

Community Update

We would like to thank everyone for their support re the community updates. If you have additional organisations, provisions or information to add to the community update, please contact your local Youth and Community Engagement Worker.

For additional Derbyshire Wide information, please refer to the termly Derbyshire Wide community update.

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North East Derbyshire and Bolsover April 2024

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Food Banks

The Clay Cross Foodbank

(Voucher required from referrer)

Telephone: 07899 878398

Tues: 13.00 - 14.00

St Bartholomew's Church, High Street, Clay Cross.

S45 9D

Fri: 13.00 - 14.00

Community of Christ, Thanet Street, Clay Cross.

S45 9JS

For further information visit: www.claycross.foodbank.org.uk

The Freedom Community Project

Foodbanks and free cafes.

Telephone: 0300 302 0334

Email: info@freedom.charity

For further information visit: Front Page - Freedom and Centres - Freedom

Rhubarb Farm (Langwith)

Weekly seasonal veg boxes available to purchase, as well as a community café open **Fri** 10:00am to 3:00pm

Rhubarb

freedom

Address: Whaley Thorns Village Hall, Portland Road (Fridays 9.30am – 10am) Fill

a bag for £4

Telephone: 01623 741210

Referral: anita@rhubarbfarm.co.uk.

For further information visit: Home | Rhubarbfarm





Limestone House

Serving Creswell, Hodthorpe, Whitwell and Bakestone Moor.

Telephone: 01909 724061

Email: creswell_res_point@yahoo.co.uk

Food bank open Monday to Friday 10:00am to 2:00pm

For further information visit: www.limestonehousecreswell.com

FOOD HUB

Every Tuesday 2.30 to 3.30 pm

There is a 'help yourself pantry', so you choose your food from a selection of Fresh,
Chilled and Larder produce
You can fill a bag for £4

You do not need a referral and it is run on a first come first served basis

This has been made possible through the support of

Foundation Derbyshire &

Donations from local retailers

Telephone: 01909 724061
Email: creswell-res-point@yahoo.co.uk
For more details

Tibshelf Food Bank

The Food Bank is for residents of Tibshelf who need support due to financial difficulties.

Lead Contact: Allison Beckett **Telephone:** 07739 113148

Address: Tibshelf Parish Sports Ground Pavilion, Shetland Road. DE55 5QE

Open Saturdays: 10:00am to 11:00am



Living Hope Food Bank – Holmewood

Lead contact: Tokkie Haywood

Telephone: 07940845805

Email: tokkie@uwclub.net

Address: Abundant Life Christian Centre, Tibshelf Road, Holmewood, S42 5TA

For further information visit: <u>Living Hope — Abundant Life Christian Centre</u>

(alccholmewood.com)

Open Wednesdays 12:00pm to 13:30pm - 24/7 emergency service offered.

Shirebrook Christian Centre

Telephone: 01623 744371

Email: enquiries@brookcc.co.uk

Opening times:

Wednesday 7-9:00pm Thursday 9-5:00pm Friday 9-5:00pm Sunday 5.30pm

Address: 18-26 Main Street, Shirebrook. NG20 8DG

For further information visit: www.thebrookcc.co.uk/foodbank.php

Tibshelf Infant & Nursery School

Food bank open Monday to Friday at start and end of school day

Telephone: 01773 872571

Email: headteacher@tibshelf-inf.derbyshire.sch.uk

For further information visit: www.tibshelf-inf.derbyshire.sch.uk





Food Hubs Bassetlaw

(No referral)

Enabling local people to purchase food that would otherwise go to landfill. Each bag can be filled with anything available on the day, and costs £3.50.



Telephone: 01909 476118 or **Bolsover Telephone:** 01246 605075

Email: bcvs@bcvs.org.uk

See attachment: Food Hub Schools - 23.01.23.pdf (bcvs.org.uk)

Community Unity Project

Serving Creswell, Clowne, Whitwell, Hodthorpe, Barlborough

Telephone: 07515 727876

Email: April.johnson1098s@gmail.com



For further information visit: www.communityunityproject.co.uk - More on

Facebook: Community Unity Project

South Normanton Area Foodbank

(Referral required)

Telephone: 07999551691



Email: in-fo@southnormantonarea.foodbank.org.uk

Opening times and addresses:

Tuesday and Friday: 13:30 – 14:30

St Michael and All Angels Church Hall, Church Street, South Normanton DE55

2BT

Wednesday: 14:00 – 15:00

Alfreton House, High Street, Alfreton DE55 7HH

For further information visit: www.southnormantonarea.foodbank.org.uk



Grassmoor Methodist Church Food Cabin

Weekly food parcels and community lunches.

Telephone: 07731 532166

Address: 1 Chapel Rd, Grassmoor, Chesterfield. S42 5EL.

Approved Food (Sheffield)

The UK's best selection of clearance food & drink at discount prices.

FOOD 🗸

Telephone: 0114 3599 311

Email: cs@approvedfood.co.uk

For further information visit: About | Approved Food

Re:Store @ Oaks Community Church (S18)

Currently a waiting list for both sessions, sign up available via the website.

Free Café on site.



Opening times:

Tues: 15:45 - 17:00 Thurs: 9:00 - 10:30

Address: 2-4 Lea Road, Dronfield. S18 1SB

For further information visit: www.oakscc.org.uk/restore



New Hope Foodbank

(Referral from agency)

Telephone: 07939950713 (All enquiries)

Email: jaquinewhopecommunity@outlook.com

Covering: Creswell, Clowne, Dronfield, Eckington, Killamarsh & Renishaw.

Opening Times: Mon – Fri 9:00am to 5:00pm

For further information visit: www.newhopefoodbank.org.uk

Grace Foodbank (Sheffield)

Telephone (Referrals): 07580516512

helping give hope to those in need

NewHope & FoodBan

Telephone: (General enquiries) 07964896283)

Referral email form on website.

For further information visit: www.gracefoodbanksheffield.org.uk

Eckington Community Pantry

(No referral)

This pantry runs on a donation charge of £5 per 15 item shop and has limited memberships availability.

Telephone: 01246 439010

Email: reception@eckingtonbusinesscentre.com

Open Weds: 10.30am to 3:00pm

For further information visit: Eckington Community Pantry | Pershore |

<u>Facebook</u>





Salvation Army - South Normanton

Food bank available, please contact on the below details.

Wednesdays:

Free Café / Drop-In Centre: 9am - 2pm. (Lunch served at 12pm)

Food - share from local Co-op available throughout the morning

Lead contact: Ruth Sheppard

Address: 124a Market Street, South Normanton DE55 2EJ

Telephone: 0785 545 5093

Email: ruth.sheppard@salvationarmy.org.uk

Mickley Village Primary School and Nursery

Food Bank open daily

Telephone: 01773832707

Email: enquiries@mickley.derbyshire.sch.uk

For further information visit: Home - Mickley Infant School

Tupton Foodbank Coffee morning and food bank.

Tuesdays: 10.00am to 12.00pm.

Telephone: 07927 012879

Email: sylviatidmarsh@btinternet.com

Address: Nethermoor Road Tupton S42 6EN

For further information visit: https://www.facebook.com/Tuptonfoodbank/









Storehouse Community Food

No referral needed

Address: 18-26 Main Street, Shirebrook, NG20 8DG

Wed to Sat: 10:00am to 2:00pm

Telephone: 01623 744371 or 07726223557

For further information visit: www.thebrookcc.co.uk



Weekly shop available for those already receiving support fr om Freedom

Address: Hilltop Methodist Church, Hill Top, Bolsover

S44 6NN

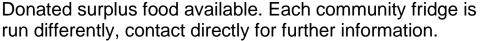
Telephone: 0300 302 0334

Email: info@freedom.charity

For further information visit: www.freedomcharity

Community Fridges

run differently, contact directly for further information.



Addresses:

Hole in the Wall, Carter Lane, Shirebrook NG20 8PE

Post Mill Centre, Off Market Street, South Normanton DE55 2EJ

For further information visit: www.communityfridgemap.co.uk

To Good To Go App

Connects people with surplus unsold food from local businesses and restaurants

For further information visit: www.toogoodtogo.com















Money & Financial Support

NE Derbyshire Citizens Advice

Telephone: 0808 250 5702 - Freephone Advice Line and booking appointments.

citizens advice North East Derbyshire

For General Advice, lines are open Monday to Friday between 10am and 2pm.

For Debt enquiries, lines are open Thursdays from 4pm until 6pm.

Representatives available:

Eckington Library: Mondays - 10am to 1:00pm.

Address: Market St, Eckington, Sheffield S21 4JG

For further information visit: Home (citizensadvicened.org.uk)

Chesterfield and North East Derbyshire Credit Union

Low cost affordable loans and a place to save for members, who can be anyone living or working in Derbyshire.



Telephone: 01246 278833

Email: webmail@cnedcu.co.uk

For further information visit: CHESTERFIELD & NE DERBYSHIRE CREDIT

UNION (cnedcu.co.uk)

Help with Doorstep Lenders

STOPLOANSHARKS

You are not in trouble if you have borrowed cash or have been paying back a loan from an illegal money lender, the loan shark is. They are the people committing a crime, not you. For advice and support:

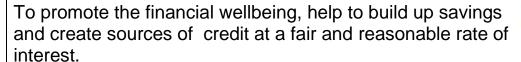
Telephone: 0300 555 2222

For further information visit: www.stoploansharks.co.uk



Money & Financial Support (continued)

Tran save Credit Union





Telephone: 0330 175 5555

Email: enquiry@transaveuk.co.uk

For further information visit: www.transaveuk.co.uk

Money Skills For Life

Part of Chesterfield Citizens Advice Bureau.

Opening times: Wednesdays (drop-in), 10.30am – 1.30pm

Address: Heart Space at Chesterfield College



Welfare & Benefits

Derbyshire Discretionary Fund

The Derbyshire Discretionary Fund (DDF) can provide grants or emergency cash payments if you are in urgent need of financial help following a crisis or disaster.

Telephone: 01629533 399

For further information visit: Derbyshire Discretionary Fund (DDF) - Derbyshire

County Council

Discretionary Housing Payments

Bolsover District Council:

Telephone: 01246 242436

For further information visit: Discretionary Housing Payments - Bolsover District

Council

North East Derbyshire District Council

Telephone: 01246 231111

For further information visit: Discretionary Housing

Payments - North East Derbyshire District Council (ne-derbyshire.gov.uk)



County Council





Welfare & Benefits (continued)

Derbyshire Unemployed Workers Centre

Telephone: 01246 231441(8am – 4pm)

Email: info@duwc.org.uk

Bolsover: 01246 823179

North Wingfield: 01246 856451

Somercotes: 01773 832237

Clowne: 01246 231441

Clay Cross: 01246 862812 Shirebrook: 01623 748161 Creswell: 01246 231441

For further information visit: www.duwc.org.uk and Nearest Office - DUWC -

Your Voice Your Rights

Rykneld Homes: Financial Inclusion

Telephone: 01246 217309 or 01246 217670 Email: contactus@rykneldhomes.org.uk

Rykneld 1

at the heart of communities

For further information visit: Rykneld Homes - Financial Inclusion - Rykneld

Homes

Derbyshire County Council – Welfare & Benefits

Telephone: 01629 531535

Email: welfarebenefits@derbyshire.gov.uk

For further information visit: www.derbyshire.gov.uk/welfarebenefits

North East Derbyshire District Council

Telephone: 01246 231111

Text: 07800002425

Email: connectne@ne-derbyshire.gov.uk

For further information visit: Benefits - North East Derbyshire District Council

(ne-derbyshire.gov.uk)





DERBYSHIRECounty Council



Welfare & Benefits (continued)

Bolsover District Council

Telephone: 01246 242436

Email: benefits@bolsover.gov.uk

For further information visit: Benefits Advice (bolsover.gov.uk)



Housing

North East Derbyshire District Council

Housing Options Team:

Telephone: 01246 231111

Email: housingoptions@ne-derbyshire.gov.uk

For further information visit: <u>Housing Advice and Support - North East</u> Derbyshire District Council (ne-derbyshire.gov.uk)

Discretionary Housing Payments

What is Discretionary Housing Payment? - Turn2us



You can only get DHP if you are entitled to Housing Benefit or the Housing Costs element of Universal Credit and may receive at the discretion of your local authority which can help towards housing costs

For further information visit: <u>Discretionary Housing Payments - North East Derbyshire District Council (ne-derbyshire.gov.uk)</u>

Affordable Housing schemes and support

If you cannot afford to buy a home, you may be able to get some financial help through a shared ownership scheme, Help to Buy Equity Loan Scheme or Discounted Market Sales scheme.



