hospital or Royal Derby Hospital.

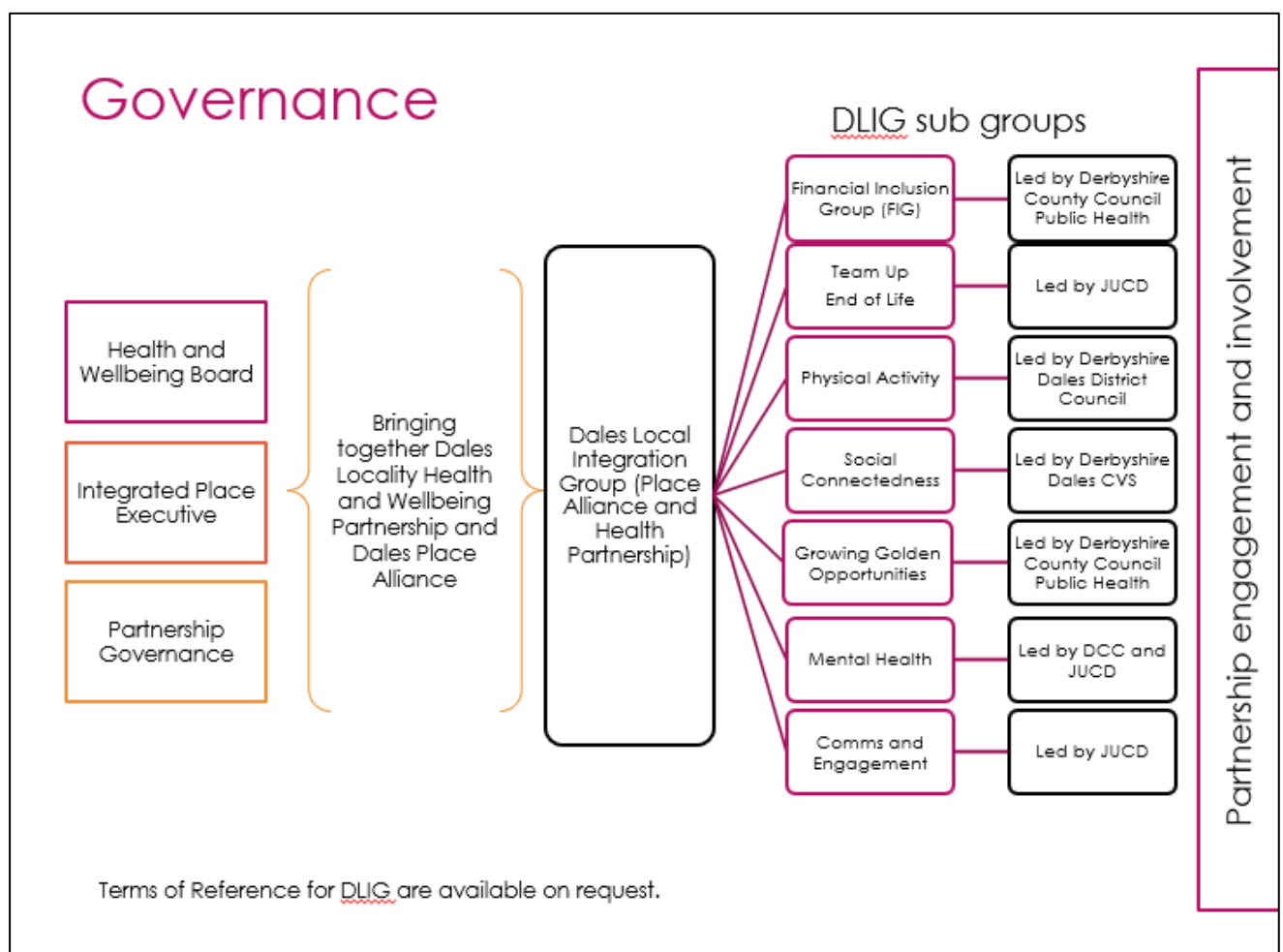
Urgent Treatment centres:

- Whitworth Hospital, Darley Dale
- Community Hospitals:
- St Oswald's Hospital, Ashbourne

Dales Local Integration Group (DLIG)

The group is unique in the county as it is an integrated group undertaking the work of the local Health & Wellbeing partnership and local NHS Place Alliance. 90 plus partners are engaged in the DLIG and includes representatives from the Joined Up Care Derbyshire, NHS, VCSE sector, Derbyshire Dales District Council, Derbyshire County Council, and the Peak District National Park Authority.

The group consists of the DLIG Strategic group which approves funding, links with wider system partners and sets the strategic agenda. The main DLIG is an opportunity to share good practice, address issues within the Derbyshire Dales and to action this plan's priorities. The group has working subgroups which are highlighted in the below Governance structure.