North East

Derbyshire District Council

For further information visit: Affordable Housing - North East Derbyshire District Council (ne-derbyshire.gov.uk)





Housing

Local Housing Allowance (LHA)

Private tenants, renting property or a room from a private landlord and are on a low income, may be able to claim and receive LHA.



Telephone: 01246 217600

Email: revenues@ne-derbyshire.gov.uk

For further information visit: How to Claim - North East Derbyshire District Council (ne-derbyshire.gov.uk)

Housing help

If you're struggling with finances and finding it difficult to pay your rent, it's important that you act as soon as possible to avoid becoming homeless.



A step by step guide has been made to support you:

For further information visit: Preventing homelessness - Derbyshire County Council

Derbyshire Healthy Homes Programme

Offering those with long term health conditions help with keeping homes warm.

Telephone: 01629 536919

For further information visit: www.derbyshire.gov.uk/social-health

Bolsover District Council Housing Help and Advice

Bolsover District Council

Telephone: 01246 242424

Email:enquiries@bolsover.gov.uk

For further information visit: Housing (bolsover.gov.uk)



Housing (continued)

Disabled Facilities Grant

If you or a person living with you is disabled, you may qualify for a Disabled Facilities Grant (DFG) to adapt



your property to enable the disabled person to live as independently as possible. If you think you need an adaptation in your home contact Call Derbyshire.

Telephone: 01629 533190 and press option 2 to arrange an assessment of your needs.

For further information visit: Disabled Facilities Grant - Bolsover District Council

Services for Older and Vulnerable People

Bolsover Careline is an alarm monitoring and response service that supports independent living whilst having access to help in the event of an emergency.



All alarms are usually fitted within 24 hours of receiving your application. All you need is a modern push telephone socket and a 3-pin power socket nearby.

Telephone: 01246 242424 or 01246 242309

Email: enquiries@bolsover.gov.uk

For further information visit: Services For Older And Vulnerable People -

Bolsover District Council

Discretionary Housing Payments

Telephone: 01246 242436

and Discretionary Housing Payments - Bolsover District Council

For further information visit: What is Discretionary Housing Payment? - Turn2us

Action Housing

Our Sustainable Tenancies Project (STP) provides a home to feel safe and secure and support that helps sustain a tenancy and learn the skills needed to live independently.



Telephone: 03000 230 800 Email: info@actionorg.uk

For further information visit: https://actionorg.uk/

Sustainable Tenancy Project - STP-Action-Leaflet-A4-2022.pdf (actionorg.uk)



Housing (continued)

Lighthouse Shirebrook

(Men only)

In place to help eradicate homelessness by working in partnership with others, to provide quality homes, with care and support.

Telephone: 01623 746352

Email:info@lighthousehomes.co.uk

Address: 18A Main Street, Shirebrook NG20 8DG

For further information visit: Lighthouse Homes | With Hope



Providing advice on community oil schemes and energy.

Telephone: 01629 592970

Email: info@ruralactionderbyshire.co.uk

For further information visit: www.ruralactionderbyshire.org.uk

Rykneld Homes Housing Management

Telephone: 01246 217670

Email:contactus@rykneldhomes.org.uk

Online form available for enquiries.

For further information visit: Rykneld Homes Ltd - Housing Management in

North East DerbyshireHome

Housing 21

Housing (2) A not for profit housing association providing accommodation in Bolsover, Callow & Brimington for older people (age 55+) of modest means and those requiring extra care.

Communal spaces, lunch clubs and day trips. Working along side professionals offering benefits advice.

Telephone: 0370 192 4000 (Mon-Fri; 9:00am to 5:00pm)

Email: enquiries@housing21.org.uk

For further information visit: www.housing21.org.uk









Homelessness & Support

Homelessness Prevention

If you are not rough sleeping, but still experiencing homelessness, for example you are sofa surfing or being threatened with homelessness, it is important for you to get in touch with your local homeless team.



They will be able to provide you with advice and assistance and explain what you need to do next.

During working hours, Monday to Friday between 9am-5pm contact:

North East Derbyshire District Council

Telephone: 01246 231111

Email: connectne@ne-derbyshire.gov.uk

For all out of hours emergency homeless cases call: 0808 1692 333

For further information visit: <u>Homelessness - North East Derbyshire District</u> Council (ne-derbyshire.gov.uk)

Support for those at immediate risk of homelessness.

If you are homeless now, or are threatened with being made homeless within the next 56 days please contact the Housing Options team for advice as soon as possible.

P3

P3 Charity provide the Derbyshire outreach service (DOT). To notify them about someone who is or maybe rough sleeping.

Telephone: 0808 1968 199

For further information visit: Derbyshire Outreach Team (DOT) - P3

(p3charity.org)

A referral can be made online. You can also access more information about rough sleeping via the Street Link website: www.streetlink.org.uk





Homelessness & Support (continued)

Housing help

If you're struggling with finances and finding it difficult to pay your rent, it's important that you act as soon as possible to avoid becoming homeless.



A step by step guide has been made to support you: <u>Preventing homelessness - Derbyshire</u> County Council

Lighthouse Shirebrook

(Men only)

In place to help eradicate homelessness by working in partnership with others, to provide quality homes, with care and support.



Telephone: 01623 746352

Email: info@lighthousehomes.co.uk

Address: 18A Main Street, Shirebrook NG20 8DG

For further information visit: Lighthouse Homes | With Hope

Mental Health & Crisis Support Lines

Derbyshire Mental health Support

If you or your loved one are experiencing distress or anxiety, or feeling that you cannot cope, call us for support over the phone. That support could be about



your mental health but you can also talk through practical issues that may be causing concern.

Telephone: 0800 028 0077 - 24/7 (managed by the charity P3)

For further information visit: <u>Telephone support for Derbyshire people</u> experiencing anxiety or distress (derbyshirehealthcareft.nhs.uk)



Mental Health & Crisis Support (continued)

P3

Charity providing services to support people with a range of health and wellbeing needs, including mental health, support when leaving hospital and support to access community health services.



P3 can offer support to those if you are:

- Aged 16 or over
- You need housing related support or are currently homeless
- Your mental health is impacting on you day to day life
- You are a resident of or have a local connection to Derbyshire (excluding Derby City)

Services are currently appointment only.

To make an appointment contact:

Email:DIL@p3charity.org or call

Telephone: 01773 742051

For further information visit: P3 - Changing lives every day (p3charity.org)

Samaritans

Charity dedicated to reducing feelings of isolation and disconnection that can lead to suicide.

Telephone: 116 123 –24/7 All calls are free

Email: jo@samaritans.org

For further information visit:

www.samaritans.org

Samaritans self help app - keep a track of how you are feeling, get recommendations for things

you can do to help yourself cope, feel better and stay safe in a crisis.

Local branch: 121 Saltergate, Chesterfield, S40 1NH

Telephone: 0330 094 5717 (local charges apply)

For further information visit: www.samaritans.org/branches/chesterfield







Mental Health & Crisis Support (continued)

Mental Health & Emotional Wellbeing for Young PeopleP4YP - Positive for Young People

Positive

young people

sareing Young People And Communities

Our qualified MBACP Counsellors offer 1:1 counselling sessions in school, or at our drop in centre based at The Hub: Gladstone Buildings, Broadleys, Clay Cross, Chesterfield S45 9JN

Telephone: 01246 859210

Email: info@p4yp.org.uk

For further information visit: Positive 4 Young People Community Interest

Company | Facebook

Epic Friends – developed by Sheffield CAMHS

This site is all about helping you to help your friends who might be struggling to cope emotionally.



For further information visit: Home - Epic Friends

Compass Changing Lives

Compass Changing Lives offer mental health support for children and young people within schools and colleges across Derby and Derbyshire



We provide low intensity support to children and young people aged 5-18, and up to 25 years old for care leavers and Special Education Needs or Disability.

We also work with parents/carers to provide support for their young people.

Telephone: 0133 2315569

Email:changinglives@compass-uk.org

For further information visit: www.compass-uk.org



Mental Health & Crisis Support (continued)

CAMHS

CAMHS have several different teams of staff that support children and young people. They offer assessment and treatment of a range of mental health problems including anxiety, depression, eating disorders, ADHD and psychosis.



Telephone: 01246 514412 **24/7 helpline:** 0800 028 0077

For further information visit: <u>CAMHS</u> (camhsnorthderbyshire.nhs.uk)



Mental Health & Emotional Wellbeing People (continued)

Urgent Care Team (UCT) for North Derbyshire and **High Peak**

The UCT will respond to acute mental health presentation in young people under the age of 18. This will be within 4 hours if North Derbyshire the mental health presentation is serious and there is serious self-harming or presentation of serious suicidal thoughts.

Telephone: 07901 330 724 to discuss a child or make a possible referral (10am–10pm, 7 days a week)

For further information visit: <u>TEAM: Urgent Care — CAMHS</u> (camhsnorthderbyshire.nhs.uk)

Relate

Offering a full range of confidential counselling services on a range of issues to individuals, couples, children and young people (8+), families (including children aged 5+), and psychosexual therapy.



Telephone: 07384762877 / 07401343817

Email:admin@relatechesterfield.org.uk

For further information visit: Counselling In Chesterfield And North East Derbyshire | Relate (relatechesterfield.org.uk)

Trent PTS

North Derbyshire Head Office



Providing support for clients experiencing common mental health problems, such as Low Mood, Anxiety, Depression, Stress or Excessive Worry, or who have difficulty controlling their emotions. We also provide specialised services for clients.

Telephone: 01246 387 498 (Monday to Friday 9am to 5pm.)

Email:enquiries@trentpts.co.uk

Address: 81 Saltergate, Chesterfield, S40 1JS



Mental Health & Emotional Wellbeing People (continued)

Derbyshire Victim Services

We offer emotional and practical support to young victims of crime across Derbyshire. This is all crime apart from domestic abuse and



sexual abuse. We support young people face to face or via telephone/video call depending on what they prefer. We can help with liaising with school, coping skills for anger or anxiety, or just being someone to listen to what happened and how they're feeling.

For further information: www.remediuk.org

Instagram: @gotyourbackderbyshire

Bottled up Blokes

We host weekly football sessions at Tibshelf Community School. These are to help men with their physical and mental health. These are run by the BUB captains who are mental health first aider trained. Any men 18+ can attend these sessions.



Opening times: Thursday 7pm – 10pm

Address: St Michael's Church Hall, South Normanton

Email: help@bottledupblokes.com

For further information: www.bottledupblokes.com

More information on Facebook.



Mental Health & Emotional Wellbeing People (continued)

SAYIT (Sheffield)

LGBT+ support for 11 – 25 If you are a young person wanting to join SAYiT, please fill out our online referral form.



You will have a choice of welcome sessions to attend. This gives you a chance to meet us and see if being involved with SAYiT will be the right fit for you.

Telephone: 0114 201 2633

Email: info@sayit.org.uk

For further information visit: SAYiT (Sheena Amos Youth Trust) | LGBTQ+ Youth Charity | Sheffield, England

Early Intervention in psychosis Services

North Derbyshire Early Intervention Service

(Ages: 14 - 64)

NHS

Telephone: 0300 123 4451 (9am - 5pm Monday to Friday)

Address: Bayheath House, Rose Hill West, Chesterfield S40 1JF

For further information visit: Early intervention in psychosis :: Derbyshire Healthcare NHS Foundation Trust (derbyshirehealthcareft.nhs.uk)

The Centre Place (Bassetlaw)

Support services for ages 11 - 25.



Telephone: 01909 479191

Email: info@centreplace.org.uk

For further information visit: About | The Centre Place



Mental Health & Emotional Wellbeing for Young People (continued)

Talkzone (The Centre Place at Bassetlaw)

Talkzone offers free, confidential mental health support and counselling for children and young people, aged 11-25, in Bassetlaw.



Referrals:

Telephone: 01909 530943

Text: 07368 323945 (text TALK if you would like some further information)

Email:info@talkzone.org.uk or complete this form.

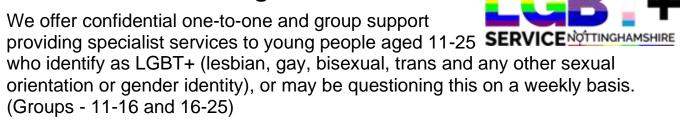
NHS Derby and Derbyshire Clinical Commissioning Group



NHS Mental Health and Wellbeing support for Children and young people.

For further information visit: Children and young people » Joined Up Care Derbyshire

LGBT+ Service Nottinghamshire



Email: info@lgbtplusnotts.org.uk

For further information visit: LGBT+ Service Nottinghamshire | The Centre

<u>Place</u>



Derbyshire

esbian, Gay, Bisexual, Trans*

Mental Health & Emotional Wellbeing for Young People (continued)

Derbyshire LGBT+ Support

Specialist LGBT+ support for young people and their families across Derbyshire.

Telephone: 01332 207704

Email: info@derbyshirelgbt.org.uk



For further information visit: <u>Derbyshire LGBT+ – Lesbian, Gay, Bisexual & Trans* Specialist Support and Advocacy Service</u>

Thr1ve – Social Prescribing for Young People

We provide an award-winning social prescribing service for young people aged 14 to 18 or up to 25 for those with additional needs, supporting them to make positive changes to their lives and to feel connected.



Telephone: 01246 925 241

Email: socialprescribing@spireitestrust.org.uk

For further information: https://spireitestrust.org.uk/social-prescribing-for-young-

people/



Mental Health & Emotional Wellbeing People (continued)

Neurohub – Neurodivergence Thrives Here



Opening times: Calls & booked appointments - Tuesday, 12.30pm – 3pm. Wednesday -

Friday 10am – 4pm

Drop-ins – Wednesdays 10am – 3pm, Friday 10am – 1pm

Address: Monkey Park Community Hub, 128a Chester Street, Chesterfield, S40 1DN

Telephone: 07874 941 890 or 01246 235 815

Email: neurohub@fair-play.co.uk

For further information: www.fair-play.co.uk

Mental Health

Community Mental Health Teams for Adults of Working Age

The teams offer support to people with a range of mental health difficulties. Examples of these include psychosis, bi-polar, personality disorder, severe depression and anxiety.

Killamarsh and Chesterfield North

Telephone: 0300 123 3370

For further information visit: Killamarsh and Chesterfield North team :: Derbyshire Healthcare

NHS Foundation Trust (derbyshirehealthcareft.nhs.uk)

Bolsover and Clay Cross

Telephone: 0300 123 3371

For further information visit: Bolsover and Clay Cross team :: Derbyshire Healthcare NHS

Foundation Trust (derbyshirehealthcareft.nhs.uk)



Mental Health (continued)

NHS Derby and Derbyshire Clinical Commissioning Group

NHS Mental Health and Wellbeing support for adults.



For further information visit: Our adult services :: Derbyshire Healthcare NHS Foundation Trust (derbyshirehealthcareft.nhs.uk)

Early Intervention in psychosis Services

North Derbyshire Early Intervention Service (Ages: 14-64)

Derbyshire Healthcare
NHS Foundation Trust

Telephone: 0300 123 4451 (9am - 5pm Monday to Friday)

Address: Bayheath House, Rose Hill West, Chesterfield S40 1JF

For further information visit: <u>Early intervention in psychosis</u>:: <u>Derbyshire</u> Healthcare NHS Foundation Trust (derbyshirehealthcareft.nhs.uk)

Relate

Offering a full range of confidential counselling services on a range of issues to individuals, couples, children and young people (8+), families (including children aged 5+), and psychosexual therapy.



Telephone: 07384762877 / 07401343817

Email:admin@relatechesterfield.org.uk

For further information visit: Counselling In Chesterfield And North East Derbyshire | Relate (relatechesterfield.org.uk)



Mental Health (continued)

Trent PTS

Providing support for clients experiencing common mental health problems, such as Low Mood, Anxiety,



Depression, Stress or Excessive Worry, or who have difficulty controlling their emotions. We also provide specialised services for clients.

North Derbyshire Head Office

Telephone: 01246 387 498 (Monday to Friday 9am to 5pm.)

Email:enquiries@trentpts.co.uk

Address: 81 Saltergate, Chesterfield, S40 1JS

Gardening With Caroline Dronfield

To facilitate wellbeing in people's physical and mental health by using their senses, noticing nature's beauty, caring for and being connected to nature.



Telephone: 07583 551705

Email: info@gardeningwithcaroline.co.uk

For further information visit: https://www.gardeningwithcaroline.co.uk

Mental Wellbeing Hub Dronfield Woodhouse

Address: Moray Place, Dronfield Woodhouse, Dronfield S18 8ZN, UK

Mondays: Art & Well-being group - 10:30am to 1:00pm.

Thursdays: Mental Health and Wellbeing Support Group - 10:30am to 1:00pm

For further information visit: https://63bd3ffe568b7.site123.me/

The Humble Warrior Mindfulness walks (Mansfield)

Mindfulness walks. Take a walk in nature, learn mindfulness, meditation and breathing techniques in Pleasley Vale and surrounding countryside.

Each walk is around 3-5 miles long, with regular breaks. Sensible walking shoes or trainers required. No special equipment necessary.

Address: The Snug, Unit 5 Creative Suite, Mill 3, Pleasley Vale NG19 8RL

For further information visit: https://thehumblewarrior.co.uk/mindfulness-walks



Mental Health (continued)

Rise Sheffield

For people who have had experience of, or thoughts about self-harm, providing peer support.

Address: Ranmoor Parish Centre, 5 Ranmoor Park Road,

Sheffield S10 3GX

Telephone: 07593591938

Email: risesheffield@rethink.org

Monday 6.00pm - 7.00pm



Offering people with mental illness a safe supportive space to come together, socialise and enjoy a range of creative activities.

Telephone: <u>07593591938</u>

Email:sarah.jones@rethink.org

Address: Market Street, Eckington, S21 4JG

Thursday: 10:00am –12.30pm

Wingerworth Men's Shed

If you'd like to get involved, please get in touch.

A community space for men to connect, converse, create and help to reduce loneliness and isolation.

Lead contact: Stewart Bawden

Telephone: 01246 236277 / 07955 219979

Email: scbawden@fastmail.fm

Address: Silver Birch Way, Chesterfield S42 6GE, UK

For further information visit: https://menssheds.org.uk/









Mental Health (continued)

Derbyshire Bereavement Hub

We are committed to enabling Derbyshire to be a community in which dealing with death, dying, bereavement and loss in a healthy and positive we



bereavement and loss in a healthy and positive way is seen as part of ordinary life.

For further information visit: Derbyshire Bereavement Hub – Counselling, Support and Networks



Health

Mental Health Advocacy & Specialist Advocacy

If you or someone you know has been sectioned under the Mental Health Act then there are specialist independent advocacy services to provide support in understanding your legal rights and being heard in relation to your care and treatment. You have to meet certain criteria in order to have this specialist advocacy.

If someone lacks capacity to make their own decisions, then the specialist independent advocacy service can represent their views and wishes.

For further information visit: Advocacy support in Derbyshire - Derbyshire County Council

NHS Dental Services and Oral Health

Find a Dentist in your local area:

For further information visit: Find a dentist - NHS

(www.nhs.uk)



NHS Find a Doctor

Find a NHS GP in your area:

For further information visit: Find a GP - NHS (www.nhs.uk)

Hearing Help UK

Providing practical help, information and support to individuals with hearing loss and their families and carers. Events and outreach programme held throughout the region.



Telephone: 01773 570976

Email: Info@hearinghelpuk.uk

For further information visit: www.hearinghelpuk.uk



Health (continued)

Derbyshire Health Watch

Advice, information and signposting about accessing health and social care services in



Derbyshire. You can use Healthwatch as a single point of contact to help find information about the choices you have or we can put you in touch with the right organisation to help.

Telephone: 01773 880786

Text: 07943 505255

Email: enquiries@healthwatchderbyshire.co.uk

Facebook: Healthwatch Derbyshire | Facebook

For further information visit: Healthwatch Derbyshire — Your spotlight on local

services

Strictly No Falling

A falls prevention exercise programme for older people across Derbyshire, improving strength, balance and social connections.



Service is for all older people who are at risk of falling. Self-refer or referral from GP & A&E departments.

Telephone: 01773 766 922

Email: fallsprevention@ageukdd.org.uk

For further information visit: Age UK Derby and Derbyshire | Strictly No Falling

<u>Classes</u>



Health (continued)

Sexual Health Services

Bolsover - Castle Street Clinic

Telephone: 0800 328 3383

Address: Castle Street, Bolsover, Chesterfield S44 6PP

Clinic hours: every other Wednesday - 09:30 - 17:00

For further information visit: Castle Street Medical Centre

(Bolsover) (yoursexualhealthmatters.org.uk)



Telephone: 0800 328 3383

Address: 17 Patchwork Row, Shirebrook, Mansfield, NG20 8AJ

Clinic hours: 10.30 - 18.30

For further information visit: Shirebrook Health Centre

(yoursexualhealthmatters.org.uk)

Home From Hospital

Providing practical support for vulnerable people leaving hospital or those living at home but at risk of being admitted.

Tailored package of support for up to 6 weeks. Self referral or referred from a third party with permission.

Telephone: 01283 817417

Email: home@dhfh.org.uk

For further information visit: www.dhfh.org.uk



your





North East

Derbyshire
District Council

Staying Active

North East Derbyshire Leisure Centres

Dronfield

Telephone: 01246 217217

Email:dsc@ne-derbyshire.gov.uk

Eckington

Telephone: 01246 217481

Email:espdo@ne-derbyshire.gov.uk

Killamarsh

Telephone: 01246 217797

Email: killamarshsc@ne-derbyshire.gov.uk

Clay Cross Sharley Park:

Telephone: 01246 217277

Facebook: Sharley Park Leisure Centre | Chesterfield | Facebook

Gym, Classes, Sports Halls and Swimming.

For further information visit: Leisure - North East Derbyshire District Council

(ne-derbyshire.gov.uk)

Walking into Communities at Sharley Park Leisure Centre

For more information contact:

Telephone: 07773 201 033

Email: deborah.saint@ne-derbyshire.gov.uk

Telephone: 07971 654854

Email: lynn.johnston@ne-derbyshire.gov.uk

For further information visit: Walking into Communities - North East Derbyshire

District Council (ne-derbyshire.gov.uk)

Family walking & jogging group

Saturdays: 9.30am to 10.30am

£3 per session. First session FREE for all. Adults are free for subsequent sessions

with a participating child.



Staying Active (continued)

Water Wellbeing—Swim Session Sharley Park

Fridays: 2.30pm to 3.30pm

£3.90 per a session. 16+

For those with injuries, impairments, long term health conditions, or who struggle to exercise on land. Carers Swim Free.



A daytime session with multisport and exercise activity aimed to improve overall wellbeing and a chance to socialise and make new friends.



North East

Derbyshire District Council

This session is suitable for anybody with a long-term health or mental health condition, or those who would like to try out some new low impact sport and exercise. Free for carers.

Takes place at:

- Dronfield Sports Centre
- Killamarsh Active
- Holmgate Community Centre

(For Holmgate, the session must be paid for in advance at Sharley Park Leisure Centre)

Contact the relevant centre for more details.

Creswell Heritage and Wellbeing Centre

Address: Colliery Road, Creswell, S80 4BX

CRESWELL HERITAGE

Telephone: 01909 738 460

For further information visit: www.creswellhwc.org

More information on Facebook



Staying Active (continued)

Bolsover District Council Leisure Centres

Go! Active

Telephone: 01246 242 365

Email: enquiries@goactive.org.uk

For further information visit: https://www.goactive.org.uk/

Pleasley Vale Outdoor Activity Centre

Telephone: 01623 812530

Email: PVOAC@bolsover.gov.uk

Castle Leisure Park

Telephone: 01246 242359

For further information visit: https://www.bolsover.gov.uk/l/leisure-centres

Shirebrook Leisure Centre

Gym, high specification glass backed squash court, a children's indoor purpose built soft play area,

Boxing gym, an outdoor floodlit five-a-side all weather pitch, and a state of the art skate park.