The plan supports the 5 priorities of the Derbyshire Health and Wellbeing Strategy 2018-23, for improving health and wellbeing across Derbyshire, focusing on action to address the wider determinants of health.

1. Enable people in Derbyshire to live healthy lives
2. Work to lower levels of air pollution
3. Build mental health and wellbeing across the life course
4. Support our vulnerable populations to live in well-planned and healthy homes
5. Strengthened opportunities for quality employment and lifelong learning

In addition, the plan also sits alongside the priorities of the Integrated Place System (Joined Up Care Derbyshire) and the Local Place Alliance.

Principles/Approach: How will we work?

Looking at addressing inequalities, listening to communities, working collaboratively, identifying need through clear data and intelligence, all voices are valued.

DLIG aims to undertake all activity by working to the below principles:

- Working in partnership to add value to existing resources and programmes and avoid duplication. The DLIG will work collaboratively across other networks and forums, including Community and Voluntary Sector networks, the Locality Childrens Partnership, and the Community Safety Partnership, to ensure our work is well informed and connected to wider developments.
- Considering the evidence-base to understand best practice to address each of our priority areas.
- Developing a local action plan for delivery against these priorities, that focuses on our specific population groups identified above and identifies some key actions that partners can take together to progress our agenda.
- Proactively share knowledge, information and good practice. This includes networking to learn about best practice elsewhere and then collectively considering how we might be able to use this learning to influence our practice locally.
- Utilising creative approaches to making the best use of locality funding and resources and where appropriate submit joint applications for external sources of funding.
- Empower communities and local people to have a voice in planning and decision making

- Strengthen personal and community assets – physical, emotional, social and financial; grow skills and network

Priorities for 2023/24

The partners of DLIG were involved in an exercise to identify the priorities for 2023/24 (see appendix 1). These were considered alongside the data given above on the health of Derbyshire Dales residents.

- **Adult Mental Health**

Aim: Use a holistic and asset-based approach to create innovative work that will support positive mental health for all adults in the Derbyshire Dales.

Rationale/action points: positive mental health underpins all public health action, if people are feeling resilient and have positive mental health they are able realise their own potential, work productively, cope with the normal stresses of life (WHO). The 5 Ways to Wellbeing is one evidence based approach to promoting wellbeing for individuals.

- **Financial Inclusion / Cost of Living**

Aim: enable people to have more choice and control over their lives.

Rationale/action points: Energy affordability, debt support/relief, employment opportunities and skills, food security, income maximisation, digital inclusion, housing sustainment, affordable credit, mental health support.

- **Addressing barriers created by digital exclusion and rurality**

Aim: people feel connected either physically or digitally across Derbyshire Dales

Rationale/aims

Due to the rural nature of Derbyshire Dales feeling connected is a need for many. This can be the ability to physically access services, requiring transport or via digital connection. Digital exclusion can be addressed by looking at the 3 main barriers:

Access issues (equipment and Wi-Fi)

Motivation and support (including confidence building, digital champions)

Digital skills (formal skills training, integrating into triage)

- **Ageing Well**

Aim: people approach and are supported through older age to feel physically and mentally well

Rationale/aims

Given the ageing demographic of the Derbyshire Dales it is important that people age well. Their physical and mental wellbeing are supported, and people feel a valued part of their community.

Funding

The Derbyshire Dales Locality Funding (£32,053.98 per annum) will be divided between the above priorities, with organisations having the opportunity to be allocated funding for projects which will meet the priorities for the Derbyshire Dales residents. However, it is important to recognise the collaborative work of all organisations in Derbyshire Dales towards improving the lives of residents and not just that have been funded through the Public Health locality budget.

Additional Public Health funding is allocated for the following priorities/projects: -

Project	Funding Allocation
Children's Emotional Health and Wellbeing (Growing Golden Opportunities)	£100,000
Social Connectedness	£25,000
Community Voice Project	£25,000
Small Grants Programme for community organisations	£10,000
Cost of Living Funding	£10,000

Monitoring

A key element of the DLIG work is monitoring and evaluation. This helps us understand the impact that the partnership has on the above priorities and the changes that have been made to improve the lives of Derbyshire Dales residents. Clear evaluation can demonstrate value for money and the changes that partnership working can bring about. Monitoring can be both quantitative and qualitative to reflect the type of interventions that are developed.

DLIG Partnership Action 2023/2024

Priority Area	Project	Outcome
Adult Mental Health	Living Well	
Financial Inclusion		
Addressing barriers due to digital exclusion and transport		
Ageing Well		

Information Sources

[Derbyshire Observatory – Census 2021](#)

[Derbyshire Observatory - Population Estimates](#)

[Public Health Outcomes Framework](#)

Jamboard session with the members of DLIG held on 9th February 2023 to identify key priorities within Derbyshire Dales