Telephone: 01623 748313

Address: Park Road, Shirebrook, Derbyshire NG20 8JQ

For further information visit: Shirebrook Leisure Centre | Shirebrook Town

Council

Killamarsh Active

Telephone: 01246 217797

Address: Stanley St, Killamarsh, S21 1EL

Soft play available.

For further information visit: Killamarsh Active - North East Derbyshire District

Council (ne-derbyshire.gov.uk)



Sh rebrook





Staying Active (continued)

Bottled-up Blokes

Relaxed football sessions for men.

Opening times: Monday, 7.30pm – 8.30pm

Address: Tibshelf Community School, DE55 5LZ

For further information: www.bottledupblokes.com/football-sessions



Cycle Derbyshire

Sustainable travel for work or leisure. Over 266 miles of traffic free cycle trails.

Email: <u>sustainable.travel@derbyshire.gov.uk</u>

For further information: www.drebyshire.gov.uk/leisure

Bolsover Boxing Club

Address: Unit 3, North Gate, Bolsover Business Park, S44 6BB

Email: bolsoverboxing@outlook.com

For further information visit: www.bolsover-boxing-club.co.uk

More information on Facebook

North Wingfield Boxing Academy

Monday: 6pm 5yrs -12yrs, 7pm 12yrs+ Wednesday: 6pm 5yrs-12yrs, 7pm 12yrs + Friday: 6pm 5yrs-12 yrs, 7pm 12yrs+

Address: St Lawrence Road, North Wingfield

Telephone: 07756 635 311

More information on Facebook







Staying Active Children & Young People

Doe Lea Centre

Telephone: 01246 850209

Email: info@doelea.org.uk

Address: Doe Lea Centre, Mansfield Road, Doe Lea S44 5PD

For further information visit: What's On :: Doe Lea Centre

Gym Opening Times: Monday - Friday: 9:00am - 8:00pm

Fridays: Free Spirit Jujitsu - £3.50

Times: 6.30 - 7.30 (Ages 6 - 16) 7.30 - 8.30 (Adults 16+)

Keep fit and learn self-defence. All abilities welcome.

Check out what's happening in your local leisure centre for children and young people!

North East Derbyshire Leisure Centres

For further information visit: Leisure - North East Derbyshire District Council (nederbyshire.gov.uk)

Dronfield:

Telephone: 01246 217217

Email:dsc@ne-derbyshire.gov.uk

Eckington:

Telephone: 01246 217481

Email: espdo@ne-derbyshire.gov.uk

Killamarsh:

Telephone: 01246 217797

Email: killamarshsc@ne-derbyshire.gov.uk

Clay Cross Sharley Park: Telephone: 01246 217277



Staying Active Children & Young People

Junior Gym

Telephone: 01246 242 365



Address: Go! Active, High Street, Clowne, Derbyshire S43 4JY

Supervised sessions for 11-14 year olds.

£4 per session **Book in advance**

Sessions run weekdays 3.30pm to 4.15pm & 4.15pm to 5:00pm

Doe Lea Centre

Telephone: 01246 850209

Email: info@doelea.org.uk

Address: Doe Lea Centre, Mansfield Road, Doe Lea S44 5PD

For further information visit: What's On :: Doe Lea Centre

Gym Opening Times: Monday - Friday: 9:00am - 8:00pm

Fridays: Free Spirit Jujitsu - £3.50

Times: 6.30 - 7.30 (Ages 6 - 16) 7.30 - 8.30 (Adults 16+)

Keep fit and learn self-defence. All abilities welcome.

Shirebrook Leisure Centre

Gym, high specification glass backed squash court, a children's indoor purpose built soft play area,



Boxing gym, an outdoor floodlit five-a-side all weather pitch, and a state of the art skate park.

Telephone: 01623 748313

Address: Park Road, Shirebrook, Derbyshire NG20 8JQ

For further information visit: Shirebrook Leisure Centre | Shirebrook Town

Council



Staying Active Children & Young People (continued)

AYUP

Alfreton young people's Umbrella Provision sports club

Opening times: Wednesday, 4pm - 6pm

Address: Alfreton Leisure Centre, DE55 7BD

More information on Facebook

Fit 3:16 Youth

Free for 11-17s, booking required online (parents and carers welcome to stay)

Opening times: Friday 4pm

Address: Fit 3:16 Studio, Genesis Entertainment Centre, King Street, Alfreton

For further information: www.fit316.co.uk

Family Walking & Jogging Group

£3 per session First session FREE for all. Adults are free for subsequent sessions with a participating child.

Opening times: Saturday 9.30am – 10.30am

Address: Meet at Sharley Park Leisure Centre

Telephone: 01246 231 111

Email: walking@ne-derbyshire.gov.uk



FIT 3:16





Staying Active Children & Young People (continued)

Junior Gym

Supervised sessions for 12-14 year olds.



£3 per sessions CASH ONLY or membership.

Address: Park Road, Shirebrook, NG20 8JQ

Telephone: 01623 748 313

For further information: www.shirebrooktowncouncil.gov.uk

Dronfield Sports Centre (SEN)

We have a brand new Special Educational Needs (SEN) gymnastics class.



Opening times: Saturday, 9am – 9.45am

Telephone: 01246 217 217 (please call to book – limited spaces)

Killamarsh Active (SEN)

SEN family soft play sessions for children with SEN needs. These sessions allow families to meet and chat in a social setting while the children play.



Opening times: The first Sunday in every month 3pm – 5pm

Address: Stanley Street, Killamarsh, S21 1EL

Telephone: 01246 217 797

For further information: www.ne-derbyshire.gov.uk/leisure



Staying Active Children & Young People (continued)

Mickley BMX and Cycle Club

Address: Mickley Lane, Alfreton

More information on Facebook





North East

Derbyshire

Safeguarding

North East Derbyshire District Council - Safeguarding Children and Adults

Safeguarding is everyone's business and if you suspect a child or vulnerable adult is at risk or is suffering from neglect or abuse please contact us on 016246 231111

For further information visit: <u>Safeguarding Children and Adults - North East</u> Derbyshire District Council (ne-derbyshire.gov.uk)

Child Protection Service

If you believe that any child is in danger ring Call Derbyshire, choosing the option for urgent child protection calls at any time.



Telephone: 01629 533190

Or contact the police by ringing their call centre number Tel:101 (24 hours per day)

For further information visit: Child protection service - Derbyshire County Council

Derbyshire Safeguarding Adults Board

Concerned about someone? Ring Call Derbyshire.

Derbyshire Safeguarding Adults Board

Telephone: 01629 533190

Email: asch.bschesterfield@derbyshire.gov.uk

For further information visit: <u>Home - Derbyshire Safeguarding Adults Board</u> (derbyshiresab.org.uk)

Starting Point

Professional Use Only

A list showing how universal, early help & specialist services in Derbyshire are provided and how support is made available at each level of need.

For further information visit: Starting Point contact and referral service - Derbyshire County Council



Safeguarding (continued)

Derby and Derbyshire Safeguarding Children Partnership

Helping to keep children and young people safe in Derbyshire.

Email: ddscp@derby.gov.uk



For further information visit: Derby Safeguarding Children Partnership (ddscp.org.uk)

NSPCC Safeguarding Children and Child Protection



Resources and guidance for voluntary and community organisations, faith groups, private sector providers, as well as schools, hospitals and sports clubs

For further information visit: Safeguarding children and child protection | NSPCC Learning

Derbyshire Constabulary

Advice for parents, guardians and professionals.

Finding out that your child, or a child in your care, has witnessed or been the victim of child abuse can be incredibly difficult. The first priority is to make sure that the child and any others affected are safe. The second is to ensure that the threat or danger to them is removed. We aim to do both.



For further information visit: Advice for parents, guardians and professionals | Derbyshire Constabulary

NHS England Safeguarding

NHS England is dedicated in ensuring that the principles and duties of safeguarding children, young people, and adults at risk are holistically, consistently and conscientiously applied with the wellbeing of all, at the heart of what we do.



For further information visit: NHS England » About NHS England Safeguarding



Safeguarding (continued)

Gov.UK - Working Together to Safeguard Children



Statutory guidance on inter-agency working to safeguard and promote the welfare of children.

For further information visit: Working together to safeguard children - GOV.UK (www.gov.uk)

The Children's Society - Child Protection and Safeguarding

The Children's Society

Child protection and safeguarding means protecting children from abuse, and identifying and stopping abuse that might already be happening.

For further information visit: Child Protection & Safeguarding | The Children's Society (childrenssociety.org.uk)

National Council for Voluntary Organisations - What is Safeguarding



Creating a safe and welcoming environment, where everyone is respected and valued, is at the heart of safeguarding.

It's about making sure your organisation is run in a way that actively prevents harm, harassment, bullying, abuse and neglect. It's also about being ready to respond safely and well if there is a problem.

For further information visit: What is safeguarding? | NCVO

Derbyshire County Council - Keeping Vulnerable adults safe



Telephone - Call Derbyshire: 01629 533190

Opening times: 8am and 8pm Monday to Friday, 9.30am and 4pm on Saturdays.

Outside these times we provide an out of hours service

Telephone: 01629 532600

For further information visit: Keeping vulnerable adults safe - Derbyshire

County Council



Safeguarding (continued)

Action for Children - Safeguarding Children

Safeguarding is at the heart of everything we do. It's how we protect children, young people and vulnerable adults from harm.



Derbyshire Domestic

Abuse Support Services specialists working together to

Crossroads

For further information visit: Safeguarding children | Action

For Children

Domestic Abuse Support

Derbyshire Domestic Abuse Support Line

Telephone: 08000 198 668

Text: 07534 617252

Email: derbyshiredahelpline@theelmfoundation.org.uk

Children, young people and families who are affected

by domestic abuse or violence can get support, including refuge accommodation.

Mon - Fri 8.00am - 7.00pm

Overnight, weekends and bank holidays contact the helpline and the call will be taken by Call Derbyshire;

For further information visit: Haven | Derbyshire Domestic Abuse Helpline

DCC Starting Point

Starting Point is Derbyshire's contact and referral service for children's services.



For further information visit: Starting Point contact and referral service - Derbyshire County Council

The Elm Foundation

Support for parents, children and young people experiencing domestic abuse.



Telephone: 08000 198 668

For further information visit: Freedom From Domestic Abuse | Everyone

Deserves To Feel Safe (theelmfoundation.org.uk)



Domestic Abuse Support (continued)

Support and Advice for Men (SAM)

Address: 9 Marsden Street, Chesterfield, S80 1JY

Telephone: 0800 019 8668

Email: help@derbyshiresam.org.uk



Sexual Abuse Support

SAIL - Sexual Abuse and Incest Line

Telephone: 0800 028 2678

Text only: 07522 561397

Email: helpline@sailderbyshire.org.uk

Referrals and enquiries:

Telephone: 01246 559889

Support for those who have experienced any form of sexual violence, childhood sexual abuse and incest.

For further information visit: SAIL Derbyshire - Sexual Abuse & Incest Line

SV₂

Telephone: 01773 746 115

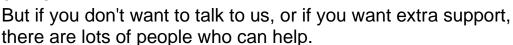
Email: help@sv2.org.uk

SV2 is a charity commissioned by Derbyshire Constabulary. We work in partnership with the police but independently in order to advocate for anyone who accesses our services.

For further information visit: SV2 - Supporting Victims of Sexual Violence -Home

Derbyshire Constabulary – Support for Rape and Sexual Assault

If you've been raped or sexually assaulted, we're here for you. If you're ready to, you can report rape and sexual assault to us online.



You're in control, and it's up to you who you talk to and what help you get.

For further information visit: Support for rape and sexual assault | Derbyshire Constabulary





Addiction Support

Derbyshire Recovery and Peer Support Service

Single Point of Access Service for Derbyshire residents. Find support near you.

Telephone: 01773 734989 (9:00am to 5:00pm, Monday to

Friday)

Text: 07537410028

Email: <u>DerbyshireRecoveryPeerSupportService@rethink.org</u>



Available 9:00am and 5:00pm Monday to Friday. A chat icon will appear at the bottom right when this is available.

Facebook: Derbyshire Recovery and Peer Support Service - Home | Facebook Like and follow us to find out what's happening in and around your area.

For further information visit: <u>Derbyshire Recovery and Peer Support Service</u> (rethink.org)

Derbyshire Alcohol Advice Service –DAAS

Single point of contact for drug and alcohol support throughout Derbyshire.

Telephone: 01246 206514 (Mon-Fri, 9-5pm)

Email: training@daas.uk.com

For further information visit: www.daas.uk.com

GamCHAT

Telephone: 07506692873 (Monday to Friday, 9:00am to 5:00pm)

For further information visit: www.daas.uk.com/gamchat

Project supporting those who are close to or know someone with a gambling addiction.







Addiction Support (continued)

CGL – Change, Grow and Live drop-in



Derbyshire CGL Young People's Service

offers free and confidential support for under 18's across Derbyshire (excluding Derby City) around drugs and alcohol. We offer brief 1:1 harm reduction intervention, ongoing 1:1 specialist intervention, group work sessions, drop ins, information stalls, outreach, and professional training.

Referrals can be made by anyone via our website, but the young person must consent prior to this. Any enquiries are welcome, and you can contact us via email or telephone.

Telephone: 01773 303 646

Email: derbyshire@cgl.org.uk

For further information: https://www.changegrowlive.org/young-peoples-service-

<u>derbyshire</u>



Addiction Support (continued)

Young People's Service

Derbyshire CGL Young People's Service offers free and confidential support for under 18's across Derbyshire (excluding Derby City) around drugs and alcohol. We offer brief 1:1 harm reduction intervention, ongoing 1:1 specialist intervention, group work sessions,



drop ins, information stalls, outreach, and professional training.

Referrals can be made by anyone via our website, but the young person must consent prior to this. Any enquiries are welcome, and you can contact us via email or telephone.

Telephone: 01773 303 646

Email: derbyshire@cgl.org.uk

For further information: www.changegrowlive.org/young-peoples-service-

<u>derbyshire</u>



LGBTQ+ Support

Derbyshire LGBT+ Support

Individual support online, they also run face to face groups for individuals, families and support for parents of LGBT+ children.



More information on Facebook

For further information visit: www.derbyshirelgbt.org.uk

Derbyshire Victim Services

Support for those who have been the victims of any crime, including Hate Crime.



For further information visit: Hate Crime | Derbyshire Victim Services

LGBT+ Service Nottinghamshire

We offer confidential one-to-one and group support providing specialist services to young people aged 11- SERVICENOTTINGHAMSHIRE 25 who identify as LGBT+ (lesbian, gay, bisexual,



trans and any other sexual orientation or gender identity), or may be guestioning this on a weekly basis.

(Groups - 11-16 and 16-25)

Email: info@lgbtplusnotts.org.uk

For further information visit: LGBT+ Service Nottinghamshire | The Centre **Place**

Notts LGBT Plus Network

Text: 07481 344040

More information on Facebook





Youth Groups

Monday Night Youth - Dronfield

Telephone: 01246 414448

Address: Oaks Community Church, 2 - 4 Lea Road, Dronfield

S18 1SB

Mondays: 7:00pm to 8:30pm, Y7- 13 (ages 11-18)

For further information visit: https://www.oakscc.org.uk/youth/

More information on Facebook

Salvation Army - Clowne

Telephone: 01246 812401

Address: Church Street, Clowne S43 4JS

Email: clowne@salvationarmy.org.uk

Mondays:

6:00pm - Winners (Young People's Group)

7:30pm - Youth Group

Thursdays:

5:30pm - Girls Adventure Corps

For further information visit: Clowne | The Salvation Army

Kids Connect - Eckington

After school club

Friday: 3:30pm - 5:00pm

Age range: Year 1 – Year 4 / Age 5 – 9

Address: The Lighthouse Eckington Friendship Hall Berry Ave, Eckington S21

4AR

For further information visit: What's On? (oakscc.org.uk)









Warm & Dry - Eckington

Friday: 6:00pm - 7:30pm

Age range: Year 5 – 8 / Age 9 – 13

Address: The Lighthouse Eckington Friendship Hall, Berry Ave,

Eckington S21 4AR

For further information visit: What's On? (oakscc.org.uk)



For local young people in school years 7-13

Telephone: 07929 582233

Mondays: 7:00-8:30pm

Address: St Swithins Church Hall, Holmesfield, S18 7WT

For further information visit: www.dronfieldteamministry.org

More information on Facebook

Doe Lea Centre

Tuesday:

4:00pm - 5:00pm - Doe Lea Rocks

Sing, join a band, learn to play an instrument.

This club is for budding musicians to learn, socialise and have fun.

Cost: £1

Telephone: 01246 850209

Email:info@doelea.org.uk

For further information visit: What's On :: Doe Lea Centre









Derbyshire LGBT+

In person and online youth groups for those aged 13 - 19 and LGBT+

Telephone: 01332 207 704

Email: LiamV@derbyshirelgbt.org.uk

For further information visit: Derbyshire LGBT+ or Youth Groups — Derbyshire

LGBT+

Dynamite Kids Club

Address: Abundant Life Christian Centre, Tibshelf Rd, Holmewood S42 5TA

Fridays: 6:00-7.30pm

For 7-12 year olds

More information on Facebook

Dronfield Parish Young Voices

Singing group for children to have fun, grow in confidence whilst singing and making music together

Telephone: 07969 663584

Address: The Civic Hall, Dronfield **Monday:** 5.45 –6.50pm, ages 7 –11

Cost: Free (for this half term and hopefully beyond)

Danesmoor Youth Group

Telephone: 01246 250599

Address: St Barnabas Centre, Pilsley Road, Danesmoor,

Clay Cross, S45 9BU

Thursday: 6.30pm - 8:00pm, ages 7-16

Cost: £1

For further information visit: www.stbarnabascentre.co.uk





Blackwell Youth Club

Telephone: 07814 383901

Address: Blackwell Community Centre, Woburn Close,

DE55 5HH

Email: blackwellyouthclub@ymail.com

Monday: 5:00pm - 6.30pm, ages 5-11

6.30pm - 8:00pm, ages 8-16

Cost: £1

BLAST Kids Club

Telephone: 07592 609019

Email: blastcic@gmail.com

Address: The Old Teaching Kitchen, Carter Lane,

Shirebrook NG20 8PE

Monday: 5.30 -7:00pm, 5-11 years

Thursday: 5:30—7:00

Cost: £3

Snack & drink included







Boza Youth Inc

Telephone: 01246 823180

Address: Bolsover Methodist Church, Hill Top, Bolsover, S44

6NN

For further information visit: www.stbarnabascentre.co.uk

Friday: 6:00pm - 9:00pm, ages 11-16

SNaP Youth Group

Telephone: 01773 510882

Email: info@snapdp.org.uk

Address: 34 High Street, South Normanton, DE55 2BP

For further information visit: www.snapyouth.org.uk

Monday: 5:00 to 7:00pm, ages 10 - 13

Transition youth club - supporting children finishing primary, transitioning into

secondary school.

Cost: 50p

Tuesday: 3.30 to 5:00pm,

Project Create – a space to express your creativity through performance, art,

technology and music.

Tuesday: 5.00 to 7:00pm, ages 11 - 16

Girls Night In - providing young women with a safe, supportive space to relax, play

games, have fun with their friends.

Cost: 50p

Wednesday: 5:00 to 7:00pm, ages 11 -16

Building on skills, developing self esteem and managing social relationships

through interactive fun activities and challenges.

Cost: 50p



CX21 Youth Group

Telephone: 01246 823180

Address: Clay Cross Social Centre, Market Street, Clay Cross,

S45 9JE

Monday: 7:00-8.30pm, ages 13-17

Cost: £1.50

For further information visit: Home - North East Derbyshire District Council (ne-

derbyshire.gov.uk)

Samba 'Go Girls' Football

A fun and friendly football session, meet new friends, learn new skills.

Telephone: 01246 738261

Email: info@sambasportscoaching.co.uk

Address: Cliffe Park Astroturf, Callywhite Lane, Dronfield S18 2XP

Monday: 5.30 -6.30pm, ages 5-11

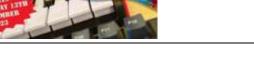
Cost: £3.50 PAYG

Whaley Thorns

Email: <u>Luciemaycock@gmail.com</u>









Qualitas Sport

New U7s & U8s football teams with weekly training held in Dronfield, Saturday morning matches played in Chesterfield



Telephone: 0114 2376726

Email: scholarship@qualitassport.co.uk

Killamarsh Dynamos Soccer School

Address: Killamarsh Juniors Club, Killamarsh Road, S21 1ED

Activity:

Monday: 6:00 to 7:00pm, ages 4-7

Cost: £2 per session, no booking required

Killamarsh Dynamos

Thursday: 6-7pm, ages 4 –16

Activity: Girls only football training, all abilities welcome,

no booking required.



Sparks Film Making Group

Sparks Film School is a youth film school for ages 5-18 in Derbyshire.

Email: hello@sparksarts.co.uk

AYUP

Alfreton Youngsters Umbrella Provision, The old Farm Bus.

Free to attend, please book through Eventbrite 'The Old Farm Bus'.

Opening times: Friday, 5pm – 7pm (11-17 year olds)

Address: Alfreton Community Hall DE55 7JJ



St John Ambulance Badgers & Cadets



Opportunities for young people to gain valuable life skills and volunteer in their local communities. Groups nationwide.

Badgers – (7-11) Cadets – (11-17)

For further information: www.sja.org.uk

Girlguiding

Groups Nationwide for girls aged 4-18.

Rainbows: 4-7 Brownies: 7-10 Guides:10-14 Rangers:14-18

For further information: www.girlguiding.org.uk



Scouts

Groups Nationwide for boys aged 4-25.

Squirrels: 4-6
Beavers 6-8
Cubs: 8-10
Scouts: 10-14
Explorers: 14-18
Network: 18-25





Army Cadets (12-17)

Clay Cross:

Opening times: Monday, 7pm – 9pm

Address: Derby Road, S45 9AG

Bolsover:

Opening times: Thursday 7pm – 9pm

Address: Moore Lane, S44 6EB

Creswell:

Opening times: Wednesday 7pm – 9pm

Address: Moore Lane, S44 6EB

Alfreton:

Opening times: Wednesday, 7pm – 9pm

Address: Outseats Drive, Pease Hill Estate, DE55 7GF

Eckington:

Opening times: Monday 7pm – 9pm

Address: Littlemoor, on the A6135 Eckington, S21 4EF

Derbyshire Fire Cadets

Opening times: Monday, 6.15pm – 8.45pm

Address: Shirebrook Fire Station, NG20 8TY

Email: youth@derbys-fire.gov.uk

For further information: www.derbys-fire.gov.uk



Air Cadets (12-17)

Clay Cross (2326 Squadron):

Opening times: Tuesday & Thursday 7pm – 9.30pm

Address: Derby Road, Clay Cross, S45 9AG

Eckington (2000 Squadron):

Opening times: Monday & Wednesday, 7pm – 9.30pm

Address: Peveril Road, Eckington, S21 4EW

Email: Rebecca.watson100@rafac.mod.gov.uk

Dronfield (1890 Squadron):

Opening times: Monday & Wednesday 7pm – 9.30pm

Address: Hartington Road, S18 2LE

Alfreton & Ripley (1401 Squadron):

Opening times: Tuesday & Thursday

Address: Outseats Drive, Pease Hill Estate, DE55 7GF

RAY Club

Youth Club for Y6+

Return to contents

Free to attend, Thursday 4:30 – 6pm

Address: The Hub, Nethermoor Road, New Tupton, S42 6EN

Email: dannyhenman@gmail.com

More information on Facebook





Dronfield Baptish Church

Hope and Light:

Tuesdays: 3:45pm – 4:45pm (term time).

Feel free to drop the children off and get an hour off, or stay and join in with the

crafts, songs, games and stories.

Address: Stubley Lane, S18 1PE (opposite Sainsbury's)

Telephone: 01246 291 856

Email: zania@dronfieldbaptist.co.uk

Jolt

Mondays: 3.30-5pm (term time) for Y5 and Y6. Come along for the PS4, Xbox1 and wii. As well as pool, table football, crafts, tuck shop and loads more.

SODA (School's Out, Dad's About)



For primary school children and their dads, granddads or male carers. It runs **from 9.30am to 11.00am on the first Saturday morning of each month**. There are toys, craft activities and snacks for the children and bacon butties and coffee / tea for the grownups.

Email: paultaylor@dronfieldbaptist.co.uk



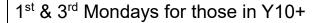
Dronfield Baptish Church (continued)

Base

2nd and 4th Monday for those in Y6 -Y9 A place to hang out with your friends, listen to some music, show

your skills on FIFA or challenge someone at the pool table. We spend a bit of time each week looking at the bible and talking about what that means for us.

Aftershock





A place to hang out with your friends, listen to some music, show your skills on FIFA or challenge someone at the pool table. We spend a bit of time each week looking at the bible and talking about what that means for us.

J2

J2 is our weekly youth club for those in Y7, Y8 and Y9. Come along for the PS4, Xbox1 and wii. As well as pool, table football, crafts, tuck shop and loads more.



J2 takes place from 3:30 – 5:00pm every Thursday, during term time.

J3



Y10+. Come along for the PS4, Xbox1 and wii. As well as pool, table football, crafts, tuck shop and loads more.

J3 takes place from 3:30 – 5:00pm every Wednesday, during term time.



Blend Youth Project

Email: info@blendyouthproject.co.uk

Address: 47 West Bars, Chesterfield, S40 1AZ

Telephone: 01246 550 100



Grassmoor:

Based on Barnes Park & The Cricket pavilion on Barnes Park on **Mondays** 4pm - 5.30pm Detached session for school years 7 - 10 &

6pm - 7.30pm Session in The Pavilion for school years 11+

Hasland: Eastwood Park Every Friday, 3.30pm-5.30pm

Just Good Friends SEN Youth Club

Youth club specifically for those with SEND age 11+ Thursdays 4.30-6.30 in Clowne

Telephone: 01246 913267

Email: enquiriesjgfclub@hotmail.com

For further information: www.jgfc.org.uk





Youth Groups (continued)

St Andrew's Community Church

Address: Pentland Road, Dronfield Woodhouse

Telephone: 07716 146 588

Sparks

Friday night 3.30pm - 6.00pm

Y4+ £1 subs and extra £1 if want to have tea.

First half general chill and play, teatime then a more structured time could be group games, craft or discussion.

Leaders are Wendy, Phil, Helen and Lynne



Baby & Toddler Groups

Northeast and Bolsover District Children's Centres

Alice's View Children's Centre (North Wingfield)

Telephone: 01629 533266

Email: eileen.redman@derbyshire.gov.uk

Address: Alice's View, North Wingfield S42 5XA

Mondays: 9:00am – 12:00pm: Little Learners

Creswell Children's Centre

Telephone: 01629 537396

Email: janice.ward@derbyshire.gov.uk

Address: Creswell Children's Centre, Gypsy Lane, Creswell S80 4HY

Shirebrook Children's Centre

Telephone: 01629 537398

Email: Stacey.milner@derbyshire.gov.uk

Address: Shirebrook Children's Centre, 2 Park Road, Shirebrook NG20 8JQ

For further information visit: Bolsover and North East children's centres

Facebook

Salvation Army - Shirebrook

Thursday: 9:00am to 11:00am—Buddies Group

Address: Central Hall, 72 Patchwork Row, Shirebrook, Mansfield

NG20 8AL

Facebook:

https://www.facebook.com/shirebrooksa/?locale=en GB

For further information visit: https://www.salvationarmy.org.uk/shirebrook

Salvation Army - Clowne

Monday: 9:00am - Sally Ann's Tots

Telephone: 01246 812401

Email: clowne@salvationarmy.org.uk

Address: Church Street, Clowne S43 4JS

For further information visit: Clowne | The Salvation Army





Grassmoor Stay & Play

Email: derbyshiretoylibraries@gmail.com

Address: Grassmoor Community Centre, New Street, Grassmoor S42 5EE

Tuesday: 9.30 –11:00 (term time), birth to pre school

Cost: £1.50 PAYG includes tea/coffee

Derbyshire Libraries Baby and Toddler Rhyme Time Events

Telephone: 01629 533444

Email: ask.library@derbyshire.gov.uk

Bolsover

Monday: Toddler Storytime with rhymes - 10am to 10.30am

Tuesday: Baby Rhyme Time - 10am to 10.30am

Clay Cross

Tuesday: Rhyme and Storytime -10.30am to 11am

Dronfield

Friday: Baby and Toddler Rhyme Time - 10.30am to 11.15am

Eckington

Friday: Rhyme and Storytime - 10.30am to 11.15am

Ripley Library

Tuesday: Rhyme Time - 10am to 10.30am

Shirebrook Library

Friday: Story and Rhyme Time - 10am to 10.30am

South Normanton

Friday: Story Time - 10.30am to 11am

For further information visit: Story and rhyme times - Derbyshire County Council



Eckington Friendship Club / The Lighthouse

There will be toys, sensory activities, crafts, and singing to get involved in.

There's no need to book your place ahead of time, just come along on a Monday and we'll register you and your child/children!



Monday: Acorns 9.30am - 11.30am (0 - 3)

Telephone: 01246 414448

Address: The Lighthouse Eckington Friendship Hall, Berry Ave, Eckington S21

4AR

For further information visit: What's On? (oakscc.org.uk)

Dronfield Team Ministry

Telephone: 01246 412328

Tuesdays: Pips 10:00 to 11.30 St Philips Church S18 2ED

Scamps 2:15 – 3pm St Andrews Church, S18 8ZQ

Thursdays: St Swithins Tots 10:00 to 11.30 S18 7WT



Both groups offer free play, sensory toys, singing craft and refreshments. For babies, pre-school children and their carers during term time.

For further information visit: dronfieldteamministry.org

More info on Facebook

Ashover Tots & Tinies

Drop in baby and toddler sessions. Term time only.

Address: Ashover Parish Hall

Address: Milken Ln, Ashover, Chesterfield S45 0BA

Wednesdays: 9:30am to 11:30am

For further information visit: https://www.ashoverparishhall.com/regulargroups



Expressive Tots (0-4s)

Address: Fred Hopkinson Memorial Hall, Unstone

Telephone: Katy on 07712106941

Email: expressivetots@yahoo.com

Tuesdays: 10:00am to 11:00am

Little's Hub

Pregnancy to pre-school drop in play café, organised

classes.

Address: The Hub S45, Gladstone Buildings, Broadleys, Clay Cross S45 9JN

Telephone: 07801 756369

For further information visit: www.littleshubchesterfield.co.uk

More info on Facebook

Shirebrook Leisure Centre

Telephone: 01623 748313

Address: Park Road, Shirebrook, Derbyshire NG20 8JQ

Thursday: Gym Tots - 9.30am - 10.15am and 10.30am - 11.15am

Cost: £3 a session - Ages 6 months - 3 years

Call Shirebrook Leisure Centre to book a place.

For further information visit: Gym Tots | Shirebrook Town Council

Little Stars

Address: Tupton Edge Centre, 68 Queen Victoria Road S42 6DY

Mondays: 9:00 to 11:00am term time. Drop in, no charge.

For further information visit: tupton@edgeministries.net

More information on Facebook



GYM TOTS







Little Lions Stay & Play

Address: Fox in the Box Bar, Callywhite Lane, Dronfield S18

For further information visit: Children's Party Entertainment for Unforgettable Birthdays (littlelionevents.co.uk)

More information on Facebook



Tots and Pots

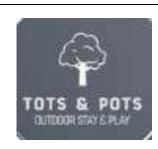
Outdoor stay & play on a working farm.

Address: Border View Farm S18 8XL

Telephone: 07772 489680

Email: totsandpots@hotmail.com

More information on Facebook





Stay & Play @ St Paul's

Address: 85 Green Lane, Dronfield S18 2LP

Wednesday mornings

More information on Facebook

Kenning Park Little Bugs

Toddler and Preschool forest school.

Opening times: Thursday 10am – 12pm

Telephone: 07743 110 078

Email: kenningparkforestschool@gmail.com

Facebook: 'Kenning Park Community Forest School'

Tupton Tots

Last Thursday in a month is a sensory session for 0-2 year olds.

Opening times: Tuesday 9.30 am – 11.30am

Address: Tupton Village Hall, Green Lane, New Tupton

Facebook: 'Tupton Tots'

Toddlers@Holmgate Evangelical Church

Opening times: Wednesday 10am – 11.30am

Address: Valley Road, Clay Cross, S45 9QF

Email: admin@holmgatechurch.org



Wingerworth Tots & Toddlers

Opening times: Tuesday 1pm – 2.30pm

Address: Parish Rooms, Wingerworth, S42 6TB

Facebook: 'Wingerworth Tots and Toddlers'

Mini Roarers Parent & Toddler Group

Opening times: Tuesday, 9.45am – 11.30am (term time)

Address: J28 Church, The Common, South Normanton, DE55 2EP

Email: admin@j28church.com

Little Bumbles

Thursdays 10:30 – 12:30

Address: Pilsley Village Hall. S45 8HU

Email: <u>littlebumbles1@hotmail.com</u>

More info on Facebook

Morton Monkeys

Thursdays: 9.30-11.30 (Term time)

Cost: £2 first child, £1 siblings

Address: Morton Village Hall

Telephone: 07769 211 130

More info on Facebook – 'Morton Monkeys Baby and Toddler Group'





C4 Parent and Toddlers

Mondays 9:30 – 11:30

Address: C4 Clay Cross Community Church, 87 Market Street S45 9LS

Email: Mat c4church@outlook.com

Humming Bees

Thursdays 9:30 – 11am (Booking required)

Address: Hasland Baptist Church 'The Hive', Eyre Street, S41 0PF

For further information: www.haslandbaptist.co.uk

Facebook: 'Hasland Humming Bees'

Who Let the Dads Out?

Baby and toddler group for male carers. Monthly on Saturdays 10am – 11:30am

Address: Bolsover Methodist Church S44 6NN

For further information: www.bolsovermethodistchurch.co.uk

Facebook: 'Bolsover Who Let the Dads Out'

Hillstown Toddlers (Bolsover)

Address: Hillstown Village Hall, 12 Nesbit Street, S44 6LW

Telephone: 01246 731 189

Email: hillstownvillagehall@gmail.com

Facebook: 'Hillstown Toddlers'



Little Birds @ Barlborough School Hall

Thursdays: 9.00-10.15 for aged 0-15months

10.30-11.45 aged 15 months+

£3 per child

Address: Dance Studio at the school

Telephone: 01246 810 511

Mini Marsh Toddlers

Tuesdays 9.30-12pm

Address: Killamarsh Methodist Church

Telephone: 01246 463 940

Email: killamarshmethodist@yahoo.com

Unstone Schools Federation Playgroup

Open to the general public for parents/carers with babies and children up to age 4. No booking required. £1.50 donation to the school.

9-10.30am Wednesdays

Address: Unstone St Marys Infant School, Crow Lane, S18 4AL



Dronfield Baptist Toddlers

Mondays 9:30 - 11:15am

Friday 9:30 – 11:15



Just pop along and you'll be welcomed in. We operate a waiting list for our Friday toddler group but not for Mondays which is anyone until our capacity is reached, so if you don't want to be disappointed please come early.

Address: Stubley Lane (opposite Sainsbury's)

Email: zania@dronfieldbaptist.co.uk

Noah's Ark Toddler Group (Killamarsh)

Wednesday at 10am

Address: Ebeneezer Gospel Hall, Stanley Street, Killamarsh, S21 1EL

Telephone: 0114 2472 816 or 07386 214 484

More information on Facebook

Dizzy Ducks Toddler Group

Thursday 9.15am – 11.15am

Address: Eckington Church Hall, Church Street, S21 4BH

Email: bevminder@sky.com



Calow Toddler Group

Thursday 9.15am – 11.15am (term time only) £1.50 per adult, 50p per child over 12 months.

Address: Calow Community Centre, Allpits Road, S44 5AT

More information on Facebook

Play at Lenthall School Dronfield

Birth to 4 years old Thursday 9.15am – 11.20am £1.50 per child

Address: Marsh Avenue, S18 2HB

Telephone: 01246 414 569

More information on Facebook



North East

Derbyshire District Council

Information for Parents & Carers

Killamarsh Active

Telephone: 01246 217797

Address: Stanley St, Killamarsh, S21 1EL

Soft play available.



Council (ne-derbyshire.gov.uk)

Derbyshire Family Health Service

Here to support you and your family as part of the 0-19 year olds free public health and wellbeing services.

For further information visit: Derbyshire Family Health Service

Association of Breastfeeding Mothers

Breastfeeding support – use the link to find a group near you.



For further information visit: Association of Breastfeeding Mothersad.co.uk/app

Derbyshire Family Information Service (FIS)

Telephone:01629 535 793

Email: info.fis@derbyshire.gov.uk

For further information: www.derbyshire.gov.uk/education/early-years-

childcare/early-years-and-childcare.aspx

Facebook: 'Derbyshire Family Information Service (FIS)'



Information for Parents & Carers (continued)

Feeding Together - Breastfeeding Support

Offering advice, support and local drop in groups in Bolsover, Eckington, Staveley, Clay Cross & Chesterfield.





Dates vary, please check website

Email: derbyshire@breastfeedingnetwork.org.uk

For further information visit: breastfeedingnetwork.org.uk/derbyshire

DCC Free Childcare for 2 year Olds

If you have any questions about the funded childcare for 2-year-olds, please contact the Families Information Service by:

Email: info.fis@derbyshire.gov.uk

Telephone: <u>01629 535793</u>

For further information visit: Funded childcare for eligible 2-year-olds -

Derbyshire County Council

Bolsover and North East Children's Centres

Alice's View (North Wingfield) Children's Centre: 01629 533266

Bolsover Children's Centre: 01629 533851

Creswell Children's Centre: 01629 537396

Eckington Children's Centre: 01629 537169

Shirebrook Children's Centre: 01629 537398

For further information visit: Bolsover and North East children's centres | Facebook



Information for Parents & Carers (continued)

Rhu-baby

New and pre-loved baby and childrens' clothing and necessities at affordable prices.

Fridays 9.30am - 10am

Address: Whaley Thorns Village Hall, Portland Road

For further information: www.rhubarbfarm.co.uk





SEND Support

Derbyshire Autism Support Group

For further information visit: Facebook

SEND Advocacy

Telephone: 07562689577



For further information visit: www.SENDAdvocacy.co.uk

Bubba's Family Base

Hepthorpe Lane Community Centre S42 5JP

Telephone: 07891681673

Email: <u>bubbasfamlies@gmail.com</u>

For further information visit: Facebook



Telephone: 01773 741 221

Facebook for more information



Derbyshire Information Advice & Support Service for SEND

For further information visit: www.derbyshireiass.co.uk

Special Educational Needs and Disabilities Service (SEND)

For further information visit: www.derbyshire.gov.uk



DERBYSHIRE County Council

Joined Up Care Derbyshire

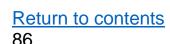
For further information visit: www.joinedupcarederbyshire.co.uk



NDSA Neurodiverse Self-Advocacy

For further information visit: www.NDSA.uk







SENDS Support

For further information visit: www.Sendssupport.co.uk



Callum's Voice

Supporting autistic children and young people not in school.

Room 12 Alfreton House, High St Alfreton DE55 8HH

For further information visit: Facebook

Sunshine Support

For further information visit: www.sunshine-support.org

See Facebook page for more information



SIBS

Support for siblings of disabled children.

Facebook: 'Sibs for brothers and sisters'

For further information: www.sibs.org.uk



Just Good Friends SEN Youth Group

Youth club specifically for those with SEND age 11+

Thursdays 4.30-6.30 in Clowne.

Further information available by contacting us.

Email: enquiriesjgfclub@hotmail.com

For further information: www.jgfc.org.uk



Neurohub – Neurodivergence Thrives Here



<u>Fair-Play</u> invite neurodivergent children, young people, and their parents and carers to visit them at the <u>Monkey Park Community Hub in Chesterfield</u>. Drop in for support which is available for children and young people aged 0-25 years who are neurodivergent, their families and carers.

Date: Please check 'Monkeypark What's On' for the next planned session.

Address: Monkey Park Community Hub, 128a Chester Street, Chesterfield,

Derbyshire, S40 1DN

Telephone:01246 203 963 or 07874 941890

Email: becky.hague@fair-play.co.uk

Derbyshire Parent Carer Voice

Email: info@derbyshireparentcarervoice.org

For further information: www.derbyshireparentforums.co.uk

Facebook: 'Derbyshirepcv'

Dove Dance

For all those with disabilities or additional needs. A carefree night! Wednesday from 5.45pm £3 entry

Address: Shirebrook Miners Welfare, NG20 8BA

Telephone: 01623 480 445



Friends Like Me - a friendship club for deaf children

Alternate Mondays from 5pm

Address: The Elm Tree, Elmton, S80 4LS

Telephone: 01909 721 261

Just Good Friends Nightclub Nights

Nightclub events for those with additional needs. 18+, first Tuesday of every month.

£5 on the door

Address: Aruba, Chesterfield

For further information: www.jgfc.org.uk

Just Good Friends Social Hubs

Supporting adults with learning disabilities. A safe environment for our members, offering them a voice and a choice. £40 per day.



Clowne

Monday and Friday 10am – 3pm (bring your own lunch

Nether Langwith & Coal Aston

Tuesday and Thursday 10am – 3pm (bring your own lunch)

Telephone: 01246 913 267

Email: enquiriesjgfclub@hotmail.com

For further information: www.jgfc.org.uk



Just Good Friends SEN Youth Club

Youth club specifically for those with SEND age 11+ Thursdays 4.30-6.30 in Clowne



Telephone: 01246 913267

Email: enquiriesjgfclub@hotmail.com

For further information: www.jgfc.org.uk

A FREE inclusive choir with both online and inperson rehearsals, celebrating that everyone has their own way of sharing their voice



The Inclusive Choir is open to anyone up to age 25 and is free to join. We aim to be as inclusive as possible, and actively try to remove barriers to participation from those with severe and profound learning disabilities.

For further information: East Midlands Inclusive Choir - MEHEM







Community Groups

Clowne Library

Telephone: 01629 537248

Monday: Craft and Chatter – 2:00pm to 4:00pm

Eckington Library

Telephone: 01629 533748

Thursday of the month: Readers and Writers Group - 10.30am to 12.30pm.

Shirebrook Library

Telephone: 01629 537960

Thursday: Knit and Natter – 10:00am to 12:00pm

Wirksworth Library

Telephone: 01629 533730

First Friday of the month: Book group – 4:00pm to 5:00pm

For further information visit: Library events - Derbyshire County Council

Derbyshire Carers Association

Address: Dronfield Outdoor Community Market, Civic Centre Farwater Lane,

Dronfield S18 1PD

Telephone: 01773 833 833 (Heather Aitken)



Salvation Army

Clowne

Telephone: 01246 812401

Email: clowne@salvationarmy.org.uk

Address: Church Street, Clowne S43 4JS

Mondays: 6:00pm - Winners (Young People's Group)

For further information visit: https://www.salvationarmy.org.uk/clowne

South Normanton:

Lead contact: Ruth Sheppard **Telephone:** 0785 545 5093

Email: ruth.sheppard@salvationarmy.org.uk

Address: 124a Market Street, South Normanton, DE55 2EJ

Wednesdays: Drop in free café 9am - 2pm (lunch served at 12pm)

Thursday: Friendship Group - 1.30pm - 3pm (snack lunch included)

For further information visit: https://www.salvationarmy.org.uk/south-normanton

Clay Cross:

Telephone: 01159 835000

Email: clay.cross@salvationarmy.org.uk

Address: 42 Thanet Street, Clay Cross, S45 9JR

Wednesdays: Coffee Morning 9.15am

For further information visit: Clay Cross | The Salvation Army

Shirebrook:

Telephone: 01623 748 634

Address: 72 Patchwork Row, Shirebrook NG20 8AL

Tuesdays: Craft Group 4pm - 6pm

Fridays: Sunshine Club (for the over 60's) - 1.45pm - 2.45 pm

For further information visit: https://www.salvationarmy.org.uk/shirebrook





Deaf-initely Women

Various events, coffee mornings, educational workshops held around the county for deaf, deafblind and hard of hearing women.



Telephone: 01773 828233

Email: info@deafinitelywomen.org.uk

For further information visit: www.deafinitelywomen.org.uk

Compassionate Voices

Women's only well being and empowerment group offering workshops, events and peer support for girls and women.



Email: info@acompassionatevoice.co.uk

For further information visit: www.acompassionatevoice.co.uk

Doe Lea Centre

Telephone: 01246 850209

Email: info@doelea.org.uk

Mondays:

Craft and Chat – 1:00pm - 3.30pm (£1.50)

Tuesdays:

Doe Lea Voices – 6:00pm to 7:00pm (£1)

Dust it off! -7:00pm to 8:00pm (Musicians) (£1.50)

Wednesdays:

Crotchet Club - 11.30am to 1:00pm (£2.50)

For further information visit: What's On :: Doe Lea Centre



U₃A

If you are semi-retired or retired and have more time to engage with other likeminded individuals, to continue learning, or discover a new hobby, The U3a may be what you're looking for. We have a wide range of interest groups.

U3a Map: UK u3as - Google My Maps

Bolsover: Membership | Bolsover District U3a | England (boldu3a.com)

Dronfield: Dronfield & District u3a: Home (u3asites.org.uk)

Wirksworth: Wirksworth & District u3a: Home (u3asites.org.uk)

Kenning Park Friendship Group Clay Cross

Have a go at a craft, learn a new skill or just relax and chat by the campfire for an hour or so and feel the many benefits of being outdoors with friends.

Telephone: 07743110078

Email: kenningparkforestschool@gmail.com

Facebook: Kenning Park Community Forest School | Facebook

Address: Find us at Kenning Park at the fisheries car park, just off Fishes Lane

every Friday.

Derbyshire LGBT+

Groups for those +18 in the LGBT+ Community.

Telephone: 01332 207 704

Email: info@derbyshirelgbt.org.uk

For further information visit: Social Groups — Derbyshire LGBT+

Just Good Friends

Offering adults with learning disabilities daytime activities and social events.

Telephone: 01246 913267

Email: enquiriesjgfclub@hotmail.com

Address: 10 Creswell Road, Crossroads Business Park, Clowne, S43 4PU

Monday to Friday: 10:00am to 3:00pm







Oaks Community Church Dronfield

For anyone who enjoys knitting, crochet (or any type of crafting), along with chatting and eating cake!

You're welcome to bring your own project or choose one of our charity projects or perhaps learn a new skill from one of our members. We have a selection of needles, yarn etc to get you started!

Tuesday: Knit and Natter – 10:00am to 12:00pm (No charge)

Telephone: 01246 414448

Address: Oaks Community Church, 2-4 Lea Road, Dronfield. S18 1SB

For further information visit: What's On? (oakscc.org.uk)

Eckington Friendship Club / The Lighthouse

Address: The Lighthouse Eckington Friendship Hall, Berry Ave, Eckington S21

4AR

Wednesday: Book Exchange – 3:00pm – 4:00pm

Pick out a new book or jigsaw, and stay around for a chat and a drink.

Thursday: Craft Time – 10:00am – 12:00pm

For further information visit: What's On? (oakscc.org.uk)

AERA Support – Disability Group

Do you or someone you know have a disability and is looking for a day care group? Our group offers lots of different activities and trips out in the community. You will be supported by our fully trained, dedicated support team to meet all your care and support needs.

AERA SUPPORT
Community Group- Genesis Centre
Alfreton

Telephone: 01773 417 601 or 07354 511 025

Killamarsh Amateur Photographic Society

Telephone: 01142 489 468

Email: andy.cotton.1954@gmail.com

For further information: www.killamarshphotoclub.co.uk



Arts Derbyshire

THE BEST PLACE FOR ALL THINGS CREATIVE IN THE LOCAL AREA.



Here you can discover all the ways in which you can take part in arts activities and attend events taking place around the county and find out about the artists and arts organisations that make them happen!

For further information: www.artsderbyshire.org.uk

The Hub - Tupton

This is a friendly group of people who have welcomed others to call in with their well-behaved dogs and everyone has gained so much pleasure from this (including the dogs)!

We want to extend this and promote the fact that we are also a dementia and disabled friendly group who would welcome carers and families who help to support them.

Opening times: Thursday 10am – 12pm

Address: Nethermoor Road, Tupton, S42 6EN

Warm Welcome Club

Enjoy a get together with friends and make new friends.

Have fun, play games, including a quiz and bingo.

Have a light lunch, dessert, coffee, tea and biscuits.

All for free!

Opening times: Every Wednesday 1pm – 4pm (15th November 2023 – 27th March

2024)

Address: Pinxton Village Hall

Telephone: 07528 791 071 or 07976 937 376 or 01773 580 046



Arts & Crafts with Ellie

Everyone is welcome to join our friendly group. Including those who are living with Dementia.

Easy but fun craft projects. From card making to seasonal decorations and everything in-between! Refreshments, biscuits and all materials included in a £4 entry fee.

Opening times: Every 4 weeks 11am – 12.30pm

Address: The Junction 28 Church, South Normanton, DE55 2EP

Telephone: 07813 148 373

Facebook: 'singalongwithellie'

Open House @ Old Tupton Methodist Church

Wednesdays 10:30 – 12pm Relax and meet your neighbours. Well behaved dogs welcome.



Address: Nethermoor Road, Tupton

Life Lunches

Tuesdays 10:30 – 2pm (soup served from 12pm)

Address: Holy Spirit Church, Stonelow Road, Dronfield

Email: secretary@lifedronfield.org

For further information: www.lifedronfield.org/life-lunches





Education

Peer Support Training

Chesterfield, Bolsover and North East Derbyshire

Brightside offer this free training for people who feel confident enough to run their own group and would like to know or understand more about initial set up and facilitating of a peer support Group

If you're interested, then discuss this with your local Brightside representative or with your tutor.

You Can find out more about this free training from Brightside by contacting your local Brightside representative.

Lead contact: Gill Jones **Telephone:** 01629 537912

Email: gill.jones@derbyshire.gov.uk

Email: brightside.mailbox@derbyshire.gov.uk

Get online in Derbyshire - local support

Rural Action Derbyshire has a map that lists digital inclusion projects, activities and

support that can be accessed across Derbyshire.



For further information visit: Find Digital Support in Derbyshire | Rural Action Derbyshire

YES (Youth Employment Support)

North East Derbyshire and Bolsover

This is a one-stop-shop for young people aged from 16 to 24, offering access to training and careers advice and guidance.

The aim is to provide an alternative space away from the Job Centre

Telephone: 01629 539720

Text: HUB to 86555

Email: youth.hub@derbyshire.gov.uk

For further information visit: Youth employment support - Derbyshire County

<u>Council</u>



Education (continued)

Eckington Library - Digital Skills Training

Digital skills training with Digital Connect

Telephone: 01332 321 959 for an appointment.

Fridays: 9.30am to 1:00pm

Digital Training and Learning Support

Our digital training and learning support team is specially designed to support you in all your "online" needs.



Call or complete the online form on the link below to register interest.



Telephone: 01332 321 959

For further information visit: Digital Training and Learning Support - Citizens

Advice Mid Mercia

Employment Plus Services

We offer tailored support to help people become job-ready, to get a job and to stay in work. We can help with: Learning progressions and qualifications, Assisted Job Search, Digital Inclusion, Benefits advice and support, A listening ear Please contact us for more information.

Monday: 1.30pm—4.30pm

Telephone: 0114 269 3395

Email: woodhouse@salvationarmy.org.uk

Address: Tannery Street, Woodhouse, Sheffield, S13 7JW

For further information visit: Woodhouse | The Salvation Army



Education (continued)

DCC Careers Advice

Bolsover, Clay Cross and Shirebrook

Contact: Becky Stancill:

Email: becky.stancill@derbyshire.gov.uk

Telephone: 07767 670797

Chesterfield, Bolsover, Staveley, Alfreton, Dronfield and Eckington

Contact: Wendy Leigh

Email: wendy.leigh@derbyshire.gov.uk

Telephone: 07717 303855

Drop in session:

Contact: Becky Stancill

Tuesdays: 10:00am to 12:00pm.

Address: Shirebrook Hole In The Wall, Carter Lane, Shirebrook, Mansfield, NG20

8PE.

For further information visit: Careers service - Derbyshire County Council

Adult Education Centres

We run courses across Derbyshire in our adult community education (ACE) centres, and we also deliver learning from around 100 community venues across Derbyshire.

Telephone: 01629 531241

Email: adult.education@derbyshire.gov.uk.

For further information visit: www.derbyshire.gov.uk

Alfreton ACE Centre, Church Street, Alfreton, DE55 7BD

Email: alfreton.ace@derbyshire.gov.uk

Telephone: <u>01629 533090</u>

Bolsover ACE Centre, Castle Street, Bolsover, S44 6PR

Email: bolsover.ace@derbyshire.gov.uk

Telephone: 01629 537912



Education (continued)

Adult Education Centres (continued)

Clay Cross ACE Centre, Market Street, Clay Cross, S45 9JE

Email: <u>claycross.ace@derbyshire.gov.uk</u>

Telephone: 01629 537108

Derbyshire Eco Centre, Porter Lane, Middleton-by-Wirksworth, DE4 4LS

Email: ecocentre@derbyshire.gov.uk

For further information visit: Derbyshire Eco Centre on Facebook

Hunloke ACE Centre, Church Street South, Chesterfield, S40 2TF

Email: <u>hunloke.ace@derbyshire.gov.uk</u>

Telephone: 01629 535002

Shirebrook ACE Centre, Carter Lane, Shirebrook, NG20 8PE

Email: shirebrook.ace@derbyshire.gov.uk

Telephone: 01629 537576

Training and Skills for Construction Centre (TASCC), Holmewood, Unit B,

Stainsbury Close, Holmewood Industrial Estate, S42 5UG

Email: claycross.ace@derbyshire.gov.uk

Telephone: 01246 853980



Employment & Training

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<u>Council</u>



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Call or complete the online form on the link below to register interest.



Telephone: 01332 321 959

For further information visit: Digital Training and Learning Support - Citizens

Advice Mid Mercia

Employment Plus Services

We offer tailored support to help people become job-ready, to get a job and to stay in work. We can help with: Learning progressions and qualifications, Assisted Job Search, Digital Inclusion, Benefits advice and support, A listening ear Please contact us for more information.

Monday: 1.30pm—4.30pm

Telephone: 0114 269 3395

Email: woodhouse@salvationarmy.org.uk

Address: Tannery Street, Woodhouse, Sheffield, S13 7JW

For further information visit: Woodhouse | The Salvation Army



Employment & Training (continued)

DCC Careers Advice

Bolsover, Clay Cross and Shirebrook

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Email: becky.stancill@derbyshire.gov.uk

Telephone: 07767 670797

Chesterfield, Bolsover, Staveley, Alfreton, Dronfield and Eckington

Contact: Wendy Leigh

Email: wendy.leigh@derbyshire.gov.uk

Telephone: 07717 303855

Drop in session:

Contact: Becky Stancill

Tuesdays: 10:00am to 12:00pm.

Address: Shirebrook Hole In The Wall, Carter Lane, Shirebrook, Mansfield, NG20

8PE.

For further information visit: Careers service - Derbyshire County Council

The Job Club





Volunteering

Bassetlaw and Bolsover CVS

Telephone: 01909 476118

Telephone Bolsover: 01246 60 50 75

Email: bcvs@bcvs.org.uk

For further information visit: Home | Bassetlaw CVS (bcvs.org.uk)





Volunteering

Rhubarb Farm

Offers work placements, training and volunteering opportunities to people with long-term issues, or people who want to learn about growing their own fruit and vegetables.

For volunteering referrals and enquiries, please contact the Volunteer Co-ordinator Helen Heath.

Email: helen@rhubarbfarm.co.uk

For further information visit: www.rhubarbfarm.co.uk/

Derbyshire County Council

Youth & Community Engagement Teams:

Details on the front page



Derbyshire Voluntary Action

For further information visit: <u>Derbyshire Voluntary Action</u> (dva.org.uk)



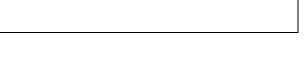
The Volunteer Centre

Telephone: 01246 276 777

Email: info@chesterfieldvc.org.uk

Address: 38 Knifesmithgate, Chesterfield, S40 1RQ

Hours: Monday - Friday: 9:00am-5:00pm





Volunteering (continued)

The Aquatic Helpers at Northeast Derbyshire Leisure Centres

Aimed at 13-16 year olds.to assist our swimming teachers in delivering the council's learn to swim programme.

Could lead Level 1 or 2 swim teacher's qualifications or NPLQ 9th edition once turned 16 years old.

Email: Stephen.Birds@ne-derbyshire.gov.uk

Leaflet: Aquatic helpers flyer (.pdf | 659kb)

Pooh Corner

A home for rescued horses and ponies, community interest company and a wildlife project.

The volunteers can learn about caring for a variety of horses and ponies and spend time outdoors with the animals.

Wildlife Project takes place on Saturday afternoons.

Anyone interested in volunteering either with the horses or the wildlife project should phone, text, email or WhatsApp:

Lead Contact: Terri Amber Telephone: 07401512100

Email: PoohCornerCIC@outlook.com

For further information visit: https://en-page-12

gb.facebook.com/pages/category/Community/Pooh-Corner-1000121336819366/

Links CVS

Celebrating and raising awareness of the wonderful work and services that community and voluntary groups bring to our local communities.



Telephone: 01246 274844 (10am-4pm. Monday to Friday)

Email: info@linkscvs.org.uk

Address: Lower Ground Floor of the Town Hall, 1 Rose Hill East, Chesterfield,

Derbyshire, S40 1NU

For further information visit: Links CVS



Any other information

Derbyshire Constabulary

In an emergency call 999

Silent calls - 999 and then 55

Non-urgent contact telephone: 101

For further information visit: www.derbyshire.police.uk/Contact-Us.

Twitter: direct message their contact centre on @DerPolContact

Facebook: send them a private message to /Derbyshire Constabulary

For local information see: Home | Derbyshire Constabulary



Train and Bus

Discounted or free travel within Derbyshire. Apply online:

Gold card: Apply when you are state pension age

www.goldcrd.derbyshire.gov.uk

B-Line: Students 11-19

www.bline.derbyshire.gov.uk

Cycle

Cycle route 648 links Shirebrook station with Sherwood Forest and also to the Archaelogical Way and Phonix Greenways Network of cycle paths across North East Derbyshire

Anti-social Behaviour

If you're worried about anti-social behaviour find more information or find out how to report different types of antisocial behaviour.



For further information visit: Anti-social behaviour (saferderbyshire.gov.uk)





Any other information (continued)

Recycling Centres

For further information visit: Household waste recycling centres - Derbyshire County Council



Bolsover household waste recycling centre

For further information visit: Bolsover household waste recycling centre - Derbyshire County Council

Address: Bolsover Household Waste Recycling Centre, Buttermilk Lane, Bolsover

S44 6AE

Open: 8:30am to 6pm daily

Derbyshire County Council - Keeping Vulnerable adults safe



Telephone:

Call Derbyshire 01629 533190

8am and 8pm Monday to Friday

9.30am and 4pm on Saturdays.

Outside these times we provide an out of hours service

Telephone: 01629 532600

For further information visit: Keeping vulnerable adults safe - Derbyshire

County Council

Other Local Directories

The Derbyshire Directory

The Derbyshire Directory can help you find out what's happening on your doorstep.

For further information visit: The Derbyshire Directory - Derbyshire County Council





Other Local Directories (continued)

Links CVS—Signposting Service

Need information on community groups and activities in C hesterfield and North East Derbyshire?



Are you looking for a suitable activity for a patient or client?

Are you an individual interested in train gup a new hobby or joining a group.

For further information visit: Signposting Service | Links CVS

Derbyshire Voluntary Action

Search for the service you need



For further information visit: Derbyshire Voluntary Action (dva.org.uk)

Derbyshire Voluntary Action—Mental Health Support Services

For further information visit: Mental Health Support Services | Derbyshire Voluntary Action (dva.org.uk)

Derby & Derbyshire Emotional Health & Wellbeing -Signposting Website

This emotional health and wellbeing signposting website for Derby and Derbyshire contains local and national links and resources updated regularly. Please use the search bar with key words or click and scroll down the sections.

For further information visit: Derby & Derbyshire - Emotional Health & Wellbeing (derbyandderbyshireemotionalhealthandwellbeing.uk)

Community Directory Derbyshire



The most up-to-date list of all the voluntary and community groups active in Derbyshire

For further information visit: Community Directory Derbyshire